

Red Flower

RETHINKING MENSTRUATION

Dena Taylor

The Blackburn Press

Red Flower Rethinking Menstruation

Aviva Jill Romm



Red Flower Rethinking Menstruation:

Red Flower Dena Taylor, 1988 **New Blood** Chris Bobel, 2010-05-05 New Blood offers a fresh interdisciplinary look at feminism in flux For over three decades menstrual activists have questioned the safety and necessity of feminine care products while contesting menstruation as a deeply entrenched taboo Chris Bobel shows how a little known yet enduring force in the feminist health environmental and consumer rights movements lays bare tensions between second and third wave feminisms and reveals a complicated story of continuity and change within the women's movement Through her critical ethnographic lens Bobel focuses on debates central to feminist thought including the utility of the category gender and challenges to building an inclusive feminist movement Filled with personal narratives playful visuals and original humor New Blood reveals middle aged progressives communing in Red Tents urban punks and artists culture jamming commercial menstrual products in their zines and sketch comedy queer anarchists practicing DIY health care African American health educators espousing holistic womb health and hopeful mothers refusing to pass on the shame to their pubescent daughters With verve and conviction Bobel illuminates today's feminism on the ground indisputably vibrant contentious and ever dynamic

Buffalo Woman Comes Singing Brooke Medicine Eagle, 2011-11-30 This vibrant book of wonders speaks true and dreams deep Writing with blazing honesty she tells of her hard won knowledge of many of the world's spiritual and healing traditions while hold the Sacred Hoop of Native American wisdom This magnificent teacher becomes for us a new embodiment of White Buffalo Woman Jean Houston Author of THE SEARCH FOR THE BELOVED BUFFALO WOMAN COMES SINGING explores fascinating uses of traditions like the Medicine Wheel healing through ritual action dreamtime and the moon lodge the woman's place of retreat and visioning These powerful personal tools integrate ancient wisdom with contemporary experience as Buffalo Woman calls each spiritual warrior to her own true place in the dance of life

Learning Religion David Berliner, Ramon Sarró, 2008-10 As we enter the 21st century it becomes increasingly difficult to envisage a world detached from religion or an anthropology blind to its study Yet how people become religious is still poorly studied This volume gathers some of the most distinguished scholars in the field to offer a new perspective for the study of religion one that examines the works of transmission and innovation through the prism of learning They argue that religious culture is socially and dynamically constructed by agents who are not mere passive recipients but engaged in active learning processes Finding a middle way between the social and the cognitive they see learning religions not as a mechanism of downloading but also as a social process with its relational dimension

PaGaian Cosmology Glenys Livingstone, 2005 PaGaian Cosmology brings together a religious practice of seasonal ritual based in a contemporary scientific sense of the cosmos and female imagery for the Sacred The author situates this original synthesis in her context of being female and white European transplanted to the Southern Hemisphere Her sense of alienation from her place which is personal cultural and cosmic fires a cosmology that re stories Goddess metaphor of Virgin Mother Crone as a pattern of Creativity which

unfolds the cosmos manifests in Earth's life and may be known intimately. PaGaian Cosmology is an ecospirituality grounded in indigenous Western religious celebration of the Earth Sun annual cycle. By linking to story of the unfolding universe this practice can be deepened and a sense of the Triple Goddess central to the cycle and known in ancient cultures developed as a dynamic innate to all being. The ritual scripts and the process of ritual events presented here may be a journey into self knowledge through personal communal and ecological story. The self to be known is one that is integral with place. PaGaian Cosmology may be used as a resource for individuals or groups seeking new forms of devotional expression and an Earth based pathway to wisdom within.

The Natural Pregnancy Book Aviva Jill Romm, 2011-08-17 Reading The Natural Pregnancy Book is like having your own personal herbalist and midwife at your side. Expertly written by Aviva Jill Romm who has been providing family centered natural health care for almost twenty years it guides women through treating the common ills and ailments of pregnancy simply with herbs and nutrition. Aviva thoughtfully follows the woman's journey from baby's conception to birth describing herbs that can promote and maintain a healthy pregnancy along with those you should avoid during your term. Her herbal remedies cover such familiar concerns as anxiety, fatigue, morning sickness and stretch marks. She also discusses the components of a healthy diet with an emphasis on natural foods. With its detailed information and comforting voice The Natural Pregnancy Book is a complete primer for the woman who envisions a safe pregnancy as nature intended it.

