

Self-Care Theory in Nursing

*Selected Papers of
Dorothea Orem*

**Katherine McLaughlin Renpenning
Susan G. Taylor
Editors**



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Self Care Theory In Nursing Selected Papers Of Dorothea Orem

**Fonseca, César,Lopes, Manuel
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Self Care Theory In Nursing Selected Papers Of Dorothea Orem:

Self- Care Theory in Nursing Dorothea Elizabeth Orem, Susan G. Taylor, 2003-03-19 Few have approached the fundamental questions of nursing in such an insightful systematic and clear-sighted way as Dorothea Orem. This book is a collection of many of the presentations and writings that are not included in her previous books. It presents a fascinating view of the development of Orem's theory of self-care deficit over a forty-year period along with its ramifications for nursing education and practice. **Self-Care Science, Nursing Theory and Evidence-Based Practice** Katherine

Renpenning, Susan Gebhardt Taylor, 2011-05-20 This is an excellent review of the development of self-care deficit theory and the use of self-care in nursing practice. Explanations of the various theories and theory terms are well done and written at a level that novice theorists can relate to. The authors demonstrate how self-care science can be fiscally and effectively applied to the care of patients/clients. *Doody's Medical Reviews* Dorothea Orem's Self-Care Theory has been used as a foundation for nursing practice in healthcare institutions and as the basis of curricula in nursing schools for decades. This book explores the high-level theory of the application of Orem's Self-Care Theory and how it can improve patient outcomes as well as the cost-effectiveness of nursing care delivery. Written for nursing theorists, researchers, administrators, and graduate students, the text addresses the relationship of self-care theory and evidence-based care in nursing and provides a solution to improving contemporary healthcare outcomes. The book is divided into three sections. Section one discusses the reason for the existence of the nursing profession and identifies the performance of self-care. Section two covers three nursing practice sciences: wholly compensatory nursing, partly compensatory nursing, and supportive/educative nursing. Section three offers suggestions on how healthcare organizations can incorporate this broadened perspective of what constitutes evidence-based practice and on going research methodology into every day delivery of nursing services. **Key Features:** Includes case examples to illustrate the application of theory to nursing practice. Provides a current, cost-effective resource for implementing Orem's Self-Care Deficit Theory for effective evidence-based practice. Builds the link between the application of Orem's Self-Care Theory and improved patient and fiscal healthcare outcomes. *Nursing Theorists and Their Work - E-Book* Martha Raile Alligood, Sonya R. Hardin, 2025-06-10 Understand the thinking of 39 leading nursing theorists in one comprehensive text. *Nursing Theorists and Their Work*, Eleventh Edition, provides a clear, in-depth look at nursing theories of historical and international significance. Each chapter presents a key nursing theory or philosophy showing how systematic theoretical evidence enhances decision making, professionalism, and quality of care. Lead author Martha Raile Alligood is known nationally and internationally for her expertise in nursing theory. A classic in the field of nursing theory, this text uses objective critiques, case studies, and critical thinking activities to bridge the gap between nursing theory and application in the practice of nursing. **NEW** Information on the state of nursing in health care after COVID-19 illustrates how nursing knowledge development continues to evolve with new theories that address current health care needs for quality nursing.

care Theorist chapters written by scholars specializing in that theorist's work often having worked closely with the theorists provide the most accurate and complete information possible Case studies at the end of each theorist chapter present the theory in a larger perspective demonstrating how it can be applied in practice Critical thinking activities at the end of each theorist chapter help you to process the theory presented and apply it to personal and hypothetical nursing practice situations Theory specific diagrams help you visualize and better understand inherently abstract concepts and their relationships Major Concepts and Definitions boxes outline a theory's most significant ideas and clarify vocabulary Brief summary sections offer valuable review for tests and validate comprehension Points for Further Study sections direct you to sources of additional information A diagram in each unit illustrates the level of abstraction of the theoretical knowledge presented New information on international theorists will be included New information the topic of clinical reasoning and judgment and how it relates to the various theories presented will be included The new AACN Essentials will be addressed and included where appropriate throughout the text

