

Copyrighted Material

AN AERIAL VIEW OF THE  
LOWCOUNTRY  
PHOTOGRAPHY BY JASON HAWKES  
**ALOFT**



Copyrighted Material

# Lowcountry Aloft

**Ron Roth**



## **Lowcountry Aloft:**

**Lowcountry Aloft** John M. Trask, 2003 A collection of aerial photographs of the South Carolina Lowcountry also includes a few photographs of Savannah Georgia **Charleston** Fodor's, 2011 A guide to Charleston South Carolina that provides information on where to eat and stay entertainment shopping historic sites and includes trip planning advice and maps

Fodor's In Focus Charleston Fodor's Travel Guides, 2018-09-11 For a limited time receive a free Fodor's Guide to Safe and Healthy Travel e book with the purchase of this guidebook Go to fodors.com for details Written by locals Fodor's InFocus Charleston is the perfect guidebook for those looking for insider tips to make the most out their visit to Charleston South Carolina Complete with detailed maps and concise descriptions this travel guide will help you plan your trip with ease One of the South's most iconic cities Charleston has perennial appeal for travelers In the city's picturesque and walkable center you'll find pastel rowhouses and white columned antebellum mansions This setting together with superb Southern cuisine makes Charleston a prime domestic American travel destination This guide also covers a side trip to popular Hilton Head Fodor's In Focus Charleston includes UP TO DATE COVERAGE New hotels shops and nightlife options have been added throughout the guide The city's cutting edge restaurant scene gets special attention ULTIMATE EXPERIENCES GUIDE A brief introduction and spectacular color photos capture the ultimate experiences and attractions throughout Charleston GORGEOUS PHOTOS AND DETAILED MAPS Eight pages of full color photos and full size street maps throughout to inspire and help you get around stress free ITINERARIES AND TOP RECOMMENDATIONS We've curated itineraries for the perfect day in Charleston plus recommended side trips from the city We include tips on where to eat stay and shop as well as information about nightlife sports and the outdoors Fodor's Choice designates our best picks in every category COMPACT FORMAT Fodor's InFocus Guides are packed with the same coverage of a full size guidebook in a smaller more convenient format that is easier to carry COVERS King Street Sullivan's Island Fort Sumter National Monument side trips to Moncks Corner and Edisto Island and much more ABOUT FODOR'S AUTHORS Each Fodor's Travel Guide is researched and written by local experts Fodor's has been offering expert advice for all tastes and budgets for over 80 years Planning on visiting other destinations in the southeast Check out Fodor's The Carolinas and Georgia and Fodor's Florida Lowcountry Hurricanes Walter J. Fraser, 2006 An illustrated history describes in detail the most notable storms that have altered lives and landscapes along the Georgia South Carolina seaboard over the past three hundred years in a volume that draws on eyewitness accounts to examine the dramatic impact of the storms on the coastal lowcountry and its environs Fodor's In Focus Charleston Fodor's, 2013-03-19 One of the South's most iconic cities Charleston has perennial appeal for travelers Eye candy abounds throughout the city's walkable center from pastel row houses to white columned antebellum mansions and leafy streets This setting together with superb Southern cuisine and green spaces for outdoor activities makes Charleston a prime domestic American travel destination Fodor's InFocus Charleston ebook edition also covers a side trip to popular Hilton Head New

