

Tenth Edition

Loosening the Grip

A Handbook of
Alcohol Information

Jean Kinney



Loosening The Grip Handbook Of Alcohol Information 2nd Edition

Debra A. Harley, Pamela B. Teaster



Loosening The Grip Handbook Of Alcohol Information 2nd Edition:

Addiction Counseling Competencies, 2006 The Professional Counselor's Desk Reference, Second Edition Mark A. Stebnicki, Irmo Marini, 2015-08-21 This award winning bestselling reference for professional counselors and graduate students is extensively updated and expanded to encompass critical developments that are immediately relevant to the counseling professions including the 2014 American Counseling Association Code of Ethics CACREP CORE accreditation standards DSM 5 the Affordable Care Act and many other important changes It reflects the ongoing consolidation of a strong identity for professional counselors and the need to address mental health and other counseling concerns amidst marked socio cultural changes The only resource of its kind it is an extremely useful guide for counseling students working toward licensure and certification as well as experienced counselors counselor educators clinical supervisors psychologists and social workers The second edition offers a unique interdisciplinary approach inclusive across all counseling disciplines and features contributions from over 110 highly regarded experts in counselor education research and practice It is based on the core content and knowledge areas outlined by CACREP and CORE accreditation standards and disseminates in 93 chapters both contemporary insight and practical strategies for working with the complexity of real life issues related to assessment diagnosis and treatment of diverse clients New chapters address military and veteran health issues evidence based practice for training counseling transgender individuals partners and families counseling caregivers social justice and so much more In addition to being a quick access resource for all counseling professionals the second edition serves as a concise accessible reference for graduate students preparing for certification and licensure exams It features an expanded comprehensive self exam of over 340 multiple choice items based on the CORE CACREP core content and knowledge areas for counselor education and training New to the Second Edition Updated and expanded discussion of the 2014 ACA Code of Ethics Affordable Care Act and its impact on delivery of mental health services Coverage of DSM 5 Promotes an interdisciplinary approach inclusive across all counseling disciplines Includes an expanded self exam with over 340 study questions for NCE and CPCE prep New chapters on military and veteran mental health issues New chapter on evidence based practices for counseling New chapter on behavioral health and health disparities in the U S New chapter on social justice and health equity issues New chapter on counseling caregivers New chapter on counseling children with psychiatric conditions New chapter on counseling for wellness New chapter on counseling survivors of natural disasters New information on complementary alternative and integrative approaches New information on counseling LGBTQ couples partners and families Key Features Covers all key foundational content for CACREP CORE accredited programs within one volume Provides quick access to a vast compendium of counseling information Edited and authored by leading counseling scholars educators and practitioners Relevant across all counseling specialties Updated to reflect 2014 ACA Code of Ethics Affordable Care Act DSM 5 and revisions to licensure requirements in many states *Loosening the Grip: A Handbook of Alcohol Information, 11th*

Edition Jean Kinney, 2019-03-18 Jean Kinney Lecturer in Community and Family Medicine at Dartmouth Medical School was the Associate Director of the Alcohol Counselor Training Program at Dartmouth conducted between 1972 and 1978 That program was the impetus for this text Upon completion of the Alcohol Counselor Training Program she became involved with Project Cork a program established to develop and implement a model curriculum for medical student education and to create materials for health care professionals She continues to be involved in professional development initiatives in the substance abuse field In 1999 she was the first recipients of the Harold Hughes Award given annually by the National Institute of Medicine s National Institute on Alcohol Abuse and Alcoholism It is given in recognition for efforts to assist in the translation of scientific research into clinical practice *Loosening the Grip* was one of her efforts cited in this award Accessible and comprehensive *Loosening the Grip* remains an authoritative source for information about alcohol use and the problems associated with it while also addressing the relationship between alcohol use and other drug use This text presents the physical and psychological effects of alcohol alongside the impact of alcohol use on family and society Special attention is given to addressing the range of responses to alcohol problems prevention harm reduction brief treatment engagement in treatment and aftercare and addressing high risk drinking Along with providing a historical foundation for the discussion of substance use the book explains the facts about this complex issue in clear engaging language *Loosening the Grip* is widely recognized as a useful resource for future and current health care workers substance abuse clinicians school counselors mental health workers community nurses and others

How to Start and Run an Alcohol and Other Drug Information Centre, 1990 **The Power & Self-control to Make & Break Habits** Randy Young, 2012-12-30 This book is designed to help the reader acquire the knowledge and skills to learn how to make new habits to replace old habits The reader will learn about super habits and why old habits never really die More importantly the reader will learn the key to building new habits and maintaining these new habits This book discusses how to maintain awareness using a very special habit to avoid the pitfall of relapse The reader will also become acquainted with the value of rewards or reinforcers in the acquisition and maintenance of new habits Examples help the reader understand key concepts This book also helps readers understand how various addictions can be viewed and understood as habits Simple steps help the reader understand how to exercise the power and self control to make and break habits

