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Buns of Steel Cookbook Leisa Hart, 1995 At last, here's a cookbook specifically designed to help you lose weight and look and feel your best.

Billboard, 1995-06-24 In its 114th year, **Billboard** remains the world's premier weekly music publication and a diverse digital events brand, content, and data licensing platform. **Billboard** publishes the most trusted charts and offers unrivaled reporting about the latest music, video, gaming, media, digital, and mobile entertainment issues and trends.

Exposés and Excess Cecelia Tichi, 2013-03-01 From robber barons to titanic CEOs, from the labor unrest of the 1880s to the mass layoffs of the 1990s, two American Gilded Ages—one in the early 1900s, another in the final years of the twentieth century—mirror each other in their laissez-faire excess and rampant social crises. Both eras have ignited the civic passions of investigative writers who have drafted diagnostic blueprints for urgently needed change. The compelling narratives of the muckrakers Upton Sinclair, Ida Tarbell, Lincoln Steffens, and Ray Stannard Baker among them became bestsellers and prizewinners a hundred years ago. Today, Cecelia Tichi notes, they have found their worthy successors in writers such as Barbara Ehrenreich, Eric Schlosser, and Naomi Klein. In *Exposés and Excess*, Tichi explores the two Gilded Ages through the lens of their muckrakers. Drawing from her considerable and wide-ranging work in American studies, Tichi details how the writers of the first muckraking generation used fact-based narratives in magazines such as *McClure's* to rouse the U.S. public to civic action in

an era of unbridled industrial capitalism and fear of the immigrant dangerous classes Offering a damning cultural analysis of the new Gilded Age Tichi depicts a booming insecure fortress America of bulked up baby strollers McMansion housing and an obsession with money as lifeline in an era of deregulation yawning income gaps and idolatry of the market and its rock star CEOs No one has captured this period of corrosive boom more acutely than the group of nonfiction writers who burst on the scene in the late 1990s with their exposés of the fast food industry the world of low wage work inadequate health care corporate branding and the multibillion dollar prison industry And nowhere have these authors Ehrenreich Schlosser Klein Laurie Garrett and Joseph Hallinan revealed more about their emergence as writers and the connections between journalism and literary narrative than in the rich and insightful interviews that round out the book With passion and wit Exposés and Excess brings a literary genre up to date at a moment when America has gone back to the future **Billboard** ,1995-07-08

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