

Sexual Pleasure Sharing

*An
Alternative Approach
To Sex Therapy
And Sexual Fulfillment*

Walter J. Janson

Foreword by Michael Evans, Ph.D.

Sexual Pleasure Sharing An Alternative Approach To Sex Therapy And Sexual Fulfillment

R. Balon



Sexual Pleasure Sharing An Alternative Approach To Sex Therapy And Sexual Fulfillment:

Sexual Pleasure Sharing Walter J. Janson,1981 **Bulletin of the Menninger Clinic** Menninger Clinic,1982 *New Directions in Sex Therapy* Peggy J. Kleinplatz,2024-10-09 *New Directions in Sex Therapy* Innovations and Alternatives Third Edition focuses on new and cutting edge therapy paradigms as alternatives to conventional clinical strategies challenging practitioners to expand our thinking about how to deal with sexual concerns In the third edition of this award winning book Peggy J Kleinplatz Ph D brings together the best therapists and sexologists to advance beyond predominant approaches to sexual difficulties Part I highlights the major problems and criticisms facing sex therapy and furnishes a rationale for new directions with chapters on ethics heteronormativity and comprehensive sexual education healthcare as human rights issues Part II demonstrates new approaches to dealing with traditional sex therapy concerns including sexual desire discrepancies difficulties with erections and orgasms and sexuality in older couples There is also attention to concerns typically overlooked including those related to consensual nonmonogamy sexuality and disability and marginalized populations This edition is replete with helpful new clinical illustrations across the spectrum of theoretical orientations such as EFT EFIT narrative relational psychodynamic CBT experiential and group therapy modalities to demonstrate these approaches in action There are also queer informed perspectives on sex and relationships and innovative contributions on the person of the therapist and on promoting optimal erotic intimacy This book is intended for students and clinicians who deal with sexual issues and concerns in therapy clinicians of every kind novices and advanced practitioners rather than only those who define themselves as sex therapists *Systemic Sex Therapy* Katherine M. Hertlein,Nancy Gambescia,Gerald R. Weeks,2015-02-20 This comprehensive textbook intended for graduate students in couple and family therapy programs as well as for clinicians of diverse orientations offers descriptive discussions of sex therapy based on the Intersystem Approach as developed by Gerald Weeks The Intersystem Approach considers the biology psychology couple dyad family of origin and larger contextual factors of any sexual disorder or issue It is grounded in systems theory and represents a new understanding of human sexuality and sexual problems Appropriate for anyone who wants to progress to a more comprehensive and integrative understanding of sexual dysfunctions this text will teach the reader how to treat the couple rather than the individual Now in a second edition *Systemic Sex Therapy* presents 12 updated chapters and two new chapters bringing the material up to date with the DSM 5 Each chapter examines the definition and description of a disorder its etiology assessment treatment research and future directions Experts in the field discuss issues ranging from pharmacology sexual compulsivity therapy with lesbian and gay couples to chapters on male and female lack of desire A standard text in the field *Systemic Sex Therapy* integrates couple and sex therapy to inform the treatment of sexual problems and to give beginning and experienced clinicians the abilities and confidence they need to produce viable change in their patients lives **Therapy with Men after Sixty** Barry McCarthy,Emily McCarthy,2014-09-19 *Therapy with Men after Sixty* is a breakthrough book for professionals that helps them