[The Menstrual Cycle](#) Anne Walker, 2008-03-07 Anne Walker shows that women are neither the victims of raging hormonal fluctuations nor entirely unaffected by them. Unlike most previous publications that focus on menstruation a part of the cycle The Menstrual Cycle presents a well researched study of the entire menstrual cycle and its relationship to women's lives. Women's own experiences in different cultures are contrasted with medical textbook descriptions and the normal is found to be rather elusive. This book will be read by discourse analysts, doctors, nurses and any woman who has felt curious about her menstrual cycle and its possible effects.

The Menstrual Cycle Anne E. Walker, 1997 Presents a well researched study of the entire menstrual cycle and its relationship to women's lives.

The Palgrave Handbook of Critical Menstruation Studies Chris Bobel, Inga T. Winkler, Breanne Fahs, Katie Ann Hasson, Elizabeth Arveda Kissling, Tomi-Ann Roberts, 2020-07-24 This open access handbook the first of its kind provides a comprehensive and carefully curated multidisciplinary and genre spanning view of the state of the field of Critical Menstruation Studies opening up new directions in research and advocacy. It is animated by the central question what new lines of inquiry are possible when we center our attention on menstrual health and politics across the life course. The chapters diverse in content form and perspective establish Critical Menstruation Studies as a potent lens that reveals, complicates and unpacks inequalities across biological, social, cultural and historical dimensions. This handbook is an unmatched resource for researchers, policy makers, practitioners and activists new to and already familiar with the field as it rapidly develops and expands.

Issues in the Psychology of Women Maryka Biaggio, Michel Hersen, 2007-05-08 Over the past 15 years I MB have taught a graduate

level course in Psychology of Women to students in two different professional psychology programs Because my students were at the doctoral level and often had some familiarity with the psychology of women these courses focused on bringing a feminist analysis of psychology and integrating a feminist analysis into one's scholarly work and professional activities Although I used several fine psychology of women textbooks during this time I found none that was specifically designed for graduate students Thus I always augmented the textbook with journal articles on specific aspects of the topic and these focused articles have typically been well received by the students The students whom I have encountered in these courses have often expressed a wish for a textbook that is designed for their needs I think what they are asking for is one that could serve as a foundation for their scholarly analysis of psychology as well as a springboard for thoughtful application of a feminist perspective to the profession of psychology Therefore *Issues in the Psychology of Women* has been designed to serve as a textbook for advanced undergraduate or graduate courses including Psychology of Women or Feminist Analysis of Psychology This book is the collective work of authors with special expertise in their chapter topic

Feminist Collections

,1989 *The Woman in the Shaman's Body* Barbara Tedlock, Ph.D.,2009-09-02 A distinguished anthropologist who is also an initiated shaman reveals the long hidden female roots of the world's oldest form of religion and medicine Here is a fascinating expedition into this ancient tradition from its prehistoric beginnings to the work of women shamans across the globe today Shamanism was not only humankind's first spiritual and healing practice it was originally the domain of women This is the claim of Barbara Tedlock's provocative and myth shattering book Reinterpreting generations of scholarship Tedlock herself an expert in dreamwork divination and healing explains how and why the role of women in shamanism was misinterpreted and suppressed and offers a dazzling array of evidence from prehistoric African rock art to modern Mongolian ceremonies for women's shamanic powers Tedlock combines firsthand accounts of her own training among the Maya of Guatemala with the rich record of women warriors and hunters spiritual guides and prophets from many cultures and times Probing the practices that distinguish female shamanism from the much better known male traditions she reveals The key role of body wisdom and women's eroticism in shamanic trance and ecstasy The female forms of dream witnessing vision questing and use of hallucinogenic drugs Shamanic midwifery and the spiritual powers released in childbirth and monthly female cycles Shamanic symbolism in weaving and other feminine arts Gender shifting and male female partnership in shamanic practice Filled with illuminating stories and illustrations *The Woman in the Shaman's Body* restores women to their essential place in the history of spirituality and celebrates their continuing role in the worldwide resurgence of shamanism today

