# RECREATING BARTNERSHIP

A Solution-Oriented,

Collaborative

-Approach to

Couples Therapy

PHILLIP ZIEGLER

TOBEY HILLER

# **Recreating Partnership**

**Martin Payne** 

#### **Recreating Partnership:**

**Recreating Partnership** Phillip Ziegler, Toby Hiller, 2001-07-31 All couples go through challenging times some survive and thrive others don t How can we understand and use this distinction in the practical application of therapy In their solution oriented competency based approach to couples therapy Phillip Ziegler and Tobey Hiller answer this question In Recreating Partnership an innovative theoretically sound and practical handbook for clinicians Ziegler and Hiller present a bold and clinically useful concept the good story bad story dichotomy. The book shows clinicians how to use this narrative concept in conducting effective and efficient relationship therapy that will help couples build solutions collaboratively invigorate partnership and thrive each in their own unique ways The book covers issues such as establishing rapport with antagonistic partners developing therapeutic goals hosting conversations that reinvigorate the couple's good story how when and whether to offer task assignments addressing issues such as domestic violence and how to bring therapy to a close as well as many cogent and helpful transcripts Written for psychologists social workers marriage and family therapists and anyone who works with couples Recreating Partnership will be exciting and useful to both the novice and experienced practitioner Clinical Handbook of Couple Therapy, Fourth Edition Alan S. Gurman, 2008-06-24 This authoritative handbook provides a definitive overview of the theory and practice of couple therapy Noted contributors many of whom developed the approaches they describe combine clear conceptual exposition with thorough descriptions of therapeutic techniques In addition to presenting major couple therapy models in step by step detail the book describes effective applications for particular populations and problems Chapters adhere closely to a uniform structure to facilitate study and comparison enhancing the book s utility as a reference and text See also Clinical Casebook of Couple Therapy also edited by Alan S Gurman which presents in depth illustrations of treatment Empowering Couples Duane R. Bidwell, 2013-02-01 Couples can make significant progress toward resolving their own problems when they receive appropriate guidance from a caring person This book outlines five tasks focused on identity agency and meaning that spiritual caregivers can use to empower couples for significant change in just three to five conversations This form of empowering guidance is a dimension of pastoral conversation rather than formal counseling Critically integrating desert spiritual theology with empirical data about successful marriages Bidwell advocates for mutuality and partnership within covenanted relationships which allows partners to create an alliance strong enough to resist the forces that threaten relationships especially the negative influences of criticism contempt defensiveness and withdrawal Doing Something Different Thorana S. Nelson, 2011-01-11 Many books on solution focused brief therapy provide histories overviews and uses of the approach Doing Something Different does not do any of those things Instead it provides those interested in the solution focused approach with a plethora of ideas for practice training and simply enjoying the solution focused approach and its practice in therapy consulting coaching and training It contains a varied and rich array of interventions training ideas uses with different populations and approaches and

resources written by contributors who represent many countries and viewpoints and who are well known in the training and practice of the solution focused approach Chapters are presented in simple language as befits the solution focused approach and complement the many serious and whimsical sections of the book which include practice and training ideas favorite quotes and stories outrageous moments in therapy and a list of solution focused songs Anyone who enjoys the approach in any manner should find something that grabs the interest and tickles the senses and sensibilities Readers will come away informed thoughtful and entertained Intimate Partner and Family Abuse John Hamel, LCSW, 2008-06-16 The collected case examples are noteworthy in their diversity of presenting issue treatment format and outcome As a whole they underline our continued need to conduct assessments with clients prior to initiating treatment to direct treatment toward identified client related problems in essence meeting clients where they are and to collect data that speaks to the effectiveness of our interventions in many settings and with many types of clients Jennifer Langhinrichsen Rohling PhD Professor of Psychology University of South Alabama Shows how to successfully conduct family interventions using case studies Includes male perpetrated female perpetrated and mutual violence scenarios Presents a variety of theoretical orientations Includes discussion questions after each case study This casebook showcases a wide variety of couples and families whose domestic violence cases vary in their composition ethnic and socioeconomic status and mental health issues The case authors outline different therapeutic approaches for each case including cognitive behavioral family systems feminist problem solving and many others Each account includes a thorough description of the assessment procedure treatment goals and reasons for selecting a particular approach and an account of the course of treatment The book is primarily intended for mental health professionals and graduate students in the fields of family therapy counseling and family violence but will also be of value to anyone in the field of family violence and those concerned with domestic violence public policy prevention and intervention

