

The Transformation of the American Diet

Revolution At The Table The Transformation Of The American Diet

John D. Buenker

Revolution At The Table The Transformation Of The American Diet:

Revolution at the Table Harvey Levenstein, 2003-05-30 This book first published by OUP is a classic of culinary history with his discussion of the revolution that took place in American attitudes toward food between 1880 and 1930 Levenstein laid the the foundation for the social history of food in modern America Paradox of Plenty Harvey Levenstein, 2003-05-30 This book is intended for those interested in US food habits and diets during the 20th century American history American social life and customs From Label to Table Xag Frohlich, 2023-10-17 How did the Nutrition Facts label come to appear on millions of everyday American household food products As Xaq Frohlich reveals this legal scientific and seemingly innocuous strip of information can be a prism through which to view the high stakes political battles and development of scientific ideas that have shaped the realms of American health nutrition and public communication By tracing policy debates at the U S Food and Drug Administration Frohlich describes the emergence of our present information age in food and diet markets and examines how powerful government offices inform the public about what they consume From Label to Table explores evolving popular ideas about food diet and responsibility for health that have influenced what goes on the Nutrition Facts label and who gets to decide that The Oxford Handbook of Food History Jeffrey M. Pilcher, 2012-10-16 Food matters not only as a subject of study in its own right but also as a medium for conveying critical messages about capitalism the environment and social inequality to diverse audiences Recent scholarship on the subject draws from both a pathbreaking body of secondary literature and an inexhaustible wealth of primary sources from ancient Chinese philosophical tracts to McDonald's menus contributing new perspectives to the historical study of food culture and society and challenging the limits of history itself The Oxford Handbook of Food History places existing works in historiographical context crossing disciplinary chronological and geographic boundaries while also suggesting new routes for future research The twenty seven essays in this book are organized into five sections historiography disciplinary approaches production circulation and consumption of food The first two sections examine the foundations of food history not only in relation to key developments in the discipline of history itself such as the French Annales school and the cultural turn but also in anthropology sociology geography pedagogy and the emerging Critical Nutrition Studies The following three sections sketch various trajectories of food as it travels from farm to table factory to eatery nature to society Each section balances material cultural and intellectual concerns whether juxtaposing questions of agriculture and the environment with the notion of cookbooks as historical documents early human migrations with modern culinary tourism or religious customs with social activism In its vast interdisciplinary scope this handbook brings students and scholars an authoritative guide to a field with fresh insights into one of the most fundamental human concerns A World Connecting Emily S. Rosenberg, 2012-10-30 Between 1870 and 1945 advances in communication and transportation simultaneously expanded and shrank the world In five interpretive essays A World Connecting goes beyond nations empires and world wars to capture the era's defining

feature the profound and disruptive shift toward an ever more rapidly integrating world Six Women Who Shaped What Americans Eat Michelle Mart, 2025-07-15 Six Women Who Shaped What Americans Eat tells the story of how food choice in modern America has been influenced by culture industrial abundance and health narratives Mart reflects on the careers of six women to illustrate the varied and overlapping influences on food choice Each of these women had a substantial impact on American cuisine attitudes toward food and what people chose to eat They highlighted the politics of food the pleasure of food the connection between food and health and the environmental harm of poor food choices Part one of the book discusses the bounties of the modern American food system and covers Hazel Stiebeling Poppy Cannon and Julia Child Stiebeling was a chemist and government nutritionist beginning in the 1930s and shaped dietary guidelines and school lunches that affected generations of Americans Cannon a best selling cookbook author and newspaper columnist gained fame in the 1950s by preaching the wonders of processed food Child another cookbook author and television personality starting in the 1960s celebrated French cuisine and made it accessible to American cooks and palates Part two examines the hidden costs of abundance and covers Frances Moore Lapp Marion Nestle and Alice Waters Lapp was an author and activist concerned with the environmental impact of food in the late 20th century and who is credited with bringing vegetarianism into the mainstream Nestle was an academic nutritionist government consultant and author who decried the undue influence of food corporations Waters a celebrity chef restauranteur and food activist became a symbol of alternative food movements in the 21st century Provided by publisher Public History and the Food Movement Michelle Moon, Cathy Stanton, 2017-08-04 Public History and the Food Movement argues that today s broad interest in making food systems fairer healthier and more sustainable offers a compelling opportunity for the public history field Moon and Stanton show how linking heritage institutions unique skills and resources with contemporary food issues can offer accessible points of entry for the public into broad questions about human and environmental resilience They argue that this approach can also benefit institutions themselves by offering potential new audiences partners and sources of support at a time when many are struggling to remain relevant and viable Interviews with innovative practitioners in both the food and history fields offer additional insights Drawing on both scholarship and practice Public History and the Food Movement presents a practical toolkit for engagement Demonstrating how public historians can take on a vital contemporary issue while remaining true to the guiding principles of historical research and interpretation the book challenges public historians to claim an expanded role in today s food politics The fresh thinking will also be of interest to public historians looking to engage with other timely issues

