

# SHINING A LIGHT ON THE ROLE OF TRACE METALS IN NEURODEGENERATIVE DISEASES

A TEAM OF RESEARCHERS WITH EXPERTISE IN PHYSICS, ENGINEERING AND BIOLOGY ARE FINDING OUT WHETHER TRACE METALS IN THE BRAIN ARE LINKED TO NEURODEGENERATIVE DISEASES. USING INNOVATIVE SYNCHROTRON TECHNIQUES AT DIAMOND LIGHT SOURCE, THE UK'S NATIONAL SYNCHROTRON FACILITY, THEIR WORK IS PAVING THE WAY FOR IMPROVED DIAGNOSIS AND TREATMENT

## GLOSSARY

**METALLOMICS** – the study of the role of metal elements in living systems.

**HOMEOSTASIS** – the regulation of conditions in the body such as temperature, water content, carbon dioxide, glucose and levels of chemical elements ([www.bbc.co.uk/1/health/2012/08/120826\\_homeostasis.shtml](http://www.bbc.co.uk/1/health/2012/08/120826_homeostasis.shtml))

**DEMENTIA** – a group of related symptoms (such as memory loss and difficulties with problem-solving or language) associated with an ongoing decline in brain functioning

**ALZHEIMER'S DISEASE** – the most common form of dementia, leading to symptoms such as memory loss

**PARKINSON'S DISEASE** – a neurodegenerative disease that includes loss of nerve cells in part of the brain called the substantia nigra

**AMYLOID PLAQUES** – insoluble protein-rich deposits, including assembled fibres of amyloid protein

**TRANSITION METALS** – metals in the central block of the periodic table, including iron

**TRACE METALS** – metals that are present in small but measurable concentrations in animal and plant cells and tissues

**MAGNETIC RESONANCE IMAGING (MRI)** – a medical imaging technique that uses the magnetic properties of biological tissue to look in detail at anatomy and can identify and locate some ions and molecules

**BEAMLINE** – an experimental station at a facility, where a beam emitted from a particle accelerator (such as photons at a synchrotron facility) is used for a particular type of measurement (e.g. diffraction, tomography, fluorescence)

**BIO-AVAILABLE METAL** – a measure of the degree to which a metal ion or metal compound can be used in biochemical reactions

According to the World Health Organisation (WHO), around 25-30% of people aged 65 or older have dementia. Indeed, diseases such as Alzheimer's and Parkinson's are an increasing problem in ageing populations worldwide, but it is not only the older populations who are suffering from dementia: around 1 in every 20 cases of Alzheimer's disease affects people aged 40 to 60. Finding out the causes of dementia, and how to cure or slow the development of neurodegenerative diseases such as Alzheimer's and Parkinson's, is therefore crucial.

Surprising as it may seem, the human brain (and body) is full of trace metals. These metals are essential if our brains are to work properly. For example, the human brain contains about 6 milligrams of copper, enough to produce a small circuit board! Higher-than-usual levels of iron were first reported in the brains of people with Alzheimer's disease in 1953. Since then, researchers have discovered altered concentrations of trace metals such as copper,

zinc and iron in certain regions of the brains of deceased Alzheimer's patients – and many of these metals have been found concentrated in amyloid plaques. It is known that when there is an imbalance of metals in the body, things start to go wrong. But it is not yet fully understood how changing metal levels affects the onset or progression of dementia.

## HOW DO WE FIND OUT?

Professor Joanna Collinge is the Head of the Trace Metals in Medicine Laboratory at the University of Warwick. She is collaborating with a team of researchers with physics, biology and engineering expertise to investigate the role trace metals play in the development of Alzheimer's and Parkinson's disease. They are using a state-of-the-art synchrotron technique, called X-ray spectroscopy, to image and analyse the brain in innovative ways.

"We need to think about the brain as a dynamic system, about the balance (homeostasis)

being disrupted, to determine if too much of one metal, or not enough of another, is preventing cells from functioning properly," says Jo. "When we study neurodegenerative diseases that happen in humans, we normally look at brain tissue that has been donated to a brain bank after someone's death. This means we're looking at evidence from a single point in time. To try and understand the timeframe over which chemical changes in the brain have happened (quickly, or slowly – maybe over decades), we have to use evidence from medical imaging studies (where available)."

