

# Medium and long term follow-up

Ensure perticipation in cardiac rehabilitation.

Admission

- Annual assessment with GP or nurse to:
- · Review adherence to medication
- Review cardiovascular ICVI symptoms.
- Assess improvements in CV risk factors.
- Assess improvements in CV risk sectors, including 89 diabetes, and serum lipids
- Review smoking , physical activity , diet, and psychological wellbeing
- Signpost patients to sources of information.
- Advise about red flag symptoms

# Follow-up: within 4 weeks

- Primary cam clinidan can
  - Confirm diagnosis

Primary PCI

- Explain PCI and shack access site
- Examine for AF, murmut, heart failure
- . Review medication, titrate dose
- Assess anxiety and depression

. Recommend lifestyle changes:

Early intervention

- · Quit amoking
- · Mediterrengen diet
- At least 2.5 hours a week of moderate physical activity

All safe after 7 days

- Question and concerns after uncomplicated PO:
  - · Car driving.
  - · Hying
  - . Sexual activity

### Discharge

 3 days after uncomplicated PD

EMInST elevation myscard at infarction, ECGne lectrocard agraphy. PCIncercutaneous correspy intervention, Alf-activi fibrillation, BP-blood pressure.

# **Longterm Management Of Patients After Myocardial Infarction**

**N Colangelo** 

**Longterm Management Of Patients After Myocardial Infarction:** 

The Enigmatic Realm of Longterm Management Of Patients After Myocardial Infarction: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Longterm Management Of Patients After Myocardial Infarction** a literary masterpiece penned by a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book is core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of people who partake in its reading experience.

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