Coverage New hotels shops and nightlife options have been added throughout the guide The city s cutting edge restaurant scene gets special attention Indispensable Trip Planning Tools A planner gives useful practical overviews of trip planning information and Top Attractions features the must see attractions and experiences Best Bets highlight the best of the best hotels and restaurants based on travelers interests Top Outdoor Experiences covers the best beaches biking boating and golfing in the region And Quick Bites call out places to stop catch a quick lunch and rest your feet about town Discerning Recommendations Fodor s InFocus Charleston ebook edition offers savvy advice and recommendations from expert and local writers to help travelers make the most of their time Fodor s Choice designates our best picks from hotels to nightlife Word of Mouth quotes from fellow travelers provide valuable insights [Fodor's InFocus Charleston](#) Fodor's Travel Guides,2021-06-15 Whether you want to tour historic houses feast on Lowcountry cuisine or party on King Street the local Fodor s travel experts in Charleston are here to help Fodor s In Focus Charleston guidebook is packed with maps carefully curated recommendations and everything else you need to simplify your trip planning process and make the most of your time This new edition has been fully redesigned with an easy to read layout fresh information and beautiful color photos Fodor s In Focus Charleston travel guide includes AN ILLUSTRATED ULTIMATE EXPERIENCES GUIDE to the top things to see and do MULTIPLE ITINERARIES to effectively organize your days and maximize your time MORE THAN 9 DETAILED MAPS to help you navigate confidently COLOR PHOTOS throughout to spark your wanderlust HONEST RECOMMENDATIONS FROM LOCALS on the best sights restaurants hotels nightlife shopping performing arts activities side trips and more PHOTO FILLED BEST OF FEATURES on What to Eat and Drink in Charleston What to Buy in Charleston Best Historical Sights in Charleston and more TRIP PLANNING TOOLS AND PRACTICAL TIPS including when to go getting around beating the crowds and saving time and money HISTORICAL AND CULTURAL INSIGHTS providing rich context on the local people politics art architecture cuisine geography and more SPECIAL FEATURES on Kids and Families What to Watch and Read Before You Visit and Best Tours LOCAL WRITERS to help you find the under the radar gems UP TO DATE COVERAGE ON King Street the Battery Sullivan s Island Fort Sumter National Monument Folly Beach Moncks Corner Edisto Island Hilton Head Beaufort and much more Planning on visiting the rest of the American South Check out Fodor s Carolinas and Georgia Important note for digital editions The digital edition of this guide does not contain all the images or text included in the physical edition ABOUT FODOR S AUTHORS Each Fodor s Travel Guide is researched and written by local experts Fodor s has been offering expert advice for all tastes and budgets for over 80 years For more travel inspiration you can sign up for our travel newsletter at [fodors.com/newsletter/signup](http://fodors.com/newsletter/signup) or follow us FodorsTravel on Facebook Instagram and Twitter We invite you to join our friendly community of travel experts at [fodors.com/community](http://fodors.com/community) to ask any other questions and share your experience with us [The Civil War in the South Carolina Lowcountry](#) Ron Roth,2020-01-17 Some of the most dramatic and consequential events of the Civil War era took place in the South Carolina Lowcountry between

Charleston and Savannah From Robert Barnwell Rhett's inflammatory 1844 speech in Bluffton calling for secession to the last desperate attempts by Confederate forces to halt Sherman's juggernaut the region was torn apart by war This history tells the story through the experiences of two radically different military units the Confederate Beaufort Volunteer Artillery and the U S 1st South Carolina Regiment the first black Union regiment to fight in the war both organized in Beaufort the heart of the Lowcountry Low Country Eric L. Haney,2010-12-07 Kennesaw Tanner used to be a shadow operative Now he operates on his own Tanner is in the coastal swamps of Georgia hunting for the man who may have killed his friend But he soon finds himself caught up in a running battle against a ring of brutal sex slavers for whom human life is a cheap commodity Tanner must overcome soul blackening corruption and confront the most inhuman degradation if he's going to make them pay **The New Universal English and Italian Dictionary, Etc** ,1849 Low Country J. Nicole Jones,2021-04-13 From horse thieves to hurricanes from shattered Southern myths to fractured family ties from Nashville to Myrtle Beach to Miami Low Country is a lyrical devastating fiercely original memoir of one family's changing fortunes in the Low Country of South Carolina Justin Taylor author of *Riding with the Ghost* J Nicole Jones is the only daughter of a prominent South Carolina family a family that grew rich building the hotels and seafood restaurants that draw tourists to Myrtle Beach But at home she is surrounded by violence and capriciousness a grandfather who beats his wife a barman father who dreams of being a country music star At one time Jones's parents can barely afford groceries at another her volatile grandfather presents her with a fur coat After a girlhood of extreme wealth and deep debt of ghosts and folklore of cruel men and unwanted spectacle Jones finds herself face to face with an explosive possibility concerning her long abused grandmother that she can neither speak nor shake And through the lens of her own family's catastrophes and triumphs Jones pays homage to the landscapes and legends of her childhood home a region haunted by its history Eliza Pinckney cultivates indigo Blackbeard ransacks the coast and the Gray Man paces the beach warning of Hurricane Hazel **Fodor's the Carolinas and Georgia** Fodor's Travel Publications, Inc. Staff,Christine Anderson,2011 Describes points of interest in each state recommends restaurants and hotels and includes information on shopping transportation entertainment and historical sites *New International Dictionary* ,1920 **Politics on the Periphery** George R. Lamplugh,1986 By considering in detail ideology sectionalism social tensions personalities and land hunger as factors in Georgia politics this study sheds new light on party formation in the early American republic Illustrated **Country-side** ,1911 Science gossip and Country queries and notes are incorporated with this *A Comprehensive Dictionary of the English Language* Joseph Emerson Worcester,1888 **The South** ,2001 No matter what your budget or whether it's your first trip or fifteenth Fodor's Gold Guides get you where you want to go Insider info that's totally up to date Every year our local experts give you the inside track showing you all the things to see and do from must see sights to off the beaten path adventures from shopping to outdoor fun Hundreds of hotel and restaurant choices in all price ranges from budget friendly B Bs to luxury hotels from

