



UNLOCKING LONGEVITY

— EXPLORING THE EPIGENETIC BLUEPRINT —

Longevity Senescence And The Genome

Alan Longhurst



Longevity Senescence And The Genome:

Longevity, Senescence, and the Genome Caleb E. Finch, 1994 **Life-Span Extension** Christian Sell, Antonello Lorenzini, Holly M. Brown-Borg, 2009-07-27 In recent years remarkable discoveries have been made concerning the underlying mechanisms of aging In Life Span Extension Single Cell Organisms to Man the editors bring together a range of illuminating perspectives from researchers investigating the aging process in a variety of species This novel work addresses the aging process in species ranging from yeast to man and among other subjects features detailed discussions of the naked mole rat an exceptionally long lived rodent the relationship between dietary factors food restriction and aging and an evolutionary view of the human aging process Single mutations that extend life span have been identified in yeast worms flies and mice whereas studies in humans have identified potentially important markers for successful aging At the same time it has been discovered that the genes and pathways identified in these studies involve a surprisingly small set of conserved functions most of which have been the focus of aging research for some time For example the mTOR pathway a regulator of translation and protein synthesis has been identified as a common longevity pathway in yeast and *Caenorhabditis elegans* In mammals this pathway intersects with neuroendocrine pathways and with the insulin like growth factor pathways which have been identified as major modulators of life span and aging in both invertebrates and mice Novel emerging technologies and the increasingly wide variety of systems that are now used to study aging and the mechanisms of aging provide enormous opportunities for the identification of common pathways that modulate longevity It is these common pathways that are the focus of this important volume Genetics and Evolution of Aging Michael R. Rose, Caleb E. Finch, 2013-03-09 Aging is one of those subjects that many biologists feel is largely unknown Therefore they often feel comfortable offering extremely facile generalizations that are either unsupported or directly refuted in the experimental literature Despite this unfortunate precedent aging is a very broad phenomenon that calls out for integration beyond the mere collecting together of results from disparate laboratory organisms With this in mind Part One offers several different synthetic perspectives The editors Rose and Finch provide a verbal synthesis of the field that deliberately attempts to look at aging from both sides the evolutionary and the molecular The articles by Charlesworth and Clark both provide population genetic perspectives on aging the former more mathematical the latter more experimental Bell takes a completely different approach arguing that aging may not be the result of evolutionary forces Bell's model instead proposes that aging could arise from the progressive deterioration of chronic host pathogen interactions This is the first detailed publication of this model It marks something of a return to the type of aging theories that predominated in the 1950's and 1960's theories like the somatic mutation and error catastrophe theories We hope that the reader will be interested by the contrast in views between the articles based on evolutionary theory and that of Bell MR Rose and C E Finch eds Genetics and Evolution of Aging 512 1994 1994 Kluwer Academic Publishers The Journal of uniform genetics of aging 2 Michael R Rose Caleb E Brocklehurst's

