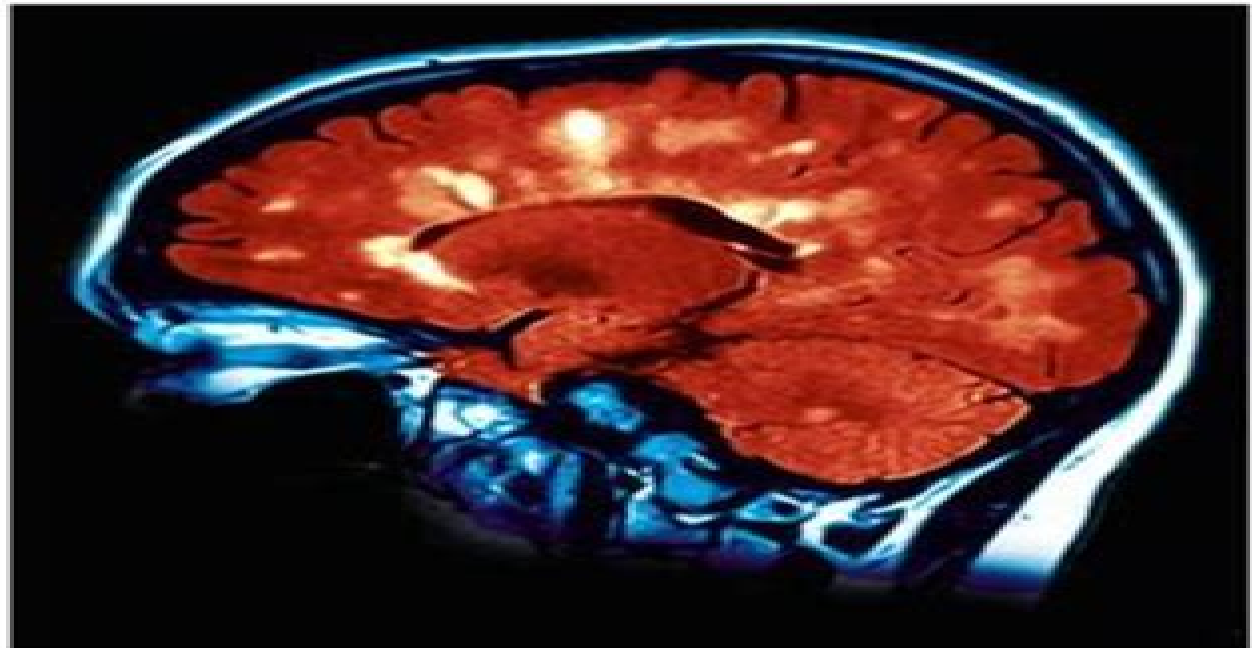


Fast Facts



# Fast Facts: Multiple Sclerosis

Mary Rensel and Orla Gray  
Fourth edition



HEALTH PRESS

# Multiple Sclerosis Fast Facts Series

**Stella E. Hughes, Gabrielle Macaron**



## **Multiple Sclerosis Fast Facts Series:**

**Fast Facts: Multiple Sclerosis** Mary Rensel, Orla Gray, 2016-08-29 Since the last edition of this book no evidence of disease activity NEDA has been proposed as a new treatment target early data on the first pharmacological treatments for progressive MS have emerged and the first remyelination trial has shown positive effects on nerve repair It is with this sense of optimism that the authors of Fast Facts Multiple Sclerosis have detailed the latest developments for use in clinical practice by all members of the multidisciplinary team including a concise overview of investigations and modern diagnostic criteria a holistic approach to all signs and symptoms and proactive relapse management the latest disease modifying drugs including when to treat choice of drug and risk versus benefit With case histories that will help to guide treatment decisions discussion of the special considerations for MS during pregnancy and in children and the elderly and a detailed outline of emerging therapies this book will benefit all healthcare professionals involved in the care of patients with this complex disease