casual eateries to the hottest new restaurants complete with thorough reviews showing what makes each place special Smart Travel Tips A to Z section helps you take care of the nitty gritty with essential local contacts and great advice from how to take your mountain bike with you to what to do in an emergency We've compiled a helpful list of guidebooks that complement Fodor's The South To learn more about them just enter the title in the keyword search box The South's Best Bed Breakfasts Compass American Guide Georgia A full color guide providing in depth coverage of the history culture and character of Georgia Compass American Guide North Carolina A full color guide providing in depth coverage of the history culture and character of North Carolina Compass American Guide South Carolina A full color guide providing in depth coverage of the history culture and character of South Carolina Fodor's guides cover culture authoritatively and rarely miss a sight or museum National Geographic Traveler The king of guidebooks Newsweek Low Country, High Water Sally Stewart Mohny, 2020-07-14 The TRP Southern Poetry Breakthrough Series North Carolina Inhabiting myriad landscapes including the marshes rivers and sounds of the North Carolina foothills as well as gulfs floodplains and the overflowing banks of the Chattahoochee Sally Stewart Mohny's Low Country High Water consists of delicate often minimal explorations of family mortality nature and the world behind perception Often dreamlike and painterly these poems brim with a lyrical and imagistic power a contemplative force that ignites the imagination With a Dickinsonian penchant for portraying states of mind through telescoped metaphors Mohny crafts poetry that proves insightful compassionate and subtle Even as this work conveys the transitory nature of our world and the people and places that construct our lives this poetry glows with mystery vitality and timelessness American Pronouncing Dictionary of English Language Alexander H. Laidlaw, 1859

**Explorer's Guide Charleston, Savannah & Coastal Islands: A Great Destination (Seventh Edition) (Explorer's Great Destinations)** Cecily McMillan, 2011-06-06 By all odds the best all purpose guide to one of the most magical regions John Berendt author of Midnight in the Garden of Good and Evil In this updated edition longtime South Carolina resident Cecily McMillan explores the unique intrigue of the Carolina Lowcountry region examining its rich history culture and people and providing authoritative recommendations for accommodations dining sightseeing and all manner of recreational activities here in Savannah and on the area's islands Whether you gravitate toward historic architecture gourmet cuisine bird watching or kayaking you'll find the most accurate thorough information on all these and more **Explorer's Guide Charleston, Savannah & Coastal Islands: A Great Destination (Eighth Edition)** Cecily McMillan, 2014-06-30 By all odds the best all purpose guide to one of the most magical regions John Berendt author of Midnight in the Garden of Good and Evil Charleston has become the most compelling destination in the coastal south for people who are serious about food and cooking and this new edition of Explorer's Guides Charleston Savannah the myriad ways to explore on foot or by water and the thriving arts and film community in Savannah See why Charleston Savannah and the historic small towns in between are beloved by residents and enchant visitors

This is likewise one of the factors by obtaining the soft documents of this **Lowcountry Aloft** by online. You might not require more epoch to spend to go to the book inauguration as without difficulty as search for them. In some cases, you likewise pull off not discover the message Lowcountry Aloft that you are looking for. It will certainly squander the time.