<u>Food Will Win the War</u> Ian Mosby,2014-05-21 During the Second World War as Canada struggled to provide its allies with food public health officials warned that malnutrition could derail the war effort Posters admonished Canadians to Eat Right because Canada Needs You Strong while cookbooks helped housewives become housoldiers through food rationing menu substitutions and household production Ian Mosby explores the symbolic and material transformations that food and

eating underwent as the Canadian state took unprecedented steps into the kitchens of the nation changing the way women cooked what their families ate and how people thought about food Canadians in turn rallied around food and nutrition to articulate new visions of citizenship for a new peacetime social order Risk on the Table Angela N. H. Creager, Jean-Paul Gaudillière, 2021-01-15 Over the last century the industrialization of agriculture and processing technologies have made food abundant and relatively inexpensive for much of the world's population Simultaneously pesticides nitrates and other technological innovations intended to improve the food supply s productivity and safety have generated new often poorly understood risks for consumers and the environment From the proliferation of synthetic additives to the threat posed by antibiotic resistant bacteria the chapters in Risk on the Table zero in on key historical cases in North America and Europe that illuminate the history of food safety highlighting the powerful tensions that exists among scientific understandings of risk policymakers decisions and cultural notions of pure food The Routledge History of American Foodways Michael D. Wise, Jennifer Jensen Wallach, 2016-02-12 The Routledge History of American Foodways provides an important overview of the main themes surrounding the history of food in the Americas from the pre colonial era to the present day By broadly incorporating the latest food studies research the book explores the major advances that have taken place in the past few decades in this crucial field The volume is composed of four parts The first part explores the significant developments in US food history in one of five time periods to situate the topical and thematic chapters to follow The second part examines the key ingredients in the American diet throughout time allowing authors to analyze many of these foods as items that originated in or dramatically impacted the Americas as a whole and not just the United States The third part focuses on how these ingredients have been transformed into foods identified with the American diet and on how Americans have produced and presented these foods over the last four centuries The final section explores how food practices are a means of embodying ideas about identity showing how food choices preferences and stereotypes have been used to create and maintain ideas of difference Including essays on all the key topics and issues The Routledge History of American Foodways comprises work from a leading group of scholars and presents a comprehensive survey of the current state of the field It will be essential reading for all those interested in the history of food in American culture **Debating Dissent** Lara A. Campbell, Dominique Clement, Gregory S. Kealey, 2012-10-09 Although the 1960s are overwhelmingly associated with student radicalism and the New Left most Canadians witnessed the decade s political economic and cultural turmoil from a different perspective Debating Dissent dispels the myths and stereotypes associated with the 1960s by examining what this era s transformations meant to diverse groups of Canadians and not only protestors youth or the white middle class With critical contributions from new and senior scholars Debating Dissent integrates traditional conceptions of the 1960s as a time apart within the broader framework of the long sixties and post 1945 Canada and places Canada within a local national an international context Cutting edge essays in social intellectual and political history reflect a range of historical interpretation

