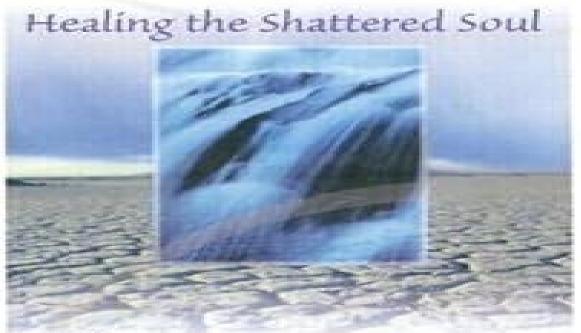
PASTORAL CARE for POST-TRAUMATIC STRESS DISORDER



DALÉNE FULLER ROGERS



Dalene C. Fuller Rogers, Harold G Koenig

Pastoral Care for Post-traumatic Stress Disorder Daléne C. Fuller Rogers, 2002 This vital book is an overview of the nature of post traumatic stress disorder PTSD It examines the causes manifestations and problems of PTSD as they relate to a person socially spiritually emotionally physically and psychologically It provides the practical means to support people through their healing process while maintaining their spiritual grounding Stressing hope healing and compassion Pastoral Care for Post Traumatic Stress Disorder Healing the Shattered Soul concludes with specific suggestions for the prevention of traumatic events and for using peacemaking techniques to stop violence in your clients lives **Pastoral Care for** Post-Traumatic Stress Disorder Dalene C. Fuller Rogers, Harold G Koenig, 2013-12-16 Provide effective care for the members of your congregation suffering with PTSD This vital book is an overview of the nature of post traumatic stress disorder PTSD It examines the causes manifestations and problems of PTSD as they relate to a person socially spiritually emotionally physically and psychologically Stressing hope healing and compassion Pastoral Care for Post Traumatic Stress Disorder Healing the Shattered Soul includes specific suggestions for the prevention of traumatic events and for using peacemaking techniques to stop violence in your clients lives Pastoral Care for Post Traumatic Stress Disorder is a practical understandable professionally presented and researched working guide for clergy in parishes for chaplains and for seminarians who have little or no knowledge of how to pastor to people who are suffering from post traumatic stress disorder It is also for lay people who minister to those who have been traumatized Survivors will also benefit from its affirmation for the spiritual component of healing This unique volume provides the practical means to support people through the healing process while maintaining their spiritual grounding with case studies that will help develop your skills a thoughtful discussion of the theological dimensions of trauma and suffering a practical methodology for crisis intervention an examination of the specific needs of veterans a look at the potential for caregiver burnout and how to prevent it ways that churches can contribute to the prevention of the trauma that leads to PTSD methods for using scripture as a source of healing for PTSD survivors Pastoral Care for Post Traumatic Stress Disorder also defines PTSD from a mental health perspective and gives examples of the kinds of trauma that may lead to it No one working with PTSD survivors in a spiritual setting should be without this book Pastoral Care, Health, Healing, and Wholeness in African Contexts Tapiwa N. Mucherera, Emmanuel Y. Lartey, 2017-02-28 Pastoral theologians from Congo Ghana Kenya South Africa and Zimbabwe address in this book the issues of leadership Ubuntu community gender based violence political violence healing and deliverance faced by pastors and ministers in African contexts today Drawing on biblical theological social scientific and cultural contextual perspectives these African Christians offer much needed insights to assist in the care and counseling of persons towards healing health and well being Trauma and Grief R. Scott Sullender, 2018-07-06 In today s world trauma and traumatic loss are increasingly common This book surveys the important constructs concepts and dynamics of trauma

