



Meta-Emotion

*How Families
Communicate Emotionally*

John M. Gottman
Lynn Fainsilber Katz
Carole Hooven

Meta Emotion How Families Communicate Emotionally

**Jinni Harrigan, Robert Rosenthal, Klaus
Scherer**



Meta Emotion How Families Communicate Emotionally:

Meta-Emotion John Mordechai Gottman, Lynn Fainsilber Katz, Carole Hooven, 2013-02-01 This book describes research on the emotional communication between parents and children and its effect on the children's emotional development. Inspired by the work and dedicated to the memory of Dr Haim Ginott, it presents the results of initial exploratory work with meta-emotion feelings about feelings. The initial study of meta-emotion generated some theory and made it possible to propose a research agenda. Clearly, replication is necessary and experiments are needed to test the path analytic models which have been developed from the authors' correlational data. The authors hope that other researchers will find these ideas interesting and stimulating and will inspire investigation in this exciting new area of a family's emotional life.

Meta-Emotion John Mordechai Gottman, Lynn Fainsilber Katz, Carole Hooven, 2013-02-01 This book describes research on the emotional communication between parents and children and its effect on the children's emotional development. Inspired by the work and dedicated to the memory of Dr Haim Ginott, it presents the results of initial exploratory work with meta-emotion feelings about feelings. The initial study of meta-emotion generated some theory and made it possible to propose a research agenda. Clearly, replication is necessary and experiments are needed to test the path analytic models which have been developed from the authors' correlational data. The authors hope that other researchers will find these ideas interesting and stimulating and will inspire investigation in this exciting new area of a family's emotional life.

Translation from English Into Dutch of Three Parts of the Book "Meta-emotion Loes Knevels, 2000

Emotional Development and Families Julie Hakim-Larson, 2017-09-30 This lively and engaging book conducts a thorough review of the current research literature in developmental psychology and socialisation and then clearly links theory to practical applications in both clinical and everyday situations. Life's first important lessons on how to handle emotions often emerge early on within family relationships forming the foundation for emotional development over the life span. Couples, siblings, parents and extended family members all have profound influences on each other's emotional lives as well as on the lives of the children they are socialising. Students can expect to learn a wide range of relevant topics bringing together theory, practice and research in a comprehensive and lucid way. Covering the main topics of emotional development, this textbook reviews contemporary research and makes recommendations for how students might practically use the findings in their future studies or in practice. Filled with a wealth of resources and suggestions for further reading, this book is an ideal supplementary text suitable for students taking undergraduate and postgraduate courses on developmental psychology, family psychology and child clinical psychology. This book may also be helpful for those taking undergraduate and postgraduate courses on social work, counselling, education studies and family studies.

Training Teachers in Emotional Intelligence Elena Savina, Caroline Fulton, Christina Beaton, 2021-10-28 Training Teachers in Emotional Intelligence provides pre and in-service teachers with foundational knowledge and skills regarding their own and their students' emotions. Teachers are increasingly charged with

providing social emotional learning responding to emotional situations in the classroom and managing their own stress all of which have real consequences for their retention and student achievement Focused on the primary elementary level this book is an accessible review of children s emotional development the role of emotions in learning teaching and teachers professional identity The book provides strategies for teachers to foster their emotional awareness use emotions to promote learning and relationships foster emotional competencies in students and stay emotionally healthy The Child Richard A. Shweder,Thomas R. Bidell,Anne C. Dailey,Suzanne D. Dixon,Peggy J. Miller,John Modell,2009-09-15 The Child An Encyclopedic Companion offers both parents and professionals access to the best scholarship from all areas of child studies in a remarkable one volume reference Bringing together contemporary research on children and childhood from pediatrics child psychology childhood studies education sociology history law anthropology and other related areas The Child contains more than 500 articles all written by experts in their fields and overseen by a panel of distinguished editors led by anthropologist Richard A Shweder Each entry provides a concise and accessible synopsis of the topic at hand For example the entry Adoption begins with a general definition followed by a detailed look at adoption in different cultures and at different times a summary of the associated mental and developmental issues that can arise and an overview of applicable legal and public policy While presenting certain universal facts about children s development from birth through adolescence the entries also address the many worlds of childhood both within the United States and around the globe They consider the ways that in which race ethnicity gender socioeconomic status and cultural traditions of child rearing can affect children s experiences of physical and mental health education and family Alongside the topical entries The Child includes more than forty Imagining Each Other essays which focus on the particular experiences of children in different cultures In Work before Play for Yucatec Maya Children for example readers learn of the work responsibilities of some modern day Mexican children while in A Hindu Brahman Boy Is Born Again they witness a coming of age ritual in contemporary India Compiled by some of the most distinguished child development researchers in the world The Child will broaden the current scope of knowledge on children and childhood It is an unparalleled resource for parents social workers researchers educators and others who work with children *Integrated Treatment for Personality Disorder* W. John Livesley,Giancarlo Dimaggio,John F. Clarkin,2015-10-23 Rather than arguing for one best approach for treating personality disorder this pragmatic book emphasizes the benefits of weaving together multiple well established intervention strategies to meet each patient s needs A framework is provided for constructing a comprehensive case formulation planning treatment and developing a strong therapeutic alliance The clinician is guided to utilize techniques from all major therapeutic orientations to address transdiagnostic personality symptoms and problems involving emotion regulation interpersonal functioning and self and identity Showing how to pick and choose from what works in a thoughtful coordinated fashion the book features rich clinical illustrations including a chapter length case example See also Handbook of Personality Disorders Second Edition edited by W