## WHY IS IT IMPORTANT TO STUDY CHANGES IN METAL HOMEOSTASIS?

Studies of post-mortem brains have revealed that iron concentrations change as we get older. However, changes in metal chemistry appear to be more marked in diseased brains than in healthy brains. "People with Alzheimer's disease may exhibit metal-rich deposits of proteins, called plaques, in their

# Metals And Neurodegenerative Diseases An Introductory Text

**Tiantian Zhang,Zhigang Liu,Yashi Mi**



## **Metals And Neurodegenerative Diseases An Introductory Text:**

**Heavy Metal Toxicity and Neurodegeneration** Prasann Kumar, Neha Gogia, 2025-08-01 Heavy Metal Toxicity and Neurodegeneration delves into the intricate relationship between heavy metals and neurodegenerative diseases. It synthesizes and presents the latest research findings, shedding light on the mechanisms by which heavy metals cause neuronal damage and contribute to disease progression. By integrating various perspectives and collating diverse studies, this book serves as an invaluable resource for those seeking to understand the profound impact of heavy metals on neurological health. In addition to detailing the mechanisms involved, the book highlights the importance of early detection and preventive measures. It caters to researchers, clinicians, policymakers, and students, offering a comprehensive and accessible overview that bridges the gap between theory and practical application. This scholarly work is poised to inform and guide future research and policy decisions in the field of neurodegenerative disease. Provides a comprehensive overview of how heavy metals interact with biological systems, particularly the nervous system. Explains the mechanisms through which metals contribute to neurodegenerative diseases. Highlights the public health implications of heavy metal exposure, including its impact on vulnerable populations such as children and older people. [Protein Misfolding in Neurodegenerative Diseases](#)

Neha Gogia, Sandeep Kumar Singh, Vidyadhara Devarunda Jaganath, 2025-03-17 Approx 280 pages Discusses underlying cellular and molecular mechanisms altered in protein-associated neurodegenerative disorders. Describes methods for detection and analysis of protein aggregates. Features advancements in therapeutics and emerging techniques to treat these disorders. Covers implications in a variety of neurodegenerative diseases, including Alzheimer's, Parkinson's, ALS, Creutzfeldt-Jakob disease, Cystic fibrosis, Gaucher's disease, and Polyglutamine diseases, including Huntington's and other related proteinopathies.

**The Neurodegeneration Revolution** Trideva Sastri Koduru, Riyaz Ali M Osmani, Ekta Singh, Suman Dutta, 2024-11-19 The Neurodegeneration Revolution: Emerging Therapies and Sustainable Solutions provides insights into the mechanics, characteristics, behavior, application, and manufacturing of advanced materials such as nanowires, 2D materials, biomaterials, smart materials, and more. The first section discusses the mechanics and electronic and magnetic properties of nanomaterials, photonic and photonic materials, and devices. 2D magnetic materials, smart materials, and coatings, metamaterials, and microdevices and sensors. The second section of the book covers manufacturing technologies and methods of previously discussed materials, outlining manufacturing techniques for additive manufacturing of metallic lattice structures, biomedical alloys, shape memory alloys, multifunctional polymer composites, nanocomposite structures, ceramics, and batteries. Explores emerging therapies such as gene therapy, stem cell therapy, and nanoparticle-mediated drug delivery, as well as sustainable green nanotechnology. Offers practical guidance for healthcare professionals and caregivers on how to effectively manage neurodegenerative diseases. Explores the application of Artificial Intelligence and Machine Learning in the treatment of neurodegenerative diseases.

*The Textbook of Nanoneuroscience and Nanoneurosurgery* Babak Kateb, John D.