ELDERLY ALCOHOLISM Michael Beechem, 2002-01-01 This text is the first of its kind to substantively integrate alcoholism aging and grief theories into an easy to understand format for interdisciplinary undergraduate and graduate students in the behavioral and physical sciences Written to prepare students in working with an elderly clientele the reader is provided with elder specific practice methodology derived from experiential and theoretical content Chapters 1 through 4 alert the readers to the nature of elderly alcoholism and accompanying aging theories Chapter 5 underscores the challenges faced by professionals in identifying elderly alcoholism because the symptoms often mimic other diseases namely acute dementia Chapter 6 is a comprehensive study of elder specific populations including

people of color lesbians gays and the homeless Chapters 7 through 13 are essentially practice intervention chapters that include in depth discussions of such issues as strategies to encourage elderly alcoholics to enter treatment practice values and attitudes intervention strategies spirituality relapse and suicide prevention strategies Also provided are on site interviews with professional counselors at elder specific alcoholism treatment programs and summaries of these interviews appear in Chapter 13 as well as actual case studies Each chapter includes study questions the glossary of terms and a comprehensive bibliography of research specific to the issues This book will also be useful to professionals who provide services to an elderly population including nurses physicians social workers and alcoholism counselors

The Spectrum of Addiction Laura J. Veach, Regina R. Moro, 2017-10-20 This book presents a comprehensive overview of addictive behaviors and habits from early use through risky use severe risk use and addiction

Adolescent Psychiatry, V. 29 Lois T. Flaherty, 2013-09-05 A special section on adolescent substance abuse highlights Volume 29 of Adolescent Psychiatry Contributions range from an examination of brain myelination in relation to onset of addictive disorders Bartzokis to the screening instruments used to detect substance use disorders Rosner to practical aspects of psychiatric assessment and management of substance abusing adolescents Havivi Topical studies focus on the changing patterns of use and health risks of the designer drug Ecstasy Grob the club drugs gamma hydroxybutyrate and ketamine Miotto et al and adolescent pathological gambling a behavioral disorder with strikingly addictive features Taken together these illuminating essays converge in an appreciation of adolescent substance abuse and addiction in all their biopsychosocial complexity Elsewhere in Volume 29 contributors review neuroimaging studies in an effort to shed light on adolescent psychiatric disorders Day et al reevaluate the construct of borderline personality disorder as it pertains to adolescence Becker Paris and present the encouraging results of a pilot project on the psychodynamic psychotherapy of adolescents with panic disorder Milrod et al A case series on the treatment of hospitalized adolescents who deliberately ingest foreign objects Petti et al and a case study of the cross cultural issues that arose in the therapy of an Asian American adolescent Shen et al enlarge the clinical and cultural scope of the volume True to the legacy of previous volumes in the series Volume 29 of Adolescent Psychiatry brings within its purview all the elements of a multidimensional grasp of adolescent development psychopathology and treatment Neuroscientific findings empirical clinical studies case series and descriptions of clinical approaches all take their place in this illuminating and richly textured collection

Community and Junior College Journal, 1978

Treatment of Substance Abuse Diane Gibson, 2013-10-31 This timely volume fills a long standing gap in the professional literature by providing an overview of contemporary assessment and rehabilitation of alcohol and chemical dependent substance abusers Although many occupational therapists and other activity therapy staff work in substance abuse programs few articles in occupational therapy literature address this relevant topic Treatment of Substance Abuse Psychosocial Occupational Therapy Approaches provides a unique overview of contemporary assessment and rehabilitation of alcohol and chemical dependent substance