Menopause Joan C. Callahan,1993-09-22 In *Menopause* A Midlife Passage questions about menopause are considered in depth from a dazzling variety of angles This is just the serious feminist discussion of menopause that I have been longing for its exquisite analyses renew us in our struggles to make sense of it all Alice Dan Women's Review of Books *Menopause* has become a hot with or without the flashes topic in America That's because a critical mass of us have reached

it and are educated aggressive and confident enough to want to know what's happening to us and then to talk about it Smart useful funny Menopause A Midlife Passage is a fine addition to the discussion a healthy companion for this all important life passage Susan Stamberg Special Correspondent National Public Radio Editor Callahan takes anything but a trendy approach to a very trendy topic She's gathered essays by scholarly women who have thought through society's position on menopause and menopausal women and don't like what they see older women denied positive portrayals in mainstream media menopause treated by the medical establishment as if it were a disease rather than a natural occurrence and devaluation of older women Determined to change people's minds with their words these women speak both powerfully and empoweringly A must for feminist and women's health collections Booklist a bold attempt to go beyond the standard medical framing of women's experience and to contest the notion that the menopause is straightforwardly a hormonal deficiency disease New Scientist an entertaining and informative book that takes a very positive attitude toward the midlife passage Fertility News This book should be required reading for all women's health care providers and anyone else doing counseling of menopausal women Journal of Women Aging Essayists from various walks of life present female defined perspectives on menopause and the passage to new physical social and cultural development *Dreaming the Divine* Scott Cunningham, 2016-02-08 Seeking the divine through dreams is an ancient and nearly forgotten technique for personal spiritual connection *Dreaming the Divine* shows you how to push beyond the boundaries of ordinary dreaming using dream incubation and sacred sleep techniques practiced in dream temples in early Egypt Babylon Greece and Rome Discover how to create sacred dreams for healing advice glimpses of the future protection fertility and a host of other reasons This book includes practical and simple techniques for receiving sacred messages in your dreams including Preparation and journaling Rituals and spells Tips for remembering dreams Meanings of dream symbols Messengers and deities Helpful baths foods teas and scents **The Rhythms of Women's Desire** Elizabeth Davis, 2013-03-15 This third edition of *Rhythms of Women's Desire* a provocative and informative book about female sexuality and life changes will empower you to understand your sexuality in the context of your entire lifetime Author Elizabeth Davis focus on sexual changes over time is what makes this book unique she gives you insight into what is natural at each sexual stage and how it all fits together in the context of a lifetime This book envisages menarche first menstruation childbirth and menopause as transformative biological turning points and gives the reader a view of what these events have in common hormonally and psychologically The new edition has been updated to reflect the latest scientific research including a deeper examination of post menopausal and postpartum sexuality and the hormonal imbalances caused by xenoestrogens Updates also include new information about the link between oxytocin brainwaves and intuition and about how abortion miscarriage and other major losses can affect the desire for sex with suggestions for healing and a worksheet for dealing with trauma and abuse issues *Rhythms of Women's Desire* is a frank personal and exciting journey into female sexuality and a helpful guide through every stage of your life *Blood Stories* Janet Lee, Jennifer

Sasser-Coen,2015-12-22 Blood Stories focuses on menarche as a central aspect of body politics in contemporary US society emphasizing that women are integrated into the social and sexual order through the body Using oral and written narratives of 104 diverse women the authors address the central question of how menarche as a bodily event signifying womanhood takes on cultural significance in a society that devalues women Exploring issues of contamination and concealment and the sexualization of women s bodies that occurs at menarche the authors emphasize how the politics of gender are negotiated on through women s bodies

