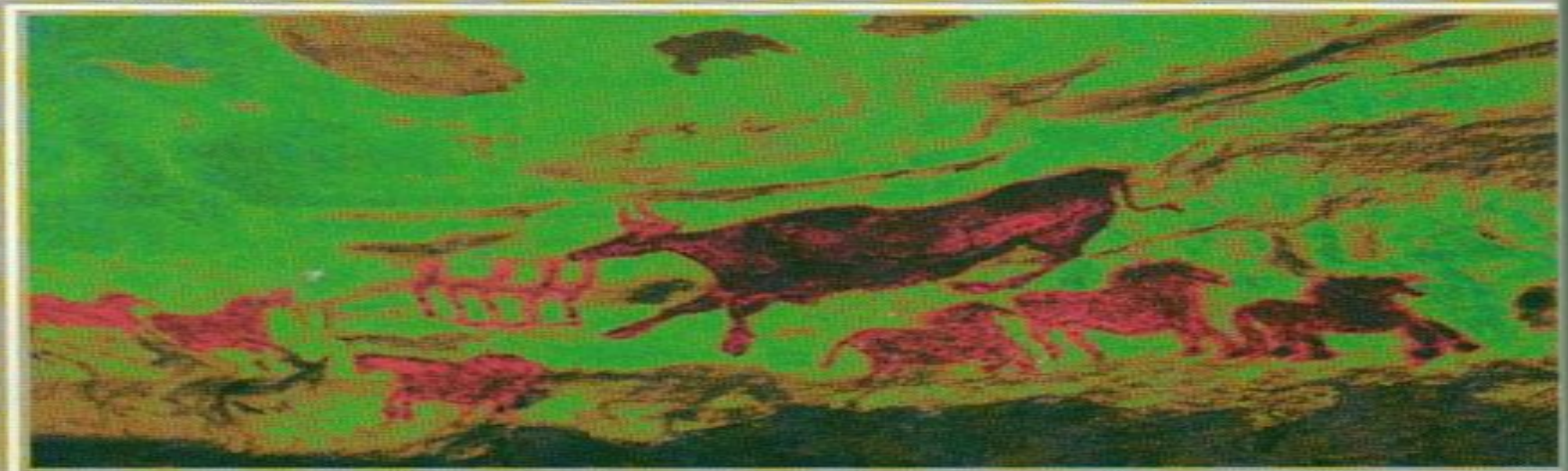


Shaping a Personal Myth to Live By



John R. Yungblut



Shaping A Personal Myth To Live By

Dan P. McAdams



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Shaping a Personal Myth to Live By John R. Yungblut, 1994-08 Will enable the ordinary person to discover his or her own unique life myth and live it from moment to moment **Shaping a Personal Myth to Live by** John R. Yungblut, 1992

The Power of Narrative: How Stories Reshape Human Psychology and Thinking Hanik, 2025-09-12 The Power of Narrative How Stories Reshape Human Psychology and Thinking is a groundbreaking exploration of how storytelling influences the human mind behavior and culture Drawing from psychology neuroscience history and literature this book reveals why humans are wired for stories and how narratives shape memory emotions identity persuasion and social transformation Discover how narrative therapy heals trauma how inspiring stories fuel personal growth and resilience and how rhetorical storytelling persuades and mobilizes communities From ancient myths and religious parables to modern cinema social media and political speeches stories have always been the driving force behind human psychology and collective change This book is ideal for readers interested in Psychology of storytelling and the science of narrative Human behavior cognition and memory Cultural narratives myths and identity formation Therapeutic storytelling trauma recovery and growth Narratives in persuasion politics and social movements Whether you are a psychologist writer educator leader or curious reader The Power of Narrative will transform the way you understand your own life stories and the stories shaping our world The Myths We Live By Raphael Samuel, Paul Thompson, 2021-11-30 First published in 1990 The Myths We Live By explores how memory and tradition are continually reshaped and recycled to make sense of the past from the standpoint of the present The book makes use of the rich material of recorded life stories with examples stretching from the transient myths of contemporary Italian school children on strike back to the family legends of classical Greece and the traditional storytelling of Canadian Indians The range of examples is international and together they advocate a transformed history which actively relates subjective and objective past and present politics and poetry and highlights history as a living force in the present The Myths We Live By will appeal to anyone interested in oral history memory and myth C.G. Jung and Nikolai Berdyaev: Individuation and the Person Georg Nicolaus, 2010-09-13 This book explores C G Jung s psychology through the perspective of the existential philosopher Nikolai Berdyaev drawing striking parallels between Jung s theory of individuation and Berdyaev s understanding of the person Placing Jung and Berdyaev firmly within the context of secular humanism Nicolaus draws on their personal experiences of individuation to show how both writers seek to enable a renewal of our self understanding as persons in a post religious society Topics of discussion include the foundations of Berdyaev s personalism Jung s psychological interpretation of the Christian God image individuation and the ethics of creativity C G Jung and Nikolai Berdyaev Individuation and the Person offers a fresh perspective on the ethical implications of Jung s theory and serves also as an introduction to Berdyaev s thought As such this book will appeal to analytical psychologists scholars engaged with Jungian thought and all those interested in the interface between spirituality and depth psychology Jung as