However below, in the same way as you visit this web page, it will be hence totally simple to acquire as without difficulty as download guide Lowcountry Aloft

It will not understand many era as we tell before. You can accomplish it even though do something something else at house and even in your workplace. in view of that easy! So, are you question? Just exercise just what we pay for under as without difficulty as review **Lowcountry Aloft** what you once to read!

[https://pinsupreme.com/public/virtual-library/Download\\_PDFS/selfdefense%20for%20everybody%20a%20primer%20in%20applied%20karate.pdf](https://pinsupreme.com/public/virtual-library/Download_PDFS/selfdefense%20for%20everybody%20a%20primer%20in%20applied%20karate.pdf)

## **Table of Contents Lowcountry Aloft**

1. Understanding the eBook Lowcountry Aloft
  - The Rise of Digital Reading Lowcountry Aloft
  - Advantages of eBooks Over Traditional Books
2. Identifying Lowcountry Aloft
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Lowcountry Aloft
  - User-Friendly Interface
4. Exploring eBook Recommendations from Lowcountry Aloft

- Personalized Recommendations
- Lowcountry Aloft User Reviews and Ratings
- Lowcountry Aloft and Bestseller Lists
- 5. Accessing Lowcountry Aloft Free and Paid eBooks
  - Lowcountry Aloft Public Domain eBooks
  - Lowcountry Aloft eBook Subscription Services
  - Lowcountry Aloft Budget-Friendly Options
- 6. Navigating Lowcountry Aloft eBook Formats
  - ePub, PDF, MOBI, and More
  - Lowcountry Aloft Compatibility with Devices
  - Lowcountry Aloft Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Lowcountry Aloft
  - Highlighting and Note-Taking Lowcountry Aloft
  - Interactive Elements Lowcountry Aloft
- 8. Staying Engaged with Lowcountry Aloft
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Lowcountry Aloft
- 9. Balancing eBooks and Physical Books Lowcountry Aloft
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Lowcountry Aloft
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Lowcountry Aloft
  - Setting Reading Goals Lowcountry Aloft
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Lowcountry Aloft



- Fact-Checking eBook Content of Lowcountry Aloft
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
  - Interactive and Gamified eBooks

### **Lowcountry Aloft Introduction**

Lowcountry Aloft Offers over 60,000 free eBooks, including many classics that are in the public domain. Open Library: Provides access to over 1 million free eBooks, including classic literature and contemporary works. Lowcountry Aloft Offers a vast collection of books, some of which are available for free as PDF downloads, particularly older books in the public domain. Lowcountry Aloft : This website hosts a vast collection of scientific articles, books, and textbooks. While it operates in a legal gray area due to copyright issues, its a popular resource for finding various publications. Internet Archive for Lowcountry Aloft : Has an extensive collection of digital content, including books, articles, videos, and more. It has a massive library of free downloadable books. Free-eBooks Lowcountry Aloft Offers a diverse range of free eBooks across various genres. Lowcountry Aloft Focuses mainly on educational books, textbooks, and business books. It offers free PDF downloads for educational purposes. Lowcountry Aloft Provides a large selection of free eBooks in different genres, which are available for download in various formats, including PDF. Finding specific Lowcountry Aloft, especially related to Lowcountry Aloft, might be challenging as theyre often artistic creations rather than practical blueprints. However, you can explore the following steps to search for or create your own Online Searches: Look for websites, forums, or blogs dedicated to Lowcountry Aloft, Sometimes enthusiasts share their designs or concepts in PDF format. Books and Magazines Some Lowcountry Aloft books or magazines might include. Look for these in online stores or libraries. Remember that while Lowcountry Aloft, sharing copyrighted material without permission is not legal. Always ensure youre either creating your own or obtaining them from legitimate sources that allow sharing and downloading. Library Check if your local library offers eBook lending services. Many libraries have digital catalogs where you can borrow Lowcountry Aloft eBooks for free, including popular titles. Online Retailers: Websites like Amazon, Google Books, or Apple Books often sell eBooks. Sometimes, authors or publishers offer promotions or free periods for certain books. Authors Website Occasionally, authors provide excerpts or short stories for free on their websites. While this might not be the Lowcountry Aloft full book , it can give you a

taste of the authors writing style. Subscription Services Platforms like Kindle Unlimited or Scribd offer subscription-based access to a wide range of Lowcountry Aloft eBooks, including some popular titles.