open their clients minds to new ways of thinking behaving and feeling about the aging process The authors adopt a realistic but optimistic tone as they carefully examine the psychological relational and sexual aspects of life after 60 while also dispelling common myths Topics addressed include how to build and maintain Psychological Well Being have quality relationships build self esteem and deal with crisis and loss Practical topics such as financial issues living situations and relationships with adult children and grandchildren are addressed through guidelines skill exercises and case studies Each chapter helps mental health professionals to account for individual couple cultural and value differences making this an unparalleled resource for helping men successfully meet the challenges of aging The Wiley Handbook of Sex Therapy Zoë D. Peterson, 2017-03-13 The Wiley Handbook of Sex Therapy ist ein umfassendes und auf empirischer Basis bearbeitetes Werk zur jüngsten Theorie und Praxis in der psychotherapeutischen Behandlung sexueller Probleme quer durch alle Klientengruppen In vier Abschnitten werden spezifische sexuelle Fehlfunktionen theoretische Ansätze der Sexualtherapie die Arbeit mit der Diversität der Klienten und zukünftige Richtungen in der Sexualtherapie dargestellt Vertritt einen ganzheitlichen Ansatz in der Sexualtherapie fokussiert auf die Anwendung einer Bandbreite psychotherapeutischer Theorien und Techniken mehr als nur auf die gängigen Verhaltensstrategien Fallstudien dokumentieren das breite Spektrum an Zuständen die Klienten erleben können und die Sexualtherapeuten daher im Beratungsraum antreffen Enthält Beiträge von mehr als 60 Experten verschiedenster Fachrichtungen **Expanding the Practice of Sex Therapy** Gina Ogden, 2018-05-15 The revised edition of this award winning book offers thirty three Neuro Updates which provide evidence based data to help you recognize and explain the deeply transformational nature of the work Expanding the Practice of Sex Therapy looks beyond behavioral treatments pharmaceutical interventions and performance goals to a comprehensive picture of what your clients want and need when they enter sex therapy and offers creative ways to engage your clients in their own therapeutic process whether or not you are trained as a sex therapist Central to Gina Ogden's approach is her Four Dimensional Wheel of Sexual Experience an innovative template that recognizes the full range of sexual issues physical emotional mental and spiritual The text is organized into five practice oriented sections that introduce the 4 D Wheel show you how you can use it with individuals couples and groups and encourage you to explore it on your own *National Union Catalog*, 1982 Includes entries for maps and atlases *Sexual Dysfunction: Beyond the Brain-Body Connection* R. Balon, 2011-10-11 During the last years human sexuality has been the focus of interest and study by various disciplines In this volume a multidisciplinary team of international experts discuss contemporary issues of human sexuality from updates on diagnosis to the management of various sexual dysfunctions Reviews of the management of several female sexual dysfunctions the impact of cancer on sexual functioning the impact of trauma on sexual desire and function as well as the newest trends in sex therapy androgen deprivation treatment of sexual behavior and autogynephilia are discussed in detail Further the complex interplay between the field of human sexuality and the Internet psychological and cultural aspects of infertility are reviewed A large amount of

clinical material on topics rarely covered in other volumes will prove invaluable reading to clinicians from various disciplines such as psychiatry psychology urology gynecology sexology and sex therapy

Foundations for Couples' Therapy

Jennifer Fitzgerald, 2017-02-03 As a quality resource that examines the psychological neurobiological cultural and spiritual considerations that undergird optimal couple care Foundations for Couples Therapy teaches readers to conduct sensitive and comprehensive therapy with a diverse range of couples Experts from social work clinical psychotherapy neuroscience social psychology and health respond to one of seven central case examples to help readers understand the dynamics within each partner as well as within the couple as a system and within a broader cultural context Presented within a Problem Based Learning approach PBL these cases ground the text in clinical reality Contributors cover critical and emerging topics like cybersex emotional well being forgiveness military couples developmental trauma and more making it a must have for practitioners as well as graduate students