John Livesley and Roseann Larstone the leading reference that surveys theory research and evidence based treatments

The Development of Coping Ellen A. Skinner, Melanie J. Zimmer-Gembeck, 2016-10-08 This book traces the development of coping from birth to emerging adulthood by building a conceptual and empirical bridge between coping and the development of regulation and resilience It offers a comprehensive overview of the challenges facing the developmental study of coping including the history of the concept critiques of current coping theories and research and reviews of age differences and changes in coping during childhood and adolescence It integrates multiple strands of cutting edge theory and research including work on the development of stress neurophysiology attachment emotion regulation and executive functions In addition chapters track how coping develops starting from birth and following its progress across multiple qualitative shifts during childhood and adolescence The book identifies factors that shape the development of coping focusing on the effects of underlying neurobiological changes social relationships and stressful experiences Qualitative shifts are emphasized and explanatory factors highlight multiple entry points for the diagnosis of problems and implementation of remedial and preventive interventions Topics featured in this text include Developmental conceptualizations of coping such as action regulation under stress Neurophysiological developments that underlie age related shifts in coping How coping is shaped by early adversity temperament and attachment How parenting and family factors affect the development of coping The role of coping in the development of psychopathology and resilience The Development of Coping is a must have resource for researchers professors and graduate students as well as clinicians and related professionals in developmental clinical child and school psychology public health counseling personality and social psychology and neurophysiological psychology as well as prevention and intervention science

New Handbook of Methods in Nonverbal Behavior Research Jinni Harrigan, Robert Rosenthal, Klaus Scherer, 2008-03-13 Now available in paperback the New Handbook of Methods in Nonverbal Behavior Research includes chapters on coding and methodological issues for a variety of areas in nonverbal behavior facial actions vocal behavior and body movement

Developing Inclusive Practice for Young Children with Fetal Alcohol Spectrum Disorders Carolyn Blackburn, 2017-04-21 Children with Fetal Alcohol Spectrum Disorders FASD have emerged as a major phenomenon within the education and health care systems Prenatal exposure to alcohol is known to result in a range of birth anomalies for infants and children Children with FASD experience a range of developmental delays which limit their participation and progress in a range of educational and social settings Written by one of the UK's top experts in the field this practical and informative resource explores the complex and compounding socio cultural historical and political factors surrounding maternal drug and alcohol use and the implications this has for young children's learning and development across the childhood workforce The book provides a framework of knowledge and understanding as a tool to develop inclusive practice Developing Inclusive Practice for Young Children with Fetal Alcohol Spectrum Disorders is an essential read for all early childhood professionals and practitioners It offers a range of pedagogical strategies to improve

children's long term developmental trajectory whilst supporting children and families in a sensitive respectful manner

Studying for an Early Childhood Degree Tracy Gallagher, 2023-05-09 Studying for an Early Childhood Degree based on the practices of The Pen Green Centre for children and families exemplifies how student practitioners can foster strong communities of learners and create student teacher connections that remain long after studies are complete The Pen Green Integrated Centre in Corby UK has developed a unique approach to adult education Highly qualified tutors with their wide ranging experiences have written Studying for an Early Childhood Degree in collaboration with current and former students It illustrates different ways to complete assignments providing 20 case studies of work that achieved an excellent grade from students of different professional geographical ethnic educational and socio economic backgrounds it also explores the rationale behind what contributed to these excellent final grades Each chapter linked to the key themes of the Quality Assurance Agency QAA Early Childhood Studies degree includes discussions reflections commentary and extracts from students works through Levels 4 7 as well as suggestions for further reading Studying for an Early Childhood Degree is an essential read for learners as well as educators and practitioners It will be a key resource for students having varied learning needs professional heritages writing styles and interests Further it will also support other educators to consider the unique and often competing demands of being an adult in higher education

