

PRIMERO LO PRIMERO

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Primero Lo Primero

Dr. Valentín Acosta Morel



Primero Lo Primero:

Primero, lo primero Stephen R. Covey, 2000-03-09 Primero lo primero es una guía revolucionaria para administrar el tiempo aprendiendo a equilibrar la propia vida. En lugar de centrarse en el tiempo y las cosas, Primero lo primero destaca las relaciones y los resultados. Y en lugar de la eficacia, este nuevo enfoque destaca la efectividad y presenta un método centrado en principios que transforma la calidad de todo lo que hacemos, al demostrarnos que ello implica la necesidad de vivir de amar, de aprender y de dejar un legado. Con la misma sabiduría que hizo de Los 7 hábitos de la gente altamente efectiva un éxito de ventas, este libro capacita a los lectores para decidir qué es lo verdaderamente importante, alcanzar metas valiosas y llevar una vida plena, gratificante y equilibrada.

Resumen Completo - Primero Lo Primero (First Things First) - Basado En El Libro De Stephen Covey Bookify Editorial, 2024-04-16 RESUMEN COMPLETO PRIMERO LO PRIMERO FIRST THINGS FIRST BASADO EN EL LIBRO DE STEPHEN COVEY ARIEL ROGER MERRILL Y REBECCA R MERRILL. RESUMEN ESCRITO POR BOOKIFY EDITORIAL. Estás harto de correr de un lado para otro para cumplir con todo. Tu agenda es tan poblada que no logras abarcar todas las tareas. Sientes que por más que te apuras, el tiempo no te alcanza. Aprende a organizar tu vida con el principio de primero lo primero. ACERCA DEL LIBRO ORIGINAL Primero lo primero es una guía que te enseña a administrar el tiempo. Ese tiempo que es tirano, que te estresa, que te impide disfrutar de la vida, que siempre es escaso. Para todo, dejar de torturarte. El libro muestra que es posible centrarse en la efectividad. El concepto de efectividad implica gestionar el tiempo y los esfuerzos para obtener los mejores resultados. Con estas ideas de base, presenta un método creado en función de principios que permiten que todo lo que hagas tenga calidad. La eficiencia te permite vivir, amar, aprender y dejar un legado, pues dejas de correr intentando ganarle al tiempo y logras optimizar tu dedicación y tus recursos. QU APRENDERÁS Aprenderás a valorar las actividades de cada día y a determinar si realmente son importantes para tus metas. Descubrirás que es posible organizar un Plan Semanal de actividades que te permita distribuir eficientemente el tiempo. Entenderás que debes partir de identificar tus principios que actuarán como hilos conductores. Dispondrás de herramientas prácticas para comenzar a reorganizarte. Comprenderás que la paz, la armonía y la felicidad no tienen que ver con quién hace más y con quién gana, sino con cumplir con lo verdaderamente importante. ACERCA DE STEPHEN COVEY ARIEL ROGER MERRILL Y REBECCA R MERRILL. LOS AUTORES DEL LIBRO ORIGINAL Stephen Covey, Ariel Roger Merrill y Rebecca R Merrill tienen vasta experiencia en liderazgo y en comportamiento organizacional. Los tres han sido reconocidos por sus valiosos aportes como coaches en técnicas de liderazgo, trabajo en equipo y gestión del tiempo y de recursos. ACERCA DE BOOKIFY EDITORIAL EL AUTOR DEL RESUMEN. LOS LIBROS SON MENTORES. Pueden guiarte lo que hacemos en nuestras vidas y cómo lo hacemos. Muchos de nosotros amamos los libros mientras los leemos y hasta resuenan con nosotros algunas semanas después, pero luego de 2 años no podemos recordar si lo hemos leído o no. Y eso no está bien. Recordamos que en el momento aquel libro significó mucho para nosotros. Por eso es que tiempo después nos hemos olvidado de todo. Este

resumen toma las ideas más importantes del libro original. A muchas personas no les gusta leer solo quieren saber qué es lo que el libro dice que deben hacer. Si confías en el autor no necesitas de los argumentos. La gran parte de los libros son argumentos de sus ideas pero muy a menudo no necesitamos argumentos si confiamos en la fuente. Podemos entender la idea de inmediato. Toda esta información está en el libro original. Este resumen hace el esfuerzo de reducir las redundancias y convertirlas en instrucciones directas al grano para las personas que no tienen intención de leer el libro en su totalidad. Esta es la misión de BOOKIFY EDITORIAL.

