MAURICE YAFFÉ - ELIZABETH FENWICK Consultour Editor RAYMOND ROSEN, Ph.D. SEXUAL HAPPINESS FOR MEN APRACTICAL APPROACH An illustrated guide to sexual fulfillment

Sexual Happiness A Practical Approach

Frank J. Domino

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families this dynamic handbook provides you with handouts and homework activities that are quick and easy and require little effort or experience to use The Therapist s Notebook is a valuable resource for both experienced and novice clinicians Established clinicians will know how to fit each chapter to a particular clientele while uninitiated clinicians or trainees will appreciate how the ready made materials help their clients and spur their own creativity in intervening You ll find therapeutic work becomes less stressful and more enjoyable as you learn about helping these populations deal with important issues Adults goal setting boundary issues life transitions communication problemsolving compulsivity feelings Couples trust infidelity leisure time communication conflict resolution sexuality enrichment Families rules punishment decisionmaking gender roles chores and responsibilities communication Children self esteem school problems social skills abuse discipline problems Adolescents peer pressure school issues communication involvement in therapy behavior Other resistant clients crisis counseling linking clients with social resources The Therapist s Notebook gives you a tangible useful product you can utilize with clients The book s compilation of homework handouts and activities that have been successfully applied to client populations is valuable not only for therapists daily use but also to illustrate creative clinically tested interventions to future counselors therapists social workers teachers school psychologists and special educators Particularly useful as an ancillary text in university courses in psychotherapy related fields the book s user friendly format will enliven practicum courses and ensure heightened student participation Multiple Sclerosis Rosalind C. Kalb, 2011-01-23 What goes wrong when a person has MS What drugs are used to treat MS When should I consider complementary and alternative medicine to treat my MS What can I do to keep myself as healthy as possible despite my MS How common is depression in MS The thoroughly revised and updated fourth edition of the classic Multiple Sclerosis The Questions You Have The Answers You Need continues to be the definitive guide for everyone concerned with this disease those who have MS those who share their lives with someone who has it and all healthcare professionals involved with its management It covers a wide range of topics in an accessible question and answer format that allows people to easily find the information they need Within each section MS experts including neurologists nurses rehabilitation and mental health professionals lawyers and insurance and employment experts answer the questions they have been asked most frequently over the course of their careers Each chapter is designed to cover the full spectrum of the disease from the time of diagnosis through the complex challenges that can arise if the disease progresses 214 297 Rosalind C Kalb PhD Dr Rosalind Kalb a clinical psychologist is Director of the Professional Resource Center at the National Multiple Sclerosis Society in New York where she develops and provides educational and consultation services to clinicians who care for people with MS In her private clinical practice she specializes in the needs of individuals and families living with chronic illness and disability She serves on the editorial board of several publications including the International Journal of MS Care Talking about Sex Derek C. Polonsky, 1995 Answers common questions about human sexuality sexual fears relationships the family child abuse the impact of surgery and illness

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