# Advantages of Methadone Maintenance for Addiction Treatment

- 1 Program Structure
- 2 Affordability
- 3 Support
- 4 Lack of Ceiling Effect
- 5 Suitability for Pregnancy

# **Methadone Maintenance Treatment**

Pearl Isaac, Beth Sproule, Centre for Addiction and Mental Health

# **Methadone Maintenance Treatment:**

Methadone Maintenance Treatment in the U.S. Wendee M. Wechsberg, Jennifer J. Kasten, Nancy D. Berkman, Amy E. Roussel, 2007-05-07 The abuse of heroin and other opiates is a serious and growing public health problem According to the 2004 National Survey on Drug Use and Health an estimated 166 000 Americans use heroin In addition 4.4 million use opiate pain relievers including Vicodin Percodan Percocet and OxyContin without a prescription Abuse of legal pain relievers represents a growing category in 2004 approximately 2 4 million Americans abused prescription pain relievers for the first time In total about 1 9% of Americans are abusing illegal or legal opiates Furthermore opiate dependence is increasing worldwide and significantly exacerbating the HIV AIDS pandemic Methadone maintenance treatment MMT has been the primary form of treatment for opiate dependence in the U S for over 40 years It involves providing drug abusers with a less addictive opiate methadone in a clinical setting and then gradually tapering the methadone dosage While on methadone patients receive counseling and other medical treatments i e hepatitis screening as needed. The ability to provide all of these treatments in one location has made MMT the most effective treatment for opiate dependence to date In the United States alone there are more than 1 200 MMT programs with an estimated staff of 20 000 serving more than 200 000 patients annually yet to date there has been no comprehensive user friendly professional reference book on these programs This book fills the gap It is written for a diverse audience including clinicians program administrators substance abuse treatment researchers and other health service professionals who want to learn about all aspects of MMT Policy makers interested in establishing new programs domestically and internationally will find the information useful The book offers insights into the effectiveness of methadone and the characteristics of successful methadone treatment programs budgets services staff etc as well as regulation and accreditation issues The information presented is based on a study of nearly 150 MMT programs in 15 states About RTI International RTI International is dedicated to conducting research and development that improves the human condition by turning knowledge into practice With a staff of more than 2 500 RTI offers innovative research and technical solutions to governments and businesses worldwide in the areas of heatlh and pharmaceuticals education and training surveys and statistics demographic governance economic and social development advanced technology energy and the environment The second largest independent nonprofit research organization in the United States RTI maintains nine offices in the U S five internationally and one international subsidiary as well as project offices around the world This book fills the gap It is written for a diverse audience including clinicians program administrators substance abuse treatment researchers and other health service professionals who want to learn about all aspects of MMT Policy makers interested in establishing new programs domestically and internationally will find the information useful The book offers insights into the effectiveness of methadone and the characteristics of successful methadone treatment programs budgets services staff etc as well as regulation and accreditation issues The information presented is based on a study of nearly 150 MMT programs in 15