Primero lo primero Stephen R. Covey, 1999. Hace algunos años Stephen Covey, Roger Merrill y Rebecca R. Merrill decidieron aplicar las revelaciones de Los siete hábitos de la gente altamente efectiva a los problemas cotidianos de las personas que deben hacer frente a las exigencias cada vez mayores de su vida hogareña y sobre todo su vida laboral. Pues bien, los principios contenidos en aquel libro titulado *Primero lo primero* son objeto ahora de una síntesis para su uso diario y el resultado es este otro libro, un verdadero manual para enriquecer nuestras relaciones con los demás, conseguir la paz interior y disponer de la confianza necesaria para aumentar la calidad de todo lo que hacemos, decidir que es lo verdaderamente importante, alcanzar metas valiosas y llevar una vida plena, gratificante y equilibrada. Stephen R. Covey es fundador y presidente del Covey Leadership Center, además de autor o coautor de los bestsellers mundiales *Los siete hábitos de la gente altamente efectiva*, *El liderazgo centrado en principios*, *Primero lo primero* y *Meditaciones diarias para la gente altamente efectiva*, todos ellos publicados por Paidós. A Roger Merrill y Rebecca R. Merrill son coautores de *Connections*, *Quadrant II*, *Time Management*.

Las Cualidades que debe poseer un ciudadano, de acuerdo a la conceptualización Ontológica del Ser Humano y la Filosofía del Derecho Acacio Edmundo Macip Toral, 2014-02-05. El presente trabajo es un tema que se ubica dentro de uno mayor llamado Inteligencias múltiples. Mi propuesta es desarrollar siete inteligencias prioritarias acordes con el ideal constitucional: desarrollar armónicamente todas las facultades del ser humano. Art. 3. Al desarrollar estas siete capacidades, meta-normas, desarrollaremos una cultura jurídica tal que estimule a una conducta acorde con la legalidad y esto evitará un sinnúmero de acciones fuera del orden.

Liderazgo consciente Ignacio Quintanilla, 2023-12-14. Claves para dirigir empresas responsables con éxito. En un entorno donde cada vez es más urgente recuperar la confianza en las instituciones, aparece la necesidad de liderar empresas responsables cuyo principal propósito es generar impactos positivos en la sociedad que las acoge. Liderazgo consciente entrega claves fundamentales para dirigir con éxito empresas responsables, liderar desde la motivación mediante reflexiones y consejos prácticos que todos podemos aplicar para crecer en habilidades de liderazgo. En este libro, Ignacio Quintanilla, experimentado empresario y creador del podcast *Tres minutos basta*, nos acerca un aprendizaje de más de 30 años como líder empresarial y nos entrega una propuesta personal de humanismo liberador que pretende reivindicar el valor del SER por encima del TENER para recuperar la principal razón de existir de una empresa: las personas. Repleto de reflexiones poderosas e inspiradoras, *Liderazgo consciente* nos enfoca en lo que le da sentido a nuestra vida, a nuestra relación con los demás y a saber mantener

una visi n optimista Un libro de cabecera de un amigo que nos habla al o do con sabidur a Patricia Merino CEO C Level Counselor Ya sea en un audio corto o ahora en textos breves Ignacio te regala lecciones de vida que van de lo laboral a lo espiritual y constituyen un ejercicio de liderazgo consciente y accionable en tu d a a d a David Reyes Director period stico del diario Gesti n

