

Sexual behaviour in Britain: early heterosexual experience

Kaye Wellings, Kiran Nancharai, Wendy McDowall, Sally McManus, Bob Erens, Catherine H Mercer, Anne M Johnson, Andrew J Copas, Christos Karavassilis, Kevin A Fenton, Julia Field

Summary

Background Relatively high rates of teenage conception and sexually transmitted infection among young people in Britain have focused attention on early sexual behaviour and its determinants. We report the results of the second National Survey of Sexual Attitudes and Lifestyles (Natsal 2000).

Methods We did a probability sample survey between 1999 and 2001, of men and women aged 16–44 years in Britain. Participants were interviewed using a combination of computer-assisted face-to-face and self-completion questionnaires, and asked questions regarding first heterosexual intercourse, communication about sex, pregnancy, and sexually transmitted infections (STIs).

Findings We recruited 11 161 men and women to the survey (4762 men, 6399 women). The proportion of those aged 16–19 years at interview reporting first heterosexual intercourse at younger than 16 years was 30% for men and 26% for women; median age was 16 years. The proportion of women reporting first intercourse before 16 years increased up to, but not after, the mid-1990s. There has been a sustained increase in condom use and a decline in the proportion of men and women reporting no contraceptive use at first intercourse with decreasing age at interview. Among 16–24 year olds, non-use of contraception increased with declining age at first intercourse; reported by 18% of men and 22% of women aged 13–14 years at occurrence. Early age at first intercourse was significantly associated with pregnancy under 18 years, but not with occurrence of STIs. Low educational attainment was associated with motherhood before 18 years, but not abortion.

Interpretation The increase in the proportion of women reporting first intercourse before age 16 years does not appear to have continued throughout the past decade. Only a small minority of teenagers have unprotected first intercourse, and early motherhood is more strongly associated with educational level than with family background. Factors most strongly associated with risk behaviour and adverse outcomes have considerable potential for preventive intervention.

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Introduction

Interest in the sexual behaviour of young people increased in the second half of the 20th century, fuelled partly by concern for their sexual health. In the 1960s and 1970s, unsafe surrounding rates of conception among young unmarried people provided the impetus to research, whereas in the 1980s and 1990s, the focus shifted to the risk of HIV transmission among young people. By the end of the 20th century, the UK had the highest rate of teenage births in western Europe,¹ and an upward trend in rates of sexually transmitted infections (STIs) among young people.² Attention has now focused on risk behaviour in the context of both unplanned conception and sexually transmitted infection.³

The timing and conditions of sexual initiation are of substantial interest in the context of public health. Early age at first intercourse is associated with subsequent sexual health status.^{4–6} Following the steep decrease in age at first intercourse among women up to and including the 1970s, in many countries, there is evidence of subsequent stabilisation.⁴ In several European countries this stabilisation occurred in the early 1980s.⁴ In the USA, it occurred in the late 1980s.⁴ In Britain⁷ and New Zealand,⁸ however, heterosexual intercourse continued to occur at earlier ages throughout the 1980s.

Factors associated with early age at first intercourse are well documented and include early menarche,⁹ early school leaving age, family disruption and disadvantage,¹⁰ and poor educational attainment.^{11–13} Less attention has been paid to factors associated with the circumstances of first intercourse.

From analysis of the first National Survey of Sexual Attitudes and Lifestyles (Natsal 1990) we reported a decline in age at first intercourse in successive age-groups, and a significant increase in condom use among the youngest age cohort, born between 1971 and 1976.¹⁴ Here we report results from the second National Survey of Sexual Attitudes and Lifestyles done in 1999–2001 (Natsal 2000), focusing on early heterosexual intercourse and the circumstances surrounding that event, the extent of risk reduction practices, and the prevalence of those outcomes of sexual activity which, from a public-health perspective, may be regarded as adverse. We also explore factors associated with these outcomes.

Methods

Participants and procedure

We did a probability sample survey of men and women aged 16 to 44 years living in Britain. Details of the methods are described elsewhere.¹⁵ Participants were interviewed using a combination of computer-assisted face-to-face and self-completion questionnaires. Parental permission was requested for the participation of respondents aged 16–17 years.