Family Therapy Roger Lowe, 2004-06-11 Family Therapy introduces practitioners to the principles of using a constructive approach with families Unlike more traditional approaches to family therapy the focus is on creating an atmosphere of safety inclusion and reflection in the therapy room and avoiding the tensions and conflict which often characterize family therapy sessions Handbook of Solution-Focused Brief Therapy Thorana S Nelson, Frank N Thomas, 2012-03-22 An invaluable guide to the history descriptions of practice strategies and applications of SFBT The Handbook of Solution Focused Brief Therapy is a unique comprehensive guide that assists clinicians regardless of experience level in learning and applying the concepts of Solution Focused Brief Therapy SFBT to particular situations with clients Noted experts discuss the therapy practices and various uses for the approach in detail which focuses on encouraging clients to look at exceptions times when the problem could have occurred and did not and goals and future possibilities A history of the practice model and its interventions is discussed along with limitations descriptions of practice strategies applications to specific client populations and clinical problems and concerns This useful resource also includes an illustrative case study

that uses the SFBT model The Handbook of Solution Focused Brief Therapy first lays a foundation of knowledge providing chapters on the crucial assumptions and practices history and epistemology behind the approach Further chapters use that basis to explain the application of the approach with several clinical issues and various populations including couples depression domestic violence schools children pastoral work therapist burnout and a few outside therapy room applications Other chapters focus on the important issues in therapist training and supervision Extensive references are provided at the end of each chapter Topics discussed in the Handbook of Solution Focused Brief Therapy include assumptions within the SFBT tradition history of the SFBT approach epistemology SFBT with couples depression domestic violence offenders public schools children and young people SFBT in faith based communities assessing and relieving burnout in mental health practice SFBT beyond the therapy room supervision of training possible limitations misunderstandings and misuses of SFBT a tribute to the late Steven de Shazer co founder of the SFBT approach The Handbook of Solution Focused Brief Therapy is an invaluable reference for all types of therapists including psychologists counselors social workers and family therapists at any level of experience including students trainees and experienced therapists Get A Hold Of Yourself Xolani Kacela, Ph.D., 2020-12-04 In these tumultuous times readers will appreciate author Xolani Kacela's Get a Hold of Yourself an enriching book for persons seeking spiritual renewal alignment and integration with their values and practices that enrich daily living Get a Hold of Yourself means using the spiritual gifts you possess and others unknown to you for creative living and engaging others who hold different beliefs values and spiritual convictions The book examines faith through the lenses of many religious and secular traditions Kacela's writing is intelligent and even paced but not preachy The book begins by defining faith and its implications for future oriented life choices Case studies explore the ways people grow from spiritual infancy to develop exemplary faith an unshakable hope coping strategy and the unrelenting conviction that the human spirit can transcend suffering and despair The author weaves contemporary spiritual practices with mysticism and guides the reader's perception and experience of transcendence in everyday life Readers will enjoy this excellent book be they religious or spiritual but not religious Narrative Therapy Martin Payne, 2006-03-03 Drawing on the ideas of Michael White and David Epston this fully revised extended and updated Second Edition incorporates the progression of their thinking over the past five years and introduces developments initiated by other narrative therapists worldwide New material has been added around counseling for post traumatic reactions couples conflict and a sense of personal failure The Failure of the State James Cornford, 2025-09-12 The Failure of the State 1975 examines the dilemmas faced by governments in the need to reconcile demands for local autonomy and for increased opportunities for citizens to contribute to the decisions which affect their lives at the same time as governments are held responsible for the general welfare of society and under pressure to exert the powers of central government on the behalf of varies groups This book looks at how these dilemmas have been perceived and debated in Europe East and West and what solutions have been proposed or attempted Clinical

