



# Policing And Stress

**John McDaniel, Kate Moss, Ken Pease**



## **Policing And Stress:**

**Policing and Stress** Heith Copes, 2005 For undergraduate graduate courses in Policing and Criminal Justice Focusing on the topic of police stress this text compiles chapters written by leading police researchers who examine the sources and consequences of stress as well as effective strategies for coping with it *Stress and Police Personnel* Leonard Territo, Harold J. Vetter, 1981-01-01 This compilation of articles on job related stress in policing addresses the complexities of the stress syndrome among police officers and advocates the incorporation of a stress intervention and management component into police officer training programs The volume is designed for practical use by police officers and administrators Articles are arranged in topical sections and begin with an orientation and introduction to the general subject providing terminology and background to some of the principle psychological physiological and social consequences of stress Job stress and some of its more destructive manifestations in police officers such as alcoholism divorce other family problems and suicide are examined In addition specific and unique stress experienced by women and minorities in law enforcement is also discussed Recommendations are given concerning the most effective ways that both the officer and the law enforcement agency can deal with these problems Articles on stress and the police administrator concern factors in the managerial task and function that contribute to stress Among them are upward mobility with accompanying loss of supportive relationships among colleagues family and friends the risks of decisionmaking with consequences affecting the lives of many people and political pressures in balancing resources against goals and objectives Under the topic of stress and the family articles look at the toll exacted on wives children and relatives of police personnel by the stressful aspects of police work of which the high divorce rate is but the most visible consequence The concluding section presents organizational and individual programs for coping with stress illustrated by stress control and counseling programs available to officers administrators and families in the police departments of Miami Dallas and Chicago A retirement counseling program for police officers is also discussed because of the unique nature of police retirement which occurs early and isolates former officers from agency friends and informal peer groups that have served as a source of personal support Tabular data and endnotes accompany individual articles The appendix contains a listing of police stress training films An index is also supplied **Stress and the Police Officer** Katherine W. Ellison, 2004 Good policing is not impossible The reactions that have been associated with stressors are not inevitable Many officers retire in good physical and emotional health and 100 back on their careers with pleasure In a situation where stressors have led to maladaptive behavior on the part of individuals or organizations change is called for Change must be constant as social conditions in the world around us vary The police represent a force for the order necessary for society to function It is not an easy job but it is one that is worth doing well **Stress in Policing** Ronald J. Burke, 2016-07-01 Stress in policing remains a serious concern for individual officers their families their organizations and society at large As an editor of the Psychological and Behavioural Aspects of Risk series Ronald J Burke brings together the

latest research findings and intervention strategies shown to be effective by an international group of experts The contributors comprise of a group of high profile researchers and writers who are experts in their respective fields This edited collection addresses such issues as The increased risk of international terrorism Racial profiling Police Culture Police integrity Police suicide Inadequate police training The work of police officers exposes them to sources of stress that increase several risks in terms of their psychological and physical health their family relationships physical injuries emotional trauma ambiguity about their roles in society Shift work and undercover work add additional burdens to officers and their families Police work also places risks on the communities in which officers serve in terms of officers being inadequately trained to deal with mentally ill citizens

**Stress in Policing** Hans Toch, 2002 This work makes the daily challenges joys and frustrations of police work come alive The realities of keeping the peace reveal sources of sustenance and stress that are often contrary to popular wisdom Also race and gender issues are shown to be a source of stress *Introduction to Policing* Gene L. Scaramella, Steven M. Cox, William P. McCamey, 2010-12-09 Focusing on the thought provoking contemporary issues that underscore the challenging world of policing this easy to understand text balances theory research and practice to give students a comprehensive overview of both the foundations of policing and the expanded role of today's police officers The engaging writing style and stories from the field coupled with unique coverage of the issues of policing in multicultural communities the impact of globalization on policing make this book a must have for policing courses

**Policing Stress on the Homefront** Jessica Burke M. S., 2019-05-02 Policing Stress on the Homefront was designed for police officers and the people who love them This unique set of principles regards spouses and romantic partners as a critical component in mental health management Learn how to mitigate the effects of repeated exposure to trauma as a partner an officer or as a team

**Stress and Policing** Jennifer M. Brown, Elizabeth A. Campbell, 1994-03-15 A critical assessment of available evidence on police stress featuring a detailed discussion of stress experiences of women homosexual and ethnic minority officers

