



PAUL ELVSTRØM EXPLAINS

# THE RACING RULES OF SAILING

EDITED BY SØREN KRAUSE

2013-2016  
RULES

WITH PLASTIC BOAT MODELS  
FOR PROTEST HEARINGS

# Paul Elvstrom Explains The Racing Rules Of Sailing

**Paul Elvström**



## **Paul Elvstrom Explains The Racing Rules Of Sailing:**

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320 000 copies in the English language alone and has been the most trusted reference for racing sailors at all levels for over 40 years Completely revised to cover the new rules for 2013 2016 it includes the full text of the racing rules and a handy quick reference guide to the latest changes at the front Bird s eye illustrations show exactly how to interpret each rule and there is a section on how to present your case in a protest Each rule is carefully analysed and the situations likely to be met with in a race are explained with clear and helpful bird s eye diagrams all cross referenced to the relevant case studies provided by the ISAF The book also comes with the famous model boats for use in protests and there are signal flags on the back cover for easy reference on the race course The book and the model boats are packaged within a plastic wallet to keep everything together and protect it all from spray It is the perfect pocket reference for racers in every type of boat dinghy keelboat or yacht

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**Paul Elvstrom Explains the Racing Rules of Sailing, 1997-2000 Rules** Søren Krause, 1997-05. *Paul Elvstrom Explains the Racing Rules of Sailing* Paul Elvstrøm, 1997. This is the 13th edition of this classic pocket reference book, revised to cover the 1997-2000 racing rules. The book is divided into three sections: the full text of the racing rules, interpretations of appeals to the ISAF, and birds eye line drawings with cross referencing to the relevant rule.

**Paul Elvstrom Explains Racing Rules of Sailing, 2013-2016 Edition** Søren Krause, 2012-12-29. Features color coded explanations and interpretations of the rules with the help of two color bird's eye view drawings. This title offers a color chart of race signals, a graphic quick reference locator for the rules, a summary of recent rules changes and procedural notes for filing a protest. It is a comprehensive reference for sailboat racing.

**Paul Elvstrom Explains the Racing Rules of Sailing, 2001-2004** Søren Krause, 2001-05-17. The first section of this new edition provides the complete text of the International Sailing Federation (ISAF) rules for 2001 through to 2004. The second section, which is colour coded, offers clear and concise explanations of each rule's meaning, intent and implications.

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the most important self preparation to boat preparation boat handling boat tuning race strategy starting tactics racing rules compass work and meteorology The book is aimed at all classes dinghies keelboats catamarans and windsurfers as well as coaches at all levels providing training programmes and exercises Jim Saltonstall's method of coaching and race training is acclaimed worldwide This book is certain to be welcomed by his devotees as well as newcomers to the sport of racing If there is one person responsible for the success of the current *Paul Elvström Explains ... the Yacht Racing Rules* Paul Elvström, 1969 **Paul Elvström Explains the Yacht Racing Rules, 1993-96 Rules** Paul Elvstrøm, 1993 **Sports, Exercise, and Fitness** Mary Beth Allen, 2005-03-30 For reference librarians and researchers seeking information on sports and fitness this guide is an important first stop For collection development specialists it is an invaluable selection guide Allen describes and evaluates over 1 000 information sources on the complete spectrum of sports from basketball football and hockey to figure skating table tennis and weight training Focusing on English language works published between 1990 and the present the guide thoroughly covers traditional reference sources such as encyclopedias and bibliographies along with instructional sources in print formats online databases and Web sites To enable users in search of information on specific sports or fitness activities chapters are organized thematically according to broad type aquatic sports nautical sports precision and accuracy racket sports ice and snow sports ball sports cycling and so on with subcategories for such individual sports as soccer golf and yoga Within these categories works are further organized by type reference instructional and Web sites

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