loss grief and growth offering resources and strategies that ministers and other spiritual caregivers can use as they support and facilitate people in their journey from trauma recovery to grief work to spiritual growth The book presents a framework for understanding the interrelationship between trauma recovery work grief work and spiritual growth The author argues that each of these components is essential for a full and complete healing from trauma and traumatic losses and that they work together in the ongoing process of healing Traumas and traumatic losses are times of crisis in the sense that they are turning points in people s lives people can either grow through the experience or decline under the weight of their unbearable sorrow and anxiety How people handle traumas and significant losses may be the most important variable in their psychological relational and spiritual health The author gives special attention to describing ways in which God might draw close to the traumatized and bereaved in their process of recovery and healing **Counseling for the Soul in Distress** Richard W Roukema, 2013-12-16 Learn how to help your congregants work cooperatively with mental health professionals This revised edition of The Soul in Distress i is a reader friendly overview of the full range of adult psychiatric disorders Updated with new information on genetics brain scans heredity developmental concerns new medications and stress it suggests ways for clergy to assist their congregants suffering from these illnesses and provides ethical guidance and clinical examples often illustrating how physical disease can affect mental health It also examines new short term therapies and ways to handle difficult personalities From author Richard W Roukema MD FAPA With the recent events of terrorism in our country the need for the clergy to be alert to the fallout on the lives of their congregants is clear Anxiety depression prolonged grief and post traumatic stress disorder will be increasingly evident as the threat of terrorism continues Now more than ever the clergy should obtain a basic overview of the emotional and mental disorders they may encounter in their congregations This book will update the clergy to the current state of knowledge in the field With fascinating case studies and practical suggestions for dealing with various psychiatric disorders Counseling for the Soul in Distress What Every Religious Counselor Should Know About Emotional and Mental Illness Second Edition examines new trends in psychotherapy such as EMDR and Christian counseling the art of providing appropriate referrals to psychiatrists the aftermath of the September 11 attacks the ways that loss and grief affect the personality personality disorders depression and other mood disorders eating disorders such as anorexia bulimia binge eating and obesity stress and its implications schizophrenia and other psychotic disorders neuroses organic mental disorders sexual problems drug abuse and alcoholism Written specifically for the clergy by a well respected psychiatrist this new edition of Counseling for the Soul in Distress is an essential addition Mental Illness and Psychiatric Treatment Gregory Collins, Rev Thomas Culbertson, Harold G to your reference shelf Koenig, 2013-10-11 Take your rightful place on the holistic health care team with the goal of restoring vitality of body mind and spirit to people suffering from emotional illness This book is designed to bring essential knowledge and skills to the religious professional who seeks to provide special ministry to the emotionally troubled It provides a basic understanding of

psychiatric illnesses theory and treatment modalities that is certain to enlarge the perspective of the pastoral worker In addition to an essential overview of psychiatry in general Mental Illness and Psychiatric Treatment A Guide for Pastoral Counselors will help you to better serve people suffering from depression anxiety disorders chemical dependency reality impairment or personality disorders The book s format is designed specifically to help pastors grasp the principles of intervention in each of these disorders Each of its five concise clinical chapters follows a four part format that covers the duties and responsibilities of the clergyman as part of the holistic health care team consisting of recognizing the disorder assessing its severity intervening in a crisis counseling in the recovery phase In their experience the authors have observed that severe emotional or psychiatric illnesses often involve spiritual sickness as well Spiritual sickness is a complex concept that may take many forms depending on the type of emotional illness it accompanies Mental Illness and Psychiatric Treatment A Guide for Pastoral Counselors shows you what spiritual symptoms to look for when assessing someone in your care For example did you know that severe depressive illness could include the loss of faith abandonment of hope loss of a right relationship with God or even self hatred guilt despair and self annihilation a psychotic reaction marked by loss of contact with reality might involve abnormal self importance grandiosity fear or stubbornly mistaken perceptions of reality a problem with alcoholism might involve immoral behavior irresponsible conduct denial of the loss of control over liquor consumption or abject guilt shame and self hatred personality disorders may bring on profound disturbances in social relationships self centered anger impulsiveness dishonesty impurity or distrust of others people with anxiety disorders can lose their trust in God develop obsessive fears and tensions and become unable to turn things over to God s divine care In Mental Illness and Psychiatric Treatment A Guide for Pastoral Counselors you ll find the information you need to make effective judgments and assessments about the people seeking your help The book provides you with fascinating case studies that highlight symptoms and illness patterns as well as treatment options and techniques for coordinating pastoral counseling with the mental health team You ll learn to recognize the spiritual symptoms of diseasenegative inappropriate of self defeating attitudes or behaviors and to deal specifically with these manifestations of illness through pastoral intervention Spirituality in Pastoral Counseling and the Community Helping Professions Harold G Koenig, Charles J and counseling Topper, 2012-10-12 An enlightening guide to bringing spirituality into the helping professions This unique handbook will help you make the journey that will turn spirituality into the touchstone of your practice For too long spirituality has been a skeleton in the closet of many practitioners but now there is a growing movement to integrate the vital beliefs of clients into the healing process Spirituality in Pastoral Counseling and the Community Helping Professions addresses the core values of the movement providing you with a step by step process you can follow to increase empathy and healing while building on the foundation of spirituality Each chapter includes penetrating reflection questions to help you better understand your own spiritual perspective and a list of suggested resources to help you learn more Spirituality in Pastoral Counseling and the

