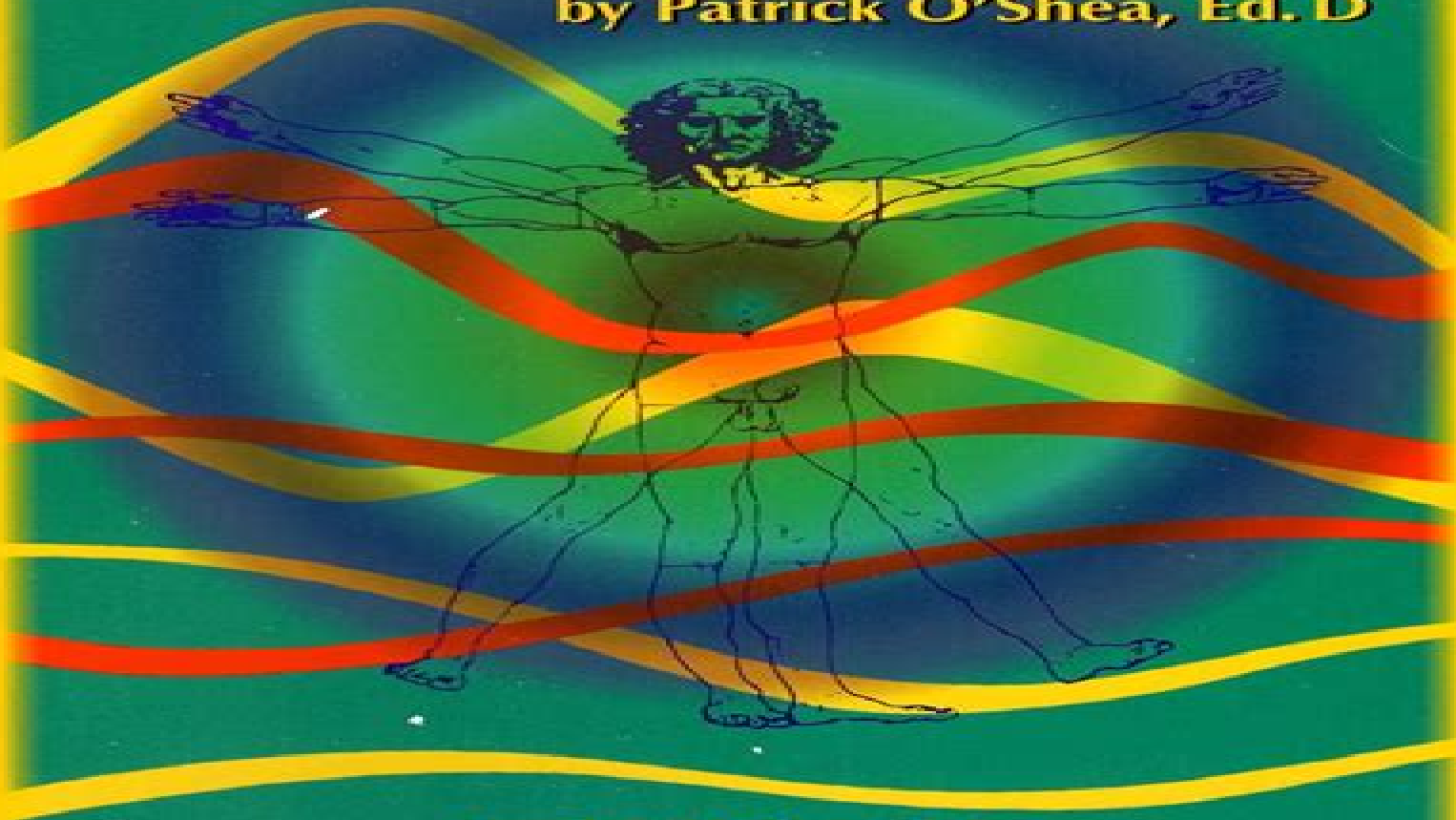


Quantum Strength Fitness II

(Gaining the Winning Edge)

by Patrick O'Shea, Ed. D



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