

"Sing it from the rooftops! Finally, a book about us—our intensity, our new beginnings, our love lives, our money. *Red Hot Mamas* is a gift for every woman who has ever been or ever plans to be 50."
—Monica McGoldrick, M.S.W., author of *Women in Families*

RED HOT MAMAS

COMING
INTO
OUR OWN
AT
FIFTY

COLETTE DOWLING

AUTHOR OF
THE CINDERELLA COMPLEX

Red Hot Mamas Coming Into Our Own At Fifty

Colette Dowling



Red Hot Mamas Coming Into Our Own At Fifty:

Red Hot Mamas Colette Dowling, 1997-02-03 Colette Dowling's uplifting book celebrates the myriad possibilities for women who are now turning 50. Red hot mamas are the dozens of women, some famous, some not, who are defying stereotypes to discover renewed power and vitality at midlife. In honest empowering language, the women share with readers their energetic approaches to menopause, career changes, family life, and intimacy. **Red Hot Mamas** Colette Dowling, 2011-06-22

Colette Dowling's uplifting book celebrates the myriad possibilities for women who are now turning 50. Red hot mamas are the dozens of women, some famous, some not, who are defying stereotypes to discover renewed power and vitality at midlife. In honest empowering language, the women share with readers their energetic approaches to menopause, career changes, family life, and intimacy. **Granny @ Work** Karen E. Riggs, 2004 First Published in 2004 Routledge is an imprint of Taylor Francis, an informa company.

Women's Sexuality Across the Life Span Judith C. Daniluk, 2003-06-09 Moving beyond a traditional focus on sexual functioning, this book emphasizes the complex interaction of psychological, social, cultural, and biological influences on women's sense of themselves as sexual beings. Written for practitioners and educators, its goal is to challenge contradictory messages and meanings that cause many women to feel disconnected from their bodies and from their needs and desires. Themes explored include the development of sexual awareness and sexuality in childhood and adolescence, the critical sexual choices of young adulthood, and the multiple transitions characterizing the middle and later years of life. The book features creative exercises and interventions to help girls and women construct more affirming sexual meanings. **Age Becomes Us** Leni Marshall, 2015-06-30

In lively accessible prose, this book expands the reach and depth of age studies. A review of age studies methods in theory, literature, and practice leads readers to see how their own intersectional identities shape their beliefs about age, aging, and old age. This study asks readers to interrogate the texts of menopause self-help books, on aging, and foundational age studies works. In addition to the study of these nonfiction texts, the poetry and prose of Doris Lessing, Lucille Clifton, and Louise Erdrich serve as vehicles for exploring how age relations work, including how they invoke readers into kinships of reciprocal care as othermothers, otherdaughters, and otherelders. The literary chapters examine how gifted storytellers provide enactments, portrayals, and metaphorical uses of age to create transformative potential. **Lesbian Family Life, Like the Fingers of a Hand** Valory Mitchell, 2013-09-13

In this book, an array of approaches, first-person, and theoretical accounts, clinical understandings, qualitative and quantitative research are brought to bear on controversial or under-discussed topics in lesbian family life. From conception all the way to care for elderly parents, this book takes a fresh look at lesbian family relationships. Topics include butch/femme couples, infidelity, the psychological meaning of family for lesbians, age-discrepant couples, lesbian nuns as family, Listservs as family, intentional family for aging women, women raising sons, mothers who come out late in life, mothers and children in situations of domestic violence, lack of support for lesbian domestic violence survivors, death of a partner, psychological issues in the use of sperm.

donors or surrogates and middle aged lesbians caring for homophobic elderly parents Some authors use self psychology and Jungian psychology to describe aspects of family life The richness and diversity of topics makes it a text on lesbian lives Therapists and academics from throughout the U S have contributed to this collection Many lesbian women as well as teachers it can be a text and mental health professionals who work with children families couples and elderly will find useful material here This book was published as a special issue of the Journal of Lesbian Studies