Love Imagined Sherry Quan Lee,2014-01-01 Love Imagined is an American woman s unique struggle for identity Joining the long history of women of color fighting to claim literary space to tell our stories Sherry Quan Lee shares her truth with fierce courage and strength in Love Imagined Quan Lee crafts a riveting tale of Minnesota life set within the backdrop of racial segregation the Cold War the sexual revolution while navigating it all through the lens of her multi layered identities A true demonstration of the power of an intersectional perspective Kandace Creel Falc n Ph D Director of Women s and Gender Studies Minnesota State University Moorhead Love Imagined this fascinating delightful important book This imagining love this longing for love This poverty of No Love this persistent racism sexism classism ageism The pain these evils cause the soul This is an important document of a mixed race contemporary woman a memoir about her family lineages back to slavery back to China back to early Minneapolis and about the struggle of finding herself in all of these Sharon Doubiago author of My Father s Love When I read Sherry s story Love Imagined I recognized feelings and meanings that mirrored mine I felt a sense of release an exhale and I knew I could be understood by her in a way that some of my family and friends are unable to grasp through no fault of their own It s the Mixed experience Sherry Lee s voice her story will no doubt touch and heal many who read it Lola Osunkoya MA Founder of Neither Both LLC Mixed Race Community Building and Counseling Learn more at www.SherryQuanLee.com From Modern History Press www.ModernHistoryPress.com BIO002000 Biography Autobiography Cultural Heritage SOC028000 Social Science Women s Studies General SOC043000 Social Science Ethnic Studies Asian American Studies

Women and the Ownership of PMS Anne Figert,2017-09-04 This is the first book length account of the controversy preceding and following the APA s decision in 1986 to include a premenstrually related diagnosis in its revised diagnostic manual DSM III R Figert examines why the decision was controversial and consequential in three main domains where people their interests and claims to ownership coincide the Health and Mental Health Domain the Woman Domain and the Science Domain

Encyclopedia of Women's Folklore and Folklife Pauline Greenhill,Liz Locke,Theresa A. Vaughan,2008-12-08 From the stone age to the cyber age women and men have experienced the world differently Out of a cosmos of goddesses and she devils earth mothers and madonnas witches and queens saints and whores a vast body of women s folklore has come into bloom International in scope and drawing on more than 130 expert contributors this encyclopedia reviews the myths traditions and beliefs central to women s daily lives More than 260 alphabetically arranged entries cover the lore of women across time space and life Students of

history religion and spirituality healing and traditional medicine literature and world cultures will value this encyclopedia as an indispensable guide to women's folklore In addition there are entries on women's folklore and folklife in 15 regions of the world such as the Caribbean Central Asia the Middle East and Western Europe Entries provide cross references and cite works for further reading and the encyclopedia closes with a selected bibliography of print and electronic resources Students learning about history world cultures religion and spirituality healing and traditional medicine and literature will welcome this companion to the daily life of women across time and continents

Uneasy Warriors Sabine Frühstück, 2007-08-14

This is one of the best most surprising insightful provocative books I've read on the complex interplay of memory militarism and masculinity Japan specialists will be sure to find it thought provoking But it should also be must reading for all students of masculinity femininity militarization and soldiering This is comparative feminist ethnography at its smartest Cynthia Enloe author of *The Curious Feminist Searching for Women in a New Age of Empire* *Uneasy Warriors* presents a rare and intimate view into the psychological and social workings of the Self Defense Forces As the US and Japanese governments gear up to change the Japanese anti war constitution this book is even more important for understanding what the consequences will be Catherine Lutz author of *Homefront A Military City and the American 20th Century* Sabine Frühstück expertly describes the ambiguous status of the Japanese Self Defense Forces The book reveals insights gained from several years of sustained research including a stint in uniform at an army base near Mt Fuji Frühstück's observations about the SDF's public relations emphasis on cute popular cultural media are timely and trenchant as are her analyses of the militarization of masculinity and femininity Jennifer Robertson author of *Takarazuka Sexual Politics and Popular Culture in Modern Japan*

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