

ACS SYMPOSIUM SERIES 871

Nutraceutical Beverages

**Chemistry, Nutrition,
and Health Effects**



EDITED BY
Fereidoon Shahidi and Deepthi K. Weerasinghe

Nutraceutical Beverages Chemistry Nutrition And Health Effects

Fereidoon Shahidi



Nutraceutical Beverages Chemistry Nutrition And Health Effects:

Nutraceutical Beverages Fereidoon Sahidi, Deepthi K. Weerasinghe, American Chemical Society. Division of Agricultural and Food Chemistry, American Chemical Society. Meeting, 2004 Beverages derived from fruits and vegetables are a rich source of vitamin C carotenoids phenolics and polyphenolics as well as other bioactives The bioactives in nutraceutical beverages may act synergistically with one another and their effect may be amplified through fortification cultivating practices or biotechnological means This book discusses factors in the formulation chemistry nutrition and health effects of nutraceutical beverages Food Constituents and Oral Health M. Wilson, 2009-04-29 Oral diseases can have a significant impact on self esteem and quality of life are widespread and may be expensive to treat New methods to reduce their incidence are therefore needed and the protective effect of food constituents is an important area of study This essential collection reviews the latest research into the effects of food constituents on diseases and conditions of the mouth Part one introduces oral conditions and diseases with chapters on topics such as diseases caused by oral bacteria viral and fungal infections of the oral cavity and dental erosion Part two focuses on the effects of specific foods and food components including sugar alcohols casein phosphopeptides and antioxidants The final part of the book covers the technology and development of foods and supplements for oral health and oral healthcare products containing food derived bioactives With its distinguished editor and international team of contributors Food constituents and oral health is an indispensable reference for dentists professionals in the oral health product dietary supplement and functional foods industries and academics with an interest in oral health or functional foods Essential collection reviews the latest research into the food constituents on diseases and conditions of the mouth Examines oral conditions and diseases with specific chapters assessing bacterial viral and fungal infections Reviews the effects of specific foods and food components including sugar alcohols and antioxidants **Dried Fruits** Fereidoon Shahidi, 2013-04-01 Dried fruits serve as important healthful snack items around the world They provide a concentrated form of fresh fruits prepared by different drying techniques With their unique combination of taste aroma essential nutrients fibre and phytochemicals or bioactive compounds dried fruits are convenient for healthy eating and can bridge the gap between recommended intake of fruits and actual consumption Dried fruits are nutritionally equivalent to fresh fruits in smaller serving sizes in the current dietary recommendations of various countries Scientific evidence suggests that individuals who regularly consume generous amounts of dried fruits have lower rates of cardiovascular disease obesity various types of cancer type 2 diabetes and other chronic diseases Dried fruits also have the advantage of being easy to store and distribute available around the year readily incorporated into other foods and recipes and present a healthy alternative to salty or sugary snacks Dried Fruits Phytochemicals and Health Effects is divided into three sections preceded by introductory chapters that provide an overview of dried fruits their composition phytochemicals and health applications as well as the cancer chemopreventive effects of selected dried fruits amla fruits or Indian

gooseberries avocados berries mangoes mangosteens persimmons prunes raisins kiwi fruits and other dried fruits The first section covers the most popular dried berries blackberries blackcurrants blueberries cranberries goji berries mulberries raspberries and strawberries the second section discusses non tropical dried fruits apples apricots cherries citrus fruits figs nectarines peaches pears prunes and raisins and the final section addresses tropical dried fruits a ai fruits bananas dates guavas papayas mangoes passion fruits and pineapples Contributors to this volume are internationally renowned researchers who have provided a comprehensive account of the global perspectives of the issues relating to phytochemicals and health effects of dried fruits The book will serve as a resource for those interested in the potential application of new developments in dried fruits nutraceuticals and functional foods Biochemists chemists food scientists technologists nutritionists and health professionals from academia government laboratories and industry will benefit from this publication Although this book is intended primarily as a reference book it also summarises the current state of knowledge in key research areas and contains ideas for future work In addition it provides easy to read text suitable for teaching senior undergraduate and post graduate students