Making Sense of Women's Lives , Lauri Umansky, Michele Plott, 2000-08-01 Making Sense of Women's Lives presents a wide range of writings about women's lives in the United States Michele Plott and Lauri Umansky have drawn on their experiences as both students and professors to assemble the collection Seeking to provide as full a sampling from a diverse and intellectually vibrant field as one volume permits the editors have also chosen writing that makes an enjoyable read A few of the selections here represent the undisputed classics of the field More of them constitute simply the works drawn from academic and nonacademic sources alike that could make a difference in understanding what it means to be female in America Making Sense of Women's Lives is intended as the primary text in Women's Studies courses With that usage in mind Plott and Umansky have provided brief introductions to each article to help students understand the author's perspectives Thought and discussion questions follow each selection The book contains as well numerous Flash Exercises suggestions for class exercises and activities The editors have used these activities in their courses over the past decade in conjunction with readings in this volume and have found that the full complement of materials coalesces into an intellectually powerful introduction to Women's Studies A Collegiate Press book

The Book of Friendship Ariel Books, 2002-01-18 Next to family and often instead of them friends are the people who keep the world turning round and the sun in the sky The Book of Friendship is a tribute to these special individuals The perfect gift for cherished friends this book combines intimate quotes favorite stories and excerpts from poems and novels with classic nostalgic artwork capturing the magic of these special relationships Letters legends anecdotes and even friend comforting recipes make this an especially appropriate gift book for women

Handbook of Stressful Transitions Across the Lifespan Thomas W. Miller, 2009-11-28 This volume provides a unique and valuable contribution to our understanding of the impact of stressful life events and mass trauma on the person the culture and society in the course of the life span It provides a comprehensive look at our psychological state of affairs at the beginning of the twenty first century There are several volumes that address some or most of these areas individually but this volume is unique in that it has brought together theoreticians researchers and clinicians who address critical challenges in our lives But we are now several months into the global financial crisis requiring a transition not only for the western world but for the third world How on earth do families in trauma zones from Sri Lanka to Afghanistan New Orleans to Gaza cope with similar declining older relatives with added traumas and zero medical resources attempt to survive In news reports politicians and financiers denying the inevitable and struggling for solutions that cannot be relevant to the new reality that they have yet to discover

Women Confronting Retirement Nan Bauer Maglin, Alice Radosh, 2003 In this nontraditional guide the editors showcase the voices of 38 women as they confront the need to redefine who they are when they leave the workplace behind them 34 photos

Reconstruction of Social Work Through Personalisation Felix. U. A Ugwumadu, 2011-03-15 The growing older people population and their increasing needs for care is now presenting significant difficulties to both national government and local authorities because of constriction of formal caregivers and family units Inevitably a change of this magnitude within the complex system in which older people services operate everywhere attracts a range of responses from the very enthusiastic to the very dismissive and hostile response Thus family directed support care system would provide the possibilities to bridge the gaps within health and social care and the delivery of personalisation for later care for older people in their own home Older people is no longer interested to be cared in an institutional settings but wish their care to be provided by those they know well and who are familiar with their needs and standards they are used to

Changing Course Yitta Halberstam, Yitta H Mandelbaum, 2004-08-06 Perimenopause Menopause Midlife For the women in Changing Course these words imply much more than something to get through or even as a silent passage it s a time for great self reflection exciting adventures and new beginnings Compiled by Yitta Halberstam the author of the multimillion selling Small Miracles series Changing Course delivers an entirely new message about menopause and midlife This superlative work features sixty rich stories from women of diverse backgrounds and experience that capture the laughter and joyous tears of this important time in a woman s life This compelling work is divided into four sections Don t Look Back women who find that they must let go of the past Starting the Voyage women who are experiencing the symptoms of perimenopause or menopause The Meditative Journey women who share their epiphanies on aging New Directions New Beginnings women who have shown great courage as they look to the future

