

NURSE AS HEALER

Series Editor • Lynn Keegan

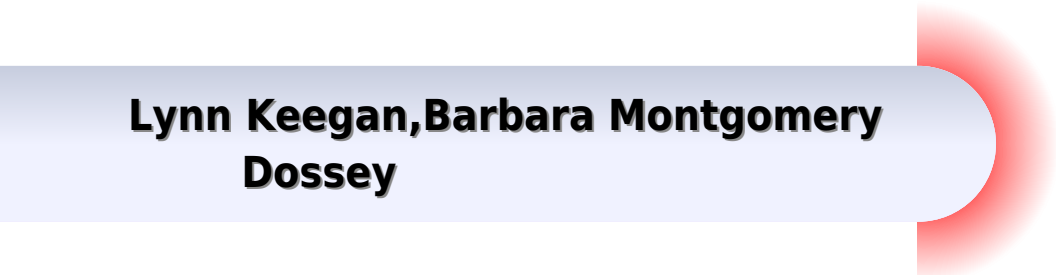
The Nurse's Meditative Journal

Sherry Kahn, MPH



Nurses Meditative Journal Nurse As Healer Series

**Lynn Keegan, Barbara Montgomery
Dossey**



Nurses Meditative Journal Nurse As Healer Series:

The Nurse's Meditative Journal Sherry Kahn, 1996 When life's challenges seem overwhelming often it's because we're looking outside ourselves for the answers Author Sherry Kahn leads you to a fuller understanding of your only true life long companion yourself through an exploration of the arts of meditation and journaling **Healing Meditation** Mary Grace Umlauf, 1996 This new book is an excellent reference for any practicing nurse or care giver interested in exploring alternative methods of healing Guidelines for the use of meditation in everyday practice offer these individuals exploration into treatment of the multidimensional nature of their patient's illness and empower the patient's themselves to use their mind as a healing agent **Profiles of Nurse Healers** Lynn Keegan, Barbara Montgomery Dossey, 1998 Nurse healers can be found in all areas of nursing from the ER to the operating room from outpatient clinics to the community at large They live and work among us as colleagues clinicians educators researchers and practitioners This informative new book chronicles the journeys of over 30 nurses in the United States and abroad **Healing and the Grief Process** Sally S. Roach, Beatriz C. Nieto, 1997 This text provides an overview of the grieving process by introducing the nurse and other health care professionals to some of the more common theories associated with death and dying Beginning with an overview of the grieving process different chapters focus on specific stages of grief and emphasis is placed on the role of the nurse in the healing process Also included in this text is the hospice philosophy which encompasses four dimensions of support physical emotional social and spiritual and other specific healing strategies designed to be used in working with those in the midst of grief Dedicated to personal growth the final part of the book presents vignettes depicting the many phases of grief as well as a healing approach that will enable the griever to continue living in spite of the loss Healing Life's Crises Noreen Cavan Frisch, Jane Kelley, 1996 This book provides the practicing nurse with a new outlook on the concept of crisis intervention

Healing the Dying Melodie Olson, 1997 This book provides the nurse with objectives and goals for care of the dying patient Healing the Dying offers specific information that when put into real life situations conveys how the treatment works or how evaluation assessments are made Family and society support are also covered with discussions of hospice and alternative bereavement services Vulnerable populations such as AIDS patients are included **Awareness in Healing** Lynn Rew, 1996 A stimulating exploration of self awareness and the various ways the nurse can assist clients in healing themselves Discussion includes the nursing client's development of self awareness and the importance of knowing one's place in the universe to facilitate self healing Clinical vignettes illustrate practical examples in a way that is easy to follow and relate to and exercises give sensible suggestions to help the reader develop skills in awareness and intervention

Healing Addictions Bonney Gulino Schaub, Richard Schaub (Ph. D.), 1997 This practical new book is a single source of information about the recovery process including an overview of up to date models of addiction and recovery Case studies offer real life suggestions for the plan of treatment strategies Chapters cover key topics such as emotional issues recovery

