

Is HRT appropriate?

Contraindications to HRT

- Previous or current history of hormone-sensitive breast cancer
- Endometrial cancer
- Endometrioid ovarian cancer
- BMI > 40

IF HRT contraindicated, consider alternatives and refer to menopause specialist services

- Gabapentin (300 mg OD–900 mg TDS)
- Pregabalin (50–300 mg)
- Venlafaxine (37.5 mg OD–TDS)
- Clonidine (50 mg BD–75 mg BD/50 mg TDS)

If HRT is appropriate, consider regimen

Regimen 1

For women with no uterus

Oestrogen-only HRT

Regimen 2

Intact uterus and period within last 12 months

Sequential combined HRT

Regimen 3

Intact uterus and period more than 12 months ago

Continuous combined HRT

HRT preparation – oral or transdermal

Oral

- Oestrogen only
- Combined oestrogen/progesterone

Transdermal

- Patch (oestrogen only or as combined oestrogen/progesterone)
- EstroGel/Sandrena/Lenzetto – oestrogen only
Will need progesterone cover separately if on Regimen 2 or 3 (Table 1)

Consider additional therapy

Testosterone

- Should be commenced once adequately oestrogenised for low libido and fatigue
- Check total testosterone levels prior to and after 6–12 months of commencing supplementation
- *Transdermal preparations*
 - Testogel – ½ 40.5 mg sachet every day
 - Androfeme – 0.5 ml every day
 - Testim gel – 0.5 ml every day
 - Tostran – 1 pump alternate days

Vaginal oestrogen

For vaginal dryness and/or genitourinary symptoms

Start on a daily dose for 2 weeks then gradually reduce every 2 weeks to three times a week, then twice weekly, then once weekly. Can remain on once- or twice-weekly dose for maintenance

Prescribing In Primary Care

**Amanda Blaber, Hannah
Morris, Jennifer Gorman, Donna
Goddard**

Prescribing In Primary Care:

Prescribing costs in primary care Great Britain: National Audit Office, 2007-05-18 The National Health Service spends 8 billion a year on prescription drugs in primary care in England This has grown 60% in real terms over the last decade and the trend continues to be upward This report examines how the money could be spent more efficiently without compromising clinical outcomes It looks principally at the scope for more cost effective prescribing supporting the GPs and PCTs in getting better value for money and the wastage of drugs For four groups of drugs which account for 19% of the total drugs bill it finds a wide disparity in prescribing behaviour It estimates that if all PCTs attained the standard of the best 25% 200 million could be saved The analysis shows that there are several mechanism to improve value for money They include personalised communication with GPs from local experts financial and practical incentives and involving the whole primary and local care community in decisions about drug policy Wastage of drugs is a problem but the level is not monitored and the uptake of initiatives to reduce the amount of waste is low Assessing whether local prescribing volumes are consistent with clinical need is complex but combining prescription data with local prevalence data can provide benchmark information

Non-Medical Prescribing in Healthcare Practice Dawn Brookes, Anne Smith, 2017-09-16 This text offers a contemporary insight into non medical prescribing initiatives in everyday situations covering the latest phase in this ever evolving field of professional practice With contributors from a variety of health professions this practical text examines prescribing as it stands now how it may develop in the future

Oxford Handbook of Prescribing for Nurses and Allied Health Professionals Sue Beckwith, Penny Franklin, 2011-05-12 This new edition is fully revised to provide concise practical and expert advice for the non medical prescriber Intended for all levels it covers basic pharmacology legal parameters safe and effective prescribing and common conditions Written by experienced nurse prescribers it contains a wealth of guidance and information

Prescribing in Primary Care Richard Hobbs (M.R.C.G.P.), Colin P. Bradley, 2023 All aspects of drug use in primary care are covered here including how drugs are developed licensed and marketed how doctors choose drugs what is rational prescribing health economics over the counter drugs and homeopathy

Essential Primary Care Andrew Blythe, Jessica Buchan, 2016-05-02 Essential Primary Care aims to provide undergraduate students with a comprehensive overview of the clinical problems encountered in primary care It covers the structure of primary care in the UK disease prevention and the management of common and important clinical presentations from infancy to old age Case studies are used in every chapter to illustrate key learning points The book provides practical advice on how to consult with patients make sense of their symptoms explain things to them and manage their problems Essential Primary Care is structured in five sections The building blocks of primary care its structure and connection with secondary care the consultation the process of making a diagnosis prescribing and ethical issues Health promotion Common and important presenting problems in roughly chronological order Cancer Death and palliative care Gives advice on how to phrase questions when consulting with patients

and how to present information to patients Provides advice on how management extends to prescribing often missing from current textbooks Contains case studies within each chapter which reflect the variety of primary care and provide top tips and advice for consulting with patients Supported by a companion website at www.wileyessential.com/primarycare featuring MCQs EMQs cases and OSCE checklists *The Handbook For Advanced Primary Care Nurses* Neno, Rebecca, Price, Debby, 2008-10-01 This important new handbook for Primary Care Nurses is designed to assist senior nurses in developing the understanding and skills required to be effective at both strategic and operational levels

