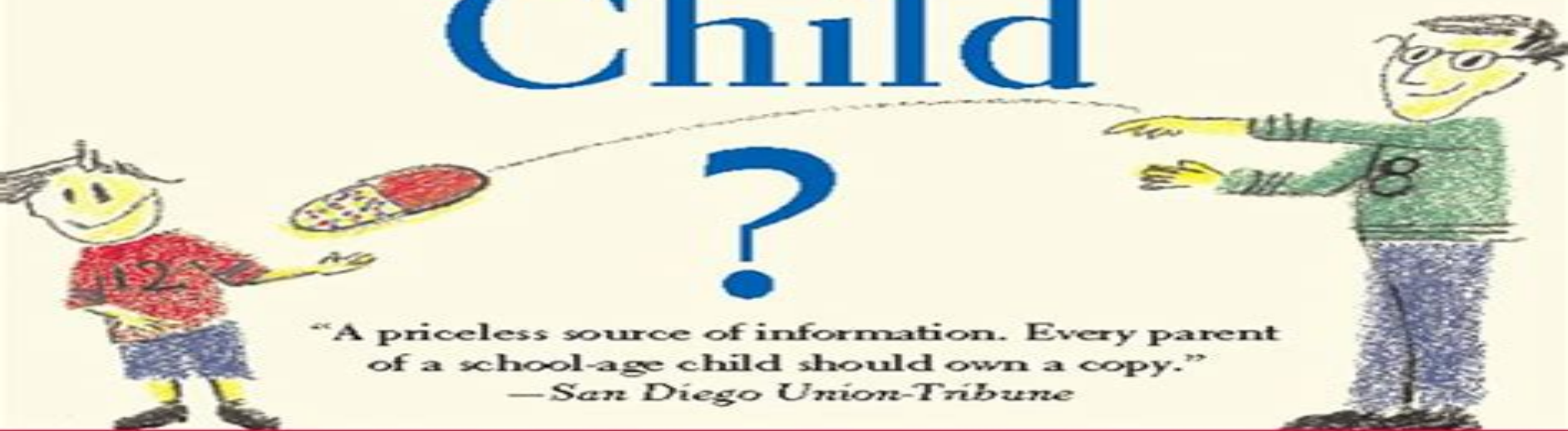


Should I Medicate My Child



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**Sane Solutions for Troubled Kids
With—& Without—Psychiatric Drugs**

LAWRENCE H. DILLER, M.D.

Author of Running on Ritalin

Should I Medicate My Child Sane Soluti

Lawrence H. Diller



Should I Medicate My Child Sane Soluti:

Should I Medicate My Child? Lawrence Diller, 2003-04-17 When *Running on Ritalin* was published in 1998 it touched off a firestorm about treating children with psychiatric drugs Dr Lawrence Diller established himself as the leading expert on the controversial use of stimulants for attention deficit disorder Since then parents physicians teachers and psychologists have clamored for his expertise on psychological problems beyond ADD and on drugs beyond Ritalin More and more parents are asking the simple question Should I medicate my child The answer is not as simple as some experts say Children who are angry intense distractible over energetic obsessive shy listless or remote rarely benefit from an either/or strategy Unlike those with a strong pro or anti drug agenda Dr Diller advocates a balanced approach he shows how a wise pediatrician one who prescribes drugs but also urges non pharmaceutical interventions when possible makes decisions Should I Medicate My Child empowers parents to ask the same questions Dr Diller poses in diagnosis and treatment Have all non drug approaches been tried Is the diagnosis accurate What's known or unknown about the recommended drug Calmly comforting authoritative and illustrated with real life examples Should I Medicate My Child is essential reading for parents who have been told their preschooler should be tested for a disorder whose fifth grader has been prescribed Prozac or Depakote or whose teenager has been diagnosed with a chemical imbalance Should I Medicate My Child features a detailed easy to access Appendix of Frequently Prescribed Drugs what they do side effects dosages and more Should I Medicate My Child answers parents vital questions Is it fair to discipline my hyperactive child if he can't help himself when he misbehaves Choosing the right kind of discipline is essential Often the time honored time out is not the best choice The psychiatrist says the medication he's prescribing is safe How can I know if that's true Dr Diller's detailed Appendix includes little known information on how or if a drug has actually been tested on children Does it make good sense to use medication right away Dr Diller explains why this can sometimes be the best course of action My pediatrician says there are drugs that will help my shy six year old be more outgoing Is this true Prescribing drugs for withdrawn children is a risky business Dr Diller explains why and offers alternatives to help ease their distress

