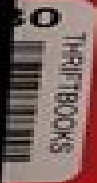


# Loving More

The Polyfidelity Primer



Ryam Nearing



# Loving More The Polyfidelity Primer

**Elizabeth Brake, Lucinda Ferguson**



## **Loving More The Polyfidelity Primer:**

**Loving More** Ryam Nearing,1992      *The Lesbian Polyamory Reader* Marcia Munson,Judith Stelboun,2013-10-18 In reading *The Lesbian Polyamory Reader* Open Relationships Non Monogamy and Casual Sex you ll quickly discover that the steps toward love and happiness are as easy as 1 2 3 and maybe even 4 or 5 And you ll find that if your own lesbian relationship lies outside the traditional monogamous couple model you re definitely not alone You ll explore many multifaceted and multifarious love relationships each one applicable to your own liking if you so choose You ll find successful models of relationship styles regardless of your own orientation from cover to cover and you ll discover the pleasing polyphony in the many many female voices of authorities on love and love relationships Whereas other similar studies project the limited view of one or two authors *The Lesbian Polyamory Reader* calls upon a broad scope of writers professional women and academics alike You ll see that outside the gay rights movement that currently pushes for a traditional monogamous marriage model of gay couplehood there lies pleasing multiplicity in the arms and hearts of lesbians worldwide Specifically this collection offers first person articles stories that describe a variety of lesbian experiences relating to multiple lovers in the 1970s 80s and 90s how to articles descriptions of the various polyamorous relationship configurations including ways of dealing with jealousy theoretical pieces the history of multiple relationships the social implications of practicing a love style other than monogamous coupling and safer sex considerations Much much more than a book on personal satisfaction *The Lesbian Polyamory Reader* also focuses on the social implications of this love phenomenon bringing it into a more inclusive circle of discussion for lesbians educators and students of sociology and sexology You ll find satisfaction in seeing the love so many lesbian women have achieved by not mimicking the marriage model of living      **Fifty Years of Polyamory in**

**America** Glen W. Olson,Terry Lee Brussel-Rogers,2022-11-11 A tour of polyamory in America over the last 50 years *Fifty Years of Polyamory in America A Guided Tour to a Growing Movement* is unique among the many books about polyamory because the scope of this book is the entire history of the polyamory movement Instead of concentrating on the experiences of a few people exploring alternate lifestyles it is an exploration of two generations of Americans the people and the organizations they founded what they have chosen to do and how it has changed their lives and affected the culture as a whole Written in an entertaining and easily accessible style the authors cover the history of alternative sexual relationship styles starting with a quick peek at colonial times the Mormon and Oneida movements of the 1840s 70s and modern day influences starting in the 1950s Polyamory literally many loves challenges the relationship norm monogamy As its name suggests polyamory typically refers to emotional sexual relationships that include multiple partners Common applications of polyamory include open marriages triad three people two couple four people marriages and larger groups like intimate networks Swingers are a subset of non monogamy who often identify as poly Throughout the course of *Fifty Years of Polyamory in America* we explore the history of the polyamory movement from clinical definitions and attempts at psychiatric

treatment to the advent of advocacy groups in the 1960s and 70s to contemporary practitioners and the future of the movement A wide range of personal stories from advocates and practitioners guides the narrative to the modern day highlighting the struggles and successes of the movement throughout the years

**Families - Beyond the Nuclear Ideal**  
 Daniela Cutas, Sarah Chan, 2012-11-22 This book is available as open access through the Bloomsbury Open Access programme and is available on [www.bloomsburycollections.com](http://www.bloomsburycollections.com) This book examines through a multi disciplinary lens the possibilities offered by relationships and family forms that challenge the nuclear family ideal and some of the arguments that recommend or disqualify these as legitimate units in our societies That children should be conceived naturally born to and raised by their two young heterosexual married to each other genetic parents that this relationship between parents is also the ideal relationship between romantic or sexual partners and that romance and sexual intimacy ought to be at the core of our closest personal relationships all these elements converge towards the ideal of the nuclear family The authors consider a range of relationship and family structures that depart from this ideal polyamory and polygamy single and polyparenting parenting by gay and lesbian couples as well as families created through assisted human reproduction