Secrets of the Superyoung David Joseph Weeks, Jamie James, 1998 From the authors of Eccentric comes a study of age defying people the world over with lessons on ways to look and feel younger than your years You attend your twenty fifth class reunion and almost everyone looks a bit older rounder and more wrinkled But then there are a few enviable exceptions who are smooth skinned lithe and bright eyed Who are they and what makes them look so much younger than their chronological age According to Dr David Weeks who is drawing on eighteen years of scientific research they are the superyoung men and women who on average appear to be ten years younger than their actual age In addition to looking youthful these phenomenons share a host of similarities including enjoying better sex lives traveling more and watching less television than the rest of us More than just a thorough examination of this desirable group Secrets of the Superyoung offers a prescriptive lesson with tips on improving memory fitness and diet With case studies quizzes and exclusive interviews with celebrity superyoung like Ben Bradlee Angela Lansbury and Jack LaLanne Dr David Weeks provides a

Red Hot Mama Lauren Rebecca Sklaroff, 2018-04-02 The First Lady of Show Business and the Last of the Red Hot Mamas Sophie Tucker was a star in vaudeville radio film and television A gutsy song belting stage performer she

entertained audiences for sixty years and inspired a host of younger women including Judy Garland Carol Channing and Bette Midler Tucker was a woman who defied traditional expectations and achieved success on her own terms becoming the first female president of the American Federation of Actors and winning many other honors usually bestowed on men Dedicated to social justice she advocated for African Americans in the entertainment industry and cultivated friendships with leading black activists and performers Tucker was also one of the most generous philanthropists in show business raising over four million dollars for the religious and racial causes she held dear Drawing from the hundreds of scrapbooks Tucker compiled *Red Hot Mama* presents a compelling biography of this larger than life performer Lauren Rebecca Sklaroff tells an engrossing story of how a daughter of Russian Jewish immigrants set her sights on becoming one of the most formidable women in show business and achieved her version of the American dream More than most of her contemporaries Tucker understood how to keep her act fresh to change branding when audiences grew tired and most importantly how to connect with her fans the press and entertainment moguls Both deservedly famous and unjustly forgotten today Tucker stands out as an exemplar of the immigrant experience and a trailblazer for women in the entertainment industry

FARKLI AİLE YAŞANTILARI VE EBEVEYNLİK SÜREÇLERİ (Disiplinler Arası Yaklaşım ve Örnek Vaka Sunumlarıyla) Ayça Saraç,Aygül Nalbant,Bilge Abukan,Çiçek Nilsu Varlıklar Demirkazık,Elmas Akın Altıncı,Emel Genç,Emine İnan,Esin Zengin Taş,Esra Çalık Var,Fatma Bıyık Sarı,Fatma Peker,Gülsüm Çamur,Hatice Demirbaş,Hatice Öztürk,İ. Mahmut Ceyhan,İlkiz Altınoğlu Dikmeer,Merve Deniz Pak Güre,Muhammed Seyid Raşid Bağçivan,Sibel Arslan,Şükran Kolay Çepni,Tuğba Görgülü, Ailenin ne oldu u ve nas l yap land k lt rden k lt re farkl l k g sterdi i gibi zaman i inde de de i im g stermektedir G n m zde art k bir ok farkl aile ya ant lar ve zelliklerinden bahsetmeye ba lad k Bu ailelerin zelliklerini ve bu zelliklerin onlar n ebeveynlik s re lerine olan yans malar n anlamak bu alanda al an uzmanlar i in de nem arz etmektedir Bu kitapta evlat edinen aileler koruyucu aileler psikopatoloji bar nd ran aileler ya l aileler ileri d nemdeki aileler tek ebeveynli aileler vey aileler geni aileler ba ml birey lerin bulundu u aileler g men aileler m lteci aileler ift kariyerli aileler asker gazi aileler LGBT aileler zel gereksinimli ocuklar n aileleri yoksul aileler nadir hastal olan ailelere yer verilmi tir Kitapta on alt farkl aile ya ant s ve bu ailelerde ya ayan ocuklar n zellikleri kar la lan sorunlar bu sorunlar n aile sistemine ve ebeveynlik s re lerine yans malar bu aileler i in uygulanan m dahale yakla mlar uzmanlara neriler ve rnek vaka sunumlar yer almaktad r Bu kitap ailelerle al an uzmanlar i in kaynak bir eser olmakla birlikte psikoloji psikolojik dan ma ve rehberlik sosyal hizmetler ve ocuk geli imi lisans derslerinde ve aile dan manl e itimi alan nda da kaynak olarak kullan labilir