Textbook of Geriatric Medicine and Gerontology E-Book Howard M. Fillit, Kenneth Rockwood, John B Young, 2016-05-06 The leading reference in the field of geriatric care Brocklehurst's Textbook of Geriatric Medicine and Gerontology 8th Edition provides a contemporary global perspective on topics of importance to today's gerontologists internal medicine physicians and family doctors An increased focus on frailty along with coverage of key issues in gerontology disease specific geriatrics and complex syndromes specific to the elderly makes this 8th Edition the reference you'll turn to in order to meet the unique challenges posed by this growing patient population Consistent discussions of clinical manifestations diagnosis prevention treatment and more make reference quick and easy More than 250 figures including algorithms photographs and tables complement the text and help you find what you need on a given condition Clinical relevance of the latest scientific findings helps you easily apply the material to everyday practice A new chapter on frailty plus an emphasis on frailty throughout the book addresses the complex medical and social issues that affect care and the specific knowledge and skills essential for meeting your patients complex needs New content brings you up to date with information on gerontechnology emergency and pre hospital care HIV and aging intensive treatment of older adults telemedicine the built environment and transcultural geriatrics New editor Professor John Young brings a fresh perspective and unique expertise to this edition The Molecular Genetics of Aging Siegfried Hekimi, 2012-12-06 The molecular genetics of aging or life span determination is an expanding field One reason is because many people would consider it desirable if human life span could be extended Indeed it is difficult not to be fascinated by tales of the life and death of people who have succeeded in living a very long life Because of this we have placed at the head of this book the chapter by Perls et al on Centenarians and the Genetics of Longevity Perls and his coauthors convincingly argue that while the average life expectancy might be mostly determined by environmental factors because the average person has an average genotype extremely long life spans are genetically determined Of course studying humans to uncover the genetics of aging is not ideal not so much because one cannot easily perform experiments as because they live such a long time This is why most of this book describes the current state of research with model organisms such as yeast worms flies and mice Jaswinski focuses on yeast and how metabolic activity and stress resistance affect the longevity of *Saccharomyces cerevisiae* In the process he discusses the concept of aging as applied to a unicellular organism such as yeast and the importance of metabolism and stress resistance for aging in all organisms **Chromosomal Instability and Aging** Fuki Hisama, Sherman M. Weissman, George M. Martin, 2003-01-29 This text examines the relationship between DNA damage and repair cellular senescence genomic instability and aging The authors provide in depth discussions of various types of DNA damage the DNA repair network and cellular responses to genetic damage to assess their impact on the modulation of aging processes and age related diseases include Handbook of the Biology of Aging Nicolas Musi, Peter Hornsby, 2021-01-19 Handbook of the Biology of Aging Ninth Edition provides a comprehensive synthesis and review of the latest and most important advances and themes in modern biogerontology The book focuses on the trend of big

data approaches in the biological sciences presenting new strategies to analyze interpret and understand the enormous amounts of information being generated through DNA sequencing transcriptomic proteomic and metabolomics methodologies applied to aging related problems Sections cover longevity pathways and interventions that modulate aging innovative tools that facilitate systems level approaches to aging research the mTOR pathway and its importance in age related phenotypes and much more Assists researchers in keeping abreast of research and clinical findings outside their subdiscipline Helps medical behavioral and social gerontologists understand what basic scientists and clinicians are discovering Includes new chapters on genetics evolutionary biology bone aging and epigenetic control Examines the diverse research being conducted in the study of the biology of aging

Handbook of Nutrition in the Aged Ronald Ross Watson, 2008-10-20 Detailed Review of Nutritional Therapies Used to Combat Elderly Health Issues The combination of the aging baby boomer generation and their increased longevity has been fortunately met with increased research and greater understanding of health promotion and disease prevention in the elderly Handbook of Nutrition in the Aged Fourth Edition shares

Evolutionary Thinking in Medicine Alexandra Alvergne, Crispin Jenkinson, Charlotte Faurie, 2016-05-13 The aim of this edited book is to provide health professionals across a wide variety of specialisms with a targeted access to evolutionary medicine Throughout the book the views of both medical and evolutionary scientists on the latest relevant research is presented with a focus on practical implications The inclusion of boxes explaining the theoretical background as well as both a glossary for technical terms and a lay summary for non specialists enable medical researchers public health professionals policy makers physicians students scholars and the public alike to quickly and easily access appropriate information This edited volume is thus relevant to anyone keen on finding out how evolutionary medicine can improve the health and well being of people

Mismanagement of Marine Fisheries Alan Longhurst, 2010-04-22 Longhurst examines the proposition central to fisheries science that a fishery creates its own natural resource by the compensatory growth it induces in the fish and that this is sustainable His novel analysis of the reproductive ecology of bony fish of cooler seas offers some support for this but a review of fisheries past and present confirms that sustainability is rarely achieved The relatively open structure and strong variability of marine ecosystems is discussed in relation to the reliability of resources used by the industrial level fishing that became globalised during the 20th century This was associated with an extraordinary lack of regulation in most seas and a widespread avoidance of regulation where it did exist Sustained fisheries can only be expected where social conditions permit strict regulation and where politicians have no personal interest in outcomes despite current enthusiasm for ecosystem based approaches or for transferable property rights