The Effectiveness of Methadone Maintenance Treatment John C. Ball, Alan Ross, 2012-12-06 Legislators journalists states and concerned citizens in general when consider ing what to do about the plague of heroin addiction in large cities ask an obvious question Is methadone treatment effective This question is a critical one since maintenance with methadone is at present the only practical alternative to leaving tens of thousands in New York City hundreds of thousands of untreated addicts on the streets Other treatments although effective for limited groups could not conceivably be expanded to stop heroin use in as much as 10% of the addicted population The present study sponsored by the National Institute on Drug Abuse was undertaken to provide an authoritative answer to this question Under the direction of a distinguished expert the evaluation team made an intensive examination of techniques and outcomes in six different methadone programs located in New York Philadelphia and Baltimore and followed this by two yhears of data analysis and literature review The present re port is the product of this work The primary conclusion namely that methadone treatment is substantially effective in reducing heroin use and associated criminal behavior is consistent with the findings of several previous independent Methadone Maintenance Treatment Mark Erdelyan, Colleen Young, 2009 **Methadone Maintenance** evaluations Treatment Pearl Isaac, Beth Sproule, Centre for Addiction and Mental Health, 2009 Methadone Maintenance Treatment and Other Opioid Replacement Therapies Jeff Ward, Richard P. Mattick, Wayne Hall, 1998 The 1980s and 1990s have witnessed a worldwide epidemic of heroin addiction and countries around the world have moved to put in place opiate replacement therapy programs to deal with this problem While most of these programs use methadone as a substitute drug of choice most recently buprenorphine LAAM levo acetyl methadol and heroin have been employed for this purpose A comprehensive guide to the use of drug substitution in the treatment of opiate dependence this handbook provides an up to date account of treatment research and practice in this growing area As well as answering questions about the status of this class of interventions in terms of their demonstrated effectiveness it also includes detailed discussions of assessment issues appropriate dosage regimes the role of ancillary social and psychosocial services the use of opiate replacement therapy in prisons optimal treatment during pregnancy and the cost effectiveness of this form of treatment This book will be of int

Methadone Maintenance Treatment Mark Erdelyan, 2009 Methadone Maintenance Treatment A Community Planning Guide is a manual offering guidance to communities on how to raise awareness of the benefits of methadone maintenance treatment and how to develop and integrate effective treatment services in their community The manual reviews the stages of establishing a community working group engaging the community and planning implementing and evaluating a MMT program The resource provides practical suggestions on how to build public support and increase acceptance of those struggling with opioid dependence through raising community awareness and acceptance of MMT services The resource includes the following sections About Methadone Maintenance Treatment Getting Ready Establishing a Community Working Group Engaging the Community Developing a Methadone Maintenance Treatment Program Implementing the Program

Evaluating the Program Resources This manual is for members of health planning networks and community working groups that are interested in developing or expanding MMT services to meet the needs of opioid dependent individuals

Methadone Maintenance Treatment: Client Handbook CAMH, 2008-03-15 Written in plain language Methadone Maintenance Treatment Client Handbook gives clients an overview of methadone maintenance treatment There is valuable information here for those thinking about methadone treatment for the new client and the long term client and for families and friends This handbook sets the record straight on length of treatment side effects other drugs counselling pregnancy travel withdrawal and ending treatment all the information a client needs in one place Methadone Maintenance Treatment Kate Tschakovsky, 2009 Principles of Addiction Medicine Richard K. Ries, Shannon C. Miller, David A. Fiellin, 2009 This respected text from the American Society of Addiction Medicine is valuable for all physicians and mental health personnel who specialize in addiction medicine and who treat patients with addiction disorders The chapters blend scientific principles underlying addiction with the practical essentials of clinical addiction medicine Many of the contributors are affiliated with leading government agencies that study addiction and its science such as the National Institute on Alcohol Abuse and Alcoholism and the National Institute on Drug Abuse The book will appeal to a wide and interdisciplinary range of professionals especially those with interest or duties relating to addiction related disorders and in particular physicians seeking certification status via either the American Board of Addiction Medicine or the American Board of Psychiatry and Neurology A companion Website will offer the fully searchable text **Policy Studies Review Annual Stuart S.** Nagel, 1977-08-01 Report of the Methadone Maintenance Treatment Practices Task Force ,2007 Methadone Maintenance Centre of Addiction and Mental Health, Pearl Isaac, Centre for Addiction and Mental Health, Anne Kalvik, 2004 This newly revised edition is an important reference for practising pharmacists who dispense methadone Methadone maintenance treatment MMT is the most effective pharmacological treatment for opioid dependence Pharmacy staff have more contact with methadone patients than anyone else on the treatment team The pharmacist at the front line of treatment can have a real and positive impact on patients outcomes offering encouragement support and motivation as patients progress through treatment This comprehensive practical manual includes in depth information on opioid and other substance dependence methadone and MMT dispensing and self administration methadone dosing issues minimizing diversion continuity of care when patients are hospitalized or incarcerated adverse effects toxicity overdose and withdrawal drug interactions involving methadone an expanded section maintenance under special circumstances such as pregnancy breastfeeding hepatic and renal impairment and HIV AIDS The manual also includes 40 pages of appendices comprising information for pharmacists to share with patients They include information on MMT sample MMT agreements tips for travelling and overdose information Methadone maintenance treatment ,199? Therapeutic Effectiveness of Methadone Maintenance Programs in the Management of Drug Dependence of Morphine Type in the USA Stephen