Nursing Theorists and Their Work Martha Raile Alligood, PhD, RN, ANEF, 2013-09-24 The most comprehensive of its kind *Nursing Theorists and Their Work* 8th Edition provides an in depth look at 39 theorists of historical international and significant importance Each chapter features a clear consistent presentation of a key nursing philosophy or theory Case studies critical thinking activities and in depth objective critiques of nursing theories help bridge the gap between theory and application Critical Thinking Activities at the end of each theorist chapter help you to process the theory presented and apply it to personal and hypothetical practice situations A case study at the end of each theorist chapter puts the theory into a larger perspective demonstrating how it can be applied to practice A Brief Summary in each theorist chapter helps you review for tests and confirm your comprehension A Major Concepts Definitions box included in each theorist chapter outlines the theory's most significant ideas and clarifies content specific vocabulary Each theorist chapter is written by a scholar specializing in that particular theorist's work often having worked closely with the theorists to provide the most accurate and complete information possible Beginning chapters provide a strong foundation on the history and philosophy of science logical reasoning and the theory development process Diagrams for theories help you visualize and better understand inherently abstract concepts Pictures of theorists as well as a listing of contact information for each individual enables you to contact the source of information directly Theorist chapters have been reviewed and edited by the theorist validating the accounts set forth in the text for currency and accuracy An extensive bibliography at the conclusion of each theorist chapter outlines numerous primary and secondary sources of information ideal for both undergraduate and graduate research projects NEW Quotes from the theorist make each complex theory more memorable NEW Chapter on Afaf Meleis profiles a theorist who has shaped theoretical development in nursing and explores her transition theory NEW Need to Know Information is highlighted to streamline long complex passages and help you review key concepts NEW Points for Further Study at the end of each chapter direct you to assets available for additional

information Middle Range Theory for Nursing, Second Edition Patricia R. Liehr PhD, ARNP, Mary Jane Smith PhD, RN, 2008-09-17 2009 AJN Book of the Year Award Winner Designated a Doody's Core Title Middle Range Theory for Nursing is a textbook designed for theory and research courses in master's and doctoral programs As described in the 2d edition of the Encyclopedia of Nursing Research middle range theory is a basic usable structure of ideas less abstract than grand theory and more abstract than empirical generalizations or micro range theory Middle range theories are developed and grown at the intersection of practice and research to provide guidance for everyday practice and scholarly research rooted in the discipline of nursing In this revised and updated second edition the authors will revise the eight theories that were examined in the first edition with published research and practice updates along with any changes in the basic concepts and models Seven new theories will be added Each theory is presented by the theorist in a consistent format purpose of the theory basic concepts relationships among the concepts the model use of the theory in nursing research and or practice conclusions references Theories new to the second edition Symptom Management Dodd et al Caring Swanson Embodied Language Liehr et al Cultural Self reliance Lowe Caregiver Stress Tsai Clinical Decision Making Chase Moral Reckoning Nathaniel **Contemporary Nursing Knowledge** Jacqueline Fawcett, Susan DeSanto-Madeya, 2017-06-26 The 3rd Edition of this AJN Book of the Year Award Winner helps you answer those questions with a unique approach to the scientific basis of nursing knowledge Using conceptual models grand theories and middle range theories as guidelines you will learn about the current state and future of nurse educators nurse researchers nurse administrators and practicing nurses **Nursing Theories and Nursing Practice** Marlaine C. Smith, 2019-09-24 The only nursing research and theory book with primary works by the original theorists Noted nursing scholars explore the historical and contemporary theories that are the foundation of nursing practice today The 5th Edition continues to meet the needs of today's students with an expanded focus on the middle range theories and practice models that link theory to clinical practice You'll explore the role of these theories in the real world to see how they guide nursing practice Nursing Theories and Nursing Practice Marlaine Smith, 2025-02-03 What is nursing Noted nursing scholars explore the historical and contemporary theories that are the foundation of nursing practice today The only nursing research and theory book with primary works by the original theorists the 6th Edition focuses on the relevant need to know content that links theory to clinical practice Students explore the role of these theories in the real world to see how they guide nursing practice *Foundations of Professional Nursing* Katherine Renpenning, Susan Gebhardt Taylor, Judith M. Pickens, 2016-05-15 Integrates the science of self care with other nursing and multidisciplinary perspectives This is the first text for the Professional Nursing Practice course in RN to BSN curriculum to present a conceptual framework for contemporary nursing practice based on the science of self care that also incorporates other nursing and multidisciplinary perspectives Built upon the premise that nursing is both a caring and a knowledge based profession this cutting edge text illustrates how to attain and integrate knowledge from nursing theory and theories of