Clinical Governance in Primary Care Jamie Harrison, 2004 Extending and amplifying the principles outlined in the first edition this book provides a description of clinical governance in primary care by a panel of renowned contributors based on practical examples on how clinical governance functions in Primary Care Trusts and teams *The Handbook of Primary Healthcare* Ben Yuk Fai Fong, Vincent Tin Sing Law, Albert Lee, 2025-03-29 This handbook adopts a transdisciplinary approach to primary healthcare incorporating a wide scope of perspectives and case studies from Hong Kong in China It consists of four sections that explore the foundations practices development aspects of primary healthcare and systems The book also pays particular attention to the psychosocial and humanistic contexts of primary healthcare exploring dimensions such as misinformation in the age of social media in health communication and aspects of resilience in primary healthcare With contributions from scholars and practitioners in areas that include family medicine psychology nutrition health policy health education dentistry social work as well as Chinese medicine it is an expansive presentation of current knowledge on healthcare in the community setting It is an indispensable reference for policymakers researchers advanced students primary healthcare professionals community health practitioners and health managers and educators seeking to collate the practical and philosophical aspects of healthcare in Hong Kong particularly but also in Greater China and Asia more broadly Beyond its relevance to the immediate medical community it is also a valuable text for researchers in medical law social sciences quality of life studies public policy business administration and information technology and health communication

Pain Management in Primary Care Yvonne D'Arcy, Deborah Kiley, 2020-09-21 Covers the entire scope of pain management with evidence based guidance Written specifically for APRNs and PAs this evidence based text delivers practical guidance on how to assess treat and manage patients with pain in the primary care and family practice setting Written by pain management experts well versed in both pharmacologic and non pharmacologic therapies the text encompasses the entire scope of pain management Following an overview of the sources and physiology of pain Pain Management in Primary Care delineates a multidimensional assessment approach and guides readers in developing a patient care plan With an emphasis on strategies for safe prescribing an extensive portion of the book addresses regulatory considerations special populations and thorough coverage of how to safely prescribe opioids This includes risk screening proper management and identification and treatment of withdrawal Woven throughout is a focus on the importance of interprofessional communication and collaboration in effective

pain management The text also provides concise easy to reference information about medications supplements and non opioid therapeutics Abundant case scenarios and clinical pearls help readers apply knowledge to their own practice Key Features Covers the entire scope of pain management with evidence based guidance on assessment treatment and pain management Emphasizes strategies for safely prescribing medications Includes detailed information on non opioid and over the counter medications opioids and interventional pain management options Provides risk screening tools and tips for proper selection titration and tapering of medications Describes how to identify and treat opioid withdrawal Illustrates application of knowledge to practice with case scenarios and clinical pearls

Independent Prescribing for General Practice Nurses Amanda Blaber,Hannah Morris,Jennifer Gorman,Donna Goddard,2021-10-06 General Practice Nurses play an essential role in delivering care through general practice taking on a spectrum of different responsibilities within patient care to support the ever increasing workload within GP surgeries clinics and health centres Often working autonomously as part of a multidisciplinary team general practice nurses assess advise and treat patients of all different ages and backgrounds and therefore may encounter almost every aspect of patient care during their work This book is specifically aimed at GP Nurses undertaking independent prescribing within the complexity of contemporary primary healthcare It offers a complete overview for those taking on an independent nurse prescribing course as well as those nurses who have already qualified as independent prescribers Case studies written for the general practice setting will help nurses build on the skills and practice they have already developed as they take on the independent prescribing role and will also be of value to more experienced or advanced nurses hoping to refresh their existing knowledge Written by a range of specialist authors the book also covers the theoretical knowledge and context associated with independent prescribing enabling GP nurses to practise competently and confidently and deliver clinically effective person centred care

The Challenge for Primary Care Nigel Starey,2003 A comprehensive analysis of primary care in the UK today this text is an introduction suitable for everyone starting work in primary care It outlines the roles responsibilities and relationships of those involved in primary care so that they can understand their working environment

Applied Research in Primary Care: Improving Citizens' Health and Well-being in the Real World Ana Clavería,Claire Collins,Jesus Gonzalez-Lama,Bárbara Oliván Blázquez,Marija Petek Šter,2023-05-08