Kids Caught in the Psychiatric Maelstrom Elizabeth E. Root MSW, MS Ed, 2009-09-23 This book offers a warning that American children are receiving increased chemical treatment from psychiatrists and provides a primer on how to improve the emotional health of kids without drugs Maelstrom is an apt metaphor for the inexorable deterioration many children experience inside the mental health system Kids Caught in the Psychiatric Maelstrom How Pathological Labels and Therapeutic Drugs Hurt Children and Families challenges current treatment practices and addresses the critically important issue of excessive prescribing of psychiatric medications to children This encyclopedic work reveals inside the system information emphasizing the theoretical divide at the root of the controversy over diagnosis and treatment It explains how the 1990s decade of the brain replaced talk therapy with biochemical treatments leading to the hegemony of the pharmaceutical industry and subsequently the massive drugging of

children Author Elizabeth E Root details common diagnoses and treatments explaining up to date brain research with some surprising interpretations and noting dangerous national precedents to mental screening Finally she illuminates pathways toward solutions and healthier families sharing nonpsychiatric explanations for the nation s increase of troubled children and the rationale and research supporting non drug alternative approaches to childhood distress

Bipolar Children Sharna Olfman,2007-10-30 Over the last decade the number of children diagnosed with bipolar disorder has increased up to fortyfold This is a trend exclusive to the United States and one that alarmingly leads to most of the diagnosed children some still in their infancy being prescribed antipsychotic drugs often in combination with anticonvulsants These classes of drugs have dangerous side effects including a doubling of mortality rates shortened life span extreme weight gain and Type II diabetes In this book psychologist Sharna Olfman leads a team of widely known experts who examine that astonishing rise in the diagnosis of pediatric bipolar disorder particularly in the absence of any compelling evidence for either the validity of the criteria being used to diagnose it or the safety and effectiveness of the drugs being used to treat it When a child is unnecessarily prescribed antipsychotic and anticonvulsant drugs his or her mental and physical health may be irrecoverably compromised says Olfman With as many as two and a half million children from across the socioeconomic spectrum now taking antipsychotics we have set the stage for widescale child abuse The contributors to this revealing and disturbing volume include psychiatrist David Healy one of the world s leading authorities on psychotropic drugs pediatrician Philip Landrigan an internationally renowned health researcher and Robert Whitaker an award winning medical journalist The contributors identify and explain complex and interrelated factors that have set the stage for the pediatric bipolar epidemic and they recommend practice and policy changes to stem the tide of misdiagnosis and dangerous drug prescriptions

No Child Left Different Sharna Olfman,2006-01-30 A stellar group of authors from across disciplines explains the alarming increase in the use of psychotropic medications questions the causes and presents disturbing thoughts regarding this phenomenon and the risks it creates for children They take an in depth look at the conditions that have led to drugging our children and stress how emotional social cultural and physical environments can both damage and heal young minds And they challenge the model that maintains that psychological disturbance is genetic and thus requires medication This is riveting reading for all who care about the youngest members of society Over the past 15 years there has been a 300 percent increase in the use of psychotropic medications with girls and boys under the age of 20 and prescriptions for preschoolers have skyrocketed A stellar group of authors from across disciplines explains this increase questions the causes and presents disturbing thoughts regarding this phenomenon as they describe the risks it creates for children While there are certainly extreme cases where drugs are the only option medication rather than psychotherapy and counseling has become the first choice for treatment rather than a last resort The experts who joined forces for this book take an in depth look at the conditions that have led to drugging our children and stress how emotional social cultural and physical environments can