related disciplines to achieve optimal evidence based nursing practice Using case studies to demonstrate the relationship between nursing theory and practice the text underscores the importance of having a deep understanding and conceptual model of the unique role of nursing in society and its practice domain The text instills a foundational understanding of the science of self care and its contribution to contemporary nursing It describes how this paradigm is gaining recognition as an effective anti burnout strategy and demonstrates how it can be applied Case examples from a variety of clinical situations integrated with nursing theory demonstrate the variables needed to achieve optimal nursing practice The book illustrates what data to collect how to analyze that data how to design and implement intervention strategies and how to determine their effectiveness Key concept boxes measurable objectives with critical thinking questions and learning activities reinforce content Additionally more complex cases included at the end of the text and frequent links to nursing literature provide fodder for more in depth analysis Key Features Provides an integrative model for nursing practice based on self care that is useful in all clinical settings Illustrates how to attain and integrate knowledge from the science of self care with other nursing theories Demonstrates the relationship between theory and practice through case studies Introduces students to the importance of recording and analyzing data to achieve evidence based practice Includes measurable objectives with review questions at the end of chapters and many other pedagogical features *Nursing Research* Denise Polit, Cheryl

Beck, 2019-12-09 Make nursing research approachable with the authoritative resource for nursing graduate students This best selling text features the latest methodologic innovations in nursing medicine and the social sciences delivered in a user friendly writing style to help students master research methods confidently critique research reports and apply evidence based findings in clinical practice The extensively revised 11th Edition retains the helpful features pedagogy and clean design that have made the book a classic and introduces two new chapters reflecting the growing importance of applicability generalizability relevance and quality improvement and improvement science NEW Quality Improvement and Improvement Science chapter provides methods and frameworks to help students develop and assess improvement projects NEW Applicability Generalizability and Relevance Toward Practice Based Evidence chapter details cutting edge strategies to meet the growing need for patient centered practice based evidence UPDATED Revised content throughout reflects the latest methodologic approaches to ranking evidence verifying systematic reviews using meta aggregation and more Critical appraisal guidelines help students focus on specific aspects of a report for the most effective appraisal Clear user friendly writing style introduces concepts logically and clarifies difficult ideas Specific research tips translate abstract notions into practical strategies to help students confidently apply chapter lessons in real life situations Research examples throughout the text illustrate key points and stimulate critical thinking A comprehensive index provides fast efficient access to precise information Tables figures and bulleted summaries reinforce essential chapter concepts at a glance Measurement in Nursing and Health Research Elizabeth Lenz, 2016-07-18 Praise for the Previous Edition This is a valuable resource for

readers seeking basic to advanced information on measurement It should be on the bookshelf of all researchers and a requirement for graduate nursing students Score 100 5 stars Doody s Medical Reviews this book is a wonderful shelf reference for nurse researcher mentors and investigators who may need to explore content or use content to design test select and evaluate instruments and methods used in measuring nurse concepts and outcomes Clinical Nurse Specialist Presents clearly the methodological principles for research planning in nursing with examples that facilitate the understanding of them Excellent 5 0 out of 5 stars Nursing Research This highly popular resource written in an easy to read style and format delivers everything nurses and other health researchers need to know about designing testing selecting and evaluating instruments and methods for measurement in nursing The Fifth Edition features the most current content strategies and procedures available with direct applicability to nurses and health researchers engaging in interprofessional research collaboration education and evidence based practice Five new chapters focus on challenges to using big data evaluation and measurement in interprofessional practice and education metrics and benchmarking in health professions education and practice and measurement issues in translational science The book gives particular attention to measurement issues resulting from changes in nursing health research and the increased emphasis on and undertaking of interprofessional research and evaluation Presenting the material in step by step format the book is designed for readers with little or no experience in measurement statistics or interprofessional issues It focuses on increasing the reader s ability to use measures that are operationalized within the context of theories and conceptual frameworks derived from sound measurement principles and practices and adequately tested for reliability and validity Additionally the text provides a pragmatic account of the processes involved in all aspects of measurement Studies conducted by nurses and researchers in varied settings illustrate the measurement processes New to the Fifth Edition Thoroughly updated and revised Delivers new and emerging strategies Reflects recent changes to nursing health research and emphasis on interprofessional research Includes five completely new chapters addressing challenges to using big data evaluation and measurement in interprofessional practice and education metrics and benchmarking in health professions education and practice and measurement issues in translational science Key Features Easy to read content and format Assumes no prior knowledge of measurement statistics or interprofessional issues Provides studies conducted by nurses and researchers in varied settings Offers a pragmatic account of the processes involved in all aspects of measurement