Heiss,2013-07-25 Nanoneuroscience nanoneurosurgery and nanobioelectronics have the potential to revolutionize medicine and improve the prevention diagnosis and treatment of neurological disorders over the next 10 20 years The Textbook of Nanoneuroscience and Nanoneurosurgery presents a state of the art review of the field providing current information about nanoplatforms and their use in neurosurgery neurology neuroscience and neuroradiology The text also reviews the latest regulatory guidelines that influence the translation of nanotechnological research from the laboratory to the clinic as well as the most recent information on biodevices and pharmaceutical spinoffs It highlights presidential and congressional initiatives and programs that may significantly impact the field in the near future Chapters discuss the latest science and technologies which are applied to diagnosis and treatment of neurological disorders as well as regulatory issues that impact product development This volume describes advances that have already been translated to the clinic or hold significant promise for future application in nanoneurosurgery as well as their potential impact A full color text the book contains contributions by more than 120 researchers original and descriptive illustrations and more than 3 000 references Offering broad coverage of nanotechnological applications in diverse areas and addressing FDA regulation and healthcare policy this volume provides a foundation of ideas and methods for scientists and physicians to devise successful less invasive procedures for future treatment of nervous system disorders

#### **Nutritional Interventions on Age-Related Neurodegenerative Diseases**

Tiantian Zhang,Zhigang Liu,Yashi Mi,2023-10-16 As the population grows older strategies that can promote healthy aging and offset the development of age related neurodegenerative diseases are becoming increasingly relevant Consuming a balanced nutritious diet is important for maintaining health especially as individuals age The brain has a high demand for nutrients and nutritional imbalances dampen the structural and functional integrity of the brain critically impacting our cognitive capacities Indeed several lines of evidence suggest that nutritional strategies can reduce the risk of age related neurodegenerative diseases and exhibit potential beneficial effects in delaying the onset of brain diseases and slowing down the progression of some conditions Some studies have shown that nutritional interventions improve cognitive function in patients with AD However the research linking the role of nutritional interventions with age related neurodegenerative diseases is still in the initial stage and has made little progress It is still currently unclear if dietary ingredients can impact and modulate brain aging and neurodegeneration especially the molecular mechanism of nutritional interventions promoting brain health are not yet clear The development of effective nutritional interventions for promoting healthy aging is becoming an emerging and challenging area

#### ***Antioxidants and Functional Foods for Neurodegenerative Disorders***

Abhai Kumar,Debasis Bagchi,2021-01-07 Neurodegenerative diseases including Alzheimer s and Parkinson s disease are a growing problem across the world s aging population Oxidative stress in the brain plays a central role in a common pathophysiology of these diseases This book presents scientific research on the potential of antioxidant therapy in the prevention and treatment of neurodegenerative disorders This book outlines the roles of oxidative stress and diabetes mellitus in

neurodegeneration describes the molecular mechanisms of neurodegenerative disorders including the roles of environmental pollutants and inflammatory responses and explores mitochondrial dysfunction It then describes the protective abilities of antioxidants including vitamin D tocotrienol and coenzyme Q10 against neurodegeneration The book demonstrates the therapeutic potential of ketogenic diets and highlights the roles of medicinal plants phytopharmaceuticals traditional medicines and food nutrients in neuroprotection Key Features Explains damage caused by numerous neurodegenerative disorders and the possible protection offered by antioxidants and functional foods Describes molecular mechanisms of neurodegeneration by oxidative stress advancing age diabetes and mitochondrial dysfunctions Demonstrates protection offered by nutraceuticals antioxidants botanical extracts and functional foods The book contains twenty three chapters divided into six sections written by leading researchers This book is essential reading for health professionals dietitians food and nutrition scientists and anyone wanting to improve their knowledge of etiology of neurodegenerative diseases

**Textbook of Biological Psychiatry** Jaak Panksepp, 2004-02-01 A Textbook of Biological Psychiatry integrates the basic science concerning brain mechanisms of psychiatric disorders alongside surveys of present standard clinical treatment Organized in a coherent and easy to follow structure chapters expand across different levels of analysis from basic mechanisms to clinical practice This comprehensive reference provides an integrative treatment of the biochemistry of neurotransmission behavioral pharmacology and clinical aspects of psychiatric problems including depression manic depression and mood disorders Other chapters address the biological mechanisms and treatment of depression anxiety panic obsessive compulsive disorder and addictions The editor concludes with a perspective on the future of the field and prospects for understanding and effectively treating mood and anxiety disorders **TEXT BOOK OF DIETARY SUPPLEMENTS**

