
RELIEF AT LAST!

Neutralization for Food Allergy
and Other Illnesses

By

JOSEPH B. MILLER, M.D.

Neutralization therapy, a remarkably effective treatment for patients suffering from food sensitivities, inhalant allergies, and diseases of inflammatory, hormonal, and viral origin, is defined and described in this easy-to-read, factual book. The author discusses immunology, hidden food sensitivity and its symptoms, the detection of hidden food sensitivity, common illnesses frequently relieved by neutralization therapy, and neutralization for sensitivities other than foods. A variety of self-help methods and preventative measures are also discussed, including environmental control of inhaled substances in the home and avoidance of chill and other stresses on the body's protective mechanisms. To help the food-sensitive person enjoy a wider variety of foods and maintain a more healthful diet, appendices detail diet charts, food family classifications, individual simple foods, a diet diary, and a food tolerance ledger.

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Relief At Last Neutralization For Food Allergy And Other Illnesses

Michael Brown



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