

# Birth Control Methods

There are **five types of birth control methods** from which to choose according to one's health, relationship status, lifestyle, and reproductive plans.

## STERILIZATION METHODS

\*permanent

Tubal ligation



Male vasectomy



## LONG-ACTING METHODS

\*reversible

IUD



Implants



## SHORT-ACTING METHODS

\*reversible

Pills



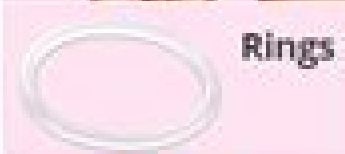
Patches



Shots



Rings



## BARRIER METHODS

\*reversible

Condoms



Diaphragms



Sponges



Cervical caps



## NATURAL RHYTHM METHODS

\*reversible

Natural family planning



Withdrawal



99%

MOST EFFECTIVE

84-91%

71-86%

75-78%

LEAST EFFECTIVE

# Modern Method Of Birth Control

**EW Minium**

A decorative graphic element consisting of a light blue horizontal bar with a rounded right end, and a red circular shape partially visible behind it.

## **Modern Method Of Birth Control:**

*The Modern Method of Birth Control* Thurston Scott Welton, 1935      *Modern Methods of Birth Control* Abraham Stone, Mary Steichen Calderone, 1963      **Encyclopedia of Birth Control** Vern L. Bullough, 2001-06-13 Edited by a noted scholar of health and sexuality Encyclopedia of Birth Control is a complete report on the historical development and efficacy of contraceptive practices around the world both past and present Without contraception a healthy sexually active woman will give birth to about 15 children and over her life span spend most of her reproductive years either pregnant or nursing a newborn infant So controlling fertility has preoccupied women and often their husbands since at least 1000 B C In this comprehensive reference readers can explore the history of birth control from a variety of perspectives anthropological biological economic feminist medical political and psychological From wet nurses to chastity belts from animal dung contraceptives to the Dalkon Shield readers will learn how women have attempted birth control contraception and abortion throughout history and throughout the world Readers will also discover why opposition to birth control was so fierce early in the 20th century that many American women and men were jailed for disseminating information on avoiding pregnancy and why family planning remains hotly controversial almost a century later      **Birth Control, Sex, and Marriage in Britain 1918-1960** Kate Fisher, 2006-07-13 The first half of the twentieth century witnessed a revolution in contraceptive behaviour as the large Victorian family disappeared This book offers a new perspective on the gender relations sexual attitudes and contraceptive practices that accompanied the emergence of the smaller family in modern Britain Kate Fisher draws on a range of first hand evidence including over 190 oral history interviews in which individuals born between 1900 and 1930 described their marriages and sexual relationships By using individual testimony she challenges many of the key conditions that have long been envisaged by demographic and historical scholars as necessary for any significant reduction in average family size to take place Dr Fisher demonstrates that a massive expansion in birth control took place in a society in which sexual ignorance was widespread that effective family limitation was achieved without the mass adoption of new contraceptive technologies that traditional methods such as withdrawal abstinence and abortion were often seen as preferable to modern appliances such as condoms and caps that communication between spouses was not key to the systematic adoption of contraception and above all that women were not necessarily the driving force behind the attempt to avoid pregnancy Women frequently avoided involvement in family planning decisions and practices whereas the vast majority of men in Britain from the interwar period onward viewed the regular use of birth control as a masculine duty and obligation By allowing this generation to speak for themselves Kate Fisher produces a richer understanding of the often startling social attitudes and complex conjugal dynamics that lay behind the vast changes in contraceptive behaviour and family size in the twentieth century      **Birth Control** Beth L. Sundstrom, Cara Delay, 2020-06-02 Birth control offers women the opportunity to prevent pregnancy plan and space their births or have no births at all And yet in the United States half of all pregnancies

remain unintended and access to birth control is beset by inequities in education access and coverage Research indicates that women are familiar with the range of contraceptive methods available today But the persistently high rates of unintended pregnancy combined with common dissatisfaction and discontinuation suggest that women s contraceptive needs continue to be unmet Birth Control What Everyone Needs to Know will offer more than a user s guide to available means of contraception it will examine how supported family planning infrastructure impacts society as a whole Through reviews of policy scientific literature and supplemental interviews with women it will uncover women s concerns and apprehensions about contraception as well as the ways birth control empowers women and increases access to educational and professional opportunities It will provide an overview the history of birth control the risks and benefits of contraception the role of menstruation and the future of birth control The goal of this book is to provide accurate unbiased scientific information about contraception in the context of women s lived experiences and the realities of how individuals make decisions about birth control

