

Pre-morbid condition

Acute illness

ICU

Recovery phase

Post-recovery phase



Underlying nutritional risk/  
underlying functional status



Inflammation



Insulin  
resistance



Catabolism/  
anabolism



Energy  
expenditure



Rehabilitation



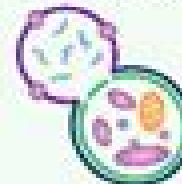
GI intolerance



Oxidative stress



Autophagy



Nutritional therapy in the ICU

- Energy and protein amount
- Macronutrients
- Micronutrients
- Antioxidants
- Route of nutrition

# Nutrition And Metabolism In Patient Care

**Ian Pickup**



## **Nutrition And Metabolism In Patient Care:**

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