Beginning Within Joanne C. Fish, Jamie Doronkin, 2025-09-03

An exponentially increasing number of students experience traumatic events in their daily lives To address this phenomenon **Beginning Within** Marking a New Journey Toward Equity in Trauma Informed Education Practices delves into the profound impact of adverse childhood experiences ACEs It brings together extensive research thoughtful contemplations and innovative ideas that shed light on some of the lesser explored aspects of trauma informed practices in education Authors in the book have developed chapters around three guiding models for systemic change John Kotter s 1996 2012 Eight Step

Model for Organizational Change Fallot and Harris 2001 Five Guiding Principles of Trauma Informed Practice and Smith et al s 2017 five level Building Equity Taxonomy The chapters reflect the growth grief and galvanizing challenges that have shaped and continue to shape our understanding of equality safety and organizational change around trauma informed educational practices Hear from authors experts and leaders in the education field who are leading the way in systemic change ranging from the work in Missouri after the shooting of Michael Brown in Ferguson to university professors and classroom teachers seeking ways to use the past as guideposts toward a new journey of equity in trauma informed practices with each step paved by three research supported tenets for creating a climate of trauma informed practices as offered by the editors of the book The journey to equity begins with a deep dive into each stakeholder s internal beliefs about self care Self care must be a priority otherwise caring for students comes at the lasting cost of secondary traumatic stress STS and teacher burnout A sense of well being must extend beyond the school building and into the community Whether the reader is a pre service teacher a current teacher an aspiring or current administrator or an educator preparation faculty member ideas are shared that can be implemented within a variety of schools programs or academic organizations Perfect for courses such as Trauma Informed Education Trauma Informed Teaching Foundations of Trauma Informed Education Trauma Informed Practices and Pedagogy Trauma Informed Practices and Resilience Trauma Informed Classroom Teachers Introduction to Becoming a Trauma Informed Educator Trauma Sensitive Learning Environments Foundations of Trauma Informed Practices and Wellness

Polit & Beck's Nursing Research Jane Flanagan, Cheryl Tatano Beck, 2024-09-09 Approachable up to date and rich with practical tips and strategies Polit Beck s Nursing Research Generating and Assessing Evidence for Nursing Practice 12th Edition is the go to text for teaching students how to perform research and critically appraise research reports for use in practice Clear writing details the latest methodologic innovations in nursing medicine and social sciences accompanied by helpful learning features that reinforce effective research methods and help students develop the critical thinking capabilities to confidently critique research reports and apply evidence based findings in clinical practice

Nursing Research Denise F. Polit, Cheryl Tatano Beck, 2008 Thoroughly updated and revised to emphasize the link between research and evidence based practice this Eighth Edition of a classic textbook presents state of the art methods for conducting high quality studies New chapters offer guidance on developing self report scales conducting systematic reviews and enhancing the integrity of qualitative studies The ancillary Resource Manual includes application exercises models of comprehensive research critiques a full NINR grant application and a must have Toolkit on a CD ROM containing a treasure trove of exemplary research tools e g consent forms a demographic questionnaire statistical table templates all in easily adapted Word documents to meet individual research needs A watershed edition Student Resource Manual with Toolkit ISBN 978 0 7817 7052 1