*The Polygamy Question* Janet Bennion, Lisa Fishbayn Joffe, 2016-03-01 The practice of polygamy occupies a unique place in North American history and has had a profound effect on its legal and social development The Polygamy Question explores the ways in which indigenous and immigrant polygamy have shaped the lives of individuals communities and the broader societies that have engaged with it The book also considers how polygamy challenges our traditional notions of gender and marriage and how it might be effectively regulated to comport with contemporary notions of justice The contributors to this volume scholars of law anthropology sociology political science economics and religious studies disentangle diverse forms of polygamy and polyamory practiced among a range of religious and national backgrounds including Mormon and Muslim They chart the harms and benefits these models have on practicing women children and men whether they are independent families or members of coherent religious groups Contributors also address the complexities of evaluating this form of marriage and the ethical and legal issues surrounding regulation of the practice including the pros and cons of legalization Plural marriage is the next frontier of North American marriage law and possibly the next civil rights battlefield Students and scholars interested in polygamy marriage and family will find much of interest in The Polygamy Question Contributors include Kerry Abrams Martha Bailey Lori Beaman Janet Bennion Jonathan Cowden Shoshana Grossbard Melanie Heath Debra Majeed Rose McDermott Sarah Song and Maura Irene Strassberg

**Affirmative Psychotherapy with Bisexual Women and Bisexual Men** Ronald C. Fox, 2014-01-14 Learn the latest practical and bisexually affirmative approaches to helping bisexual clients Clinical work with bisexual clients has conceptually shifted beyond the exclusive emphasis on either straight or lesbian and gay issues There are still however too few psychotherapists who provide affirmative psychotherapy specific to bisexual concerns Affirmative Psychotherapy with Bisexual Women and Bisexual Men addresses the issues of bisexuals with an

accepting and affirmative perspective providing therapists with the latest viewpoints strategies and research to effectively treat bisexual clients Leading authorities with affirmative to bisexuals perspectives discuss problems specific to bisexuals and their lifestyles with an eye toward providing practical effective therapy Unique bisexual lifestyle concerns are examined such as transgender issues polyamory older bisexual women and men and cultural differences while providing an emphasis on cultivating well being and a sense of community in bisexual clients Affirmative Psychotherapy with Bisexual Women and Bisexual Men sensitively avoids the double standard long held by therapists clinically treating heterosexual or lesbian and gay individuals showing that an affirmative viewpoint is valid and crucial for the effective treatment of bisexuals This source clearly explains practical strategies and discusses the latest research on bisexual issues such as age culture heterosexual and bisexual mixed couples and the polyamorous lifestyle with appropriate acceptance and understanding The book also explores useful ways to develop successful health and support services specific to bisexual needs Topics in Affirmative Psychotherapy with Bisexual Women and Bisexual Men include affirmative psychotherapy techniques specific to bisexual women and bisexual men need for validation of bisexuality ways for clients to come to terms with their bisexuality practical value and shortcomings of the main therapeutic schools in providing effective psychotherapy transgender bisexuality with illustrative case studies needs and issues of African American bisexual clients bisexual aging issues counseling heterosexual spouses of bisexual women and men therapy approaches for clients who are bisexual and polyamorous recognizing and addressing the specific needs of different sub groups of bisexual people and more Affirmative Psychotherapy with Bisexual Women and Bisexual Men is a crucial addition to the literature of bisexual psychotherapy and is invaluable to counselors psychotherapists marriage and family therapists social workers psychiatrists sex therapists researchers and educators in the fields of psychology sociology anthropology sexuality sex education adolescent and adult development and community mental health

Opening Up Tristan Taormino, 2008-05-01 A practical guide to making sexually open arrangements work outlines options for transforming monogamous relationships into effective polyamorous ones in a reference that addresses such topics as boundary setting child raising and conflict resolution Original Bisexuality and Same-Sex Marriage M. Paz Galupo, 2014-06-03 In our society the argument for or against same sex marriage becomes even more heated when the debate turns to bisexual women and men Bisexuality and Same Sex Marriage thoughtfully explores this debate from a wide range of interdisciplinary perspectives presenting respected scholars from fields as diverse as American Studies Communication Criminology Human and Organizational Systems Law and Social Policy LGBT Studies Organizational Behavior Psychology Sociology Women s Studies and Queer Studies This clear viewed volume is organized into three perspectives theoretical research and personal that frame the debate from a macro to micro level of analysis This book goes beyond the intense acrimony and divisiveness to rationally examine the issue from various viewpoints and through the latest research This informative text presents and analyzes in depth the current findings and the diverse LGBT and straight

perspectives on the issue This insightful resource discusses in detail personal views the latest theories and is extensively referenced Bisexuality and Same Sex Marriage is an essential volume for LGBT studies professionals psychologists counselors educators students and interested general public This book was published as a special issue of the Journal of Bisexuality