## FAQs About Lowcountry Aloft Books

1. Where can I buy Lowcountry Aloft books? Bookstores: Physical bookstores like Barnes & Noble, Waterstones, and independent local stores. Online Retailers: Amazon, Book Depository, and various online bookstores offer a wide range of books in physical and digital formats.
2. What are the different book formats available? Hardcover: Sturdy and durable, usually more expensive. Paperback: Cheaper, lighter, and more portable than hardcovers. E-books: Digital books available for e-readers like Kindle or software like Apple Books, Kindle, and Google Play Books.
3. How do I choose a Lowcountry Aloft book to read? Genres: Consider the genre you enjoy (fiction, non-fiction, mystery, sci-fi, etc.). Recommendations: Ask friends, join book clubs, or explore online reviews and recommendations. Author: If you like a particular author, you might enjoy more of their work.
4. How do I take care of Lowcountry Aloft books? Storage: Keep them away from direct sunlight and in a dry environment. Handling: Avoid folding pages, use bookmarks, and handle them with clean hands. Cleaning: Gently dust the covers and pages occasionally.
5. Can I borrow books without buying them? Public Libraries: Local libraries offer a wide range of books for borrowing. Book Swaps: Community book exchanges or online platforms where people exchange books.
6. How can I track my reading progress or manage my book collection? Book Tracking Apps: Goodreads, LibraryThing, and Book Catalogue are popular apps for tracking your reading progress and managing book collections. Spreadsheets: You can create your own spreadsheet to track books read, ratings, and other details.
7. What are Lowcountry Aloft audiobooks, and where can I find them? Audiobooks: Audio recordings of books, perfect for listening while commuting or multitasking. Platforms: Audible, LibriVox, and Google Play Books offer a wide selection of audiobooks.
8. How do I support authors or the book industry? Buy Books: Purchase books from authors or independent bookstores. Reviews: Leave reviews on platforms like Goodreads or Amazon. Promotion: Share your favorite books on social media or recommend them to friends.
9. Are there book clubs or reading communities I can join? Local Clubs: Check for local book clubs in libraries or

community centers. Online Communities: Platforms like Goodreads have virtual book clubs and discussion groups.

10. Can I read Lowcountry Aloft books for free? Public Domain Books: Many classic books are available for free as they're in the public domain. Free E-books: Some websites offer free e-books legally, like Project Gutenberg or Open Library.

### **Find Lowcountry Aloft :**

[selfdefense for everybody a primer in applied karate](#)

[self-revelment a memoir](#)

**selected writings of st. thomas aquinas**

**selected papers on optical computing. spie milestone series. spie vol. 1142**

**self matters - creating your life from the inside out**

**selections from household hints and handy**

**semantic organizers a study strategy for special needs learners**

**selfabement colour review of avian medicine**

**sell amp resell your magazine articles**

*selected topics in wave propagation*

[selected writings of cunninghame graham](#)

[selina countess of huntingdon her pivotal role in the 18th century evangelical awakening](#)

[selected papers of j robert schrieffer in celebration of his 70th birthday](#)

[self a study in ethics endocrinology](#)

[sell your photographs the complete marketing strategy for the freelancer](#)

### **Lowcountry Aloft :**

Playing the Matrix: A Program for Living... by Dooley, Mike Practical, logical, loving, creative, passionate... Such a clear pathway for us to transform our own unique life - Playing the Matrix is packed full of tools, ... Playing the Matrix: A Program for Living Deliberately and ... This is Mike Dooley's advanced course on living deliberately and creating consciously. The concepts he shares were born of material he's delivered to live ... Playing the Matrix In Playing the Matrix, New Thought leader and New York Times best-selling author Mike Dooley brings to bear his advanced course on living deliberately and ... Playing the Matrix Jul 23, 2019 — In Playing the Matrix, New Thought leader and New York Times best-selling author Mike Dooley shares his most impactful, transformational ... Playing the Matrix Online Course In this transformational online video