and liberation of choice and spirituality as it relates to changes in mind body and spirit *Healing Touch* Dorothea Hover-Kramer,1996 On the leading edge of the holistic approach to healing this comprehensive guide discusses the concepts techniques and applications of energy based healing **Creative Imagery in Nursing** Karilee Halo Shames,1996 There are many books for the general public on how to use imagery for healing but few specifically for nurses This book will show the nurse how to integrate creative visualization and guided imagery into their practice to promote and expedite the healing process It provides actual experiences and expertise from nurses already using imagery in their work and helps the nurse begin to incorporate imagery into their practice describes introductory intermediate and advanced techniques and usages of imagery issues are brought into focus with case studies and examples includes cases sample techniques and patient interviews Healing Nutrition Lynn Keegan,1996 This comprehensive study is developed around the theme of using food to fulfill body mind spirit and emotional needs The book consists of short precise practical chapters that instruct you on strategies to eat to maximize your personal potential Holistic Nursing: A Handbook for Practice Barbara Montgomery Dossey,Dossey,Lynn Keegan,2008-05-06 Guides nurses in the art and science of holistic nursing and healing and offers ways of thinking practicing and responding both personally and professionally **Stress** Clarke M. Ivanich,2002 Stress seems to be an affliction common to almost everyone living in the 21st century except perhaps a few inhabitants of some far off islands untouched by modern society But what is it And more importantly what is there we can do about it Some research says we need it but this seems hard to believe Other research no less believable says we don t need it but we can manage it About the only thing about stress that seems certain is that there is a lot of it around and that the less of it that lands on a person the better This book gathers new and important citations from both the journal and the book literature and provides access through author subject and title indexes **American Journal of Health Behavior** ,1997 Caring ,1996 **Pocket Guide for Holistic Nursing** Barbara Montgomery Dossey,Lynn Keegan,Cathie E. Guzzetta,2005 Intended for students clinicians educators and researchers looking to expand their knowledge of holism healing and spirituality *Prayer in Nursing* Mary Elizabeth O'Brien,2003 Prayer in Nursing The Spirituality of Compassionate Caregiving examines the role of prayer in the life of a nurse from a variety of perspectives including the history of prayer in nursing the importance of prayer in contemporary caregiving caring nurse patient relationships and the connection between prayer and a healing ministry To encourage the practice of prayer each chapter begins with a meditation and ends with a prayer reflective of a nurse s spirituality **Strengths-Based Nursing Care** Laurie Gottlieb,2012-08-22 Print CourseSmart **Palliative Care Nursing: Caring for Suffering Patients** Kathleen Ouimet Perrin,Caryn A. Sheehan,Mertie L. Potter,Mary K. Kazanowski,2022-02-08 Awarded first place in the 2022 AJN Book of the Year Awards in the Palliative Care and Hospice category Preparing Nurses to Care for the Seriously Ill and their FamiliesPalliative Care Nursing Caring for Suffering Patients continues to explore the concept of suffering as it relates to nursing practice in an updated new edition This text

helps practicing nurses and students define and recognize various aspects of suffering across the lifespan and within various patient populations while providing guidance in alleviating suffering In addition the authors discuss ways nurses that witness suffering can optimize their own coping skills and facilitate personal growth The Second Edition aligns with the recently updated ELNEC and AACN competencies and features three new chapters discussing advance care planning palliative care for those with serious illnesses and strategies for having difficult conversations with patients and families How do we identify a patient who is suffering How do we assess whether our patient and or their family is coping with the event What can we do to alleviate patient suffering How can we convey the extent of the suffering to the other members of the healthcare team and advocate excellent palliative care for our patients Palliative Care Nursing Caring for Suffering Patients Second Edition answers these questions and more making it an indispensable resource for nursing students and nurses employed in a variety of health care settings Updated to align with the recently revised ELNEC and AACN competenciesFeatures features three NEW chapters discussing advance care planning palliative care for those with serious illnesses and strategies for having difficult conversations with patients and familiesExplores physical psychological sociocultural developmental and spiritual sufferingIncludes new discussions on compassion fatigue and burnout options for effective management of chronic pain logotherapy a new assessment of patient comfort and moreRich in case studies exercises pictures and reflections on nursing practice and life experiences This text is ideal for gerontology palliative care nursing courses capstone courses and undergraduate nursing courses dealing with end of life issues psychology grieving and palliative care 2023 400 pages

Dossey & Keegan's Holistic Nursing: A Handbook for Practice Mary A. Blaszko Helming, Deborah A. Shields, Karen M. Avino, William E. Rosa, 2020-11-23 Dossey Keegan s Holistic Nursing A Handbook for Practice Eighth Edition covers basic and advanced concepts of holism demonstrating how holistic nursing spans all specialties and levels This text is distinguished by its emphasis on theory research and evidence based practice essential to holistic nursing

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