

Reclaiming The Body In Christian Spirituality

Diane J. Chandler

Reclaiming The Body In Christian Spirituality:

Reclaiming the Body in Christian Spirituality Thomas Ryan, 2004 This small spirited book a collection of reflections contributed primarily by the participants of a retreat and edited by its sponsor an authority on spirituality examines the role of the human body in the Christian spiritual life It asks us to recover a conviction of the goodness of our bodies and how God created us so that we can reclaim a positive healthy attitude toward our individual bodies toward the social body the community around us including the Church the earthbody the body of the natural world and become spiritually whole Fr Thomas Ryan as editor and contributor leads with an introduction reflections on the positive aspects of the human body and the modalities of body expression in the Christian and non Christian Muslim Hindu Buddhist Jewish Eastern Orthodox traditions meditation prayer yoga exercise and rest sex fasting and feasting silence and solitude and acts of corporal mercy He is followed by James Wiseman James Dickerson Casey Rock and James Hall with a short overview of historical Christian attitudes toward the body the benefits of yoga and Kripalu philosophy for Christians and the ways of integrating personal spiritual practices with political social and environmental justice through mission groups Manna Inc L Arche and wilderness groups Devotees as well as newcomers to health fitness especially yoga nature and spirituality rooted in the body are sure to be receptive of its positive message Reclaiming the Body (The Christian Practice of Everyday Life) Joel Shuman, Brian M.D. Volck, 2006-02-01 We live in an age of incredible medical technology and with it a great emphasis on health and well being We fully entrust the care of our bodies to the medical profession often taking its solutions and judgments as gospel But what role if any should our Christian faith play in all this In Reclaiming the Body a physician and a theologian take a critical look at some of the assumptions we draw from the medical profession and explore what theology has to say about medicine our bodies our health and the Body of Christ The authors deal with such issues as suffering caring for the sick children and reproductive technologies medicine and the poor our obsession with physical perfection and death and dving Studying **Christian Spirituality** David B. Perrin, 2024-04-23 Studying Christian Spirituality proposes a framework to discover how spirituality can be understood beyond the conventional boundaries that religions have established Its nine chapters discuss a wide variety of issues and questions which include definitions of spirituality the impact of models of God human spiritual development the importance of context historical criticism anthropology interpretation of texts and art and examples of spiritual practice David B Perrin clearly explains the traditional relationships between Christian spirituality and theology and history He also proposes greater connections with the human sciences such as philosophy psychology phenomenology and sociology and reshapes the classical approaches to Christian spirituality its texts practices and experience This interdisciplinary volume is an essential reference for scholars and students at all levels who desire to develop a deeper understanding of Christian spirituality's research methods and its relevance to the world today Christian Spirituality Arthur Holder, 2009-09-10 Christian Spirituality The Classics is a unique and comprehensive guide to thirty key Christian

spirituality texts Ranging from Origen and Augustine to Jonathan Edwards Thr se of Lisieux and Thomas Merton it offers a view of the texts which is founded in scholarship but which also presents them as living documents that invite even compel contemplative reflection and existential response Each chapter briefly describes the classic text's author and audience gives a synopsis of its contents suggests some of its influence in history and then explores aspects of the text's meaning for readers today Key themes include What is the meaning of life How can human beings find truth How can they discover who they really are How can they live together in peace How can they live more fully in God's presence in this world and be united with God in the world to come The scholars who have written these chapters are all experts on their respective topics but they wear their learning lightly Anyone wishing to discover the riches of Christian spirituality will find this the ideal introduction and should be able to progress to a deeper understanding of the texts themselves **Health for the Christian Client** Beverly Dale, Rachel Keller, 2019-03-04 Advancing Sexual Health for the Christian Client is an essential toolkit for professionals working at the intersection of Christian belief and sexual health In this book Beverly Dale and Rachel Keller deconstruct potentially harmful Christian beliefs around sexuality to support clients stuck in sexual guilt shame and fear Combining the experience of an ordained Christian clergy with a certified sexologist this guide promotes a new approach to sex and faith for therapists which will help their clients to reconcile a belief in God's love with sexual knowledge and fulfilment Grounded in historical and cultural contexts and drawing from both academic research and scriptural exeges the authors offer practical clinical applications and interventions to enable clients to re examine their sexual beliefs in a way that encourages sexual healing By understanding the goals of a sex positive body positive Christianity professionals can find a common language with the person of faith and build an effective therapeutic relationship This book will be a key point of reference for any sex therapist educator or student looking to integrate faith based concepts into their approach The Wisdom of the Body Christine Valters Paintner, 2017-03-03 The distorted view of the perfect female body created by popular culture television movies and the media often causes women to become uncomfortable with their own bodies Christine Valters Paintner popular author of nine books and abbess of the online retreat center Abbey of the Arts draws from Celtic desert and Benedictine traditions to help women connect with their bodies through writing visual art and movement In The Wisdom of the Body Christine Valters Paintner focuses on the true meaning of the Incarnation God became flesh and points to the spiritual importance of appreciating the bodies God gave us Each of the book s ten chapters is a mini workshop designed to lead us to new ways of being in relationship with our bodies Starting with the senses and shifting toward emotions and desires Paintner explores their role as thresholds to discovering the body s wisdom She draws from Christian tradition to offer principles and practices such as stability hospitality and gratitude to lead us on a journey that ends with a sense of deep peace and self acceptance Through expressive arts and creative movement Paintner demonstrates a new a language and way of integrating and sharing our discoveries By exploring the lives of women in the Bible and in the