**Fast Facts: Cognition in Multiple Sclerosis** Dawn Langdon, Carolyn Young, 2023-03-31 Difficulties with cognition are an assault on ourselves and our identities In the context of the unpredictable and often progressive course of multiple sclerosis MS reductions in information processing memory function and other mental faculties can be a heavy burden for people with MS PwMS Fast Facts Cognition in Multiple Sclerosis was written to support healthcare professionals HCPs working in MS clinics and other services Each chapter is designed to be read as a standalone text The authors aim with this book is to bring increased understanding and confidence to everyone facing the challenges of dealing with cognitive impairment linked to MS Table of Contents What do cognitive difficulties mean for people with MS and their caregiver partners MS cognitive difficulties and their impacts How do MS cognitive deficits relate to other variables Assessment strategies MS clinic management of cognition I healthcare professional information and action MS clinic management of cognition II people with MS engagement information and action Additional specialist input Difficult conversations Fast

Facts: Multiple Sclerosis Stella E. Hughes, Gabrielle Macaron, 2021-05-05 Multiple sclerosis MS is a leading cause of disability in young adults carrying a considerable individual and societal economic burden The development of disease modifying therapies and updates to diagnostic criteria are leading us into a new era for MS management both in the earliest disease phases and progressive MS In this completely revised fully updated edition of Fast Facts Multiple Sclerosis we present the most recent evidence on disease pathogenesis and all clinical aspects of the condition as well as the latest on disease modifying therapies and other potential treatments Given the need for multidisciplinary management of MS we have written this resource for the benefit of all health professionals involved in MS care **Fast Facts: Thyroid Disorders**

Gilbert H. Daniels, Colin M. Dayan, 2006-01-01 Abnormalities of thyroid function rival diabetes mellitus in terms of prevalence and can affect any system in the body In the UK and North America it is estimated that palpable thyroid nodules are present in 1 in 20 of the population and in the UK alone 20 000 tests are carried out each year in clinical chemistry laboratories Thus

all doctors can expect to encounter thyroid disease in one form or another Thyroid disorders are generally very responsive to treatment but there are traps for the unwary not least because of the frequent atypical presentations and the widespread prevalence of subclinical disease Fast Facts Thyroid Disorders is written by two leading experts of international standing who share a wealth of clinical and research experience The text which is comprehensively illustrated to make core clinical information easily accessible is a concise and practical guide for all who manage patients with these common conditions A concise guide to the recognition of thyroid disorders and the selection of appropriate thyroid function tests Provides expert advice on when to test when to treat and when to refer ensuring rapid initiation of appropriate therapy Highlights the particular challenges posed by thyroid disease during pregnancy Covers the management of thyroid eye conditions Sound dependable advice for the healthcare team and patient in coping with these common conditions Contents Glossary Introduction Thyroid physiology and function tests Hyperthyroidism etiology and presentation Hyperthyroidism diagnosis and management Hypothyroidism etiology and presentation Hypothyroidism diagnosis and management Pregnancy and the thyroid Thyroid nodules and thyroid cancer      **Fast Facts: Multiple Sclerosis** Stella E. Hughes, Gabrielle

Macaron, 2021-05-19 Multiple sclerosis MS is a leading cause of disability in young adults carrying a considerable individual and societal economic burden The development of disease modifying therapies and updates to diagnostic criteria are leading us into a new era for MS management both in the earliest disease phases and progressive MS In this completely revised fully updated edition of Fast Facts Multiple Sclerosis we present the most recent evidence on disease pathogenesis and all clinical aspects of the condition as well as the latest on disease modifying therapies and other potential treatments Given the need for multidisciplinary management of MS we have written this resource for the benefit of all health professionals involved in MS care Table of Contents Epidemiology and genetics Pathology The clinical picture Treatment of relapses and symptoms Disease modifying treatment Emerging therapies Special MS populations Lifestyle considerations and the multidisciplinary team Advanced MS      Fast Facts: Menopause David H. Barlow, Barry G. Wren, 2005-08-01 Fast Facts Menopause is a

concise handbook designed to provide an overview of menopausal and postmenopausal health issues and their management Although effective therapies for symptoms are available controversies surrounding some of the available treatments have made potential users wary In the second edition of this succinct and practical text two eminent specialists review in detail the causes and consequences of menopausal symptoms and the options available to women today The text is evidence based drawing on the results of the most recent research to provide general practitioners specialist nurses gynaecologists and other healthcare professionals with an increased understanding of the physiological and psychological effects of the menopause and to contribute to more effective management Contents Stages effects and implications Vasomotor function Osteoporosis Urogenital changes Neurological symptoms Sexuality Symptom management Types of hormone therapy Side effects of hormone therapy Endometrial bleeding with hormone therapy Risks of hormone therapy Tibolone Alternatives to