Understanding Wine Chemistry Andrew L. Waterhouse, Gavin L. Sacks, David W. Jeffery, 2016-06-07 Wine chemistry inspires and challenges with its complexity and while this is intriguing it can also be a barrier to further understanding The topic is demystified in Understanding Wine Chemistry Special Mention awardee in the 2018 OIV awards which explains the important chemistry of wine at the level of university education and provides an accessible reference text for scientists and scientifically trained winemakers alike Understanding Wine Chemistry Summarizes the compounds found in wine their basic chemical properties and their contribution to wine stability and sensory properties Focuses on chemical and biochemical reaction mechanisms that are critical to wine production processes such as fermentation aging physiochemical separations and additions Includes case studies showing how chemistry can be harnessed to enhance wine color aroma flavor balance stability and quality This descriptive text provides an overview of wine components and explains the key chemical reactions they undergo such as those controlling the transformation of grape components those that arise during fermentation and the evolution of wine flavor and color The book aims to guide the reader who perhaps only has a basic knowledge of chemistry to rationally explain or predict the outcomes of chemical reactions that contribute to the diversity observed among wines This will help students winemakers and other interested individuals to anticipate the effects of wine treatments and processes or interpret experimental results based on an understanding of the major chemical reactions that can occur in wine

Chemical Deterioration and Physical Instability of Food and Beverages Leif H Skibsted, Jens Risbo, Mogens L Andersen, 2010-04-23 For a food product to be a success in the marketplace it must be stable throughout its shelf life Quality deterioration due to chemical changes and alterations in condition due to physical instability are not always recognised yet can be just as problematic as microbial spoilage This book provides an authoritative review of key topics in this area Chapters in part one focus on the chemical reactions which can negatively affect food quality such as

oxidative rancidity and their measurement Part two reviews quality deterioration associated with physical changes such as moisture loss gain and migration crystallization and emulsion breakdown Contributions in the following section outline the likely effects on different foods and beverages including bakery products fruit and vegetables ready to eat meals and wine With contributions from leaders in their fields Chemical deterioration and physical instability of food and beverages is an essential reference for R D and QA staff in the food industry and researchers with an interested in this subject Examines chemical reactions which can negatively affect food quality and measurement Reviews quality deterioration associated with physical changes such as moisture loss gain and migration and crystallization Documents deterioration in specific food and beverage products including bakery products frozen foods and wine Mammalian Toxicology Mohamed

Abou-Donia,2015-05-04 Mammalian Toxicology surveys chemical agents and examines how such chemicals impact on human health emphasizing the importance in minimizing environmental exposure to chemical and physical hazards in our homes communities and workplaces through such media as contaminated water soil and air Starting with the basic principles on a wide range of toxic agents this textbook describes how they enter the body their mechanisms of action once inside and strategies for diagnosis prevention and treatment Topics covered include General principles of toxicology pharmacological and toxicological principles underpinning the study of toxicology risk assessments and mechanisms of cell death Disposition routes of chemical exposures entry into the body and various tissues storage metabolic biotransformation and elimination with examples from various toxicants Toxic agents the occurrences disposition in the body health effects toxic mechanisms antidotes and treatments of a range of agents including pesticides metals solvents gases nanomaterials food components and additives pharmaceuticals drugs of abuse natural toxins endocrine disruptors radiation and warfare weapons Toxic effects including neurotoxicity developmental toxicity immunotoxicity teratogenecity male and female reproductive toxicity mutagenecity carcinogenicity pulmonary toxicity cardiovascular toxicity hepatotoxicity gastrointestinal toxicity and cardiovascular toxicity Toxicology and society epidemiological studies of chemical induced diseases in human populations and a vision for toxicology in the 21st century Mammalian Toxicology is an essential primer for students of toxicology biochemistry biology medicine and chemistry It is also appropriate for professional toxicologists in research or regulatory affairs and anyone who needs to understand the adverse effects of toxic agents on the human body Natural Products in Beverages Jean-Michel Mérillon,Céline Rivière,Gabriel Lefèvre,2024-11-01 This reference book provides an overview of the active ingredients of selected plants present in beverages The book aims to highlight according to the chapters the botanical ethnobotanical ecological or agronomic aspects of these botanical species used in some well known or rarer beverages by linking them to their phytochemistry This book also covers the manufacturing techniques as well as the quality control of these products of natural origin in beverages The content is divided into five main sections containing chapters written by valuable experts in their field 1 beverages plants with caffeine and other methylxanthines 2 beverage plants without caffeine