Christian tradition including Eve Mary Hildegaard of Bingen and Amma Syncletica Paintner introduces us to companions that accompany us on our journey **The Long Journey Home** Andrew J. Schmutzer,2011-10-01 Maybe the only thing new about sexual abuse is quality discussion from several professions psychology theology and pastoral care Here are the insights of over two dozen psychologists theologians and those in pastoral care all targeting the issue of sexual abuse Designed as a resource for Christian educators therapists pastors social workers group leaders and survivors The Long Journey Home combines current research in mental health with rich theological reflection global concern with fervent pastoral wisdom for the local faith community Whether you are a counselor professor pastor or spouse of a survivor you hold in your hand a fresh resource of information and advocacy for those suffering from the devastating effects of sexual abuse and rape The breadth of material biblical insight discussion questions and helpful resources gathered here just may be the tool of a generation

My Burden Is Light Sue Magrath, 2019-10-04 Being a clergyperson can be stressful mentally physically emotionally spiritually and relationally From pressure to grow their congregations to unrealistic expectations from church members to poorly defined guidelines about working hours or tasks new pastors sometimes flounder Even experienced pastors can get caught off quard by deep seated dysfunction in their congregations or other circumstances that trigger psychological issues from their past This book helps pastors explore the situations that make them vulnerable to burn out misconduct spiritual dryness health issues depression and more Through real life stories pragmatic advice and psychological and spiritual wisdom the author will show readers how to practice good self care while maintaining effectiveness and reignite the energy and passion that first fueled their call to ordained ministry Reclaiming the Spiritual in Art Dawn Perlmutter, Debra Koppman, 2016-02-24 From Walt Disney World to the movie Natural Born Killers this book explores uncommon indicators of the spiritual in contemporary art and culture Drawing on a diversity of perspectives in philosophy and aesthetics to highlight conscious and unconscious manifestations of the sacred in art this work makes a compelling case for its continued contemporary relevance Contributors include Andrew Doerr Melissa E Feldman Cher Krause Knight Debra Koppman Janice Mann Dawn Perlmutter Crispin Sartwell and Susan Shantz **Teaching for a Multifaith World** Eleazar S. Fernandez, 2017-05-05 When religious diversity is our reality radical hospitality to people of other faiths is not a luxury but a necessity More than necessary for our survival radical hospitality to religious diversity is necessary if we are to thrive as a global society By no means does the practice of hospitality in a multifaith world require that we be oblivious of our differences On the contrary it demands a respectful embrace of our differences because that s who we are Neither does radical hospitality require that we water down our commitment because faithfulness and openness are not contradictory. We must be able to say with burning passion that we are open to the claims of other faiths because we are faithful to our religious heritage The essays in this book do not offer simply theological exhortations they offer specific ways of how we can become religiously competent citizens in a multifaith world Let's take the bold steps of radical openness with this book on

Holy Yoga Brooke Boon,2009-06-27 People often equate yoga with Eastern religion but Brooke Boon sees it as an exercise style that Christians can use to generate patience strength and deeper worship Author and yoga instructor Brooke Boon combines her passion for Christianity with her commitment to health to introduce yoga as a physical and spiritual discipline that strengthens the body and the soul Clear explanations and photographs make yoga accessible for any reader and Brooke offers customized routines for readers struggling with specific issues such as weight loss and anxiety Through it all Brooke uses scriptural references to help reinforce the idea that by taking care of our bodies we can also take care of our faith Body Parts Michelle Voss Roberts,2017-12-01 Christians have traditionally claimed that humans are created in the image of God imago Dei but they have consistently defined that image in ways that exclude people from full humanity The most well known definition locates the image in the rational soul which is constructed in such a way that women children and many persons with disabilities are found deficient Body Parts claims the importance of embodiment difference and limitation not only as descriptions of the human condition but also as part of the imago Dei itself