We asked participants their age at first occurrence of heterosexual intercourse using a showcard in the face-to-face component of the questionnaire. Questions relating to the circumstances of first intercourse were confined to occurrence at age 13 years or older, to avoid probing early experiences that may have been non-consensual. We asked respondents to reflect on whether they or their partner was more willing, or whether they were both equally willing; their thoughts on the timing of the event;

Sexual Behaviour In Britain

Jodi Burkett



Sexual Behaviour In Britain:

Sexual Behaviour in Britain Kaye Wellings, 1994 Originally commissioned by the NHS partly as a response to the growing problem of AIDS this book provides comprehensive information on the sexual attitudes and lifestyles of the British population Its conclusions are based on statistical analysis of the response given by 20 000 Britons **Sex, Gender and Social Change in Britain since 1880** Lesley A. Hall, 2017-09-16 Sexual attitudes and behaviour have changed radically in Britain between the Victorian era and the twenty first century However Lesley A Hall reveals how slow and halting the processes of change have been and how many continuities have persisted under a facade of modernity Thoroughly revised updated and expanded the second edition of this established text explores a wide range of relevant topics including marriage homosexuality commercial sex media representations censorship sexually transmitted diseases and sex education features an entirely new last chapter which brings the narrative right up to the present day provides fresh insights by bringing together further original research and recent scholarship in the area Lively and authoritative this is an essential volume for anyone studying the history of sexual culture in Britain during a period of rapid social change [Sexual Behaviour and HIV/AIDS in Europe](#) Michel Hubert, Nathalie Bajos, Theo Sandfort, 2022-03-30 Originally published in 1998 Sexual Behaviour and HIV AIDS in Europe is detailed study comparing the major population surveys on sexual behaviour and HIV AIDS carried out in Europe at the time of publication Leading European researchers explore the differences and similarities between European countries in patterns of sexual behaviour and responses to the HIV AIDS epidemic As well as providing an empirical and methodological base for future research the comparative analyses lead researchers policy makers health educators and the media to new insights and a deeper understanding of issues that are of central concern in many countries The chapters include discussion of data on sexual initiation homosexual and bisexual behaviour sexual practices sexual partners risk behaviour STDs preventive practices the normative context knowledge of HIV AIDS and attitudes towards people with HIV AIDS The book results from a major European Concerted Action funded by the European Union Biomedical and Health Research programme BIOMED and coordinated by the Centre d Etudes Sociologiques of the Facultes Universitaires Saint Louis Brussels Belgium It follows Sexual Interactions and HIV Risk published in 1997 **Sex Before the Sexual Revolution** Simon Szreter, Kate Fisher, 2010-10-14 What did sex mean for ordinary people before the sexual revolution of the 1960s and 1970s who were often pitied by later generations as repressed unfulfilled and full of moral anxiety This book provides the first rounded first hand account of sexuality in marriage in the early and mid twentieth century These award winning authors look beyond conventions of silence among the respectable majority to challenge stereotypes of ignorance and inhibition Based on vivid compelling and frank testimonies from a socially and geographically diverse range of individuals the book explores a spectrum of sexual experiences from learning about sex and sexual practices in courtship to attitudes to the body marital ideals and birth control It demonstrates that while the era s emphasis on silence and strict