3 fruits juices 4 alcoholic beverage plants non distilled beverages and 5 alcoholic beverage plants distilled beverages The book is a useful resource for graduate students academics and researchers in the field of botany agriculture food chemistry nutrition as well as for industrial scientists and those involved in the commercialization of phytochemicals plants and their extracts Functional Foods and Nutraceuticals: Chemistry, Health Benefits and the Way Forward Khalid Bashir, Kulsum Jan, Farhan Jalees Ahmad, 2024-07-01 Progress in understanding the association between the health benefits of foods prevention of diseases and immunity enhancers has led researchers to focus on functional components of foods Considerable evidence from epidemiological clinical and laboratory studies have shown numerous functional components in foods which may enhance immunity and help in preventing various lifestyle diseases This book specifically documents the therapeutic roles of functional foods and their ingredients and explains their bioavailability and accessibility Functional Foods and Nutraceuticals Chemistry Health Benefits and the Way Forward addresses recent advances and future prospects of health benefits in different functional foods It also provides a thorough understanding of the bioavailability of fortificants their mechanisms of action extraction techniques effects of processing nutraceutical and nanomaterial development and legislation The book also delivers up to date information regarding the techniques of fortification their bio accessibility and trends along with the application of nanotechnology for the development of functional foods This text serves as a multidisciplinary source appropriate for researchers from food science and technology biotechnology pharmaceutical and allied sciences Provides recent advances in extraction of phytochemicals Explores the role of Nutraceuticals as immunity boosters and in combatting lifestyle diseases Polyphenols: Prevention and Treatment of Human Disease Ronald Ross Watson, Victor R Preedy, Sherma Zibadi, 2018-08-06 Polyphenols in Prevention and Treatment of Human Disease Second Edition authoritatively covers evidence of the powerful health benefits of polyphenols touching on cardiovascular disease cancer obesity diabetes and osteoporosis This collection represents the contributions of an international group of experts in polyphenol research who share their expertise in endocrinology public health cardiology pharmacology agriculture and veterinary science Researchers from diverse backgrounds will gain insight into how clinical observations and practices can feed back into the research cycle thus allowing them to develop more targeted insights into the mechanisms of disease This reference fills a void in research where nutritionists and alternative therapies may be applicable Describes polyphenol modulation of blood flow and oxygenation as a potential mechanism of protection against vascular atherosclerosis Describes how polyphenols and antioxidants frequently change immune defenses and actions Focuses on the most important areas of research and provides insights into their relationships and translational opportunities *Bioactives in Fruit* Margot Skinner, Denise Hunter, 2013-09-10 For centuries we have known that fruit is important for health but we are only just beginning to fully understand why Bioactives in Fruit Health Benefits and Functional Foods aims to summarise some of our current knowledge on the bioactive compounds that are associated with the health benefits of specific fruits with a strong emphasis on the

validation of health benefits by human intervention trials Reflecting the current interest in food and health the book includes strategies to retain and enhance the bioactives in fruit through breeding growing conditions fruit storage processing into ingredients and production of functional foods To accomplish this task authors with expertise in biology chemistry pharmacology food science nutrition medicine and horticulture have contributed They come from universities government and industry funded research institutes and biotechnology and food companies in Europe the United States Asia and New Zealand to give the book a broad perspective This book describing fruit bioactives their health benefits when consumed as a food and related topics regarding their development into fresh or processed functional foods will be of use to postgraduate students researchers functional food product developers food regulators and anyone who has curiosity about why fruit is good for you The information contained within will provide plant breeders with new targets for the development of value added horticultural products and will also provide nutritionists and dieticians with a useful resource for developing strategies to assist in preventing or slowing disease onset or severity Bioactives in Fruit Health Benefits and Functional Foods is a major resource which will be required reading for anyone working in the fields of health and functional foods

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