both damage and heal young minds The so called medical model one maintaining that psychological disturbance is genetic and thus requires medication is challenged in this volume Contributors range from a pediatrician who has testified before Congress and been featured in a Time magazine cover story to a top child psychiatrist who is an official for the American Academy of Child and Adolescent Psychiatry along with a well known child psychiatrist psychologists environmentalists and a public policy consultant This is riveting reading for all who care about the youngest members of society Among other issues this work looks at controversy over whether psychiatric medications are safe or effective for children and what little we know about their effect on still developing brains as well as the role of corporate interests in the increased use of psychotropics for children Chapters address the role of environment in both causing and curing disorders more and more often diagnosed in our youngsters from ADHD depression and anxiety to eating disorders The core questions addressed by this sage group of contributors are these Why are so many children being diagnosed with psychiatric disturbances and given drugs Why have drugs become the first treatment of choice to deal with those disorders Attention Deficit Hyperactivity Disorder as a Learned Behavioral Pattern Craig Wiener,2007 This work critiques this treatment intervention and proposes an alternative strategy to reduce the incidence of ADHD responses **Quirky Kids** Perri Klass,Eileen Costello,2007-12-18 The toddler whose tantrums scare all the other kids on the playground The three year old who ignores all his toys but seems passionately attached to the vacuum cleaner The fourth grade girl who never gets invited to a birthday party because classmates think she s weird The geek who is terrific at math but is failing every other subject Quirky children are different from other kids in ways that they and their parents and teachers have a hard time understanding or explaining Straddling the line between eccentric and developmentally impaired quirky children present challenges that standard parenting books fail to address Now in Quirky Kids nationally known writer pediatrician Perri Klass and her colleague Eileen Costello a seasoned pediatrician with a special interest in child development finally provide the expert guidance and in depth research that families with quirky children so desperately need A generation ago such children were called odd ducks or worse But nowadays they are often assigned medical psychiatric or neurological diagnoses The diagnoses often overlap or shift but the labels can be frightening Klass and Costello illuminate the confusing list of terms applied to quirky children these days nonverbal learning disability sensory integration disorder obsessive compulsive behavior autistic spectrum disorder pervasive developmental disorder Asperger s syndrome and explain how to assess what exactly each diagnosis means and how to use it to help a child most effectively Quirky Kids takes you through the stages of a child s life helping to smooth the way at home at school even on the playground How do you make it through mealtime when emotions often erupt How do you help the child s siblings understand what s going on Is it better to mainstream the child or seek a special education program How can you make a school more welcoming and flexible for a quirky child How do you help your child deal with social exclusion name calling and bullying Choosing the right therapy for quirky children is especially difficult because their

problems fall outside traditional medical categories Coping strategies might include martial arts or horseback riding or speech and occupational therapies Klass and Costello cover all the options as well as offer a thorough consideration of the available medications how they work and whether medication is the best choice for your child Drs Klass and Costello firmly believe that the ideal way to help our quirky kids is to understand and embrace the qualities that make them exceptionally interesting and lovable Written with upbeat clarity and informed insight their book is a comprehensive guide to loving living with and enjoying these wonderful if challenging children From the Hardcover edition Divorce and the Special Needs Child Margaret Pegi Price,2011-01-15 This book takes a comprehensive look at every aspect of the legal divorce process and addresses the legal issues that divorcing parents of children with special needs face It guides parents through the initial hurdles of choosing the right lawyer for their case and explains exactly how to work with them to achieve the best possible outcome **The Special Needs Child and Divorce** Margaret S. Price,2009 Families with special needs children have much higher divorce rates and cases involve specialized handling This book examines what lawyers can do to make the family court system work better for these children and their families Filled with practice tips the book includes forms modified to address issues raised by a special needs child Includes sample forms and documents checklists resource materials and contact information for organizations and state agencies Includes forms CD ROM *Remembering Ritalin* Lawrence H. Diller,2011-05-03 How are the kids of Generation Rx doing now This groundbreaking book reveals the answers and raises some important new questions Written by a clinician with more than thirty years of experience with child patients Remembering Ritalin offers an intimate and revealing look at the ADHD generation how they re doing now and the long term effects of their diagnoses medication and treatment Revisiting former patients who are now in their twenties Dr Diller takes a fresh look at the issue of treating our kids Is ADHD a useful diagnosis or an oversimplified harmful label What are Ritalin s long term effects good and bad Together with his articulate former patients Remembering Ritalin provides insights into one of the most controversial treatment methods of our time Parents professionals and anyone who has been prescribed Ritalin will find these observations illuminating as they delve into the healing process and attempt to answer the question Was it the right choice The Philosophy of Psychiatry Jennifer Radden,2004 This is a comprehensive volume of essays by leading thinkers that explores the newly emerging interdisciplinary field of the philosophy of psychiatry

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