The Oxford Handbook of Relationship Science and Couple

Interventions Kieran T. Sullivan, Erika Lawrence, 2016-07-15 Marriage and other long term committed relationships are an integral part of our lives and confer many benefits People in satisfying marriages report greater life happiness live longer and are less vulnerable to mental and physical illness Unfortunately many couples experience significant relationship distress and about half of marriages end in divorce Among those who stay married a notable number of couples remain in unstable severely distressed marriages for years or even decades Given the serious physical and psychological consequences of relationship distress and divorce for spouses and their children it is clear that relationship science the basic and applied study of relationship development maintenance and dysfunction is of critical importance The Oxford Handbook of Relationship Science and Couple Interventions showcases cutting edge research in relationship science including couple functioning relationship education and couple therapy The book presents the most current definitions of and classifications for relationship dysfunction and discusses the latest research on the biological psychological and interpersonal causes and correlates of couple dysfunction and subsequent treatment implications The latest findings regarding empirically supported prevention and treatment interventions for couple dysfunction are highlighted as well as diversity and cultural issues in the context of working with couples This Handbook will appeal to researchers who seek to understand the development of relationship distress and design interventions to prevent and treat couple distress and clinicians who are diagnosing assessing and treating couple dysfunction

Awesome Families

Kathleen E. Jenkins, 2005 Denounced by some as a dangerous cult and lauded by others as a miraculous faith community the International Churches of Christ was a conservative evangelical Christian movement that grew rapidly in the 1980s and 1990s Among its followers promises to heal family relationships were central to the group's appeal Members credit the church for helping them develop so called awesome families successful marriages and satisfying relationships with children family of origin and new church brothers and sisters The church engaged an elaborate array of services including round the clock counseling childcare and Christian

dating networks all of which were said to lead to fulfilling relationships and exciting sex lives Before the unified movement s demise in 2003 2004 the lure of blissful family life led more than 100 000 individuals worldwide to be baptized into the church In *Awesome Families* Kathleen Jenkins draws on four years of ethnographic research to explain how and why so many individuals primarily from middle to upper middle class backgrounds were attracted to this religious group that was founded on principles of enforced community explicit authoritative relationships and therapeutic ideals Weaving classical and contemporary social theory she argues that members were commonly attracted to the structure and practice of family relationships advocated by the church especially in the context of contemporary society where gender roles and family responsibilities are often ambiguous Tracing the rise and fall of this fast growing religious movement this timely study adds to our understanding of modern society and offers insight to the difficulties that revivalist movements have in sustaining growth

Handbook of LGBTQ-Affirmative Couple and Family Therapy Rebecca Harvey,Megan J. Murphy,Jerry J. Bigner,Joseph L. Wetchler,2021-11-29 This comprehensive second edition inspires therapists to utilize clinical work to pragmatically address intersectional oppressions lessen the burden of minority stress and implement effective LGBTQ affirmative therapy A unique and important contribution to LGBTQ literature this handbook includes both new and updated chapters reflecting cutting edge intersectional themes like race ethnicity polyamory and monosexual normativity A host of expert contributors outline the best practices in affirmative therapy inspiring therapists to guide LGBTQ clients into deconstructing the heteronormative power imbalances that undermine LGBTQ relationships and families There is also an increased focus on clinical application with fresh vignettes included throughout to highlight effective treatment strategies Couple and family therapists and clinicians working with LGBTQ clients and those interested in implementing affirmative therapy in their practice will find this updated handbook essential

Comprehensive Handbook of Cognitive Therapy Hal Arkowitz,L.E. Beutler,Karen Simon,1989-06-30 This Handbook covers all the many aspects of cognitive therapy both in its practical application in a clinical setting and in its theoretical aspects Since the first applications of cognitive therapy over twenty years ago the field has expanded enormously This book provides a welcome and readable overview of these advances

The Textbook of Clinical Sexual Medicine Waguinh William IsHak,2017-05-30 The Textbook of Clinical Sexual Medicine utilizes the biopsychosocial approach to inform physicians practitioners residents trainees and students about the latest science has to offer today for the evaluation and treatment of sexual dysfunctions especially the utilization of the full armamentarium of assessment methods and treatment interventions in order to restore of sexual health and enhance quality of life Louis Ignarro Ph D Nobel Laureate This textbook is a comprehensive resource covering sexual disorders in depth from etiology pathophysiology phenomenology treatment to prognosis The book highlights aspects the biological and psychosocial factors predisposing precipitating and perpetuating sexual dysfunction and the importance of integrating biological and psychosocial treatments Specialized chapters cover specific common medical complaints including erectile ejaculatory and