Aging of Organisms H.D. Osiewacz, 2013-11-11 Biological aging as the time depending general decline of biological systems associated with a progressively increasing mortality risk is a general phenomenon of great significance The underlying processes are very complex and depending on genetic and environment factors These factors encode or affect a network of interconnected

cellular pathways In no system this network has been deciphered in greater detail However the strategy of studying various biological systems has let to the identification of pathways and specific modules and makes it obvious that aging is the result of different overlapping mechanisms and pathways Some of these appear to be conserved public among species others are specific or private and only of significance in one or a few organisms This volume in the series on Biology of aging and its modulation specifically focuses on organismic aging The book covers research on organisms from lower to higher complexity representing examples from very diverse taxa like photosynthetic plants fungi sponges nematodes flies birds and mammals Such a broad treatise of this complex topic provides a comprehensive flavor about the current issues dealt with in this rapidly growing scientific discipline

Transposable Elements and Evolution J. F. McDonald, 2012-12-06 In the summer of 1992 a distinguished group of molecular population and evolutionary geneticists assembled on the campus of the University of Georgia in Athens USA to discuss the relevance of their research to the role played by transposable elements TEs in evolution The meeting consisted of a series of informal discussions of issues brought up in papers written by the participants and distributed among them prior to the meeting These papers and the transcripts of the ensuing discussions are presented in this volume

Aging is a Group-Selected Adaptation Joshua Mitteldorf, 2017-02-03 Although books exist on the evolution of aging this is the first book written from the perspective of aging as an adaptive program It offers an insight into the implications of research on aging genetics The author proposes the Demographic Theory of Senescence whereby aging has been affirmatively selected because it levels the death rate over time helping stabilize population dynamics and prevent extinctions

Conn's Handbook of Models for Human Aging Jeffrey L. Ram, P. Michael Conn, 2018-04-05 Conn's Handbook of Models for Human Aging Second Edition presents key aspects of biology nutrition factors affecting lifespan methods of age determination use in research and the disadvantages advantages of use Using a multidisciplinary approach this updated edition is designed as the only comprehensive current work that covers the diversity in aging models Chapters on comparative models explore age related diseases including Alzheimer's joint disease cataracts cancer and obesity Also included are new tricks and approaches not available in primary publications This must have handbook is an indispensable resource for researchers interested in the mechanisms of aging gerontologists health professionals allied health practitioners and students Combines both the methods of study for human aging and animal models Provides a historical overview and discussion of model availability key methods and ethical issues Contains over 200 full color illustrations

Mechanisms and Pathways Contributing to the Diversity of Aging across the Tree of Life Joris Deelen, Alan A. Cohen, Owen Jones, 2022-03-11

Reliability Assessments Franklin Richard Nash, Ph.D., 2017-07-12 This book provides engineers and scientists with a single source introduction to the concepts models and case studies for making credible reliability assessments It satisfies the need for thorough discussions of several fundamental subjects Section I contains a comprehensive overview of assessing and assuring reliability that is followed by discussions of Concept of randomness and

its relationship to chaos Uses and limitations of the binomial and Poisson distributions Relationship of the chi square method and Poisson curves Derivations and applications of the exponential Weibull and lognormal models Examination of the human mortality bathtub curve as a template for components Section II introduces the case study modeling of failure data and is followed by analyses of 5 sets of ideal Weibull lognormal and normal failure data 83 sets of actual real failure data The intent of the modeling was to find the best descriptions of the failures using statistical life models principally the Weibull lognormal and normal models for characterizing the failure probability distributions of the times cycles and miles to failure during laboratory or field testing The statistical model providing the preferred characterization was determined empirically by choosing the two parameter model that gave the best straight line fit in the failure probability plots using a combination of visual inspection and three statistical goodness of fit GoF tests This book offers practical insight in dealing with single item reliability and illustrates the use of reliability methods to solve industry problems **Handbook of the Biology of Aging**