*Understanding Non-Monogamies* Meg Barker, Darren Langdridge, 2010-02-02 This volume gathers contributions from academics activists and practitioners to explore the intricacies of non monogamous relationships Featuring both empirical and theoretical pieces contributors examine the history and cultural basis of non monogamy psychological understandings of relationship patterns language and emotion mono normativity and issues of race class disability sexuality and gender

**Pagan Polyamory** Raven Kaldera, 2005 The term polyamory describes non monogamous relationships based on honesty and affection Presenting a fascinating peek inside the polyamorous lifestyle from a Pagan perspective Raven Kaldera offers practical insight and spiritual depth into a vastly misunderstood way of life Relating polyamory to astrology and the elements air fire water earth and spirit the author addresses all aspects of the polyamorous life including family life sexual ethics emotional issues proper etiquette relationship boundaries and the pros of cons of this lifestyle Kaldera also discusses polyamory as a path of spiritual transformation and shares spells rituals and ceremonies for affirming one's relationships and spirituality

*Philosophical Foundations of Children's and Family Law* Elizabeth Brake, Lucinda Ferguson, 2018 This collection is the first of its kind to examine the ethical foundations of family law Topics include the value of marriage the scope of parental control rights the protection of children's interests and the role of religious freedom in the legal attitude to family relationships

*The Jealousy Workbook* Kathy Labriola, 2013-09-13 From the initial stages of trying to agree who can do what with whom through advanced issues such as coping with logistics and seeking compersion every relationship sooner or later confronts jealousy and some relationships do not survive the confrontation Between these covers you will find forty two exercises with supporting text developed by a professional relationship counselor and refined by hundreds of clients trying to find their own paths through jealousy They range from basic Exercise Two Clarify Your Relationship Orientation through challenging Exercise Thirty Four Imagine Looking Through Their Eyes and Being In Their Shoes All can be done solo with a partner or under the supervision of a helping professional and all can be done before a problem emerges or in the throes of a jealousy crisis Along the way you will find solutions to the issues that bedevil even the most happily open relationships

*Border Sexualities, Border Families in Schools* Maria Pallotta-Chiarolli, 2010-05-16 The first book of its kind internationally Border Sexualities Border Families in Schools explores the experiences of bisexual students mixed sexual orientation families and polyamorous families in schools For the first time a book foregrounds the voices and experiences of these students and families who are falling into the gaps or on the borders of a school's gay straight divide in anti homophobia policies and programs and schools recognizing families as meaning either heterosexual couples or increasingly homosexual couples Drawing from interviews and online research with students parents

and teachers as well as providing a comprehensive overview and analysis of international educational and health research and media popular cultural texts this book addresses the following what are the problematic and or empowering experiences and strategies of bisexual students multisexual and polyamorous families in educational systems what could schools be doing to promote healthy sexual emotional and social relationships for bisexual students and multisexual polyamorous families in school communities what recommendations implementations do bisexual students and multisexual polyamorous families suggest in regard to school curriculum school policies and student welfare in order to acknowledge and support family diversity in school communities In particular the research findings which are reported in this book show that border sexualities and border families use three types of strategies passing or normalization and assimilation in school settings bordering or negotiation and navigation between the private world of home and public world of school and polluting or non compliance and resistance thereby outing their sexualities and families within the school world Within a social deconstructionist multicultural post colonial feminist queer theoretical framework this book spans health education sociology psychology gender family sexuality and cultural studies