S. Wilmarth, Avram Goldstein, 1974 Methadone Maintenance ,1990 Narcotics Research, Rehabilitation, and Treatment United States. Congress. House. Select Committee on Crime, 1971 State Methadone Treatment Guidelines DIANE Publishing Company, 1994-09 Provides guidelines for State agencies and methadone treatment providers on effective treatment practices and care Evidence-Based Practice Manual Albert R. Roberts, Kenneth R. Yeager, 2004-01-15 The Evidence Based Practice Manual was developed as an all inclusive and comprehensive practical desktop resource It includes 104 original chapters each specially written by the most prominent and experienced medical public health psychology social work criminal justice and public policy practitioners researchers and professors in the United States and Canada This book is specifically designed with practitioners in mind providing at a glance overviews and direct application chapters This is the only interdisciplinary volume available for locating and applying evidence based assessment measures treatment plans and interventions Particular attention has been given to providing practice guidelines and exemplars of evidence based practice and practice based research The Evidence Based Practice Manual emphasizes and summarizes key elements issues concepts and how to approaches in the development and application of evidence based practice Discussions include program evaluation quality and operational improvement strategies research grant applications validating measurement tools and utilizing statistical procedures Concise summaries of the substantive evidence gained from methodologically rigorous quantitative and qualitative research provide make this is an accessible resource for a broad range of practitioners facing the mandate of evidence based practice in the health and human services **Overview of Addiction Treatment Effectiveness** A Review of Recent Advances in Knowledge about Methadone Maintenance Treatment Ineke Mim J. Landry, 1996 Beusekom, Martin Y. Iguchi, 2001 This report which provides a knowledge base for the development of methadone maintenance treatment clinical quidelines in Switzerland reviews the world wide literature on such treatment and existing guidelines

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# Table of Contents Methadone Maintenance Treatment

- 1. Understanding the eBook Methadone Maintenance Treatment
  - The Rise of Digital Reading Methadone Maintenance Treatment
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Methadone Maintenance Treatment
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Methadone Maintenance Treatment
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Methadone Maintenance Treatment

- Personalized Recommendations
- Methadone Maintenance Treatment User Reviews and Ratings
- Methadone Maintenance Treatment and Bestseller Lists
- 5. Accessing Methadone Maintenance Treatment Free and Paid eBooks
  - Methadone Maintenance Treatment Public Domain eBooks
  - Methadone Maintenance Treatment eBook Subscription Services
  - Methadone Maintenance Treatment Budget-Friendly Options
- 6. Navigating Methadone Maintenance Treatment eBook Formats
  - o ePub, PDF, MOBI, and More
  - Methadone Maintenance Treatment Compatibility with Devices
  - Methadone Maintenance Treatment Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Methadone Maintenance Treatment
  - Highlighting and Note-Taking Methadone Maintenance Treatment
  - Interactive Elements Methadone Maintenance Treatment
- 8. Staying Engaged with Methadone Maintenance Treatment
  - o Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Methadone Maintenance Treatment
- 9. Balancing eBooks and Physical Books Methadone Maintenance Treatment
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Methadone Maintenance Treatment
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Methadone Maintenance Treatment
  - Setting Reading Goals Methadone Maintenance Treatment
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Methadone Maintenance Treatment

- Fact-Checking eBook Content of Methadone Maintenance Treatment
- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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