¿Hasta Qué Punto... Es Usted Usted...? Dr. Valentín Acosta Morel, 2008-11-24 Saber uno quin es no tiene equivalente Cuestionado sarcsticamente sobre su identidad Don Quijote protest enfticamente Yo s quin soy Y Jess modelo de integridad e independencia lapidariamente afirm de s mismo Yo soy la verdad misma la verdad absoluta Yo en el Padre y el Padre en M Y por ser la verdad tambn Soy el camino y la vida El descubrimiento de s conduce al ser humano a la autenticidad responsable Hasta que punto intenta en un estilo alegre con lenguaje sencillo facilitar al lector ayuda efectiva para conocerse apropiarse de s mismo y disfrutar su autenticidad deseable y verdadera individualidad el descubrimiento del intrnseco propsito de su vida nica e irrepetible *Lecciones Cristianas libro del alumno trimestre de primavera 2018*

Arencibia, Heiei, 2018-01-16 Lecciones Cristianas tiene como prop sito ayudar a las personas adultas hispanas a crecer en su comprensi n de la Biblia y relaci n de sta con la vida Lecciones Cristianas sigue la serie de las Lecciones B blicas Internacionales Est escrito especialmente para las iglesias de habla hispana Tambi n hay un Libro del Maestro que provee sugerencias importantes para la enseanza de cada lecci n preguntas para discutir y actividades para la clase Lecciones Cristianas helps Hispanic adults grow in their knowledge of the Bible and how it relates to their lives Lecciones Cristianas follows the International Lesson Series The content of this excellent study is biblical and it is written especially for Spanish speaking churches The teacher book provides valuable suggestions for teaching the class discussion questions and class activities

Una Vida Con Propósito Samuel Velez, 2015-11-11 Desde el comienzo de la evolucin de la humanidad el ser humano ha estado buscando tesoros escondidos en todas partes Algo que los haga felices y constantemente complete sus vidas Desafortunadamente la mayora de las personas busca estos tesoros en el mundo exterior enfocndose ms en el fruto que en la raz de donde viene el tesoro Buscando tanto la felicidad como la satisfaccin a travs de las cosas materiales y enfocando as sus esfuerzos en alcanzar metas vacas que no estan alineadas con sus valores internos La realidad es que todos los tesoros que buscamos se encuentran escondidos dentro de nosotros y es nuestra responsabilidad el encontrarlos y aprovecharlos al mximo En este libro usted encontrar una serie de guas y pasos que han sido diseados en una secuencia especifica para ayudarle a encontrar y vivir una vida con propsito El mismo contiene principios de crecimiento personal fundamentales que fueron organizados secuencialmente para ayudarte a crecer y pensar diferente Fue diseado para iluminar y mejorar el estilo de vida de cualquier persona no importa el nivel de educacin al que pertenezca Espero que esta gua les provea la direccin y el enfoque necesario para alcanzar tanto tus metas personales como profesionales y que los ayude a desarrollar su inters por el mundo del aprendizaje continuo

Catenaria María del Carmen Saravia, 2023-03-07 Hace meses que miro una tela de ara a en el techo de mi habitaci n Como est muy alta no puedo sacarla fui viendo c mo crec a y c mo se iba ennegreciendo de

a poco por el polvo haciéndose más visible. A veces para limpiarla como no alcanzo he llegado a atar el plumero a un escobillón. Esta vez no lo he hecho. La vida no para de insistir en una casa que ya cumplí más de cuarenta años. Las telas de araña forman tramas radiocéntricas entre los árboles y las plantas y como un velo cubren un pasado que fue hermoso. La autora las observa y no quiere destruirlas. Con predisposición poética y una forma de decir particular. María del Carmen Saravia se enriquece con la vida y sus pausas y escribe impresiones, recuerdos, suecos, biografías, apócrifas a partir de una conversación con amigas, lugares comunes, las enfermedades y el paso del tiempo. El resultado es un conjunto de textos que como las catenarias van diseñando un dibujo que se arma a partir de su estructura natural y su propio peso. Old Spain Azorín, 1928

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