and explore such diverse topics as narcotics the environment education workers Aboriginal and Black activism nationalism Quebec women and bilingualism Touching on the decade s biggest issues from changing cultural norms to the role of the state Debating Dissent critically examines ideas of generational change and the sixties **Manly Meals and Mom's Home Cooking** Jessamyn Neuhaus, 2012-03-15 A study of what American cookbooks from the 1790s to the 1960s can show us about gender roles food and culture of their time From the first edition of The Fannie Farmer Cookbook to the latest works by today s celebrity chefs cookbooks reflect more than just passing culinary fads As historical artifacts they offer a unique perspective on the cultures that produced them In Manly Meals and Mom s Home Cooking Jessamyn Neuhaus offers a perceptive and piquant analysis of the tone and content of American cookbooks published between the 1790s and the 1960s adroitly uncovering the cultural assumptions and anxieties particularly about women and domesticity they contain Neuhaus s in depth survey of these cookbooks questions the supposedly straightforward lessons about food preparation they imparted While she finds that cookbooks aimed to make readers mainly white middle class women into effective modern age homemakers who saw joy not drudgery in their domestic tasks she notes that the phenomenal popularity of Peg Bracken s 1960 cookbook The I Hate to Cook Book attests to the limitations of this kind of indoctrination At the same time she explores the proliferation of bachelor cookbooks aimed at the man in the kitchen and the biases they display about male and female abilities tastes and responsibilities Neuhaus also addresses the impact of World War II rationing on homefront cuisine the introduction of new culinary technologies gourmet sensibilities and ethnic foods into American kitchens and developments in the cookbook industry since the 1960s More than a history of the cookbook Manly Meals and Mom s Home Cooking provides an absorbing and enlightening account of gender and food in modern America An engaging analysis Neuhaus provides a rich and well researched cultural history of American gender roles through her clever use of cookbooks Sarah Eppler Janda History Reviews of New Books With sound scholarship and a focus on prescriptive food literature Manly Meals makes an original and useful contribution to our understanding of how gender roles are institutionalized and perpetuated Warren Belasco senior editor of The Oxford Encyclopedia of American Food and Drink An excellent addition to the history of women s Tin and Global Capitalism, 1850-2000 Mats roles in America as well as to the history of cookbooks Choice Ingulstad, Andrew Perchard, Espen Storli, 2014-09-04 For most of the twentieth century tin was fundamental for both warfare and welfare The importance of tin is most powerfully represented by the tin can an invention which created a revolution in food preservation and helped feed both the armies of the great powers and the masses of the new urban society The trouble with tin was that economically viable deposits of the metal could only be found in a few regions of the world predominantly in the southern hemisphere while the main centers of consumption were in the industrialized north The tin trade was therefore a highly politically charged economy in which states and private enterprise competed and cooperated to assert control over deposits smelters and markets Tin provides a particularly telling illustration of how the interactions of business and

governments shape the evolution of the global economic trade the tin industry has experienced extensive state intervention during times of war encompasses intense competition and cartelization and has seen industry centers both thrive and fail in the wake of decolonization The history of the international tin industry reveals the complex interactions and interdependencies between local actors and international networks decolonization and globalization as well as government foreign policies and entrepreneurial tactics By highlighting the global struggles for control and the constantly shifting economic geographical and political constellations within one specific industry this collection of essays brings the state back into business history and the firm into the history of international relations **The Routledge History of Food** Carol Helstosky, 2014-10-03 The history of food is one of the fastest growing areas of historical investigation incorporating methods and theories from cultural social and women's history while forging a unique perspective on the past The Routledge History of Food takes a global approach to this topic focusing on the period from 1500 to the present day Arranged chronologically this title contains 17 originally commissioned chapters by experts in food history or related topics Each chapter focuses on a particular theme idea or issue in the history of food The case studies discussed in these essays illuminate the more general trends of the period providing the reader with insight into the large scale and dramatic changes in food history through an understanding of how these developments sprang from a specific geographic and historical context Examining the history of economic technological and cultural interactions between cultures and charting the corresponding developments in food history The Routledge History of Food challenges readers assumptions about what and how people have eaten bringing fresh perspectives to well known historical developments It is the perfect guide for all students of social and cultural history