moral codes could for some be a source of inhibition and dissatisfaction for many the culture of privacy and innocence was central to fulfilling and pleasurable intimate lives Rules of Desire Cate Haste,1992 This book tells the history of the changing sexual attitudes of 20th century Britain the free love debate the sex psychologists the bright young things homosexual life in the thirties secret sex and World War II the sixties and the pill gay rights rape laws the impact of AIDS and whole body sensuality The A-Z of Social Research Robert Lee Miller,Robert L. Miller (MA.),John D Brewer,2003-04-22 Alphabetically arranged in accessible reader friendly format this collection of 94 entries provides a concise introduction to the key concepts and methods in social research Birth Control, Sex, and Marriage in Britain 1918-1960 Kate Fisher,2006-07-13 The first half of the twentieth century witnessed a revolution in contraceptive behaviour as the large Victorian family disappeared This book offers a new perspective on the gender relations sexual attitudes and contraceptive practices that accompanied the emergence of the smaller family in modern Britain Kate Fisher draws on a range of first hand evidence including over 190 oral history interviews in which individuals born between 1900 and 1930 described their marriages and sexual relationships By using individual testimony she challenges many of the key conditions that have long been envisaged by demographic and historical scholars as necessary for any significant reduction in average family size to take place Dr Fisher demonstrates that a massive expansion in birth control took place in a society in which sexual ignorance was widespread that effective family limitation was achieved without the mass adoption of new contraceptive technologies that traditional methods such as withdrawal abstinence and abortion were often seen as preferable to modern appliances such as condoms and caps that communication between spouses was not key to the systematic adoption of contraception and above all that women were not necessarily the driving force behind the attempt to avoid pregnancy Women frequently avoided involvement in family planning decisions and practices whereas the vast majority of men in Britain from the interwar period onward viewed the regular use of birth control as a masculine duty and obligation By allowing this generation to speak for themselves Kate Fisher produces a richer understanding of the often startling social attitudes and complex conjugal dynamics that lay behind the vast changes in contraceptive behaviour and family size in the twentieth century

Sexuality Jeffrey Weeks,2009-10-16 For over twenty years Sexuality has provided a cutting edge introduction to debates about sexualities gender and intimate life Previous editions included pioneering discussions of the historical shaping of sexuality identity politics the rise of fundamentalism the social impact of AIDS the influence of the new genetics global sex queer theory sex wars the debates about values new patterns of intimacy and much more In this new edition Jeffrey Weeks offers a thorough update of these debates and introduces new concepts and issues Globalization is now a key way of understanding the reshaping of sexual life and is discussed in relation to global flows neo liberalism new forms of opposition cosmopolitanism and the heated debates around sex trafficking and sex tourism Arguments about the regulation and control of sexuality and the intersection of various dimensions of power and domination are contextualised by a sustained argument

about the importance of agency in remaking sexual and intimate life In particular new forms of Lesbian Gay Bisexual Transgender and Queer politics and the high impact of the debates about same sex marriage are explored These controversies in turn feed into debates about what is transgressive normal ordinary into the nature of heter normativity and into the meanings of diversity and choice To conclude the book turns to questions of values and ethics recognition sexual citizenship and human sexual rights This book displays the succinctness clarity and comprehensiveness for which Jeffrey Weeks has become well known It will appeal to a wide range of readers internationally

The Encyclopædia of Sexual Behaviour Albert Ellis, Albert Abarbanel, 2013-10-22 The Encyclop dia of Sexual Behaviour Volume Two is an encyclopedia of sexual behavior and covers topics ranging from the linguistic aspects of sex to sex life in Latin America sex in the literature and sexual love Laws on marriage and family and on sex crimes are also discussed along with sexual perversions and the art of loving Comprised of 52 chapters this volume first deals with Judaism s attitudes and teachings on sex particularly with regard to the sexuality of women nudity and prostitution The reader is then introduced to the connection between language and sex sex life in regions such as Latin American the Orient and the Soviet Union and the portrayal of sex in literature Subsequent chapters explore sexual love as opposed to altruistic love marriage and family living menopause and the menstrual cycle movement and feeling in sex the interrelationship of music and sex and the effects of nutrition and health on sexuality Other chapters focus on phallicism and sexual symbolism planned parenthood around the world the psychology of pornography human reproduction and sex in relation to race and Protestantism This book will be of interest to psychologists and psychiatrists

Sexually Transmitted Infections, HIV & AIDS E-Book Derek G. Waller, 2016-09-13 About the Medicine journal e books Sexually Transmitted Infections HIV AIDS is a new e book in a collection of subject themed e books containing relevant key articles from Medicine The e books provide a perfect source of revision for post graduate exams in clinical medicine and portfolio material for life long learning As well as mapping to the UK Core Medical Training curriculum these e books also enable anyone with a short term interest in a specific area to buy individual articles at a price point that will give affordable access to all readers from medical students to GPs and practitioners in related areas The quality of user experience on mobiles tablets and laptops will be an added bonus for learning on the move The whole board has been involved in the creation of this content and are therefore listed as authors on all the e books In addition we extend our warm thanks for their contribution to these e books to the past Chairman Allister Vale who stepped down from the board in 2015 and to John Mucklow who stepped down in 2016 Derek Waller on behalf of the Editorial Board About the journal The parent journal www.medicinejournal.co.uk is a rolling continuously updated review of clinical medicine over a 4 year cycle covering all the important topics for core medical training Its Editorial Board comprises some of Europe s most influential specialists The journal s articles are refreshed updated augmented or replaced as appropriate each time the subject is due for revision to provide a concise overview of knowledge and practice core to the curriculum Each article is written by invited experts and