Community Helping Professions investigates the best tools for spiritual assessment how ethnic background influences spirituality the language of the sacred in daily life how people can develop greater empathy integrating spirituality into community the importance of ritual As author Dr Charles J Topper says Spirituality is the integrating core element of human experience Reading this book both clients and care providers will learn to explore their own vibrant spirituality a powerful innate source of strength and healing Spirituality in Pastoral Counseling and the Community Helping Professions aims to make spirituality more accessible to everyone Spirituality in Pastoral Counseling and the Community Helping Professions shows how you can take an active approach to integrating spirituality into your profession helping the people around you see not just their problems but the connections between every facet of their lives Complete with figures assessment scales and surveys and a thoughtful bibliography that points the way to further reading this book is an important resource for professional growth and spiritual renewal Bereavement Counseling Harold G Koenig, Junietta B Mccall, 2012-10-12 Get a unique insight into health bereavement and healing Bereavement Counseling Pastoral Care for Complicated Grieving is a practical guide to the assessment and treatment of complicated grief responses using a pastoral approach that combines clinical and spiritual care The book addresses current theory observations and experience and examines changing approaches and developing standards of practice The author an ordained minister with an extensive background in pastoral counseling integrates spirituality into the grieving process by focusing on the partnership between spirituality and healing the resources of spiritual practices and the functions of counseling and spiritual pastoral psychotherapy By providing usable treatment strategies sharing standard interventions and promoting technical skill for caregivers Bereavement Counseling Pastoral Care for Complicated Grieving places sustained emphasis on giving voice to grief and recovery The author draws from more than 20 years experience in ministry teaching supervision consultation and therapy to present stories vignettes and poetry that give depth and life to the grieving process These vignettes provide a unique insight into health bereavement and healing and create a living context for maintaining a person centered focus that promotes meaning and leads to positive outcomes The book provides templates as assessment and treatment planning aids and includes an extensive bibliography of up to date journal articles that reflect the latest research in the field Topics addressed in Bereavement Counseling Pastoral Care for Complicated Grieving include universal grief processes and responses dysfunctional grieving therapies and treatment priorities reorganization and recovery how perceptions thoughts and belief influence care and much more Bereavement Counseling Pastoral Care for Complicated Grieving is a practical resource for clergy pastoral care specialists and anyone needing to help others bear with the pain of grief process loss gain new insight and meaning and experience a renewed sense of healing and connection A Practical Guide to Hospital Ministry Harold G Koenig, Junietta B Mccall,2018-10-24 Examine a meaningful integrated systemic and pragmatic view of hospital ministry A Practical Guide to Hospital Ministry Healing Ways is a comprehensive resource that examines the roles and responsibilities of hospital