The Body Soviet Tricia Starks, 2009-01-06 In 1918 the People's Commissariat of Public Health began a quest to protect the health of all Soviet citizens but health became more than a political platform or a tactical decision The Soviets defined and categorized the world by interpreting political orthodoxy and citizenship in terms of hygiene The assumed political social and cultural benefits of a regulated healthy lifestyle informed the construction of Soviet institutions and identity Cleanliness developed into a political statement that extended from domestic maintenance to leisure choices and revealed gender ethnic and class prejudices Dirt denoted the past and poor politics health and cleanliness signified mental acuity political orthodoxy and modernity Health though essential to the revolutionary vision and crucial to Soviet plans for utopia has been neglected by traditional histories caught up in Cold War debates The Body Soviet recovers this significant aspect of Soviet thought by providing a cross disciplinary comparative history of Soviet health programs that draws upon rich sources of health care propaganda including posters plays museum displays films and mock trials The analysis of propaganda makes The Body Soviet more than an institutional history it is also an insightful critique of the ideologies of the body fabricated by health organizations A masterpiece that will thoroughly fascinate and delight readers Starks s understanding of propaganda and hygiene in the early Soviet state is second to none She tells the stories of Soviet efforts in this field with tremendous insight

and ingenuity providing a rich picture of Soviet life as it was actually lived Elizabeth Wood author of From Baba to Comrade Gender and Politics in Revolutionary Russia Looking Good Margaret A. Lowe, 2003-06-12 Winner of the Bridgewater State College Class of 1950 Distinguished Faculty Research Award Toward the end of the nineteenth century as young women began entering college in greater numbers than ever before physicians and social critics charged that campus life posed grave hazards to the female constitution and women's reproductive health A girl could study and learn Dr Edward Clarke warned in his widely read 1873 book Sex in Education but she could not do all this and retain uninjured health and a future secure from neuralgia uterine disease hysteria and other derangements of the nervous system For half a century ideas such as Dr Clarke's framed the debate over a woman's place in higher education almost exclusively in terms of her body and her health For historian Margaret A Lowe this obsession offers one of the clearest expressions of the social and cultural meanings given to the female body between 1875 and 1930 At the same time the college girl was a novelty that tested new ideas about feminine beauty sexuality and athleticism In Looking Good Lowe examines the ways in which college women at three quite different institutions Cornell University Smith College and Spelman College regarded their own bodies in this period Contrasting white and black students single sex and coeducational schools secular and religious environments and Northern and Southern attitudes Lowe draws on student diaries letters and publications institutional records and accounts in the popular press to examine the process by which new twentieth century ideals of the female body took hold in America

Flavors of Empire Mark Padoongpatt,2017-09-26 One night in Bangkok food and the everyday life of empire Chasing the yum food procurement and early Thai Los Angeles Too hot to handle restaurants and Thai American identity More than a place of worship food festivals and Thai American suburban culture Thailand s 77th province culinary tourism in Thai Town