Handbook of Preschool Mental Health Joan L. Luby, 2009-06-19 Children **Handbook of Emotional Development** Vanessa LoBue, Koraly Pérez-Edgar, Kristin A. Buss, 2019-07-04 This handbook offers a comprehensive review of the research on emotional development It examines research on individual emotions including happiness anger sadness fear and disgust as well as self conscious and pro social emotions Chapters describe theoretical and biological foundations and address the roles of cognition and context on emotional development In addition chapters discuss issues concerning atypical emotional development such as anxiety depression developmental disorders maltreatment and deprivation The handbook concludes with important directions for the future research of emotional development Topics featured in this handbook include The physiology and neuroscience of emotions Perception and expression of emotional faces Prosocial and moral emotions The interplay of emotion and cognition The effects of maltreatment on children's emotional development Potential emotional problems that result from early deprivation The Handbook of Emotional Development is an essential resource for researchers clinicians professionals and graduate students in child and school psychology social work public health child and adolescent psychiatry pediatrics and related disciplines

Introduction to Special Educational Needs, Disability and Inclusion Alexandra Sewell, Joanne Smith, 2020-11-11 This essential textbook equips you with a strong understanding of theories policies and practices and how they impact on Special Educational Needs and Disabilities guiding you through your SEND course or modules It provides you with the foundations and tools necessary to think critically about the issues and developments concerning SEND inclusion and professional practice The book includes Material surrounding mental health in childhood and adolescence Chapters on

global perspectives of SEND and assistive technologies Practical case studies reflection questions and activities Spotlights on key theories and research Up to date information on policies impacting SEND **Emotions in Child Psychotherapy**

Kenneth Barish,2009-04-10 Emotions are the common ground of child psychotherapy and a therapist's essential means of communication with children Improved emotional resilience must be the shared therapeutic goal of all those who work with children and families In *Emotions in Child Psychotherapy* Kenneth Barish presents an integrative framework for child therapy based on a contemporary understanding of the child's emotional experience Barish begins with a concise review of recent advances in the psychology and neuroscience of emotions and an analysis of several emotions interest shame and pride anxiety anger and sadness that are essential but often underappreciated in therapeutic work with children Offering an emotion based perspective on optimal and pathological development in childhood Barish argues that in pathological development negative emotions have become malignant and children are locked in vicious cycles of interaction that perpetuate defiance and withdrawal Based on these principles Barish presents a comprehensive model for therapeutic work with children and families He demonstrates how a systematic focus on the child's emotions provides new understandings of all phases of the therapeutic process and effective means of solving persistent clinical problems how to engage more children in treatment mitigate the child's resistance and provide the kind of understanding to children that promotes openness initiative and pro social character development Finally Barish offers a set of active therapeutic strategies that will help repair family relationships damaged by frequent anger and resentment as well as specific techniques to help parents resolve many of the most common challenges of childrearing *Emotions in Child Psychotherapy* includes extensive clinical illustrations and addresses many of the problems faced at some time by every child therapist Both richly informative and highly practical this book will be value to all students of child therapy and to practicing clinicians of differing theoretical orientations *Raise Emotionally Empowered Kids* M. D. Anderson,2024-06-13 *Raise Emotionally Empowered Kids Develop Mentally Strong Resilient Children in the Digital World* offers a practical roadmap for nurturing emotional resilience in children amidst the challenges of modern parenting From managing digital distractions to breaking cycles of negative parenting this book provides essential strategies for fostering healthy emotional development Discover practical tips for initiating crucial conversations about mental health setting digital boundaries and guiding your children through social challenges and developmental milestones With actionable advice tailored to real world family dynamics this guide simplifies complex psychological concepts making them accessible to parents eager to lead by example and cultivate a nurturing emotionally intelligent environment Whether you're starting fresh or seeking to improve your parenting approach this book assures you that it's never too late to enhance communication and strengthen your family's emotional health Each page is packed with tried and tested techniques aimed at fostering independence resilience and positive emotional growth preparing your children to face life's challenges with confidence and poise Embrace the journey of raising well rounded children with the