Insights in Family Medicine and Primary Care: 2021 Arch Mainous,2022-11-18

The Prescribing of Costly Medicines Royal College of Physicians of London,2000

Substance Misuse in Primary Care Rosie Winyard,2018-10-08 This excellent book is long overdue It will be of benefit to anyone with an interest in general practitioner education and anyone considering applying for the post of course organiser should read the opening chapters to prepare them for interview This is a thoughtful book written in a clear and witty style and it deserves a wide readership It provides an educational framework on which general practitioner teaching can be based British Journal of General Practice This book is excellent because it deals not only with the nuts and bolts of being a course organizer but also addresses the difficulties

frustrations and emotions involved in a witty and entertaining manner Anyone with an interest in postgraduate medical education at any level would benefit from reading this book Update Paddy McEvoy s book has rapidly and deservedly established itself as invaluable to anyone responsible for any form of postgraduate medical education Education for General Practice As well as updating and revising the book throughout Paddy McEvoy has managed to include sections about the wider context of training without making the book overly long or losing any of the delightful flavour of the first edition I have no doubt that you will find it both useful and enjoyable

Burns' Pediatric Primary Care - E-Book Dawn Lee Garzon, Mary Dirks, Martha Driessnack, Karen G. Duderstadt, Nan M. Gaylord, 2023-11-27 Selected for Doody s Core Titles 2024 in Pediatrics Build a comprehensive foundation in children s primary care Burns Pediatric Primary Care 8th Edition covers the full spectrum of health conditions seen in primary care pediatrics emphasizing both prevention and management This in depth evidence based textbook is the only one on the market written from the unique perspective of the Nurse Practitioner It guides you through assessing managing and preventing health problems in children from infancy through adolescence Key topics include developmental theory issues of daily living the health status of children today and diversity and cultural considerations Updated content throughout reflects the latest research evidence national and international protocols and standardized guidelines Additionally this edition includes three new chapters on topics such as palliative care inclusivity equity diversity and justice and child maltreatment Comprehensive content provides a complete foundation in the primary care of children from the unique perspective of the Nurse Practitioner and covers the full spectrum of health conditions seen in the primary care of children emphasizing both prevention and management In depth guidance covers assessing and managing pediatric health problems in patients from infancy through adolescence Highlights indicate situations that require urgent action consultation or referral for additional treatment outside the primary care setting Coverage of activities related to every child s daily living such as nutrition and toilet training explores issues that could lead to health problems unless appropriate education and guidance are given Algorithms throughout the book provide a concise overview of the evaluation and management of common disorders Resources for providers and families are included throughout the text for further information Expert editor team is well versed in the scope of practice and knowledge base of Pediatric Nurse Practitioners PNP s and Family Nurse Practitioners FNP s

Independent and Supplementary Prescribing Molly Courtenay, Matthew Griffiths, 2022-01-13 Written by a group of multi professional authors this fully updated third edition builds on the success of this classic text The book explores a number of key areas for prescribers including prescribing within a multidisciplinary team context consultation skills ethical and legal issues surrounding prescribing the psychology and sociology of prescribing and applied pharmacology Among the other topics featured are monitoring skills medicines concordance evidence based prescribing prescribing within a public health perspective calculation skills prescribing in dermatology and minimizing the risk of prescribing errors Each chapter has been revised and additional chapters on antimicrobial prescribing education and

training to become a prescriber and a new section on renal impairment have been added This book is an essential resource for both new and experienced prescribers and anyone undertaking the non medical prescribing NMP programme including nurses pharmacists allied health professionals and optometrists Healthcare Information Systems and Informatics: Research and Practices Tan, Joseph, 2008-06-30 This book addresses issues involving health information systems and informatics as innovative forms of investment in healthcare Provided by publisher *Releasing Resources to Achieve Health Gain* Christopher Riley, Morton Warner, Amanda Pullen, 2018-04-19 In every developed country health care managers clinicians purchasers and providers are having to extract greater output from cash limited resources This book reviews a wide range of areas of current concern together with the practical experience of those responsible for improvement and change The opportunities and pitfalls they identify should stimulate innovation and fresh ideas in those faced with similar situations *MEDINFO 2019: Health and Wellbeing e-Networks for All* L. Ohno-Machado, B. Séroussi, 2019-11-12 Combining and integrating cross institutional data remains a challenge for both researchers and those involved in patient care Patient generated data can contribute precious information to healthcare professionals by enabling monitoring under normal life conditions and also helping patients play a more active role in their own care This book presents the proceedings of MEDINFO 2019 the 17th World Congress on Medical and Health Informatics held in Lyon France from 25 to 30 August 2019 The theme of this year s conference was Health and Wellbeing E Networks for All stressing the increasing importance of networks in healthcare on the one hand and the patient centered perspective on the other Over 1100 manuscripts were submitted to the conference and after a thorough review process by at least three reviewers and assessment by a scientific program committee member 285 papers and 296 posters were accepted together with 47 podium abstracts 7 demonstrations 45 panels 21 workshops and 9 tutorials All accepted paper and poster contributions are included in these proceedings The papers are grouped under four thematic tracks interpreting health and biomedical data supporting care delivery enabling precision medicine and public health and the human element in medical informatics The posters are divided into the same four groups The book presents an overview of state of the art informatics projects from multiple regions of the world it will be of interest to anyone working in the field of medical informatics

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