chaplains It will help you make a shift toward a knowledge and skill based ministry that both incorporates and goes beyond current training approaches In the words of author McCall In today's healthcare and specialized ministry services education and training must be progressive and thorough It must include experiences that increase one s expertise in working with individuals groups families consumers and systems These services must be integrated into the total structure and resources of hospitals at all levels of mission philosophy and program Furthermore hospital ministry must strive to be a resource to the wider community and the church A Practical Guide to Hospital Ministry is a vital resource for those who want to integrate hospital ministry into organizations whose support and understanding of the discipline are weak or do not exist at all A Practical Guide to Hospital Ministry provides numerous resources that can be of immediate use to anyone engaged in hospital ministry including job descriptions descriptions of various types of hospital ministries scope of practice statements sample pastoral care brochures and request forms orientation checklists sample religious preference codes a list of typical counseling problems therapeutic referral and progress forms For administrators educators and those seeking to provide spiritual and pastoral resources to hospitalized individuals and their families A Practical Guide to Hospital Ministry will prove The Power of Spirituality in Therapy Peter A Kahle, John M Robbins, 2014-07-16 Factor to be an invaluable reference work your clients religious beliefs into their therapy A recent Gallup poll found that nearly two thirds of Americans surveyed said they would prefer to receive counseling from a therapist who is religious The Power of Spirituality in Therapy Integrating Spiritual and Religious Beliefs in Mental Health Practice addresses the apprehensions many clinicians have when it comes to discussing God with their clients Authors Peter A Kahle and John M Robbins draw from their acclaimed workshops on the integration of spirituality and psychotherapy to teach therapists how they can help clients make positive life changes that are consistent with their values and spiritual and or religious orientations The Power of Spirituality in Therapy combines psychotherapy spirituality and humor to examine the pink elephants of academia Godphobia and institutional a spiritualism The book explores the learned avoidance that has historically limited therapists in their ability and willingness to engage clients in God talk and presents clinicians with methods they can use to incorporate spirituality into psychotherapy Topics such as truth belief postmodernism open mindedness and all inclusiveness are examined through empirical findings practical steps and cognitive processes and clinical stories The Power of Spirituality in Therapy includes To Be Ethical or Not to Be WHAT is the Question To Believe or Not to Believe That is NOT the Question The Deification of Open Mindedness Learning From Our Clients In God Do Therapists Trust and much more The Power of Spirituality in Therapy is an essential resource for therapists counselors mental health practitioners pastoral counselors and social work professionals who deal with clients who require therapy that reflects the importance of God in their lives This guide will help those brave enough to explore how their own spiritual beliefs and or biases can create problems when working with those clients **Challenges Faced by Iraq War Reservists and Their Families** Ken J. Walden, 2012-09-05 The Iraq War caused emotional physical psychiatric relational

and spiritual challenges to an untold number of military reservists and their families. This book takes you through the war s critical stages of pre deployment deployment and post deployment Reservists families usually living far from military bases with professional staffing are often among the most affected wounded of the Iraq War Injured reservists often return home to discover that civilian medical resources are insufficient and civic organizations unequipped to help manage the range of combat related wounds and psychiatric trauma especially post traumatic stress disorder and traumatic brain injury The lack of needed services causes alienation between reservists and their families in relation to the civilian communities in which they live Using a practical theological method this book analyzes the various impacts of the Iraq War and recommends a soul care approach for chaplains and pastors to use in support of reservists and their families suffering from their experiences of the Iraq War and to guide any persons interested in participating in such support Parish Nursing Harold G Koenig, Sybil Smith, 2012-10-12 Make parish nursing an alternative to shrinking healthcare resources Because of shrinking healthcare resources both human and monetary parish nurses in the future will be called upon to deal with rising numbers of elderly and the end of life issues that accompany aging Parish Nursing A Handbook for the New Millennium is a guide to designing programs that can complement a congregation s ministry priorities for senior adults identifying strengths to reinforce and weaknesses to avoid Stories from the fields of service capture the sweat equity and history of the re emergence of nursing in churches Parish Nursing A Handbook for the New Millennium is a practical planning guide for parish nurses and congregational committee members with limited experience in program development Suitable for use with multiple faith traditions the book demonstrates how to take responsibility for health ministries without leaning on direction from local hospitals Parish Nursing presents multiple practice models intervention strategies and methods of program evaluation responsive to boundaries and traditions of various communities of faith Parish Nursing includes conceptual frameworks program design options outlines from field tested training modules program evaluation options and challenges and much more In 2001 there were 35 million people over the age of 65 living in the United Statesa number that s expected to double in the next 10 years The American Academy of Family Physicians estimates that nearly 20 percent of family doctors are no longer accepting new Medicare patients Parish Nursing A Handbook for the New Millennium is an essential resource for nurses pastors and church leaders starting a parish nurse ministry to deal with the growing number of forgotten elderly When the Caregiver Becomes the Patient Emil J Authelet, Harold G Koenig, Daniel L Langford, 2014-02-25 persons Examine a compelling account of a professional caregiver's inspirational struggle with a mind body illness and the renewed sense of compassion his recovery provides This uplifting narrative is the story of a caregiving professional stricken by panic attacks a wounded healer desperate to be healed When the Caregiver Becomes the Patient is the candid and compassionate first hand account of Daniel Langford's struggle with the anxiety disorder that signals a physical cognitive and emotional crisis that paralyzes him despite his extensive background as a health care professional social worker and pastoral minister