hormone therapy      **Fast Facts: Chronic and Cancer Pain** Michael J. Cousins, Rollin M. Gallagher, 2017-06-19 All health professionals regardless of specialty will care for patients with pain that has persisted for more than 6 months This fully updated fourth edition of Fast Facts Chronic and Cancer Pain written by two internationally renowned experts in the field is designed to bring busy health professionals up to speed with the latest information in this area including Easy to read overviews of pain mechanisms A practical approach to pain assessment Developments in stepped care and multimodal management The latest thinking on opioids With health services around the world responding to calls to improve the management of painful long term conditions develop preventive and cost effective solutions and respond to patient choice and voice this easy to read fact packed book is essential reading for all GPs nurses junior hospital doctors physical therapists clinical psychologists occupational therapists pharmacists medical specialists and medical students wanting and needing to know more Contents Definitions and mechanisms Assessment of pain Treatment options Trigeminal neuralgia Complex regional pain syndrome Diabetic and postherpetic neuropathic pain Central pain Persistent postsurgical pain Cancer pain Musculoskeletal pain Visceral pain Headache      *Multiple Sclerosis (Fast Facts)*. George D. Perkin,      Fast Facts: Psoriasis Alan Menter, Catherine Smith, Jonathan Barker, 2014-10-01 Psoriasis can no longer be considered a mere skin disease it is a spectrum of different conditions requiring a spectrum of different treatments Yet the systemic and psychosocial consequences of the condition often go unrecognized The fourth edition of this refreshingly readable handbook explores the potential to improve the quality of life of patients by reducing the range of comorbidities associated with psoriasis including arthritis cardiovascular disease and inflammatory bowel disease Fast Facts Psoriasis is packed with practical information on all aspects of this increasingly treatable disease including a concise review of the immunologic and genetic aspects of the disease a well illustrated guide to clinical presentation and differential diagnosis all management options from topical treatments to current and emerging receptor targeted therapies a commonsense approach to management by rotating and combining therapies a fully updated chapter on psoriatic arthritis Fast Facts Psoriasis is essential reading for the primary care team dermatology trainees and specialists in cardiology gastroenterology and rheumatology who want to learn all about psoriasis but have little time to spare Contents Epidemiology and pathophysiology Clinical presentation Differential diagnosis General management approach Topical Therapy Phototherapy and photochemotherapy Systemic therapy Receptor targeted biological therapies Psoriatic arthritis Future trends Useful resources      **Fast Facts: Schizophrenia** Shon W. Lewis, Robert W. Buchanan, 2015-11-09 Schizophrenia is a devastating disorder that starts in early life and can lead to lifelong disability It is a major public health challenge for all cultures and all countries Clinical practice must therefore focus on early intervention optimal treatment shared decision making and long term recovery By listening to patients experiences alongside the latest research we now know much more about what works say the authors of this fully updated fourth edition of Fast Facts Schizophrenia In this highly readable resource they cover the present state of knowledge about the neurobiology

diagnosis and treatment of schizophrenia including emerging evidence from genome wide association studies for multiple susceptibility genes DSM 5 diagnostic criteria plus discussion of alternative classification systems a comprehensive review of drug and non drug treatment strategies and how to improve adherence a new management principles chapter that emphasizes the importance of coordinated multidisciplinary care the latest findings of structural and functional imaging studies With good care delivered by knowledgeable compassionate health professionals many people will recover at least partially from their first episode of psychosis and live a fulfilling life Written from an international perspective Fast Facts Schizophrenia will refresh and update family physicians psychiatrists in training mental health nurses and medical students in fact all health professionals who need to know about the disorder and need to know it quickly Contents A brief history Symptoms and diagnosis Epidemiology risk factors and outcome Genetics Developmental theories and environmental factors Neuroanatomy and structural imaging Neuropsychology and functional imaging Neurochemistry Management principles Pharmacological treatment Psychosocial interventions and non drug treatment Early intervention and prevention Useful resources

**Fast Facts: Ophthalmology** Peter Simcock, Andre Burger, 2015-08-10 This fully updated new edition has been designed for ease and speed of use in clinical practice It will empower you with the knowledge to triage your patients into three main groups emergencies requiring immediate referral non emergencies requiring routine referral or those with treatable conditions Primarily intended for doctors optometrists ophthalmic nurses and other health professionals involved with eye care within the community this refreshingly readable handbook discusses the major ophthalmological symptoms in the context of daily clinical practice Contents Basic eye assessment history and examination Red eye Blurred vision Double vision Other important symptoms Gritty itchy or watery eyes Abnormal eye appearance and or eye examination Diabetes hypertension and systemic medications Eyelid disease Children s eye problems Eye trauma Useful resources

