



# Nutrition

Second Edition

Principles and Application in Health Promotion

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# Nutrition Principles And Application In Health Promotion

**Ying-Ying Zheng**



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even today the ryū retains the traditionally strict custom in which a candidate for study in the ryū is required to execute the keppan signing in the person s own blood a solemn oath to abide by the policies of the ryū

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the tenshin shōden katori shintō ryū is a comprehensive martial system this means that unlike modern martial ways such as kendo or iaido which concentrate on one specific area study is made of a broad range of martial and outdoor skills

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the main line of tenshin shōden katori shintō ryū is currently represented by the kyōsō shibu led by kyōsō shigetoshi 6 Ōtake risuke s younger son the honbu dojo is located at iizasa yasusada s home near the katori shrine and is used by branches in

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