Strategies for Becoming a Master Psychotherapist William O'Donohue, Nicholas A. Cummings, 2006-04-01 The best health practices are a synthesis of science and art Surgery is a case in point Although all competent surgeons follow scientific protocols the best surgeons are masters of the art of surgery and produce better outcomes e g smaller incisions lower mortality rates Psychotherapists are in exactly the same position Psychotherapy is both a science and an art There are excellent resources that convey information about empirically supported practices the science of psychotherapy However this scientific information is incomplete in two important ways It does not cover key matters that come up in psychotherapy e q building a therapeutic relationship resistance termination and it often does not fully cover the art of implementing these techniques the nuances the creative ways the problem solving strategies when difficulties arise This book is an attempt to have high profile expert master therapists discuss the art of handling these key issues Collaborative Cognitive Behavioral Intervention in Social Work Practice: A Workbook Jacqueline Corcoran, 2014-02-01 Collaborative Cognitive Behavioral Social Work Intervention A Workbook presents knowledge about behavioral and cognitive interventions in an easy to read manner Cognitive behavioral therapy CBT can be an empowering approach to change helping clients at the individual level learn how to take change painful feelings and harmful behaviors and manage their social environment by learning new skills An abundance of examples allows the reader to see the diverse range of applications cognitive behavioral interventions might have to social work as well as how to deliver CBT in a way that is respectful of client circumstances and works with people Solution-Focused Practice Guy Shennan, 2019-06-11 This textbook shows how any conversation directed collaboratively towards change can become a solution focused one whether in a planned series of sessions with individuals families groups or in the less structured contexts in which many helping professionals work Full of real life case examples and stimulating activities this will be an invaluable guide to anyone wanting to develop their skills in this empowering approach This textbook is a comprehensive and accessible guide for anyone who wishes to incorporate solution focused practice Originating in the world of talking therapies the adaptability and usability of solution focused practice is already used by many practitioners in health social care and educational settings New to this Edition Explores a more diverse range of examples than the previous edition Includes end of chapter summaries providing additional clarity on what s been covered Updated policy procedure and Solution Focused Team Coaching Kirsten Dierolf, Cristina Mühl, Carlo Perfetto, Rafal Szaniawski, 2023-11-21 legislation Solution Focused Team Coaching offers readers a simple practical and effective way to coach teams Its evidence based approach which has been applied successfully to many fields is presented in an engaging pragmatic and approachable way making this book a must read for anyone who wants to broaden their horizon within the team coaching space This book presents the background and philosophy of Solution Focused team coaching and then moves on to explore its practical application in various formats of team coaching with different audience dimensions. The reader will find a useful structure for team coaching processes as well as detailed descriptions for facilitating team coaching moves conventionally called

techniques or tools for both online and live settings With this book it is easy to plan a Solution Focused team coaching process from contract negotiation through workshop design to follow up and evaluation It covers difficult team situations such as conflicts and different forms of teams from shop floor to executive teams Agile teams and special formats of team coaching as well as how to facilitate larger teams Additionally readers who want to achieve certification and or accreditation will find it extremely useful to read about ICF EMCC and AC team coaching competencies and how Solution Focused team coaching is an easy way of embedding those competencies Solution Focused Team Coaching is a must for any coach from those who would like to learn a pragmatic impactful and easy way to move into team coaching to experienced team coaches who would like to learn a new approach and expand their skills and anybody interested in exploring the fascinating world of team coaching Clinical Handbook of Couple Therapy Alan S. Gurman, Jay L. Lebow, Douglas K. Snyder, 2015-06-02 This book has been replaced by Clinical Handbook of Couple Therapy Sixth Edition edited by Jay L Lebow and Douglas K Snyder ISBN 978 1 4625 5012 8 Culture and Identity Anita Jones Thomas, Sara E. Schwarzbaum, 2016-09-08 Culture and Identity by Anita Jones Thomas and Sara E Schwarzbaum engages students with autobiographical stories that show the intersections of culture as part of identity formation. The easy to read stories centered on such themes as race ethnicity gender class religion sexual orientation and disability tell the real life struggles with identity development life events family relationships and family history The Third Edition includes an expanded framework model that encompasses racial socialization oppression and resilience New discussions of timely topics include race and gender intersectionality microaggressions enculturation cultural homelessness risk of journey spirituality and wellness and APA guidelines for working with transgendered individuals Outdoor Recreation in the Northwest, a Public-private Partnership ,1974

Single Session Therapy Michael F. Hoyt,2024-07-09 Single Session Therapy A Clinical Introduction to Principles and Practices explores the best ways to use a Single Session Therapy SST mindset to better achieve therapeutic goals This text presents comprehensive ideas and methods on how to make a single session of therapy efficient and effective with individuals couples and families including those of various cultural backgrounds It emphasizes productive mindsets and includes the following topics concepts and methods multi theoretical approaches training various clinical problems and multicultural populations the latest research findings access and implementation Numerous clinical examples from different expert SST practitioners are presented and discussed throughout This book is an essential reference for professionals involved in brief therapy practice research and teaching \*\*Partners in Command\*\* Mark Perry,2007-05-10 A unique look at the complex relationship between two of America's foremost World War II leaders The first book ever to explore the relationship between George Marshall and Dwight Eisenhower Partners in Command eloquently tackles a subject that has eluded historians for years As Mark Perry charts the crucial impact of this duo on victory in World War II and later as they lay the foundation for triumph in the Cold War he shows us an unlikely complex collaboration at the heart of decades of successful American

foreign policy and shatters many of the myths that have evolved about these two great men and the issues that tested their alliance As exciting to read as it is vitally informative this work is a signal accomplishment **Essential Psychotherapies,**Third Edition Stanley B. Messer, Alan S. Gurman, 2011-08-17 This book has been replaced by Essential Psychotherapies Fourth Edition ISBN 978 1 4625 4084 6

#### Decoding **Recreating Partnership**: Revealing the Captivating Potential of Verbal Expression

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