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Sexual Behaviour and Health in Older Adults Lee Smith,Igor Grabovac,2023-02-06 This book provides a comprehensive overview for those interested in research and promoting sexual health in older people as well as a go to guide on the topic of sexual behaviour in older adults Sexual activity is an essential part of intimate relationships though it tends to decline in frequency as people grow older Nevertheless for many older people sex still remains an important part of their life There s a common misconception that as people age they lose their interest in sex and capacity for sexual behaviour This is not the case as a number of national surveys show The new research presented here indicates that the less sex older people have the more likely they are to experience mental and physical health problems Men and women who reported a decrease in the frequency of sexual activities were also more likely to report a deterioration in self perceived health Additionally men with erectile dysfunction were also more likely to be diagnosed with cancer or coronary heart disease This research has also determined that older adults who experience a decline in sexual activity report poorer well being than those who maintain their levels of sexual desire activity and function in later life and that men who remain sexually active in later life continue to have better cognitive performance compared to those who don t Despite these health benefits medical professionals do little to promote sexual activity in older adults and the literature suggests that there is a lack of knowledge on how to approach the subject and how to promote such activities This is the first comprehensive book specifically exploring all areas of sexual behaviour and health in older adults and drawing on the latest research in this area It offers a valuable resource for researchers and clinicians in various health fields medicine nursing occupational therapy psychology public health etc as well as students in undergraduate and graduate programs

Human Sexuality and its Problems John Bancroft,2008-12-29 Prepared by one of the world s leading authorities Human Sexuality and its Problems remains the foremost comprehensive reference in the field Now available in a larger format this classic volume continues to address the neurophysiological psychological and socio cultural aspects of human sexuality and how they interact Fully updated throughout the new edition places a greater emphasis on theory and its role in sex research and draws on the latest global research to review the clinical management of problematic sexuality providing clear practical guidelines for clinical intervention Clearly written this highly accessible volume now includes a new chapter on the role of theory and separate chapters on sexual differentiation and gender identity development transgender and gender non conformity and HIV AIDS and other sexually transmitted diseases Human Sexuality and its Problems fills a gap in the literature for academics interested in human sexuality from an interdisciplinary perspective as well as health professionals involved in the management of sexual problems Long awaited new edition of the definitive reference text on human sexuality Addresses the neurophysiological psychological and socio cultural aspects of human sexuality and how they interact Examines the normal sexual experience and covers the various ways in which sex can be problematic including dysfunctional out of control high

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Asexuality and Sexual Normativity Mark Carrigan,Kristina Gupta,Todd Morrison,2024-11-01 The last decade has seen the emergence of an increasingly high profile and politically active asexual community united around a common identity as people who do not experience sexual attraction This unique volume collects a diverse range of interdisciplinary empirical and theoretical work which addresses this emergence raising important and timely questions about asexuality and its broader implications for sexual culture One of the most pressing and contentious issues within academic and public debates about asexuality is what relationship if any it has to sexual dysfunction As well as collecting cutting edge scholarship in the emerging field of asexuality studies rendering it indispensable to any sexualities course across the range of disciplines this anthology also addresses this urgent debate offering a variety of perspectives on how and why some have pathologised asexuality This includes a range of chapters addressing the broader issues of sexual normativity within which these contemporary debates about asexuality are taking place This book was originally published as a special issue of Psychology and Sexuality

Health and the Construction of the Individual Jane Ogden,2002 Using social constructionism this text presents a social study of social science Focusing on constructions of the individual in health related psychological and sociological texts it explores how social science constructs facts using methodology measurement theory and boundaries