The History of Wisconsin, Volume IV John D. Buenker,2013-03-05 Published in Wisconsin's Sesquicentennial year this fourth volume in The History of Wisconsin series covers the twenty tumultuous years between the World's Columbian Exposition and the First World War when Wisconsin essentially reinvented itself becoming the nation's laboratory of democracy The period known as the Progressive Era began to emerge in the mid 1890s A sense of crisis and a widespread clamor for reform arose in reaction to rapid changes in population technology work and society Wisconsinites responded with action their advocacy of women's suffrage labor rights and protections educational reform increased social services and more responsive government led to a veritable flood of reform legislation that established Wisconsin as the most progressive state in the union As governor and U S Senator from Wisconsin Robert M La Follette Sr was the most celebrated of the Progressives but he was surrounded by a host of pragmatic idealists from politics government and the state university Although the Progressives frequently disagreed over priorities and tactics their values and core beliefs coalesced around broad based participatory democracy the application of scientific expertise to governance and an active concern for the welfare of all members of society what came to be known as the Wisconsin Idea

Sugar James Walvin, 2017-07-13 An

entertaining informative and utterly depressing global history of an important commodity By alerting readers to the ways that modernity s very origins are entangled with a seemingly benign and delicious substance How Sugar Corrupted the World raises fundamental questions about our world Sven Beckert the Laird Bell professor of American history at Harvard University and the author of Empire of Cotton A Global History in the New York Times A brilliant and thought provoking history of sugar and its ironies Bee Wilson Wall Street Journal Shocking and revelatory no other product has so changed the world and no other book reveals the scale of its impact David Olusoga This study could not be more timely Laura Sandy Lecturer in the History of Slavery University of Liverpool The story of sugar and of mankind s desire for sweetness in food and drink is a compelling though confusing story It is also an historical story The story of mankind s love of sweetness the need to consume honey cane sugar beet sugar and chemical sweeteners has important historical origins To take a simple example two centuries ago cane sugar was vital to the burgeoning European domestic and colonial economies For all its recent origins today s obesity epidemic if that is what it is did not emerge overnight but instead evolved from a complexity of historical forces which stretch back centuries We can only fully understand this modern problem by coming to terms with its genesis and history and we need to consider the historical relationship between society and sweetness over a long historical span This book seeks to do just that to tell the story of how the consumption of sugar the addition of sugar to food and drink became a fundamental and increasingly troublesome feature of modern life Walvin's book is the heir to Sidney Mintz's Sweetness and Power a brilliant sociological account but now thirty years old In addition the problem of sugar and the consequent intellectual and political debate about the role of sugar has been totally transformed in the years since that book s publication Silk Roads Jeffrey D. Lerner, Yaohua Shi, 2020-08-31 In recent decades there has been a new surge of interest in the history and legacies of the Silk Roads both within academic and public discourses A field of Silk Roads Studies has come into its own Consciously mirroring the temperament of its subject the field has moved out of the narrow niches of particular disciplines to become a truly interdisciplinary endeavor New research findings about the historical operations of the Silk Roads and interpretations of their legacies for the modern and contemporary world have broken down geographical and temporal divides that once demarcated the Silk Roads as primarily pre modern and Old World centered conduits of globalization In light of these developments the time is ripe to begin formulating a new definition of the contour of Silk Roads Studies and laying a new foundation for further work in this field Silk Roads From Local Realities to Global Narratives brings together leading scholars in multiple disciplines related to Silk Roads studies It highlights the multiplicity of networks that constituted the Silk Roads including land and maritime routes and approaches the Silk Roads from Antiquity to China's One Belt One Road Initiative from Afro Eurasia to the Americas This holistic approach to understanding ancient globalization exchanges transformations and movements and their continued relevance to the present is in line with contemporary academic trends toward interdisciplinarity Indeed the Silk Roads is such an expansive topic that many approaches to its

study must be included to represent accurately its many facets The volume emphasizes exchange and transformation along the Silk Roads moments of acculturation or hybridization that contributed to novel syncretic forms It highlights the multiplicity of networks that constituted the Silk Roads including land and maritime routes and approaches to the Silk Roads from Antiquity to China's One Belt One Road Initiative from Afro Eurasia to the Americas

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