

DEPRESSION VS. MANIC DEPRESSION

Depression

Don't experience manic "high" episodes

Tend to experience ongoing low moods and suffer from extreme sadness, loss of motivation and low energy for a period of time, normally not interrupted by common symptoms of mania

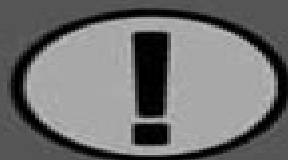
More common, affecting 6%–7% of the U.S. population

Manic Depression

Experience manic high episodes.

Extreme happiness/excitement, hallucinating and becoming overly energized occur

Less common, affecting about 2.6% of U.S. adult population



Irritability



Aggression



Suicidal thoughts



Changes in body sensations, sleep and appetite

Manic Depression

Rachael Rothman-Kerr



Manic Depression:

Bipolar Disorder Rachael Rothman-Kerr, 2018-12-15 Bipolar disorder causes extreme behavioral and mood swings These changes from the highs known as mania to the lows of depression are the reasons why it was often called manic depression in the past Readers discover this and other essential information about this disorder as they explore its symptoms causes and treatments Through detailed sidebars quotes from experts and full color photographs readers gain a deeper understanding of bipolar disorder as well as how to support loved ones who face its unique challenges Readers are given the tools to confront the stigma around bipolar disorder with knowledge and empathy Surviving Manic Depression E Fuller Torrey, Michael B Knable, 2009-03-05 Surviving Manic Depression is the most authoritative book on this disorder which affects more than two million people in the U S alone Based on the latest research it provides detailed coverage of every aspect of manic depression from understanding its causes and treatments to choosing doctors and managing relapses with guidance drawn from the latest scientific information Drs Torrey and Knable provide thorough up to date coverage of all aspects of the disease including a detailed description of symptoms with many direct descriptions from patients themselves risk factors onset and cause medications including drugs still in the testing stage psychotherapy and rehabilitation as well as information about how the disease affects children and adolescents Here too are discussions of special problems related to manic depression including alcohol and drug abuse violent behavior medication noncompliance suicide sex AIDS and confidentiality Surviving Manic Depression also includes special features such as a listing of selected websites books videotapes and other resources

Manic Depression Lichtenstein Creative Media, 1992-10 The first major documentary to feature those with manic depressive illness telling their own stories in their own words It features nine people with the illness including a fortune 500 executive a nurse a therapist Patty Duke herself describing their efforts to stabilize the disorder s effect on their lives Also features leading mental health experts advocates Winner of eight broadcasting mental health awards Includes transcript educational material written in conjunction with the National Institute of Mental Health **Bipolar Disorder Demystified** Lana R. Castle, 2003-01 Offers a guide to the nature of bipolar disorder discussing symptoms treatment and the factors that complicate its diagnosis *Bipolar Disorder* Kostas N. Fountoulakis, 2014-12-02 This book examines in detail the diagnostic approach to manic depressive bipolar illness with special reference to the borderline zones with unipolar depression and schizoaffective disorder Among other diagnostic issues considered are mixed episodes often misdiagnosed by psychiatrists rapid cycling and the confusion with personality disorders Within the context of diagnosis and understanding of the dynamics of bipolar disorder temperament character and personality are all extensively discussed Neurocognitive deficit and disability are covered as are elements of evolutionary biology and behavior With regard to treatment the major focus is on evidence based therapy with reference to the results of randomized controlled trials and meta analyses in addition contemporary guidelines and future trends are examined Careful consideration is also given to the psychosocial treatment approach and

issues relating to societal and economic costs and burdens Managing Manic Depressive Disorders Ved P. Varma,1997

The reasons for the onset of manic depression are considered in order to further understand and assist treatment by increasing knowledge of how manic depressives actually feel Particular difficulties in treatment are addressed such as unresponsiveness and the problem of the manic high from which the patient may not want to recover **Bipolar Disorder**

Francis Mark Mondimore,2014-02-21 For persons with bipolar disorder and their families here is a comprehensive practical compassionate guide to the symptoms diagnosis and treatment 22 illustrations The Bipolar Advantage Tom Wootton,2005-10 Based on Wootton s Bipolar in Order Seminar that he has developed over the past two years this book focuses on the positive approach to the bipolar condition It is about coming to an acceptance of oneself while striving to become a better person Manic-Depressive Illness Frederick K. Goodwin,Kay Redfield Jamison,2007-03-22 The revolution in psychiatry that began in earnest in the 1960s led to dramatic advances in the understanding and treatment of manic depressive illness Hailed as the most outstanding book in the biomedical sciences when it was originally published in 1990 Manic Depressive Illness was the first to survey this massive body of evidence comprehensively and to assess its meaning for both clinician and scientist It also vividly portrayed the experience of manic depressive illness from the perspective of patients their doctors and researchers Encompassing an understanding about the illness as Kraeplin conceived of it about its cyclical course and about the essential unity of its bipolar and recurrent unipolar forms the book has become the definitive work on the topic revered by both specialists and nonspecialists alike Now in this magnificent second edition Drs Frederick Goodwin and Kay Redfield Jamison bring their unique contribution to mental health science into the 21st century In collaboration with a team of other leading scientists a collaboration designed to preserve the unified voice of the two authors they exhaustively review the biological and genetic literature that has dominated the field in recent years and incorporate cutting edge research conducted since publication of the first edition They also update their surveys of psychological and epidemiological evidence as well as that pertaining to diagnostic issues course and outcome and they offer practical guidelines for differential diagnosis and clinical management The medical treatment of manic and depressive episodes is described strategies for preventing future episodes are given in detail and psychotherapeutic issues common in this illness are considered Special emphasis is given to fostering compliance with medication regimens and treating patients who abuse drugs and alcohol or who pose a risk of suicide This book unique in the way that it retains the distinct perspective of its authors while assuring the maximum in depth coverage of a vastly expanded base of scientific knowledge will be a valuable and necessary addition to the libraries of psychiatrists and other physicians psychologists clinical social workers neuroscientists pharmacologists and the patients and families who live with manic depressive illness Orange Coast Magazine ,1989-08 Orange Coast Magazine is the oldest continuously published lifestyle magazine in the region bringing together Orange County s most affluent coastal communities through smart fun and timely editorial content as well as

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