

# *Give Yourself Grace*

## MANTRAS

**"I AM DOING MY BEST."**

**"I AM ONLY ONE PERSON."**

**"MISTAKES HAPPEN TO EVERYONE."**

**"I AM NOT MY MISTAKES."**

**"I WILL WEATHER THIS STORM."**

**"I HAVE PATIENCE AND TIME."**

**"I AM MEANT FOR GREATER THINGS."**

**"I ADAPT TO ANY CHANGE THAT COMES MY WAY."**

**"I AM MY OWN INSPIRATION."**

**"BREAKS ARE FUEL FOR MY BRAIN."**

**"TOMORROW IS A NEW DAY."**

**"I REFUSE TO APOLOGIZE FOR BEING ME."**

**"I ATTRACT GOOD INTO MY LIFE."**

**"I LOVE ALL THAT MY BODY DOES FOR ME."**

**"I AM WORTHY OF LOVE."**

# Self List Giving

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Ythier**



**Self List Giving:**

Discover tales of courage and bravery in Explore Bravery with is empowering ebook, **Self List Giving** . In a downloadable PDF format ( Download in PDF: \*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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