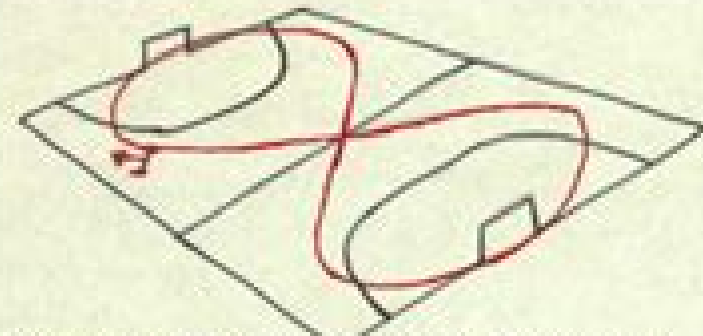
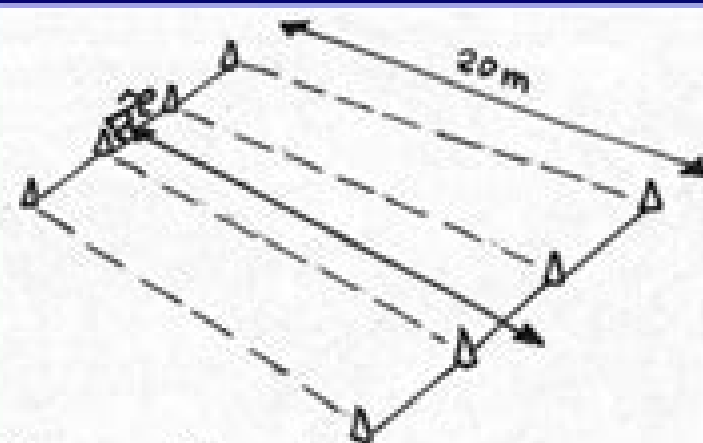


Resistencia

- **Test de Cooper:** metros recorridos en carrera continua durante 12 minutos al ritmo más rápido posible.
- **Course-Navette:** carrera a ritmo progresivo. Ida y vuelta sin curvas, de 20 metros a ritmo marcado por una grabación. Alcanzar el mayor número de periodos posible.
- **Consumo máximo de oxígeno (VO₂ max):** calculado indirectamente a partir de las pruebas anteriores.



Circuito de 100 metros (Cooper)



Course - Navette

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C Cleary



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Críticas ,2001 *Routledge Spanish Technical Dictionary* *Diccionario técnico inglés* 0 Routledge,2024-11-01 These 2 volumes consist of some 100 000 headwords in both Spanish and English including 3 000 abbreviations Terms are drawn from the whole range of modern applied science and technical terminology These volumes can be purchased either separately or together in print Each volume is compiled by an international team of subject terminologists native English and Spanish speakers Special attention is given to differences between UK and US terminology and to Spanish and Latin American variants Over 70 subject areas are covered Estos 2 volúmenes constan de unos 100 000 lemas tanto en español como en inglés incluidas 3 000 abreviaturas Los términos se extraen de toda la gama de terminología técnica y científica aplicada moderna Estos volúmenes se pueden comprar por separado o juntos en forma impresa Cada volumen es compilado por un equipo internacional de terminólogos hablantes nativos de inglés y español Se presta especial atención a las diferencias entre la terminología del Reino Unido y Estados Unidos y a las variantes española y latinoamericana Se cubren más de 70 áreas temáticas *Routledge Diccionario Técnico Inglés* Routledge,1997 First Published in 1997 Routledge is an imprint of Taylor Francis an informa company *1970 Census of Population and Housing* ,1971 **Routledge Spanish Dictionary of Telecommunications** **Diccionario Inglés de Telecomunicaciones** Emilio G. Muniz Castro,2024-11-01 This dictionary consists of some 25 000 terms and references in both Spanish and English drawn from all the major areas in the field of Telecommunications It includes comprehensive labelling of subject areas detailed abbreviation entries including cross reference links to full forms full British and American English coverage of lexical and spelling variants presented in clear layout and typography Este diccionario consta de unos 25 000 términos y referencias tanto en español como en inglés procedentes de las principales áreas del campo de las Telecomunicaciones Incluye etiquetado completo de áreas temáticas entradas de abreviaturas detalladas que incluyen enlaces de referencia cruzada a formularios completos cobertura completa en inglés británico y americano de variantes léxicas y ortográficas presentadas en un diseño y tipografía claros *The Philosopher's Index* ,2009 Vols for 1969 include a section of abstracts **1970 Census of Population and Housing** United States. Bureau of the Census,1971 *Diccionario de siderurgia* César Alas,Rafael Pérez Lorenzo,2003 El presente diccionario va dirigido a profesionales de la siderurgia a traductores y a estudiantes e investigadores que manejan literatura referente a las distintas operaciones y procesos que constituyen esa rama de la producción industrial **1970 Census of Population and Housing : Census Tracts : Mayagüez, P.R., Standard Metropolitan Statistical Area** ,1972 **Diccionario técnico** Federico Beigbeder Atienza,2006 Más de 100 000 entradas Glosario de siglas y abreviaturas Actualización a 2006 El vocabulario técnico de dos mundos en sus manos Ante la excelente acogida que ha obtenido la primera edición del Diccionario Técnico bilingüe del ingeniero y lexicógrafo Federico Beigbeder presentamos esta segunda edición ampliada y actualizada compuesta por una cuidada selección de nuestra extensa base de datos léxicos que conforman

el gran Diccionario Político de las lenguas española e inglesa editado por Ediciones Díaz de Santos en los sectores que más aplicación tienen actualmente en la tecnología y el comercio suministrando soluciones directas precisas y eficaces a los problemas de terminología bilingüe La obra abarca un amplio y multifacético repertorio científico de una extensa gama de campos y sectores incluidas las nuevas tecnologías que han invadido todos los ámbitos del saber y del conocimiento humano

Elsevier Diccionario de Tecnología Arthur E. Thomann, 1990 Contains more than 250 000 English terms with their Spanish equivalents It is especially strong in terms in the fields of mechanics electricity engineering metallurgy welding construction mining geology and electronics but also includes many terms from related fields such as business legal labor management transportation finance etc It indicates in most cases the field for the term and includes grammatical indications such as parts of speech and gender It also includes many adjectives omitted by many dictionaries with their different gender endings Prepared basically for translators and interpreters Annotation c 2003 Book News Inc Portland OR booknews com

1990 *Tolerancia*, 2006 **Tolerancia**, 2010 **Tolerancia**, 2010 *De la tolerancia* Carlos Thiebaut, 1999

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web 140g plain flour 100g soft fresh white breadcrumbs 100g light muscovado sugar crumbled if it looks lumpy 3 large eggs 2 tbsp brandy or cognac plus extra to light the pudding 250g packet butter taken straight from the fridge for the brandy and ginger butter 175g unsalted butter softened grated zest of half an orange 5 tbsp icing sugar

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web ingredients yields 8 10 servings metric cups 150 grams currants 150 grams sultanas 150 grams roughly chopped prunes

175 millilitres pedro ximenez sherry 100 grams plain flour 125 grams fresh breadcrumbs 150 grams suet 150 grams dark

brown muscovado sugar 1 teaspoon ground cinnamon ¼ teaspoon ground cloves