Katharine Drexel Cheryl C. D. Hughes, 2014-08-03 On October 1 2000 Pope John Paul II proclaimed Katharine Drexel 1858 1955 to be a saint of the Roman Catholic Church Only the second American born Catholic saint in history Drexel founded the Sisters of the Blessed Sacrament in 1891 and established more than sixty Blessed Sacrament missions and schools In this biography Cheryl Hughes chronicles the remarkable life of St Katharine Drexel exploring what drove her to turn away from her family s wealth and become a missionary nun who served some of the most underprivileged and marginalized people of her time Through her inspiration and effort Mother Katharine improved the lives of untold numbers of Native Americans and African Americans overcoming open hostility to her work from various quarters including the Ku Klux Klan Her saintly legacy lives on today **Journey to Jerusalem** Mark A. Villano, 2020-08-15 2021 Association of Catholic Publishers first place award in inspirational 2021 Catholic Media Association Award second place award in popular studies Words of Scripture Symbols of faith Do you ever wonder what they really have to do with you Can they truly help to interpret human experiences and change hearts Does the metaphor of life as a journey make sense to you Mark A Villano s latest book offers a path into questions like these Delve into the spiritual insights that have guided human beings for millennia in order to better appreciate the significance and power they hold Discover more about what it means to be a disciple of Jesus who meets us where we are and guides us along the diverse spiritual landscapes of life The invitations of grace are all around us We re all called to participate in the life changing mystery of Christ Consider this book as a daily retreat an invitation to let go of the noise around us and to simply listen See it as a travelling companion on the most important journey of our lives

The Collected Writings of Franz Liszt Janita R. Hall-Swadley,2013-12-19 In Dramaturgical Leaves Essays about Musical Works for the Stage and Queries about the Stage Its Composers and Performers the third volume in Janita R Hall Swadley s The Collected Writings of Franz Liszt Liszt heralds his admiration for early nineteenth century opera and musical

stage works He honors Gluck the musical prophet as the cultivator of dramatic truth in the Romantic opera Orpheus expounds on Beethoven's harmonic inventions and innovative treatment of form in Fidelio and argues for the latter's incidental music to Goethe's Egmont as the epitome of music organicism a complete unity of words and tone He also comments on Weber's Euryanthe as offering the most progressive musical characterizations and declamation even more so than his popular work Der Freisch tz and on how both works prefigure Wagner's music dramas awards Mendelssohn whose genius Liszt ranks only slightly less than Beethoven's top honors for creating in Midsummer's Night Dream the highest standards of music poetry suggests how Scribe and Meyerbeer's Robert the Devil paints a mental image of art's eternal flames where poet and musician share equal space in the development of music tragedy reveals how the poetic deficiencies in the libretto to Schubert's Alfonso and Estrella are too easily overlooked because of the music's melodic and lyrical supremacy and offers in contrast Auber's Mute from Portici a remarkable text by many historically picturesque musical motives that are universal and nationalistic at the same time Finally Liszt offers an early gender study in music in his essay about Bellini's Montague and Capulet as well as its impact on nineteenth century audiences a look at Boieldieu's White Lady as a sublime depiction of literary music and Donizetti's Favorite as colored with a special type of imagery a laterna magica in Liszt's hand The beloved soprano Pauline Viardot Garcia receives special attention in an essay devoted entirely to her and Liszt proffers a critique of entr acte music as a pointless tradition that dethrones music and insults the artist and composer by making music a palate cleanser This volume includes a detailed discussion about what it meant to be patronized by Liszt and how his support financial literary and musical helped shape many a music career It also offers commentary on how gender in opera was sometimes obscured not only for dramatic interest but also as part of the process of outlining a nation s identity as well as a thorough study of Liszt's concepts of Gestalt theory the Archetype and his musical Weltanschauung his musical world view all revealing his contribution to 19th century music philosophy as it relates to opera Finally a historical review of entr acte music is presented how it began and how it developed to clarify Liszt's stance against it making this volume a necessary read for music historians serious musicians and music connoisseurs alike **Holy Eros** James D. Whitehead, Evelyn Eaton Whitehead, 2009 Eros is the passionate energy that makes us one with the beautiful other with a leper with the world of nature waiting to be embraced and cared for with our neighbor the stranger with God The Whiteheads explore this vital energy of love as the gift of a Creator madly in love with his creation a God who would bring us to life in abundance if we only say Yes They discuss Eros in the movements of our sexuality as well as in our arousals of compassion and care They examine the Eros of pleasure and of generosity They honor the Eros of hope of anger of suffering They reveal that Eros has a Source far deeper than lust and is a pathway to a passionate God Holy Eros recovers this fundamental energy of love as a powerful resource in the revitalization of Christian spirituality Unlike most books on the topic it eschews easy clichs Its reader benefit is to understand and appreciate an energy that can heal as well as hinder and

