

# How to make the most of your pressure cooker

Pressure cooking cuts conventional cooking times to a third. Soups can be ready in minutes. Favourite recipes that traditionally take hours to prepare can be made and enjoyed at the end of a busy day – with no loss of flavour, vitamins, minerals or colour. Plus shorter cooking times mean you'll enjoy lower fuel bills too. Other benefits include:

- Cheaper cuts of meat, which are packed with flavour but normally need long, slow cooking to make them tender, can be cooked quickly
- Less steam is produced so no condensation in the kitchen
- A diversity of delicious dishes that are easy and economical to make
- Ideal for both family meals and cooking for one

Feed yourself and your family quickly and cheaply with Dianne Page's easy-to-prepare, tasty and nourishing recipes – for soups, fish, meat, poultry, puddings and preserves.



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# Pressure Cooking Properly Explained

**LL Leslie**

A decorative red circular graphic with a gradient, appearing as a partial circle or a stylized 'C' shape, located to the right of the author's name.

## **Pressure Cooking Properly Explained:**

**Pressure Cooking Properly Explained** Dianne Page,2013-05-30 Whether you ve just bought your first pressure cooker or you have left your old one languishing at the back of the cupboard for a while Dianne Page will help you get the most out of this most useful piece of kitchen equipment Pressure cooking cuts conventional cooking times to a third Soups can be ready in minutes Favourite recipes which traditionally take hours to prepare can be cooked and enjoyed at the end of a busy day Plus shorter cooking times mean lower gas and electricity bills Other benefits include Food retains its flavour vitamins minerals and colour Cheaper cuts of meat that are packed with flavour but normally need long slow cooking to make them tender can be cooked quickly Less steam is produced so no condensation in the kitchen

**Pressure Cooking Properly Explained** Dianne Page,2014 **Pressure Cooking Properly Explained** Dianne Page,1983 **Microwave Recipes For One** Annette Yates,2013-07-25 The microwave has many advantages over conventional cooking it s quicker more economical cleaner and easier Microwave ovens take up very little space They produce fewer cooking smells and less steam and kitchen cooking areas remain cool Annette Yates book is designed specifically for the person who lives alone or who has to prepare individual meals for some other reason perhaps members of the family need to eat at different times or have conflicting tastes and preferences or perhaps someone is on a special diet which requires food to be cooked separately Included are recipes for breakfasts soups starters and sauces fish meat poultry vegetable cheese egg and pasta dishes and desserts PLUS an indispensable cooking guide which explains how to adapt family recipe instructions to the smaller amounts needed for a single portion

**The Halogen Oven Cookbook** Norma Miller,2013-05-30 A halogen oven cooks food almost as quickly as a microwave oven but with the added bonus of browning and crisping the food like a conventional oven Find out how the halogen oven can become an indispensable item of equipment in your kitchen with Norma Miller s comprehensive guide Choose the right halogen oven for your needs Maximize the benefits of using the halogen oven Adapt your own recipes to the halogen oven This book contains nearly 100 tasty recipes all personally tried and tested in the latest halogen ovens by Norma Miller All the traditional favourites such as Shepherd s Pie Toad in the Hole Sweet and Sour Pork Chicken Curry Lasagne and Poached Salmon are here plus some exciting new contemporary recipes including Nutty Pork Meatballs Fish Kebabs with Mango Salsa and even Sweet Orange and Chocolate Pizza

**Modern Pressure Cooking** Bren Herrera,2016-12-13 The pressure cooker is the next big thing in the cooking world and it s already becoming more affordable and more popular Private chef and media personality Bren Herrera has more than 100 recipes to show you all the incredible food you can make with it Bren Herrera appears regularly on the cooking programs of local and national media like the TODAY Show NPR NBC s Daytime morning show and CNN Espa ol She s worked with many talented chefs such as Emeril Lagasse and Jo l Robuchon She uses her Cuban roots to add flavor and flair and diversity to her recipes such as Sweet Pea and Mint Soup with Cr me Fraiche Shiraz Wine Reduced Australian Lamb Shank Ancho Chile and Cilantro Short Ribs One Pot Creamy Spinach and

Potato Lentils 10 Minute Kidney Beans with Chorizo and 3 of Bren s signature flans like Decadent Espresso and Toasted Almond Flan plus a whole chapter of classic and fusion plates from Bren s Cuban kitchen such as Rabo Encendido Peppered Red Wine Oxtail and The Best Yucca in Garlic Mojo Ever This is the perfect cookbook to pair with a recent purchase or gift of a pressure cooker as Bren truly embodies the energy and delightful food culture of today      **Country Guide and Nor'west Farmer** ,1926      The British Library General Catalogue of Printed Books 1976 to 1982 British Library,1983      *Home Economics and Domestic Subjects Review* ,1978      British Books in Print ,1986      The Food Mixer Cookbook Norma Miller,2013-05-30 Home made food has so many attractions With your food mixer to hand cakes and pastries pies and tarts sweet and savoury fillings and lots more besides are quick easy and fun to make Children will love joining in with weighing ingredients and decorating the finished product A food mixer also means much more control over the choice and quality of ingredients Discover how to exploit this handy kitchen aid to its full potential using the versatility of the food mixer s three blades and their functions to whisk whip knead and mix There is a mouthwatering and tempting collection of over 100 delicious recipes including sweet and savoury recipes biscuits and cookies scones and muffins small cup cakes and tray bakes large cakes and teabreads puddings and desserts as well as savoury pies tarts pastries and crumbles breads and pasta And there are also recipes for icings and spreads fillings toppings and much more      The Delineator R. S. O'Loughlin,H. F. Montgomery,Charles Dwyer,1923      **Suffolk County Farm and Home Bureau News** ,1924      **Housecraft** ,1978

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