**Fast Facts: Benign Prostatic Hyperplasia** Roger S. Kirby, Peter J. Gilling, 2011-08-01 Most men with BPH can be diagnosed and managed in the primary care setting In choosing appropriate treatment clinicians must take into account not only the nature and severity of symptoms but also the preferences of the patient and his immediate family cost benefit considerations and long term effectiveness of therapy Written by two leading urologists Fast Facts Benign Prostatic Hyperplasia provides a refreshingly readable practical overview of the pathophysiology diagnosis and treatment of BPH including Use of DRE and PSA results to discriminate between prostate cancer and BPH An evidence based review of the latest medical therapies A concise overview of the surgical and minimally invasive treatment options When to refer to a urologist There is important work to do to raise awareness of men s health issues in general and the problem of BPH in particular Lower urinary tract symptoms are among the commonest reasons for a man to consult his doctor and this ever popular book the first 7th edition in the Fast Facts series remains a must read for all primary care providers Contents Pathophysiology Diagnosis Medical management Traditional surgical treatment options Minimally invasive treatment options Considerations in treatment

decisions Issues in BPH Useful resources

**Fast Facts: Celiac Disease** Geoffrey Holmes, Carlo Catassi, Alessio

Fasano, 2009-08-01 Remarkable progress has been made in our knowledge of celiac disease yet the diagnosis is often overlooked The practical challenge for healthcare professionals is to identify the disease and offer patients a gluten free diet that will restore most to full health and help to prevent further complications This comprehensively revised second edition of Fast Facts Celiac Disease written by three international experts considers Celiac disease in all its forms typical atypical silent potential and latent Gluten sensitivity genetic risk and predisposing physiological abnormalities The variable presentation of disease in both adults and children Associated immune disorders The puzzle of diagnosis solved by clinical serological histological and genetic investigation Troublesome and sometimes life threatening non malignant complications The close links between celiac disease and dermatitis herpetiformis The risk of malignancy its treatment and prognosis Management with a gluten free diet and the emotional and social implications of the diet Potential new therapies Highly readable with informative illustrations Fast Facts Celiac Disease provides an up to date account of this common yet easily missed condition It is an excellent clinical resource for the primary care team gastroenterologists in training and anyone who wants to know more about this challenging disease Contents Definition Epidemiology Pathophysiology Clinical manifestations Diagnosis Non malignant complications Dermatitis herpetiformis Malignant complications Management Future trends Useful resources

**Fast Facts: Bipolar Disorder**

Guy Goodwin, Gary Sachs, 2010-01-01 Fast Facts Bipolar Disorder is a highly accessible synopsis of current understanding of and strategies for bipolar disorder Written by two experts of international renown this fully updated second edition of the book describes the diagnosis etiology and short and long term treatment strategies for this historically neglected condition Bipolar disorder is no longer a rare disorder seen only by psychiatrists working with psychotic inpatients and this handbook provides an invaluable update on the topic to all those involved in the care of people with the condition primary care physicians psychiatrists therapists and specialist nurses The information may also prove useful to people with bipolar disorder and their families Contents Definitions diagnosis and comorbidity Etiology Epidemiology The patient's perspective Enhanced care Short term treatments Long term treatments The future Useful resources

**Fast Facts: Renal Disorders**

Ajay Singh, Jeremy Levy, Charles Pusey, 2013-06-01 Early detection of renal problems coupled with the appropriate therapeutic strategy can radically reduce the progressive nature of and complications associated with chronic kidney disease and in many instances will result in the successful treatment of acute kidney injury As many patients will not be seen by nephrologists it is essential that all healthcare professionals in hospitals and in the community have an awareness of renal disease the presenting signs differential diagnoses treatment strategies and approach to the management of complications Fast Facts Renal Disorders is an easy to read evidence based guide to renal diseases and disorders for all doctors nurses and medical students It includes A clear explanation of proteinuria hematuria electrolyte imbalances and acid base disorders A concise summary of kidney function tests imaging techniques and biopsy Important