His journey from the disorder's horrifying onset to the understanding and acceptance of its roots and finally to an insight that evokes a renewed appreciation for the human spirit is an inspirational guide to healing and recovery The anecdotal form of When the Caregiver Becomes the Patient lends itself to a personal retelling of Langford's struggle detailing his sessions with family physician Dr David Betat and colleague and co author Dr Emil Authelet as they explore the biopsychosocial and spiritual dimension of Langford's attacks Their informal dialogues serve as a model of how a lateral relationship between colleagues can create an environment for healing and recovery that can be passed on to others The book also critiques and reviews existing literature on panic attacks and anxiety disorders related to the author's search for understanding When the Caregiver Becomes the Patient examines panic attacks cause treatment and recovery a critique of existing literature on panic attacks clinical and spiritual perspectives on anxiety disorders critical elements of the healing process effects on the caregiver's relationship with his her client a fresh model for the caregiver patient relationshipAn essential resource for caregivers counselors and therapists educators physicians and health care and religious professionals as well as those searching for an understanding of anxiety disorders When the Caregiver Becomes the Patient reassures those who receive care that the care giver struggles with life as well That understanding of the mutuality of pain and recovery creates a connection that helps ease the isolation that often accompanies suffering **Biblical Stories for Psychotherapy and Counseling** Kalman Kaplan, Matthew Schwartz, 2013-10-23 Integrate Biblical spirituality into psychotherapy and examine centuries old answers to modern psychological questions The Joint Commission on the Accreditation of Hospitals now mandates taking spiritual assessments of all patients This book is devoted to helping therapists employ Biblical spirituality in the actual treatment program Biblical Stories for Psychotherapy and Counseling A Sourcebook organizes the wisdom of the Old Testament into episodes that can shed light on specific psychological issues From the familiar to the obscure these stories can help us better understand self esteem loyalty and obligations decision making temptation anger morality various disorders family dynamics support systems developmental issues recovery issues aging suicidal behavior and more From the authors As brilliant and as penetrating as Freud's insights are they are limited in the sense that Freud relied heavily on Greek myth and literature for his models and ideas His view of man was in many ways that of the Greeksa view that concentrated on the pathological underside of man and on the bedrock of his developmental problems The Greeks could never really shake the sense of doom the foreboding and the fatalism that led so many great figures in Greek literature and in real life Greek history to depression and in a surprising number of cases to suicide In contrast the focus of the Bible is far more optimistic depression can be successfully dealt with and suicide is a sad error that should beand usually can be avoided It encourages people to hope and teaches that day to day human effort has a purpose and meaning and that heroism is not a fair or useful aim for man to set for himself The Bible offers the hope of filling every moment of human life with greater meaning and feeling New solutions to mental health problems are always welcome Ours is a new approach yet a very old one