abusers The highlights of this insightful book include behavioral and educational frames of reference as well as specific treatment modalities such as stress management activities of daily living and leisure counseling Contributors examine current polemics regarding programs that use methadone versus abstinence and theoretical concepts including the psychodynamic model with emphasis on the defensive structure underlying the abuser's personality as well as leveled conceptual framework for considering treatment A number of practical techniques are discussed within the overall context of each article hence the reader will find usable guidelines for establishing boundaries of treatment as well as discreet ideas about methods and practice Roles and functions of varying disciplines are reviewed in an effort to discriminate role clarity and provide implications for practice in relation to different models This issue is valuable to the OT who seeks an understanding of the varying viewpoints and current practice in the substance abuse field Goodbye, Mr. Wonderful Chris McCully, 2004-07-15 Goodbye Mr Wonderful gives a detailed account of the early stages of recovery from alcoholism From his admittance into hospital to his life as a writer in the Netherlands McCully offers a detailed and often analytical reflection on what it feels like to be a recovering alcoholic The Social Work Experience Mary Ann Suppes, Carolyn Cressy Wells, 2000 Created to introduce students to the field of social work and its relationship to social welfare policy The Social Work Experience gives readers both an historical and practical overview of the profession In each chapter the authors continue to integrate policy coverage with social work practice values and ethics and social justice issues The relationship between policy and practice is carefully examined in the context of nine major fields of social work and in discussions of the challenges faced by today's practitioners Comprehensive coverage is delivered in the highly readable style readers have come to expect of this author team with engaging case studies as chapter openers exhibit boxes debate boxes and research activity sections designed to draw readers into the text The third edition continues to keep up with current changes and developments in social work and social policy with valuable new information on welfare reform Social Security privatization of social services and the NASW Code of Ethics as well a new chapter on current career opportunities in the field *Clinical Handbook of Adolescent Addiction* Richard Rosner, 2012-11-19 Since 1960 the burden of adolescent illness has shifted from the traditional causes of disease to the more behavior related problems such as drinking smoking and drug abuse nearly half of American adolescents have used an illicit drug sometime during their life Instilling in adolescents the knowledge skills and values that foster physical and mental health will require substantial changes in the way health professionals work and the way they connect with families schools and community organizations At the same time the major textbooks on addiction medicine and addiction psychiatry devote relatively little attention to the special problems of diagnosing and treating adolescent addicts Similarly the major textbooks on general and child and adolescent psychiatry direct relatively little attention to the issues surrounding adolescent addiction The Clinical Handbook of Adolescent Addiction is one response to the challenge of meeting the mental health needs and behavior related problems of addicted teenagers The work has been

edited as an independent project by members of the American Society for Adolescent Psychiatry the oldest professional organization of psychiatrists devoted solely to the mental health care and treatment of teenagers in the USA The forensic psychiatry perspective permeates the entire book It will help to produce health providers with a deep and sensitive understanding of the developmental needs and behavior related problems of adolescents The Clinical Handbook of Adolescent Addiction is a practical tool for all those who help adolescents practitioners of family medicine general psychiatrists child adolescent psychiatrists adolescent psychiatrists addiction psychiatrists non psychiatric physicians specializing in addiction medicine forensic psychiatrists psychologists clinical social workers mental health administrators Court Probation Parole Correctional health workers The book is organized in a user friendly format so that readers can easily locate the chapters that provide the information that is required In some instances topics of special importance deliberately have been addressed in more than one chapter to illuminate the topics from a variety of vantage points One aim of the editors is to move the topic from being a specialist area to a generalist one by providing tools for generalist to use

Handbook of LGBT Elders Debra A. Harley, Pamela B. Teaster, 2015-08-05 This groundbreaking resource presents a wealth of findings and perspectives previously unseen in the LGBT literature Its focus on psychological sociopolitical and care delivery issues affecting LGBT elders reveals both the nuanced interplay between diverse sources of identity and multiple sources of stigma and discrimination Specific chapters highlight challenges and resiliencies impacting subpopulations e g racial groups veterans immigrants examine employment and advocacy issues discuss later life concerns in context and offer guidelines for relevant ethical practice Contributors represent a wide range of fields from psychiatry and gerontology to public health and public policy reflecting the scope and needs of this diverse and complex population Among the topics in the Handbook Family relationships of older LGBT adults The intersection of identities race age sexuality and care network Bisexuality an invisible community among LGBT elders Implications of the Supreme Court ruling on same sex marriage No money no work and you re old Disabilities among LGBT elders responses of medicine public health rehabilitation and social work Handbook of LGBT Elders is an essential reference for mental health professionals psychologists and social workers who work with the LGBT community and the elderly as well as researchers interested in the LGBT community and aging

Integrating Play Techniques in Comprehensive School Counseling Programs Jennifer Curry, Laura Fazio-Griffith, 2013-05-01 Play therapy interventions are critical elements of providing responsive services within the context of comprehensive school counseling programs However many school counselors are not trained in the use of play therapy techniques during their graduate training programs as Play Therapy is not a required course based on standards set by the Council for Accreditation of Counseling and Related Education Programs CACREP 2009 Indeed while there are over 400 school counseling programs in the U S there are only 11 certified play therapy training centers Even more critically school counselors may not know which play therapy approaches and interventions are evidenced based for specific childhood

concerns e.g. selective mutism, social skills deficits, parent deployment. Play therapy is a structured, theoretically based approach to counseling that builds on the normal communicative and learning processes of children as they may not have developed the complexities of language to accurately express their concerns. Carmichael 2006, Gil 1991, Landreth 2002, O'Connor. Yet many school counselors are unprepared to provide these vital resources. The focus of this book is on various play techniques and the application of various play therapy theories i.e. Child Centered Play Therapy, Solution Focused Play Therapy, Cognitive Behavioral Play Therapy within comprehensive school counseling programs addressing various childhood concerns: prevention and intervention. Each chapter offers vignettes, a literature review of a specific childhood concern e.g. homelessness, separation anxiety, pragmatic interventions for the school environment and a case study to demonstrate application of techniques.