a Writer Susan Rowland,2013-12-16 Jung as a Writer traces a relationship between Jung and literature by analysing his texts using the methodology of literary theory This investigation serves to illuminate the literary nature of Jung s writing in order to shed new light on his psychology and its relationship with literature as a cultural practice Jung employed literary devices throughout his writing including direct and indirect argument anecdote fantasy myth epic textual analysis and metaphor Susan Rowland examines Jung s use of literary techniques in several of his works including *Anima and Animus On the Nature of the Psyche Psychology and Alchemy and Synchronicity* and describes Jung s need for literature in order to capture in writing his ideas about the unconscious Jung as a Writer succeeds in demonstrating Jung s contribution to literary and cultural theory in autobiography gender studies postmodernism feminism deconstruction and hermeneutics and concludes by giving a new culturally orientated Jungian criticism The application of literary theory to Jung s works provides a new perspective on Jungian Psychology that will be of interest to anyone involved in the study of Jung Psychoanalysis literary theory and cultural studies

Shaping the Story ,2019-04-09 Current career counselling needs a shift away from the practice of modern counselling approaches and narrative therapy is likely to be particularly appropriate since it is part of the culture and way of life of the majority of our clients For the very first time current approaches have been brought together in one publication Eminent scholars including Larry Cochran Mark Savickas and Norm Amundson Paul Hartung and John Winslade contributed to the publication Personal narratives of some exceptionally eminent people including Robert Sternberg are also included The publication is concluded by Reuven Bar On and Maurice Elias who delineate the connection between storied counselling and social and emotional learning This book provides a priceless resource for scholars academics researchers psychologists teachers and clients It critically analyses germane questions such as How vital and feasible is it to build on life stories in career counselling examines the theoretical underpinnings and practical applications of hermeneutic narrative postmodern and constructivist approaches to career counselling provides practical guidelines on the practice of narrative counselling in different contexts presents ideas on how to engage clients actively suggests ways of using life story counselling including the Career Story Interview to produce new identities for career practice

The Stories We Live by Dan P. McAdams,1993-01-01 This book should be value for all those who are interested in enhancing their self understanding It should also serve as useful classroom text for undergraduates and advanced students in personality and social psychology counselling and psychotherapy

Archetypal Coaching Alba Carod,2025-08-25 Archetypal Coaching offers a transformative approach to personal growth blending ancient Greek astrological foundations and dream work with modern coaching techniques somatic awareness and Jungian active imagination Astrological archetypes illuminate the roots of struggles and highlight potential resources while dreams act as a focused lens bringing attention to issues that require immediate exploration The approach explored within this book emphasizes interactive dialogue with archetypes and symbols using embodied imagination and somatic awareness to guide clients in creating a personal symbol that embodies their inner

process and potential echoing Jung's concept of the transcendent function Supported by six in depth case studies and numerous examples the author outlines a holistic framework for integrating astrology and dream work into coaching emphasizing personal growth and treating archetypes as dynamic tools for creativity and self discovery This book will appeal to established coaches counselors and therapists interested in integrating archetypal work into their practice as well as students of Jungian psychology coaching art therapy astrology and related fields Chapter 2 of this book is freely available as a downloadable Open Access PDF at <http://www.taylorfrancis.com> under a Creative Commons Attribution Non Commercial No Derivatives CC BY NC ND 4.0 license Jungian Literary Criticism Richard P. Sugg, 1992 **Virtual Environments in**