orgasmic disorders in the male desire arousal and orgasmic disorders in the female and an integrated approach to the couple. With its focus on educational tools including over 100 figures easy to use DSM 5 criteria table and quick guide appendices this textbook is specially designed to educate readers on the psychiatric evaluation treatment and management of a wide range of sexual disorders. The Textbook of Clinical Sexual Medicine is a vital resource for medical students residents fellows graduate students psychiatrists psychologists women's health specialists urologists endocrinologists general practitioners social workers and all medical professionals and trainees working with patients suffering from sexual disorders. Women and Sex Therapy Ellen Cole, Esther D Rothblum, 2014-03-18 Outstanding feminist scholars present seldom discussed women's views of sexuality. In the past there has been little feminist discussion among sexuality professionals and between feminist therapists and sex therapists. The valuable ideas expressed by the contributors to this book are aimed at increasing the possibilities for all therapists and counselors to discuss with their clients the nature of sexuality and in particular what women feel about sex. Professionals provide remarkable perspectives on issues that concern all women: orgasm, the double standard, new reproductive options, intimacy, bisexuality and more. Constructing the Sexual Crucible David M Schnarch, 1991-03-05 This book challenges the fundamental paradigms in sexual marital therapies and provides a fresh look at the nature of intimacy and the diverse barriers to eroticism in many marriages. By integrating individual sexual and marital therapies this study attempts to provide a fresh look at the nature of intimacy and the diverse barriers to eroticism in marriage. The author refutes the common focus on sexual technique calling instead for an emphasis on sexual potential. Exploring the Dimensions of Human Sexuality Jerrold S. Greenberg, Clint E. Bruess, Sara B. Oswalt, 2014 *Handbook for Human Sexuality Counseling* Angela M. Schubert, Mark Pope, 2022-09-20 Sexuality is a significant part of the human experience yet it is often a neglected topic in both counselor training and the counseling process. In this preeminent guide expert clinicians with a variety of mental health and medical backgrounds write on diverse issues related to sexuality through a radical acceptance lens. Each chapter illustrates an affirmative and expansive approach to sexuality that considers clients' sexual and cultural identities and emphasizes sexual wellness. Students and professionals alike will learn how to respectfully and ethically approach sexuality considerations not commonly mentioned in the professional literature such as sexuality and disability, healing after sexual violence, older adult sexuality, the impact of chronic illness on sexual expression and paraphilias. The text is organized around eight comprehensive parts: Foundations, Physiological and Psychological Attraction, Orientation and Gender, Sexual Wellness, Sexual Agency, Approaches to Sexual Divergence, Relationships and Education with case examples, Questions You Always Wanted to Ask and additional resources interwoven throughout. *A Clinician's Guide to Systemic Sex Therapy* Nancy Gambescia, Gerald R. Weeks, Katherine M. Hertlein, 2020-12-21 This new edition of *A Clinician's Guide to Systemic Sex Therapy* integrates the latest empirical research from the field of sex therapy and demonstrates how clinicians can optimize their treatment for a wide range of clients. Grounded in the Intersystem Approach the book

incorporates the multifaceted perspectives of the individual client couple or family. It considers every domain of assessment and treatment: biology, psychology, the intimate relationship, family of origin, and larger contextual factors contributing to any sexual relational issue. This revised edition contains 13 chapters consistent with the DSM-5 definitions of sexual disorders and features new content on areas including LGBTQ issues, non-monogamous relationships, intersex clients, and an increased focus on issues surrounding sexual diversity. The authors of this award-winning text have set out a cutting-edge framework for clinicians looking to develop a comprehensive understanding of sexual issues, which will be an essential reference point for beginning and seasoned therapists alike. The 2nd edition of *A Clinician's Guide to Systemic Sex Therapy* won the AASECT Book Award and Best Integrative Approach to Sex Therapy Award 2017.

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