



The Mahāmudrā

Eliminating the Ignorance of Darkness

By the Ninth Kar-ma-pa Wang-chu'g Dor-je



Mahamudra The Eliminating The Darkneb Of Ignorance

Dbañ-phyug-rdo-rje (Karma-pa IX)



Mahamudra The Eliminating The Darkneb Of Ignorance:

The Mahamudra Eliminating the Darkness of Ignorance & Fifty Stanzas of Guru-Devotion The Ninth Karmapa ,Aśvaghōṣa,2019-01-01 Mah mudr or the great Seal refers to a Mahayana Buddhist system of meditation on nature of the mind and is undertaken for realising Enlightenment Taught by Buddha manifesting in the form of Vajradhara its lineage was passed in India from Tilopa to Naropa to Marpa and then in Tibet to Mila repa and Gampa pa author of The Jewel Ornament of Liberation The specific lineage represented here is that of the Karma Ka gy which passed from Gampo pa to the First Karmapa and then through successive Gurus until the present day This text by the Ninth Karmapa 1556 1603 is one of the most famous expositions of this meditational system It covers both the preliminary practices as well as the actual Mah mudr meditations of mental quiescence samatha and penetrative insight Vipasyana Explaining the stages and paths as travelled in this system it represents a complete path to Enlightenment Accompanying the root text is a commentary given orally by Beru Khyentse Rinpoche based on the teachings of his Guru His Holiness the Sixteenth Karmapa As a proper relation with a Guru is essential for realising Mah mudr also included is the basic text on Guru devotion by the first century B C Indian Master A vagho a with an oral commentary by Geshe Ngawang Dhargyey This work is published under the auspices of the Library of Tibetan Works and Archives of His Holiness the Dalai Lama to make available living teachings from the many traditions of Buddhism as preserved in Tibet **The Mahāmudrā, Eliminating the Darkness of Ignorance** Alexander Berzin,1995

The Mahamudra Eliminating the Darkness of Ignorance and Fifty Stanzas of Guru-Devotion Dbañ-phyug-rdo-rje (Karma-pa IX),Asvaghosha,Alexander Berzin,1995 **The Mahāmudrā Eliminating the Darkness of Ignorance** Dbañ-phyug-rdo-rje (Karma-pa IX),1978 **Clear Light of Bliss** Geshe Kelsang Gyatso,1992 Within all of us lies a source of infinite bliss clarity of wisdom and compassion for others In this unique and highly praised book based on Buddha s Tantric teachings the contemporary Buddhist Master Geshe Kelsang Gyatso presents authentic methods for discovering this inner wealth for ourselves In a clear and precise way he explains step by step how we can generate a deeply peaceful and concentrated mind by harnessing the subtle energy system within our body With this blissful awareness we can uncover our true nature destroy ignorance and suffering at its root and swiftly become a source of inspiration and benefit for others Publisher description **Mahamudra** Dakpo Tashi Namgyal,2014-04-14 Mahamudra meditation is simultaneously the most profound of meditative disciplines and the most accessible for modern practitioners Traditionally passed orally from teacher to disciple mahamudra instructions point the meditator to the innate perfection of every experience When it first appeared in 1986 Mahamudra The Moonlight Quintessence of Mind and Meditation was the first presentation in English of a major Tibetan Buddhist work on meditation This classic guide was composed in the sixteenth century by an eminent lama of the Kagyu school and is so comprehensive and practical that it is still widely used today as a manual Divided into two major sections it presents first the common approach and then the mahamudra approach to tranquility shamatha and insight

vipashyana meditation *Moonbeams of Mahamudra* Dakpo Tashi Namgyal, 2019-03-12 A new translation of Tibet's most important manual for Mah mudr view and meditation This classic Buddhist work written in the sixteenth century comprehensively presents the entire scope of the Tibetan Kagyu Mah mudr tradition These profound yet accessible instructions focus on becoming familiar with the nature of one's mind as the primary means to realize ultimate reality and thus attain buddhahood Dakpo Tashi Namgyal's manual for the view and practice of Mah mudr is widely considered the single most important work on the subject systematically introducing the view and associated meditation techniques in a progressive manner Moonbeams of Mah mudr along with the Ninth Karmapa Wangchuk Dorje's *Dispelling the Darkness of Ignorance* are to this day some of the most studied texts on Mah mudr in the Kagyu monasteries throughout Tibet and the Himalayas Elizabeth M Callahan a renowned translator of classical Kagyu literature has provided new translations of these two texts along with ancillary materials and annotations making this a genuine resource for both scholars and students of Tibetan Buddhism This historic contribution therefore offers the necessary tools to properly study and apply the Mah mudr teachings in a modern context **The Mahāmudrā Eliminating the Darkness of Ignorance** dBaṅ-phyug-rdo-rje VIII. (Žva-nag Karma-pa), Aśvaghōṣa, Library of Tibetan Works and Archives, 1981 *The Mahāmudrā, eliminating the darkness of ignorance [Phyag chen ma rig mun sel, engl.]; A guide to Ka-gyü Mahāmudrā and Guru-yoga* G. Karma-pa dBaṅ-phyug-rdo-rje, Alexander Berzin, 1978 The Mahāmudrā Eliminating the Darkness of Ignorance. and Fifty Stanzas of Guru-devotion dBaṅ-phyug-rdo-rje (Karmapa IX), Aśvaghosa, Be-ru Mkhyen-brtse, Ngawang Dhargyey, 1978

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