**AND NUTRACEUTICALS** Mrs. Dhruvi Mehta, Dr. Durga Pameela Gaddam, Mrs. Ritu Bharti, Dr. Pooja Jha, Dr. R. Sathiyasundar, 2025-09-16 The Text Book of Dietary Supplements and Nutraceuticals is a comprehensive reference that explores the scientific clinical and regulatory dimensions of nutraceuticals and functional foods It begins with an introduction to nutraceuticals offering clear definitions of functional foods dietary supplements and their classifications supported with examples The opening chapter also emphasizes the role of nutraceuticals in preventing and managing health problems such as diabetes obesity hypertension cancer osteoarthritis and stress Public health nutrition maternal and child nutrition ageing and community based nutrition education are given equal weight highlighting their relevance to global health A significant portion of the book is devoted to important natural sources of nutraceuticals such as spirulina soybean ginseng garlic broccoli ginkgo and flaxseeds For each the marker compounds their chemical nature medicinal uses and health benefits are described in detail The text further expands into phytochemicals like carotenoids sulfides polyphenolics flavonoids phytoestrogens tocopherols prebiotics and probiotics Their occurrence characteristic features chemical properties and medicinal roles are explained with clarity linking them to real world dietary sources such as cereals vegetables seafoods

coffee and tea The book also introduces free radicals and reactive oxygen species explaining their generation in cells and the harmful reactions they cause to lipids proteins nucleic acids and carbohydrates It elaborates on the role of free radicals in diseases like diabetes mellitus inflammation ischemic reperfusion injury atherosclerosis cancer kidney and muscle damage as well as their impact on ageing and brain metabolism The free radical theory of ageing is explored in depth connecting it to lifestyle and dietary patterns Another vital section covers antioxidants Both endogenous and synthetic antioxidants are presented including enzymatic defenses such as superoxide dismutase catalase and glutathione peroxidase as well as non enzymatic antioxidants like vitamin C vitamin E lipoic acid glutathione and melatonin Synthetic antioxidants such as BHT and BHA are also included with discussion on their uses and limitations This part of the text demonstrates how antioxidants act as a protective shield against oxidative damage thus preventing chronic diseases The concept of functional foods is highlighted with discussions on their applications in chronic disease prevention and how processing storage and environmental factors influence their nutraceutical potential Food safety receives special attention with detailed regulatory frameworks including FSSAI FDA FPO MPO AGMARK HACCP and GMPs providing readers with a clear picture of quality and safety assurance in dietary supplements

**Targeted Therapy for the Central Nervous System** Viral Patel,Mithun Singh Rajput,Jigna Samir Shah,Tejal Mehta,2024-10-07 Targeted Therapy for the Central Nervous System Formulation Clinical Challenges and Regulatory Strategies presents research on various delivery methods of drugs to the central nervous system and brain This volume examines targeted therapies for neurodegenerative disorders and succinctly outlines the future of drug delivery systems highlighting significant advancements specifically relating to central nervous system delivery This book will be of great interest to researchers working in the field of neuroscience and pharmacology as well as clinicians pharmacists radiologists psychiatrists Provides a current thorough means on how drugs are delivered to the neurological system Figures a connection amongst the physiology of drug delivery pertaining to the central nervous system fundamentals of drug delivery and distribution principles Gives an accounting of clinical trials and regulatory approaches for the formulations targeting brain

**Functional Foods and Chronic Disease** Michel Aliani,Michael N.A. Eskin,2024-03-20 Functional Foods and Chronic Disease Role of Sensory Chemistry and Nutrition explores the range of functional foods that are effective against a wide range of chronic diseases and addresses the impact of functional food bioactive compounds on organoleptic properties Beginning with an introduction that details the key sensory and advanced instrumental methods essential for addressing the common problems associated with designing functional foods the book also addresses the impact of aging and chronic diseases on sensory acuity as well as the effectiveness of functional foods in treating a wide range of chronic diseases Sections highlight the need for acceptable functional foods for individuals suffering from a wide range of chronic diseases and contain practical recommendations for their development Food scientists nutritionists dietitians food product developers food supplement producers food ingredient developers natural product scientists herbalists and