Medical and Psychosocial Aspects of Chronic Illness and Disability Donna R. Falvo, 1999. Falvo, a rehabilitation counselor training at Southern Illinois U, provides the basic medical information about chronic conditions which she believes will be of valuable use to nonmedical rehabilitation professionals and students. Introductory chapters discuss psychosocial aspects of chronic illness and

Alcoholism Maria L. Gifford, 2009-10-22. An intriguing look at the history of alcoholism and its dramatic effects from the first fermented grape to current advances in genetic research. Alcoholism tells the story of a disease familiar to many yet not well understood. It is the first biography of alcohol abuse that gauges its devastating effects on the body, the family, the economy and the community. Alcoholism provides the latest understanding of the disease as a behavioral dysfunction and a biological condition. Coverage includes the origins of alcohol and the discovery of alcoholism as a medical disease, the biology of alcoholism and its effects on the body and current diagnostic and treatment methods for alcoholism. In addition, the book explores the effects on society of such alcoholism-related problems as domestic abuse, fetal alcohol syndrome, drunk driving and suicide, as well as promising new directions in alcoholism research, awareness, treatment and prevention.

Understanding People in Context Ellen P. Cook, 2015-01-12. This exceptional book emphasizes uniquely designed interventions for individual counseling, group work and community counseling that consider clients as individuals within the contexts of families, cultural groups, workplaces and communities. Part I describes the theoretical research base and major tenets of the ecological perspective and its applications to counseling practice. In Part II, experts who have used the ecological perspective in their work discuss its usefulness in various applications including counseling diverse clients with specific life challenges, assessment, diagnosis and treatment planning and in schools, substance abuse programs, faith-based communities and counselor training programs. Requests for digital versions from ACA can be found on www.wiley.com. To purchase print copies, please visit the ACA website. Reproduction requests for material from books published by ACA should be directed to publications@counseling.org.

The Oxford Handbook of Substance Use and Substance Use Disorders Kenneth J. Sher, 2016-07-13. Substance use and substance use disorders (SUDs) have been documented in a number of cultures since the beginnings of recorded time and represent

major societal concerns in the present day The Oxford Handbook of Substance Use and Substance Use Disorders provides comprehensive reviews of key areas of inquiry into the fundamental nature of substance use and SUDs their features causes consequences course treatment and prevention It is clear that understanding these various aspects of substance use and SUDs requires a multidisciplinary perspective that considers the pharmacology of drugs of abuse genetic variation in these acute and chronic effects and psychological processes in the context of the interpersonal and cultural contexts Comprising two volumes this Handbook also highlights a range of opportunities and challenges facing those interested in the basic understanding of the nature of these phenomena and novel approaches to assess prevent and treat these conditions with the goal of reducing the enormous burden these problems place on our global society Chapters in Volume 1 cover the historical and cultural contexts of substance use and its consequences its epidemiology and course etiological processes from the perspective of neuropharmacology genetics personality development motivation and the interpersonal and larger social environment Chapters in Volume 2 cover major health and social consequences of substance involvement psychiatric comorbidity assessment and interventions Each chapter highlights key issues in the respective topic area and raises unanswered questions for future research All chapters are authored by leading scholars in each topic The level of coverage is sufficiently deep to be of value to both trainees and established scientists and clinicians interested in an evidenced based approach

Psychology Alan Poling, Henry Schlinger, Stephen Starin, Elbert Blakely, 2013-03-09 Psychology A Behavioral Overview is an introductory text with an orienting perspective that is frankly behavioral rather than eclectic This focus is made quite clear in the first chapter of the book but in the remainder it also becomes clear that such a focus permits coverage of most of the topics found in the more common introductory text Actually the next five chapters dealing with psychology as a science methodology evolution physiology and learning are in many ways comparable to the treatments provided in more eclectic introductory texts The behavioral focus and the departure from traditional approaches become most significant in the last six chapters which deal with traditional psychological topics e.g. language child development and personality but deal with them systematically in terms of the concepts and principles introduced in the chapters on evolution and physiology and especially in the chapter on learning Using the concepts provided early in the text to interpret complex aspects of human behavior provides valuable justification for those concepts as well as an opportunity for improved understanding of them Although students will not make extensive contact with the variety of the theoretical approaches found in the typical text they will become especially competent in the use of behavioral concepts and principles to interpret and understand many of the topics of traditional importance in psychology

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