supportive insightful guidance provided in Raise Emotionally Empowered Kids

Handbook of Parenting Marc H. Bornstein, 2019-03-06 This highly anticipated third edition of the Handbook of Parenting brings together an array of field leading experts who have worked in different ways toward understanding the many diverse aspects of parenting Contributors to the Handbook look to the most recent research and thinking to shed light on topics every parent professional and policy maker wonders about Parenting is a perennially hot topic After all everyone who has ever lived has been parented and the vast majority of people become parents themselves No wonder bookstores house shelves of how to parenting books and magazine racks in pharmacies and airports overflow with periodicals that feature parenting advice However almost none of these is evidence based The Handbook of Parenting is Period Each chapter has been written to be read and absorbed in a single sitting and includes historical considerations of the topic a discussion of central issues and theory a review of classical and modern research and forecasts of future directions of theory and research Together the five volumes in the Handbook cover Children and Parenting the Biology and Ecology of Parenting Being and Becoming a Parent Social Conditions and Applied Parenting and the Practice of Parenting Volume 5 The Practice of Parenting describes the nuts and bolts of parenting as well as the promotion of positive parenting practices Parents meet the biological physical and health requirements of children Parents interact with children socially Parents stimulate children to engage and understand the environment and to enter the world of learning Parents provision organize and arrange their children's home and local environments and the media to which children are exposed Parents also manage child development vis vis childcare school the circles of medicine and law as well as other social institutions through their active citizenship The chapters in Part I on Practical Parenting review the ethics of parenting parenting and the development of children's self regulation discipline prosocial and moral development and resilience as well as children's language play cognitive and academic achievement and children's peer relationships The chapters in Part II on Parents and Social Institutions explore parents and their children's childcare activities media schools and healthcare and examine relations between parenthood and the law public policy and religion and spirituality

The Oxford Handbook of Emotion Dysregulation Theodore P. Beauchaine, Sheila Elizabeth Crowell, 2020 Emotion dysregulation which is often defined as the inability to modulate strong affective states including impulsivity anger fear sadness and anxiety is observed in nearly all psychiatric disorders These include internalizing disorders such as panic disorder and major depression externalizing disorders such as conduct disorder and antisocial personality disorder and various other disorders including schizophrenia autism and borderline personality disorder Among many affected individuals precursors to emotion dysregulation appear early in development and often predate the emergence of diagnosable psychopathology Collaborative work by Drs Beauchaine and Crowell and work by many others suggests that emotion dysregulation arises from both familial coercion invalidation abuse neglect and extra familial deviant peer group affiliations social reinforcement mechanisms These studies point toward strategies for prevention and intervention The Oxford

Handbook of Emotion Dysregulation brings together experts whose work cuts across levels of analysis including neurobiological cognitive and social in studying emotion dysregulation Contributing authors describe how early environmental risk exposures shape emotion dysregulation how emotion dysregulation manifests in various forms of mental illness and how emotion dysregulation is most effectively assessed and treated This is the first text to assemble a highly accomplished group of authors to address conceptual issues in emotion dysregulation research define the emotion dysregulation construct at levels of cognition behavior and social dynamics describe cutting edge assessment techniques at neural psychophysiological and behavioral levels of analysis and present contemporary treatment strategies Conceptualizing emotion dysregulation as a core vulnerability to psychopathology is consistent with modern transdiagnostic approaches to diagnosis and treatment including the Research Domain Criteria and the Unified Protocol respectively

Family and Peers
Angela M. Neal-Barnett,Josefina M. Contreras,Kathryn A. Kerns,2000-04-30 Why is it that relationships with family members predict the quality of children s relationships outside the family A wealth of research has documented that various aspects of family relationships are predictably related to the quality of children s interactions and relationships with peers Understanding what account for these effects is important both for theories of children s relationships and intervention efforts to ameliorate children s peer relationship difficulties This volume advances the field by discussing several mechanisms that may account for continuities across family and peer relationships A variety of theoretical perspectives are represented in the book For example both learning and biological explanations are considered Authors also note two key considerations in investigating family and peer relationships First it is necessary to consider the cultural context The function and meaning of family and peer relationships may differ depending on what roles are played by these relationships in different cultural contexts Second it is necessary to consider the child s age Developmental issues such as concerns with establishing greater independence at the entrance to adolescence will impact both family and peer relationships

Handbook of Research on the Education of Young Children
Bernard Spodek,Olivia N. Saracho,2014-01-27 The Handbook of Research on the Education of Young Children is the essential reference on research on early childhood education throughout the world This singular resource provides a comprehensive overview of important contemporary issues as well as the information necessary to make informed judgments about these issues The field has changed significantly since the publication of the second edition and this third edition of the handbook takes care to address the entirety of vital new developments A valuable tool for all those who work and study in the field of early child

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