questions for prompt diagnosis of acute kidney injury Management options for chronic kidney disease and its complications Practical guidance on the most common renal problems including glomerulonephritis systemic disease UTIs and kidney stones Written by three specialists of international repute Fast Facts Renal Disorders provides the key information required for the optimal care of renal patients This fully updated second edition will help healthcare professionals assess identify treat and refer patients with renal problems appropriately Directly applicable to the clinical setting it is essential reading for all primary care providers junior hospital doctors specialist trainees renal nurses and medical students Contents Proteinuria hematuria and renal investigations Electrolyte disturbances and acid base disorders Acute kidney injury Chronic kidney disease Hypertension and diabetic nephropathy Glomerulonephritis Systemic disease Inherited kidney disease Urinary tract infection Kidney stones Urinary tract obstruction and tumors Renal replacement therapy and transplantation [Australian Family Physician](#) ,2006 [Fast Facts: Anxiety, Panic and Phobias](#) Malcolm H. Lader,Thomas W. Uhde,2006-05-01 It is estimated that over 25% of the population suffer from some degree of anxiety disorder and that this figure is on the increase Every member of the primary healthcare team will see these disorders regularly and needs to be able to make the correct diagnosis swiftly and offer the appropriate level of care and support This new edition fully revised and updated offers expert guidance on the diagnosis of the most commonly presenting disorders and covers all therapeutic strategies including the latest drug treatments Expert advice from two of the world s leading specialists Covers both the psychiatric and psychopharmacological approaches to treatment Includes all major presenting disorders including post traumatic stress disorder and obsessive compulsive disorder Contents Definitions Pathophysiology of anxiety Prevalence Clinical features General management Psychological treatment Pharmacological treatment Future trends Useful resources [Fast Facts](#) David Rampton,Fergus Shanahan,2006 Ulcerative colitis and Crohn s disease referred to collectively as inflammatory bowel disease IBD are chronic debilitating disorders IBD particularly Crohn s disease is increasing everywhere most notably in the Western world where about 1 in 200 people now has the condition This highly readable zippy fifth edition of Fast Facts Inflammatory Bowel Disease provides succinct yet thorough information that will aid early recognition of these disorders and their complications alongside practical holistic management advice From product description [The Key Facts on Depression](#) Patrick W. Nee,2013-07-30 The Key Facts on Depression offers readers insight into the background and nature of the debilitating disease Whether you are looking for resources to treat your own depression or information to help a loved one this guide to depression provides key facts on the causes symptoms and treatment of depression in women men teens and the elderly Written in an easy to read question and answer based format anyone can find the answers to their questions regarding depression and can learn how to cope with the disease [Fast Facts: Brain Tumors](#) Lauren E. Abrey,Warren P. Mason,2011-01-01 Despite the availability of many effective treatments there remains a therapeutic nihilism associated with brain tumors This highly readable second edition of Fast Facts Brain Tumors challenges this view starting from the premise



that patients with brain tumors can truly benefit from a thoughtful multidisciplinary approach This comprehensive handbook covers all the salient features of the various brain tumors and treatment modalities in a way that will be useful to the practicing clinician Advances in radiology and pathology that have led to more precise and detailed diagnoses Developments in molecular biology and imaging techniques that have improved available diagnostic modalities New neurosurgical techniques that have enabled operations on tumors that were previously considered inoperable Novel delivery systems that allow various treatments to reach tumors that are otherwise protected by the blood brain barrier This fully updated edition of Fast Facts Brain Tumors bridges the gap between primary care providers whose role is pivotal in tumor detection and subsequent patient care and first level specialists such as general neurologists and neurosurgeons Its key message is that selection of the best initial approach for an individual patient will result in the best overall outcome both in terms of survival and quality of life Fast Facts Brain Tumors is specifically for the primary care physician whose role is pivotal in tumor detection and subsequent patient care Contents Classification and epidemiology Diagnosis Treatment Brain metastases Gliomas Meningiomas Neuronal tumors Pineal region tumors Skull base tumors Primary central nervous system lymphoma Brain tumor syndromes and tumor like cysts Geriatric neuro oncology Useful resources

Multiple Sclerosis Fast Facts Series: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous captivating novels captivating the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the captivating narratives that have captivated audiences this year. The Must-Read : Colleen Hoover "It Ends with Us" This touching tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Multiple Sclerosis Fast Facts Series : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and suspenseful novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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