HIV in the UK Jose Catalan,Barbara Hedge,Damien Ridge,2020-12-21 This book explores the thoroughly human dimension of the health care and prevention responses to the HIV crisis in the UK and the impact that such initiatives had on the progression of the epidemic This book presents a compelling account of the unfolding of the epidemic and the initiatives that made all the difference in the care and prevention of HIV in the UK from the early 1980s to the present time Drawing on interviews with people with HIV doctors and nurses involved in their care leaders of AIDS charities activists and politicians it identifies and describes the models of care developed in response to the onset of the HIV epidemic and its impact on NHS and voluntary organisations It goes on to explore the political responses the evolution of HIV stigma and the personal impact of the early high mortality rates Finally it discusses recent organisational changes in the

provision of care and prevention services In doing so this volume identifies the lessons learnt from the care and prevention of HIV both in relation to HIV infection and other conditions such as COVID 19 and discusses future challenges This book will be of great value to those working in services dealing with HIV charities and Clinical Commissioning Groups and GP organisations as well as social historians and medical sociologists

A Companion to Contemporary Britain 1939 - 2000 Paul Addison, Harriet Jones, 2008-04-15 A Companion to Contemporary Britain covers the key themes and debates of 20th century history from the outbreak of the Second World War to the end of the century Assesses the impact of the Second World War Looks at Britain's role in the wider world including the legacy of Empire Britain's special relationship with the United States and integration with continental Europe Explores cultural issues such as class consciousness immigration and race relations changing gender roles and the impact of the mass media Covers domestic politics and the economy Introduces the varied perspectives dominating historical writing on this period Identifies the key issues which are likely to fuel future debate

Sex, Politics and Society, 2014-05-22 A pioneering study which has become an established classic in its field Sex Politics and Society provides a lucid and comprehensive analysis of the transformations of British sexual life from 1800 to the present These changes are firmly located in the wider context of social change from industrialization and the experience of Empire through the establishment of the welfare state to the rise of new social movements such as feminism and gay liberation and new forms of social conservatism Now fully revised and updated and with a new chapter bringing the story right up to date this new edition considers the transformation of the sexual world through globalization and the internet the changing impact of the AIDS pandemic over the last thirty years the influence of new currents in social and cultural theory on the study of sexuality the gradual depoliticization and mainstreaming of sexuality within historical study Combining rich empirical detail with innovative theoretical insights Sex Politics and Society remains at the cutting edge of the subject and this third edition will inspire and provoke a whole new generation of readers in history sociology social policy and the study of sexuality

Sexual Behaviour and AIDS in Britain Ernest George Knox, Christine MacArthur, K. J. Simons, 1993 How will the AIDS epidemic grow in Britain and how might it be contained This report investigates contemporary sexual behaviour in Britain reviewing the progress of the epidemic to date and describing the social and political responses to it

Cambridge Handbook of Psychology, Health and Medicine Susan Ayers, Andrew Baum, Chris McManus, Stanton Newman, Kenneth Wallston, John Weinman, Robert West, 2007-08-23 Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine This new edition is fully reworked and revised offering an entirely up to date comprehensive accessible one stop resource for clinical psychologists mental health professionals and specialists in health related matters There are two new editors Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center The prestigious editorial team and their international interdisciplinary cast of authors have reconceptualised their much acclaimed handbook The book is now in two parts part I covers psychological aspects of health and illness

assessments interventions and healthcare practice Part II covers medical matters listed in alphabetical order Among the many new topics added are diet and health ethnicity and health clinical interviewing mood assessment communicating risk medical interviewing diagnostic procedures organ donation IVF MMR HRT sleep disorders skin disorders depression and anxiety disorders Students in Twentieth-Century Britain and Ireland Jodi Burkett, 2017-09-22 This book explores the experiences and activities of students across the twentieth century and throughout the United Kingdom and Ireland The daily experiences of students their involvement in local communities national political organisations and widespread cultural changes are the main focus of this ground breaking book It takes students themselves as the subject of inquiry exploring the fundamental importance of student activities within wider social and political changes and also how some of the key changes across the twentieth century have shaped and changed the make up experiences and lives of students This book charts the experiences of students throughout a period of unprecedented change as being a student in Britain and Ireland has gone from the endeavour of a small number of elite mainly wealthy white men to an important phase of life undertaken by the majority of young people

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