course, Playing the Matrix, you'll: · Learn the secret mechanics of manifestation and reality creation from the ground up ... Playing the Matrix: The Laser-Focused Series Online Course In this premiere online series, Mike Dooley teaches you the crucial nuances of manifestation in the six major areas of life that most commonly need change: ... Playing the Matrix by Mike Dooley - Audiobook Playing the Matrix is a master class for creating the life you want to live. Tried and true, delivered and perfected over a decade while being shared live ... Playing the Matrix: A Program for Living Deliberately and ... Mike Dooley is a former PricewaterhouseCoopers international tax consultant turned entrepreneur. He's the founder of a philosophical Adventurers Club on the ... Playing the Matrix: A Program for Living Deliberately and ... This is Mike Dooley's advanced course on living deliberately and creating consciously. The concepts he shares were born of material he's delivered to live ... International Business: The New Realities (3rd ... An innovative text that captures the spirit of International Business. Based on the authors' collective teaching and working experience—as well as ... Results for "Cavusgil International-Business-The-New- ... International Business: The New Realities, Global Edition. 5th Edition. S Tamer Cavusgil, Gary Knight, John R. Riesenberger. Multiple ISBNs available. International Business: The New Realities, 3rd Ed. by ST Cavusgil · 2013 · Cited by 621 — Original language, English. Place of Publication, Upper Saddle River, NJ. Publisher, Pearson Prentice Hall. ISBN (Print), 9780132991261. S. Tamer Cavusgil: Books International Business: The New Realities (3rd Edition). by S. Tamer Cavusgil · 3.93.9 out of ... International Business: The New Realities The Third Edition has been completely revised and continues to reflect the new realities of today's international business environment for tomorrow's managers. International Business: The New Realities (3rd Edition) Product details · ISBN-13: 9780132991261 · ISBN: 0132991268 · Edition: 3 · Publication Date: 2013 · Publisher: Prentice Hall. AUTHOR. International Business: The New Realities (3rd Edition) International Business: The New Realities (3rd Edition). by S. Tamer Cavusgil, Gary Knight, John ... The New Realities by Cavusgil 3rd ED-'Ship ... International Business: The New Realities by Cavusgil 3rd ED-'Ship from USA' ; Item Number. 114676490383 ; Cover-Design : May Differ from Original Picture shown ... International Business: The New Realities ... International Business: the New Realities (3rd Edition) (Hardcover) by Gary ... International Business: The New Realities (3rd Edition) International Business: The New Realities (3rd Edition). by Cavusgil, S. Tamer, Knight, Gary, Riesenberger, John. Used. Condition: Used - Good; ISBN ... Me and My Feelings: A Kids' Guide to Understanding and ... This book gives kids the skills to stay in control—by breathing deeply, saying positive things to themselves, talking about their feelings instead of keeping ... Me and My Feelings: A Kids' Guide to Understanding ... Amazon.com: Me and My Feelings: A Kids' Guide to Understanding and Expressing Themselves eBook : Allen M.Ed. NBCT, Vanessa Green : Kindle Store. Me and My Feelings | Book by Vanessa Green Allen MEd ... This book gives kids the skills to stay in control—by breathing deeply, saying positive things to themselves, talking about their feelings instead of keeping ... Me and My Feelings: A Kids' Guide to Understanding and ... This book shows you how to stay in control—by breathing deeply, saying positive things to yourself, talking about your

feelings, and more. You'll learn to deal ... Me and My Feelings: A Kids' Guide to Understanding and ... Sep 17, 2019 — Me and My Feelings is a good book to help children learn and understand their feelings, emotions, and how to express them in healthy ways. Eye- ... Me And My Feelings - By Vanessa Green Allen (paperback) ... children. This kid-friendly, interactive collection of lessons and activities will help children learn how to manage their emotions--and themselves."--Amie ... Me and My Feelings: A Kids' Guide to ... - nature+nurture This book shows you how to stay in control—by breathing deeply, saying positive things to yourself, talking about your feelings, and more. You'll learn to deal ... Me and My Feelings: A Kids' Guide to Understanding ... This book gives kids the skills to stay in control—by breathing deeply, saying positive things to themselves, talking about their feelings instead of keeping ... Me and My Feelings: A Kids' Guide to Understanding and ... This book shows you how to stay in control - by breathing deeply, saying positive things to yourself, talking about your feelings, and more. You'll learn to ... Me and My Feelings: A Kids' Guide to Understanding... Me and My Feelings: A Kids' Guide to Understanding... by Vanessa Green Allen. \$9.99. Select Format. Format: Paperback (\$4.59 - \$9.99). Select Condition ...