Body Image, Human Reproduction, and Birth Control Robin D. Tribhuwan, 2009 Study on Thakars Santhals Gonds Nagas and Mavchis tribes of Maharashtra Nagaland Orissa Jharkhand and Chattisgarh states of India *Tanzania*, 1999-01-01 Huge sums have been spent on water and sanitation services in Tanzania but much of that investment is standing idle in the country producing little or no water for the intended beneficiaries A major question is whether any of the investment can be salvaged to reduce the burden of water gathering on the population From Tanzania Social Sector Review Tanzania s social indicators remain among the poorest in the world This report describes the trends in the social sectors and analyzes the factors that influence these trends These trends include the performance of the economy government social sector spending and policy household behavior and incomes and demographic trends Findings from the surveys and case studies are synthesized to provide a comprehensive picture of the demand for and supply of education health water and sanitation nutrition and family planning services The report discusses the situation and trends in the social sector and identifies ways that the government the private sector and households can use their respective resources most effectively

**Development Naivety and Emergent Insecurities in a Monopolised World** Munyaradzi Mawere, 2018-09-17 It is common knowledge that development without security is like a runaway horse Yet development in Africa has been plagued by insecurities since the extractive periods of slave trade and colonialism In spite of political independence and the euphoria of sovereignty as states Africa has failed to address insecurity which continues to loom large and to threaten aspirations towards truly inclusive and sustainable development A consequence has been Africas development naivety vis vis the monopolisation of development by the predatory elite actors of the global North and their local facilitators To salvage the continent from such predation and the insecurities engendered requires novel and innovative imagination and praxis This book draws from both the haunted landscapes and bitter memories of past exploitations and from the feeding of the insatiable North with African resources and humanity It brings together essays by a concerned generation of scholars driven

by the urgent need for radical decolonisation of African development and its legacies of insecurities It is handy to students and practitioners in economics policy studies political science development studies global and African studies     Fertility Control in a Risk Society Zakir Husain, Mousumi Dutta, 2016-11-04 This book analyses the reasons for relying on behavioural contraception methods among urban elites in India and examines their efficacy in controlling fertility It also traces variations in contraception choice over the reproductive cycle of women Although researchers and policy makers generally equate reliance on behavioural contraceptive methods with low levels of education and awareness and lack of desire to control fertility this perception has been questioned in recent years The authors analysis of the first three rounds of the National Family Health Survey NFHS data in India reveals that behavioural contraceptive methods are popular in eastern India Moreover it is urban educated women who rely on behavioural methods and are apparently able to regulate fertility quite effectively with such methods NFHS data however has some limitations and this motivates the authors to explore birth control methods through primary surveys of currently married graduate women in Kolkata The use of behavioural contraception methods is a little researched area globally and this is the first book focusing on the topic in India     *The New Public Health* Theodore H. Tulchinsky, Elena A. Varavikova, 2000-08-09 Countries around the world are engaged in health reform which places great demands on health care providers and systems managers From the managed care revolution in the United States to the rebuilding of health systems in postcommunist Russia these reforms impact millions of health care workers government officials patients and the public alike The New Public Health will help students and practitioners understand factors affecting the reform process of health care organization and delivery It links the classic public health issues such as environmental sanitation health education and epidemiology with the new issues of universal health care economics and management of health systems for the new century Provides a comprehensive overview of public health from a global perspective Assesses health systems models of the United States Russia the United Kingdom Germany Canada Scandinavian countries and developing countries including China Nigeria and Colombia Analyzes critical issues of health economics including forces associated with escalating costs and the strategies to control those costs Discusses strategies for dealing with the many ramifications of managed care Links medicine with the social sciences technology and health management issues as they evolve

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