Edward J. Masoro, Steven N. Austad, 2011-04-28 The Handbook of the Biology of Aging Sixth Edition provides a comprehensive overview of the latest research findings in the biology of aging Intended as a summary for researchers it is also adopted as a high level textbook for graduate and upper level undergraduate courses The Sixth Edition is 20% larger than the Fifth Edition with 21 chapters summarizing the latest findings in research on the biology of aging The content of the work is virtually 100% new Though a selected few topics are similar to the Fifth Edition these chapters are authored by new contributors with new information The majority of the chapters are completely new in both content and authorship The Sixth Edition places greater emphasis and coverage on competing and complementary theories of aging broadening the discussion of conceptual issues Greater coverage of techniques used to study biological issues of aging include computer modeling gene profiling and demographic analyses Coverage of research on Drosophila is expanded from one chapter to four New chapters on mammalian models discuss aging in relation to skeletal muscles body fat and carbohydrate metabolism growth hormone and the human female reproductive system Additional new chapters summarize exciting research on stem cells and cancer dietary restriction and whether age related diseases are an integral part of aging The Handbook of the Biology of Aging Sixth Edition is part of the Handbooks on Aging series including Handbook of the Psychology of Aging and Handbook of Aging and the Social Sciences also in their 6th editions **Exercised**

Daniel E. Lieberman, 2021-12-07 If exercise is healthy so good for you why do many people dislike or avoid it These engaging stories and explanations will revolutionize the way you think about exercising not to mention sitting sleeping sprinting weight lifting playing fighting walking jogging and even dancing Strikes a perfect balance of scholarship wit and enthusiasm Bill Bryson New York Times best selling author of The Body If we are born to walk and run why do most of us take it easy whenever possible Does running ruin your knees Should we do weights cardio or high intensity training Is sitting really the new smoking Can you lose weight by walking And how do we make sense of the conflicting anxiety inducing information about rest physical activity and exercise with which we are

bombarded In this myth busting book Daniel Lieberman professor of human evolutionary biology at Harvard University and a pioneering researcher on the evolution of human physical activity tells the story of how we never evolved to exercise to do voluntary physical activity for the sake of health Using his own research and experiences throughout the world Lieberman recounts without jargon how and why humans evolved to walk run dig and do other necessary and rewarding physical activities while avoiding needless exertion Exercised is entertaining and enlightening but also constructive As our increasingly sedentary lifestyles have contributed to skyrocketing rates of obesity and diseases such as diabetes Lieberman audaciously argues that to become more active we need to do more than medicalize and commodify exercise Drawing on insights from evolutionary biology and anthropology Lieberman suggests how we can make exercise more enjoyable rather than shaming and blaming people for avoiding it He also tackles the question of whether you can exercise too much even as he explains why exercise can reduce our vulnerability to the diseases mostly likely to make us sick and kill us *Methuselah Flies: A Case Study In The Evolution Of Aging* Michael Robertson Rose,Hardip B Passananti,Margarida Matos,2004-06-14 Methuselah Flies presents a trailblazing project on the biology of aging It describes research on the first organisms to have their lifespan increased and their aging slowed by hereditary manipulation These organisms are fruit flies from the species *Drosophila melanogaster* the great workhorse of genetics Michael Rose and his colleagues have been able to double the lifespan of these insects and improved their health in numerous respects as well The study of these flies with postponed aging is one of the best means we have of understanding and ultimately achieving the postponement of aging in humans As such the carefully presented detail of this book will be of value to research devoted to the understanding and control of aging Methuselah Flies is a tightly edited distillation of twenty years of work by many scientists contains the original publications regarding the longer lived fruit flies offers commentaries on each of the topics covered new short essays that put the individual research papers in a wider context gives full access to the original data captures the scientific significance of postponed aging for a wide academic audience **Molecular Basis of Aging** Alvaro Macieira-Coelho,2017-11-22 Using a new integrative approach Molecular Basis of Aging describes the aging phenomenon within mammalian organisms from the perspective of changes in information storage and coordination between hierarchical orders of structure This unique approach provides the reader with a thorough insight into the evolution of molecular cellular tissue and organ systems and processes in mammals This informative volume contains up to date reviews of

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Longevity Senescence And The Genome Introduction

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