We present stories that offer a vast treasure of knowledge and wisdom about the way people think and act and why they do so The stories are drawn from the Hebrew Bible a compendium whose latest books are already twenty four hundred or so years old Yet through all those centuries the basic story of man's searching and yearning has changed little We shall concentrate on the psychological meaning of these narratives and what they tell us about how their characters dealt with challenges of family handicap depression and more You ll also find information drawn from modern clinical research that parallels the Biblical narratives The wisdom gained from these ancient stories is applied to help people gain self understanding and deal with their own situations today For psychotherapists these Biblical foundation stories can be used as a basis for integrating spirituality into psychotherapy The story of Moses who overcame a speech problem can be applied to the problems of a Midwestern college student and the account of David and Goliath can help a businessman overcome his fears of lack of macho A small sample of the Bible stories and their clinical implications that you ll find in this volume the foundation of self esteem Saul the courage to emigrate Abraham assuming responsibility for one s self Lot s wife focusing on one's main aim Sarah and Hagar dealing with commandments Abraham and Isaac dealing with temptations Adam and Eve drunkenness and disrespect Noah reciprocity between generations Naomi and Ruth amoral intellectualism Balaam aging Ecclesiastes dealing with disability Moses and Aaron abandonment David protected regression Jonah Biblical Stories for Psychotherapy and Counseling A Sourcebook will become a well used reference in your professional teaching collection These Biblical stories will be helpful to therapists cle Integrating Spirit and Psyche Mary Pat Henehan, Harold G Koenig, 2018-10-24 In this extraordinary collection the voices of women's experience ring out loud and true The power of narrative in therapy for women is undeniable Used well other women s narratives can help us to understand and rewrite our own Here women bare their souls reflecting on self enhancement and growth on discrediting negative family scripts on seeing through demeaning cultural messages on living in the modern world on their wildness wisdom spirituality and a great deal more Each chapter includes questions for reflection to help readers incorporate these narratives into their own lives From the author This book began with the women s groups I facilitate Some themes arose many times I feel bad about myself I can t speak up at times I don t feel like I have any rights I feel stupid I feel like I am bad But as therapy progressed new narratives were expressed I do have a voice I am knowledgeable I like being who I am and I can work through this conflict As a writer and therapist I have taken a stance about ideas that are presented in sessions with clients and that exist in their culture This book elaborates on those ideas and offers readers an opportunity to think about them in their own lives Women can rewrite their lives as they become aware of their stories Some of the narratives that you ll find in Integrating Spirit and Psyche Using Women's Narratives in Psychotherapy explore women as second class citizens putting the self in context women's spirituality in its many forms anger as it relates to gender societal pressure on women to bear terrible burdens in silence ways that various cultures have demeaned women infanticide foot binding genital mutilation dowry deaths etc

societal messages that encourage feelings of helplessness shame anger and inhibition in women ways to resolve conflicts take credit where it s due and express ourselves mind body connections women to look to for inspiration Virginia Woolf Marie Curie Jackie Joyner Kersee Margaret Thatcher and many more aging and wisdom women's spiritual practices meditation T ai Chi Chakra Awareness practices from the Judeo Christian traditions and more Family Abuse and the Bible Aimee K Cassiday-Shaw, Harold G Koenig, 2013-10-11 Learn the fundamental distinctions with this thoughtful study of Christ ordained marriage This unique volume reconciles a Biblical interpretation of marriage with the reality of domestic violence Designed to raise awareness of abuse issues within the born again community Family Abuse and the Bible The Scriptural Perspective works to promote the genuine sanctity of marriage and headship of the husband by examining the ways this God given position can be subverted by Satan It combines close Biblical exegesis with psychological insight into the effects of verbal sexual physical and spiritual abuse Family Abuse and the Bible offers new hope to conservative Christian women in abusive relationships It demonstrates that abuse is not the will of God and that submission to violence is actually giving in to demonic forces The tools in this book can ultimately free them from the horror of an abuse they may feel is ordained by God while leaving them with an intact source of strength in their faith Secular therapists and counselors will find Family Abuse and the Bible an essential resource that can help them remain sensitive to the needs of abused Christian women This book explains conservative Christian beliefs about marriage while providing powerful Biblical justifications that will reach Christian clients when secular ideas fail Family Abuse and the Bible offers a clear sighted Scriptural interpretation of domestic violence issues including the link between drugs and demonic possession the ways abusers twist the Scriptures to justify their ungodly actions the cycle of violence the role of repentance and forgiveness the difference between Biblical headship and abuse This book is an essential tool for pastors Christian counselors and family therapists who work with Christian clients and also for husbands and wives who want the Lord s will for their marriage A Theology of God-Talk J. Timothy Allen, Harold G Koenig, 2018-12-07 Use this common coping mechanism to help people respond to crises This thoughtful book offers a fresh theological interpretation for the ways people talk about God in times of crisis A Theology of God Talk The Language of the Heart probes the meaning behind phrases like It must have been God's will and The Lord took Uncle Harry Though many caring professionals dismiss such talk as insensitive or irrational these phrases offer powerful clues to the speaker's personal religious feelings A Theology of God Talk demonstrates the ways that God talk moves the sufferer through the grief and doubt of the crisis By recognizing the ways God talk resembles myth apocalyptic tale tragedy story and even prayer all literary categories the caregiver can begin to help sufferers rewrite their personal narratives in the wake of tragedy A Theology of God Talk examines the crucial issues of God talk including common false assumptions about it the theology of God talk interpretations and misinterpretations how to glean counseling insights from God talk differing stances for sufferers and survivors of tragedy Bringing together psychology theology and narrative theory this insightful and