Research Handbook on the Sociology of Gender Gayle Kaufman,Michael Stambolis-Ruhstorfer,Steven Roberts,Brittany Ralph,2024-09-06 This extensive Research Handbook surveys historical and contemporary patterns within research on the sociology of gender It clarifies key definitions and examines influential factors such as race age and occupation

HIV/AIDS and Older Adults Charles A. Emlet, MSW, PhD,2004-03-31 This volume focuses on the ways in which HIV AIDS can affect older adults The chapters in this book discuss

the variety of HIV AIDS problems that we face at the individual family and community levels Topics examined include demographics and epidemiological aspects of HIV disease with this population prevention of HIV disease issues impacting individuals in a medical psychological and social context and service needs Originally published as a special issue of the Journal of Mental Health and Aging the volume contains new chapters on demographics HIV prevention and education and effective coalition building among systems of care Contributors include Diane Zablotsky Michael Kennedy Janice Nichols and Timothy Heckman among others For Further Information Please Click Here

Du corps des femmes Sylvie Frigon, Michèle Kérisit, 2000-01-01 Peint et chant voil ou d voil us et abus le corps f minin est depuis toujours au centre de la cr ation artistique occidentale Qu en est il cependant de sa place dans les sciences sociales Comment le corps des femmes a t il t pens et repr sent en sociologie en criminologie en travail social ou en g rontologie par exemple Cet ouvrage collectif a pour premier objectif d amorcer ce travail critique en d busquant les logiques patriarcales qui dominent les discours savants d velopp s dans les diff rentes disciplines des sciences sociales et mettant en sc ne le corps des femmes Ce faisant il montre galement comment se sont historiquement construites et se construisent encore des repr sentations de corps de femmes ill gitimes ou transgresseurs ou dangereux Le second objectif de cet ouvrage est de repenser cette image en mettant en lumi re les multiples fa ons que les femmes peuvent utiliser pour subvertir ces repr sentations dominantes et pour se poser comme sujets tant dans l laboration des savoirs que dans la sph re du politique Publi en fran ais

The Time of Our Lives Marcia Tucker, Anne Ellegood, 1999 The fastest growing age group in America is those over 65 and accordingly there has been a recent upsurge in interest into how aging is perceived and represented The Time of Our Lives considers the depiction of aging within visual media How do stereo types in the conceptualization of age particularly the invisibility and infantilization of the elderly affect us The book also explores how medical research and new technologies are changing our ideas about aging longevity and reproduction and the cultural quest for the fountain of youth as evidenced through increasingly prevalent anti aging products and cosmetic surgery

The Big Five-Oh! William Geist, 1998-08-19 Bill Geist s hilarious book describes his personal struggle with the awful aging process and with the monumental milestone called the Big Five Oh From the trauma of receiving an application to join the AARP to the realization that he can t really see the menu hear the waiter or remember the specials Geist catalogs the discontents large and small of those approaching and passing fifty He lies about his age shops for a Harley buys an Ab Roller receives liposuction counseling finds himself the oldest guy at a rock concert catches himself paying attention to a Depends commercial buys relaxed fit jeans falls asleep at a party wakes up from a nightmare about college tuition and damn near buys a Cadillac

Red Hot Mamas Coming Into Our Own At Fifty Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Red Hot Mamas Coming Into Our Own At Fifty**," published by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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