Clinical Psychology and Neuroscience Giuseppe Riva, Brenda K. Wiederhold, E. Molinari, 2006-12-15 Virtual Reality VR offers the potential to develop human testing and training environments that allow for the precise control of complex stimulus presentations in which human cognitive and functional performance can be accurately assessed and rehabilitated However basic feasibility and human issues need to be addressed in order for this technology to be reasonably and efficiently applied in clinical psychology The book written in a scholarly style will provide rationales for virtual reality's applicability in clinical psychology We will review the relevant literature regarding theoretical and pragmatic issues for these applications and provide a description of ongoing work developed world wide The topics directly involve critical issues for clinicians designers and users and will be discussed with scientific competence without neglecting clarity and empirical cases with suggestions for actual use The book is divided in three main sections VR in clinical psychology opportunities and challenges VR in treatment of phobias and VR in clinical assessment and therapy Ego and Instinct Conrad Riker, 101-01-01 Are You Ready to Break Free from Mental Traps and Build a Stronger Healthier Mind Do you feel stuck in repetitive thought patterns Are you struggling to understand your subconscious and instincts Do you want to unlock your full potential and live a life of purpose and meaning Inside this book Discover how to resolve neuroses and integrate complexes into your ego Learn to observe your psyche through biofeedback and body coupling Understand the role of shadows and how to adapt for self actualization Explore the story of Job and the C T M U to gain deeper insights Break free from false ideologies like gender confusion and materialism Release libido frozen in past traumas for a balanced future focus Build ego strength and pursue your personal myth and cultural inheritance Bring heaven to earth by understanding your role as a son of God If you want to break free from mental traps build a stronger mind and live a life of purpose then buy this book today *Religion and Spirituality in the Life Cycle* James Gollnick, 2005 In recent years profound changes have affected the way people view the role of religion and spirituality in the life cycle For many people spirituality always considered an essential part of religion has become an interest no longer tied to organized religion This book addresses the evolving relationship of spirituality to religion in our time and the consequences of this change for understanding personality development It also applies the concept of implicit religion to show how the least easily observed aspects of religion are at work in the growth of personality

Death and Philosophy J.E Malpas, Robert C. Solomon, 2002-06-01 Death and Philosophy considers these questions with different perspectives varying from the existentialist deriving from Camus Heidegger or Sartre to the English speaking analytic tradition of Bernard Williams or Thomas Nagel to non western approaches such as are exemplified in the Tibetan Book of the Dead and in Daoist thought to perspectives influenced by Lucretious Epicurus and Nietzsche Death and Philosophy will be of great interest to philosophers or those studying religion and theology but its clarity and scope ensures it will be accessible to anyone who has considered what it means to be mortal *Forthcoming Books* Rose Arny, 1995-02

Symmetry Marc J. Straus, 2000 In this second book of poems oncologist Marc J Straus addresses the hopes and the tragedies of his profession The work is a commentary on his experience in the medical field and a collection of rich vivid monologues written from the points of view of both doctor and patient These poems show a rare sensitivity not only to those who are suffering but also to the details that distinguish each life Korean American Women Jenny Pak, 2013-09-13 Current models of acculturation in multicultural counseling literature are severely limited in describing how individuals deal with the complexity of culture change The reasons for immigration the historical period during which the immigration occurred educational and socioeconomic levels ethnic community and religious involvements family functioning and social support to name a few all have an impact in the process of cultural adaptation This book examines Korean American women's dual cultural identity By utilizing multiple case studies the book highlights 1 the complexity of issues involved as individuals go through different levels of culture change and 2 the multiplicity of people negotiating their lives in the dual cultural context and creating meaning out of many ambiguous and even contradictory life situations Riting Myth, Mythic Writing Dennis Patrick Slattery, 2012 Riting Myth Mythic Writing Plotting Your Personal Story is a both a theoretical as well as interactive book on the nature of personal myth Its intention is to offer participants who wish to explore further the terms and structure of their personal myth over 80 writing meditations that are spread throughout 9 chapters in order to guide the readers writers on a pilgrimage into the deepest layers of their personal myth **Living Myth** D. Stephenson Bond, 2019-06-25 Living Myth explores the dilemma of how to live life creatively at a time when the dominant myths of our culture are losing their power to give meaning to our lives Using C G Jung's idea of discovering a personal myth D Stephenson Bond reflects on the psychology of mythic imagination as a force in both culture and individual life He argues that meaning is experienced subjectively through the stirring of imagination and fantasy in the individual which touches the larger impersonal archetypal patterns The book offers hopeful insights into the possibilities of cultural renewal and individual meaning through the restoration of the imagination Conference Proceedings, 1997

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