to tap into its positive force Everyday Divine Mary DeTurris Poust, 2014-05-14 Many people today are looking for opportunities to bring the spiritual into their everyday lives in non traditional ways Their days are so busy they can t imagine how they can fit in time to kneel or sit in prayer on a regular basis As a result they fly from one activity to the next at breakneck speed always looking forward to some nonexistent time in the future when things will slow down long enough to allow them to breathe center themselves and pray Everyday Divine A Catholic Guide to Active Spirituality helps busy readers explore different ways to achieve a place of stillness and peace while remaining very much in the world In fact the day to day activities of life become the pathway to prayer even the prayer itself Drawing on Catholic tradition from the Desert Fathers and Mothers to ancient monastics to modern day saints and sages Everyday Divine looks at how we can adapt these ancient practices for modern times quoting holy men and women on various methods and offering practical instructions and suggestions to help people put them into practice Readers learn how to find spiritual peace while immersed in everyday activities such as Housework and chores Workouts and exercise Cooking eating and fasting Listening to music Traveling and making pilgrimages Living among the noise of daily life The book also includes personal stories from the author and others and will weave in practices from specific spiritualities such as Franciscan Benedictine and Trappist to show how these practices fit into the bigger Catholic picture The Holy Spirit and Christian Formation Diane J. Chandler, 2016-12-05 This volume discusses the importance of a multidimensional and multidisciplinary approach to Christian formation based upon godly love and the imago Dei Latin image of God Grounded biblically and theologically this interdisciplinary collection offers perspectives drawn from spirituality ethics philosophy psychology counselling ecclesiology physical health sciences and leadership studies Contributors address spiritual emotional and psychological formation while highlighting how suffering has the potential to draw one closer to God and others The book also details vocational development appropriate stewardship of the physical body and the ways in which the Eucharist sacramentally contributes to the process of formation The book concludes with a call for further exploration of additional research trajectories not the least of which is how Christian formation contributes to the missio Dei the mission of God That Famous Fig Leaf Chad W. Thompson, 2019-10-29 Nothing that God created is the source of our human temptation To the contrary The human body is the crown of God s creation consummated by his declaration that it was good That God's people are unable to view the body without sinning is not an indictment of the body itself but of the immaturity of the post modern evangelical mind We live in a culture whose inhabitants spend billions of dollars a year to see each other naked on internet sites and in pornographic films yet are often uncomfortable changing in front of each other in locker rooms or even being seen in a swimsuit on the beach Could it be that we have so profoundly fused the image of the exposed body with sexual gratification that there is no context left for it to be laid bare without evoking either shame or arousal In That Famous Fig Leaf Chad Thompson explores the spiritual implications of the physical body and surprisingly uncovers a new kind of freedom from sexual addiction along the way Chad

critiques the Christian purity movement for conflating purity with prudery and reveals that changing how we esteem our bodies has the power to heal the hypersexualized body consciousness of our culture The Spirit of Global Health Simon Peng-Keller, Fabian Winiger, Raphael Rauch, 2022 Since the beginning of the World Health Organization many of its staff members regional offices member states and directors general have grappled with the question of what a spiritual dimension of health looks like and how it might enrich the health policies advocated by their organisations Contrary to the wide spread perception that spirituality is primarily related to palliative care and has emerged relatively recently within the organisation this study shows that its history is considerably longer and more complex and has been closely connected to the WHO s ethical aspirations its quest for more holistic and equitable healthcare and its struggle with the colonial legacy of international health organisations While such ideals and struggles silently motivated many of the key actors and policies such as the provision of universal primary healthcare which for decades have embodied the organisation s loftiest aspirations the WHO s official relationship with spirituality advanced in fits leaps and setbacks At times creative and interdisciplinary at others deeply political this process was marked by cycles of institutional forgetting and remembering Rather than as a triumph of religious lobbyists this book argues the spiritual dimension of health may be better understood as a ghost that has haunted and continues to haunt the WHO as it comes to terms with its mandate of advancing health as a state of complete well being available to all

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