**Sexual Partnering, Sexual Practices, and Health** Sana Loue, 2007-07-03 Sexual risk behaviors have inspired profound ideas and effective teamwork But as the early history of AIDS demonstrates when sexual practice is part of the equation the same bold thinkers may be stymied or just silent Safe sex and monogamy have been proposed as answers to a gamut of social problems but there is frequently little consensus on what these terms mean Sexual Partnering Sexual Practices and Health replaces myth and stereotype with meticulously documented findings on real people and their behaviors in their social environmental and individual contexts Author Sana Loue examines the range of partnerships not only in the U S but also Europe and the developing world focusing on both consenting relationships and exploitative sexual interactions Varieties of monogamy between consenting adults Relationships involving multiple adult partners Incest pedophilia and child marriage Sex work trafficking and pornography Fetishes and related behaviors All chapters cogently address the health issues that arise from these arrangements concluding with implications for research prevention and intervention Throughout Loue argues for a common language across disciplines and challenges her readers therapists health care providers and policymakers alike to rethink their assumptions about clients their health needs and the communities they represent Dr Loue's work is a truly significant scholarly contribution to a topic too often characterized by pseudo science and ideological distortions Sexual Partnering Sexual Practices and Health should prove an invaluable resource for researchers and community practitioners alike in helping understand dimensions of sexual practice and designing more effective approaches to sexual health and violence prevention Earl Pike Executive Director AIDS Taskforce of Greater Cleveland

**In Defense of Plural Marriage** Ronald C. Den Otter, 2015-05-28 This book outlines the constitutional argument in favor of plural marriage in the United States

**The Polyamorists Next Door** Elisabeth Sheff, 2013-11-26 Marriage and monogamy are not what they used to be and today many couples are opting to start families

before getting married or deciding not to get married at all At the same time gay couples in states that recognize same sex marriage are getting married in droves Some people prefer non monogamy and have relationships that include swinging and polyamory The landscape of American marriage and relationships is changing and a variety of family systems are developing and becoming more common The Polyamorists Next Door introduces polyamorous families in which people are free to pursue emotional romantic and sexual relationships with multiple people at the same time openly and with support from their partners sometimes forming multi partner relationships or other arrangements that allow for emotional and sexual freedom within the family system In colorful and moving details this book explores how polyamorous relationships come to be grow and change manage the ins and outs of daily family life and cope with the challenges they face both within their families and from society at large Using polyamorists own words Dr Elisabeth Sheff examines polyamorous households and reveals their advantages disadvantages and the daily lives of those living in them While polyamorous families are increasingly common fairly little is known about them outside of their own social circles or of the occasional media sensationalism This book provides information that will be useful for professionals with polyamorous clients educators who wish to understand or teach about polyamory and especially people who wish to better understand polyamory themselves or explain it to their potential partners adult children or in laws

**Exploring Intimacy** Suzann Panek Robins,2010-01-16 Building off the idea that when we are happier we tend to be healthier Robins explains the phenomenon of how our intuitive knowing fosters healthy relationships that contribute to our physical mental and emotional health Readers learn to utilize a variety of pathways that will change their responses to others and will produce lasting more rewarding and closer relationships in all areas of their lives This book is designed to aid readers in looking inward and experiencing how their intuitive sixth sense informs their ability to be intimate without the negative triggers of past experiences Through a considered and thoughtful approach Robins offers insight into cultivating a truly integrated self so that one may lead a more fulfilling and healthful life

Bisexual Resource Guide Robyn Ochs,1999 **The Spectre of Promiscuity** Christian Klesse,2016-03-03 Wide ranging research suggests that partners in gay male and bisexual relationships do not necessarily expect monogamy or see it as an important issue Although the frequency of gay male and bisexual non monogamous partnerships tends to be widely acknowledged in social science literature these relationships have rarely been explored in more detail By providing rich empirical data thoughtful analysis and theoretical debate this book makes a significant contribution to the sociological literature on sexual and intimate relationships More specifically it explores the diversity of gay male and bisexual relationship practices in the context of heteronormative citizenship and intra social movement conflict and highlights the complexity of power relations that circumscribe queer people s relationships and sexual lives Written in an accessible and engaging manner The Spectre of Promiscuity provides important insights for further studies on sexual culture discourse citizenship politics and ethics *Encyclopedia of Women's Associations Worldwide* Jacqueline Kaye Barrett,Jane A.



Malonis, 1993 Directs the reader to 6000 organizations throughout the world concerning women and women's issues  
Coverage includes groups focusing on such topics as breast cancer divorce reproductive rights and right to life rape domestic violence and family parent and infant issues

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