pharmacists as well as students studying related areas will benefit from this important resource Highlights the need for acceptable functional foods for individuals suffering from a wide range of chronic diseases Includes case studies applications literature reviews and a summary of recent developments in the field Provides suggestions for improving the organoleptic properties of functional foods      *Sustainable Use of Plants and Their Products in Neurodegenerative Diseases Management* Johnson O. Oladele,Ebenezer I. O. Ajayi,María L. Flores-López,Oluwaseyi E. Okoro,2025-08-11 Neurodegenerative illnesses have negative impacts on the central and peripheral nervous system which in turn affect brain health Sustainable Use of Plants and Their Products in Neurodegenerative Diseases Management addresses the prevalence and pathogenesis of neurodegenerative diseases and the roles of phytoconstituents in mitigating the progression of neurodegenerative diseases It provides a molecular understanding of the pathophysiology underpinning neurodegenerative diseases the role of herbal plant products and their phytoconstituents in the treatment of these diseases and practical strategies to prevent these pathological conditions Features Contains the latest molecular and cellular based research findings on medicinal plants in brain health and neurodegenerative diseases Explains practical strategies to prevent neurodegenerative diseases using medicinal plants and their phytoconstituents Sustainable Use of Plants and Their Products in Neurodegenerative Diseases Management opens new research areas for academia and scientists enhances student knowledge in pharmacognosy medicine pharmaceuticals biomedical and biological sciences and other related fields of studies and enables traditional healers and clinicians to make recommendations for their neurological patients      **Kaplan and Sadock's Comprehensive Text of Psychiatry** Robert Boland,Marcia L. Verduin,2024-03-26 The gold standard reference for all those who work with people with mental illness Kaplan Sadock s Comprehensive Textbook of Psychiatry edited by Drs Robert Boland and Marcia L Verduin has consistently kept pace with the rapid growth of research and knowledge in neural science as well as biological and psychological science This two volume eleventh edition offers the expertise of more than 600 renowned contributors who cover the full range of psychiatry and mental health including neural science genetics neuropsychiatry psychopharmacology and other key areas

**Reactive Oxygen Metabolites** Manfred K. Eberhardt,2000-07-21 In recent years the field of radical chemistry has undergone explosive growth Although its roots lie in organic chemistry the implications of its findings are having enormous impact in a broad range of disciplines and we now have evidence for radical involvement in over 100 diseases As important as this is however the subject of radicals and      Protein Aggregation and Propagation in Neurodegenerative Diseases Hui Yang,Jia-Yi Li,Jia Liu,2022-11-10      *Textbook of Clinical Pediatrics* A. Y. Elzouki,H. A. Harfi,H. Nazer,William Oh,F. B. Stapleton,R. J. Whitley,2012-01-10 The second edition of the textbook is planned to become a MRW textbook It will be written by 389 eminent pediatricians and scientists from leading university hospitals and health centers in North America Europe Asia and Australia Written with more than 425 chapters the book will encompass virtually all pediatric subspecialties covering every pediatric disease and organ system Its strong clinical focus with a problem based approach will help

practicing pediatricians residents medical students as well as family practitioners to manage sick children in a practical way based on scientific evidence Thus it will become a valuable reference and resource for all health care practitioners dealing with pediatric patients

**Understanding Nanomedicine** Rob Burgess, 2012-06-18 This book comprehensively covers a broad range of therapeutic and diagnostic applications of nanotechnology providing descriptions of cutting edge discoveries along with historical perspectives The text focuses on nanomaterials and nanoparticles the sectors that hold the most promise for the future of medicine The author look at how nanotechnol

**Information Resources in Toxicology, Volume 1: Background, Resources, and Tools**, 2020-05-16 This new fifth edition of Information Resources in Toxicology offers a consolidated entry portal for the study research and practice of toxicology Both volumes represents a unique wide ranging curated international annotated bibliography and directory of major resources in toxicology and allied fields such as environmental and occupational health chemical safety and risk assessment The editors and authors are among the leaders of the profession sharing their cumulative wisdom in toxicology s subdisciplines This edition keeps pace with the digital world in directing and linking readers to relevant websites and other online tools Due to the increasing size of the hardcopy publication the current edition has been divided into two volumes to make it easier to handle and consult Volume 1 Background Resources and Tools arranged in 5 parts begins with chapters on the science of toxicology its history and informatics framework in Part 1 Part 2 continues with chapters organized by more specific subject such as cancer clinical toxicology genetic toxicology etc The categorization of chapters by resource format for example journals and newsletters technical reports organizations constitutes Part 3 Part 4 further considers toxicology s presence via the Internet databases and software tools Among the miscellaneous topics in the concluding Part 5 are laws and regulations professional education grants and funding and patents Volume 2 The Global Arena offers contributed chapters focusing on the toxicology contributions of over 40 countries followed by a glossary of toxicological terms and an appendix of popular quotations related to the field The book offered in both print and electronic formats is carefully structured indexed and cross referenced to enable users to easily find answers to their questions or serendipitously locate useful knowledge they were not originally aware they needed Among the many timely topics receiving increased emphasis are disaster preparedness nanotechnology omics risk assessment societal implications such as ethics and the precautionary principle climate change and children s environmental health Introductory chapters provide a backdrop to the science of toxicology its history the origin and status of toxicoinformatics and starting points for identifying resources Offers an extensive array of chapters organized by subject each highlighting resources such as journals databases organizations and review articles Includes chapters with an emphasis on format such as government reports general interest publications blogs and audiovisuals Explores recent internet trends web based databases and software tools in a section on the online environment Concludes with a miscellany of special topics such as laws and regulations chemical hazard communication resources careers and professional education K 12 resources