Delivering Person-Centred Care in Nursing Bob Price, 2022-01-12 Delivering holistic person centred care is at the heart of the nursing role This book will develop your understanding of what person centred care

actually means and how to apply it to assessment and the planning delivery and management of care enhancing all aspects of your practice Key features Each chapter is mapped to the NMC Standards 2018 Two parts take you from the underpinning theory and philosophy through to practical application and person centred care in action Case studies and activities encourage you to reflect on your own experiences and how the themes of person centred care are applied in practice

Measurement in Nursing and Health Research Carolyn Feher Waltz, 2005 Winner of an AJN Book of the Year Award Now in its third edition this classic text on the how to's of measurement presents the basic principles and terminology along with practical information on how to design and implement measurement instruments in nursing and health care The book is for nurses in a variety of roles including student educator clinician researcher administrator and consultant An appendix of data sources and other measurement resources including internet sites completes the book

Handbook of Research on Health Systems and Organizations for an Aging Society Fonseca, César, Lopes, Manuel José, Mendes, David, Mendes, Felismina, García-Alonso, José, 2019-08-30 Population aging is a growing challenge worldwide As such new models of provision organization and allocation of resources particularly in healthcare are needed As the self care and long term care needs of this age group become more prevalent the importance of improved health services and effective health management strategies are apparent The Handbook of Research on Health Systems and Organizations for an Aging Society provides emerging research exploring the challenges and opportunities for the development and management of health systems and organizations in relation to people aged 65 and over Featuring coverage on a broad range of topics such as emotional wellness long term care and professional caregiving this book is ideally designed for health technicians doctors nurses pharmacists hospital administrators clinical directors laboratory technicians medical professionals researchers and students

A Theory of Cancer Care in Healthcare Settings Carol Cox, Maya Zumstein-Shaha, 2017-09-01 This book provides healthcare professionals with a practice theory for the care and management of patients who have been diagnosed with cancer It explores what patients experience and how healthcare professionals can assist them in dealing with their uncertainty and fear as well as planning for the future Unique to the book is its explication of the emerging theory The Omnipresence of Cancer which is set in the context of a discussion of earlier theories also concerned with cancer care Chapters demonstrate how The Omnipresence of Cancer has been developed validated through research and being further tested in relation to cancer care In particular a chapter on philosophical reflections using theory to produce knowledge for practice is included Each chapter provides essential background a synthesis of the current state of knowledge and practice examples associated with cancer care The combination of theoretical reflection and practice examples is designed to promote comprehension and guidance on implementation of the theory as well as recommendations for practice This book will be of significant interest to healthcare students and professionals working in the field of cancer care and oncology particularly healthcare professionals working in advanced practice roles and nurse educators It is also anticipated that professionals

working in pastoral care occupational therapy social work and radiography will be interested in this book

Gerontechnology III José García-Alonso,César Fonseca,2021-04-15 This book gathers revised selected papers from the 3rd International Workshop on Gerontechnology IWOG 2020 held on October 5 6 2020 in vora Portugal They reports on cutting edge technologies and optimized workflows for promoting active aging and assisting and elderly people at home as well as in healthcare centers It discusses the main challenges in the development use and delivery of health care services and technologies Not only they proposes solutions for improving in practice the monitoring and management of health parameters and age related diseases yet they also describes improved approaches for helping seniors in their daily tasks and facilitating their communication and integration with assistive technologies thus improving their quality of life as well as their social integration The book provides health professionals researchers and service providers with extensive information on the latest trends in the development and practical application of gerontechnology in elderly care *Canadian Essentials of Nursing Research* Joanne Profetto-McGrath,Denise F. Polit,Cheryl Tatano Beck,2010-01-01 Completely revised With timely content and state of the art research undertaken by Canadian nurse researchers the Third Edition of this trusted resource provides the guidance you need to effectively critique every aspect of nursing research and apply the results to clinical practice Canadian Essentials of Nursing Research uses clear straightforward language and a user friendly presentation to help you understand retain and apply fundamental concepts with ease Book Jacket

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