sensitive book offers new ways of looking at this common reaction to crisis A Theology of God Talk is an instant classic and an essential resource for pastors chaplains therapists grief counselors and theologians **Occupational Stress:** Breakthroughs in Research and Practice Management Association, Information Resources, 2019-11-01 There are many different types and causes of trauma and stress in the workplace that can impact employee behavior and performance Corporations have a social responsibility to assist in the overall wellbeing of their employees by ensuring that their leaders are emotionally intelligent and that their organization is compliant with moral business standards Occupational Stress Breakthroughs in Research and Practice examines the psychological physical and physiological effects of a negative work environment It also explores how to cope with work related stress Highlighting a range of topics such as job satisfaction work overload and work life balance this publication is an ideal reference source for managers professionals researchers academicians and graduate level students in a variety of fields A Christian Approach to Overcoming Disability Elaine Leong Eng, 2004 Learn how faith and psychological insight can combine to help Christians overcome physical disabilities After being diagnosed with retinitis pigmentosa Dr Elaine Leong Eng author of Martha Martha How Christians Worry knew she had to make important life changes This genetic disease would soon cause her eyesight to fail Her impending blindness meant that she would no longer be able to practice as an obstetrician gynecologist Her family life would never be the same nor would her self image A Christian Approach to Overcoming Disability A Doctor's Story is the poignant and inspiring story of Dr Eng s ultimately triumphant struggle with an untreatable illness and a life changing disability Once I heard the diagnosis I knew it was God's way of granting my prayer to be a full time mom to my babies God had prepared my heart to accept this news This so called tragedy in my life was very much for the good I had the chance to see and care for my children during those precious young years To play with them sing songs teach them feed them and do all those wonderful mothering things that many take for granted And now that they are grown I can see in my mind s eye all those great images and memories I enjoyed motherhood so much that I would not have changed my life in any way if given the chance This autobiographical book articulates the challenges faced by the blind and offers faith based and psychological techniques for coping with disability It highlights dozens of Scriptural passages that can provide an important foundation for coping and draws upon Dr Eng s experience as a psychiatrist to identify important issues and feelings about blindness and its psychological and emotional impact on every aspect of life In this insightful book you ll find firsthand information about the experience of becoming disabled and about living with even celebrating that disability and the new opportunities it presents insight about what family friends students and colleagues go through when someone close to them becomes disabled biblical references that demonstrate the importance of God in meeting physical challenges important scriptural foundations for coping practical techniques for coping with disability from both religious and psychological perspectives advice on overcoming the feeling of being damaged goods and other problems of self esteem common to the disabled A Christian

Approach to Overcoming Disability will inspire you with its message of hope It offers insights about finding inner peace no matter what hand life has dealt you and making the most of whatever God has planned for your life Anyone who knows a **Encyclopedia of Ageism** Erdman B. Christian who has any type of physical disability will benefit from reading this book Palmore, Laurence Branch, Diane Harris, 2016-05-06 Learn more about age discrimination and how it affects us all The Encyclopedia of Ageism is a comprehensive review of over 125 aspects of ageism alphabetically arranged for easy access Written by 60 experts the book examines topics such as anti aging stereotypes and the media with numerous references for further information You ll find an alphabetical list of the entries a detailed index and a list of the entries categorized by subject to help you find what you need fast This resource will increase your awareness about the many facets of ageism and provide you with a wealth of concepts theories and facts about ageism This important resource exposes the many faces of dehumanization through the elder neglect and prejudice that results from today s worldwide youth oriented culture The Encyclopedia of Ageism will help you recognize ageism when you encounter it and avoid it in your own thinking and actions The book is a valuable guide for anyone working with older people and for older people themselves With the Encyclopedia of Ageism you will be able to identify personal cultural and institutional sources of ageism such as age denial age inequality stratification sexuality scapegoating abuse the disengagement theory and so much more This eye opening reference shows how discrimination against elders can have consequences to the aged the youth the economy and society as a whole The Encyclopedia of Ageism promotes a future where the human rights of older persons are preserved and aging is considered a positive stage in the cycle of life With this book you will find strategies for reducing ageism changing perceptions and enhancing the quality of life for senior citizens and someday yourself

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