funding poison control centers and patents Paired with Volume Two which focuses on global resources this set offers the most comprehensive compendium of print digital and organizational resources in the toxicological sciences with over 120 chapters contributions by experts and leaders in the field

**Textbook of Neural Repair and Rehabilitation: Volume 1, Neural Repair and Plasticity** Michael Selzer, Stephanie Clarke, Leonardo Cohen, Gert Kwakkel, Robert Miller, 2014-04-24 In two freestanding volumes the Textbook of Neural Repair and Rehabilitation provides comprehensive coverage of the science and practice of neurological rehabilitation Revised throughout bringing the book fully up to date this volume Neural Repair and Plasticity covers the basic sciences relevant to recovery of function following injury to the nervous system reviewing anatomical and physiological plasticity in the normal central nervous system mechanisms of neuronal death axonal regeneration stem cell biology and research strategies targeted at axon regeneration and neuron replacement New chapters have been added covering pathophysiology and plasticity in cerebral palsy stem cell therapies for brain disorders and neurotrophin repair of spinal cord damage along with numerous others Edited and written by leading international authorities it is an essential resource for neuroscientists and provides a foundation for the work of clinical rehabilitation professionals

*Textbook of Drug Design and Discovery, Third Edition* Tommy Liljefors, Povl Krosgaard-Larsen, Ulf Madsen, 2002-07-25 Building on the success of the previous editions Textbook of Drug Design and Discovery has been thoroughly revised and updated to provide a complete source of information on all facets of drug design and discovery for students of chemistry pharmacy pharmacology biochemistry and medicine The book follows drug design from the initial lead identification through optimization and structure activity relationship with reference to the final processes of clinical evaluation and registration Chapters investigate the design of enzyme inhibitors and drugs for particular cellular targets such as ion channels and receptors and also explore specific classes of drug such as peptidomimetics antivirals and anticancer agents The use of gene technology in pharmaceutical research computer modeling techniques and combinatorial approaches are also included

**Marsden's Book of Movement Disorders** Ivan Donaldson, C. David Marsden, Susanne Schneider, Kailash Bhatia, 2012-03-29 This book represents the final work of the late Professor C David Marsden who was the most influential figure in the field of movement disorders in terms of his contributions to both research and clinical practice in the modern era It was conceived and written by David Marsden and his colleague at the Institute of Neurology Prof Ivan Donaldson It was their intention that this would be the most comprehensive book on movement disorders and also that it would serve as the clinical Bible for the management of these conditions It provides a masterly survey of the entire topic which has been made possible only by vast laboratory and bedside experience Marsden's Book of Movement Disorders covers the full breadth of movement disorders from the underlying anatomy and understanding of basal ganglia function to the diagnosis and management of specific movement disorders including the more common conditions such as Parkinson's Disease through to rare and very rare conditions such as Niemann Pick disease Chapters follow a structured format with

historical overviews definitions clinical features differential diagnosis investigations and treatment covered in a structured way It is extensively illustrated with many original photographs and diagrams of historical significance Among these illustrations are still images of some original film clips of some of Dr Marsden s patients published here for the first time Comprehensively referenced and updated by experts from the Institute of Neurology at Queen Square this book is a valuable reference for not just movement disorder specialists and researchers but also for clinicians who care for patients with movement disorders

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