Examines the role of routine stressors and highlights stress problems associated with major trauma incidents Documents treatment for post traumatic stress disorder and pinpoints risk factors Includes a review of the latest research in Britain North America and Australia

**TREATING POLICE STRESS** John M. Madonna, Richard E. Kelly, 2002-01-01 This is an important work that addresses a very timely issue police stress and its treatment Its authors both hold doctoral degrees in education and teach at the university level In addition both gentlemen have extensive experience treating police stress The book begins by tracing the history of the treatment or lack thereof of police stress specifically its treatment by peers It describes the obstacles peer counselors face and their tactics for addressing them It goes into detail regarding the types of stress that officers face on the job and the ways in which these stresses make this work so very different from other jobs It also provides statistics regarding the high rates of divorce suicide illness and premature death that police are subject to In these ways it provides a strong argument supporting the establishment of stress reduction programs for police The book also

makes it clear that peers are uniquely qualified to do this counseling work they have been there and can gain the respect and trust more easily than an outsider It recounts instances of successful peer counseling and it recounts instances of sad failure The book artfully presents the results of extensive surveys and interviews of the people involved in a large peer counseling program from both the peers and those they counsel Perhaps most important departments and organizations wishing to emulate the work that is profiled will find this to be an invaluable guide

An Introduction to American Policing Dennis J. Stevens, 2017-05-08 An Introduction to American Policing Second Edition connects the US criminal justice system criminology and law enforcement knowledge to the progress of the police community It is the perfect resource for a Police Science course

**Stress in Policing** Ronald J. Burke, 2016-07-01 Stress in policing remains a serious concern for individual officers their families their organizations and society at large As an editor of the Psychological and Behavioural Aspects of Risk series Ronald J Burke brings together the latest research findings and intervention strategies shown to be effective by an international group of experts The contributors comprise of a group of high profile researchers and writers who are experts in their respective fields This edited collection addresses such issues as The increased risk of international terrorism Racial profiling Police Culture Police integrity Police suicide Inadequate police training The work of police officers exposes them to sources of stress that increase several risks in terms of their psychological and physical health their family relationships physical injuries emotional trauma ambiguity about their roles in society Shift work and undercover work add additional burdens to officers and their families Police work also places risks on the communities in which officers serve in terms of officers being inadequately trained to deal with mentally ill citizens

Developing a Law Enforcement Stress Program for Officers and Their Families Peter Finn, Julie Esselman Tomz, 1997 Provides a comprehensive and up to date look at a number of law enforce stress programs that have made serious efforts to help departments individual officers civilian employees and officers families cope with the stresses of a law enforce career The report is based on 100 interviews with mental health practitioners police administrators union and assoc officials and line officers and their family members Provides pragmatic suggestions that can help every police or sheriff s dep t reduce the debilitating stress that so many officers experience and thereby help these officers do the job they entered law enforcement to perform protect the public

Policing and Mental Health John McDaniel, Kate Moss, Ken Pease, 2020-02-25 This book explores the relationship between policing and mental health Police services around the world are innovating at pace in order to develop solutions to the problems presented and popular models are being shared internationally Nevertheless disparities and perceptions of unfairness remain commonplace Innovations remain poorly funded and largely unproven Drawing together the insights of eminent academics in the UK the US Australia and South Africa the edited collection evaluates the condition of mental health and policing as an interlocked policy area uncovering and addressing a number of key issues which are shaping police responses to mental health Due to a relative lack of academic texts pertaining to developments in England and Wales the

volume contains a distinct section on relevant policies and practices It also includes sections on US and Australian approaches focusing on Crisis Intervention Teams CITs Mental Health Intervention Teams MHITs stressors and innovations from Boston in the US to Queensland in Australia Written in a clear and direct style this book will appeal to students and scholars in policing criminology sociology mental health cultural studies social theory and those interested in learning about the condition and trajectory of police responses to mental health     Policing Stress on the Homefront Dr. Jessica Burke Ph.D.,2019-05-02 Policing Stress on the Homefront was designed for police officers and the people who love them This unique set of principles regards spouses and romantic partners as a critical component in mental health management Learn how to mitigate the effects of repeated exposure to trauma as a partner an officer or as a team     *Policing in America* Larry K. Gaines,Victor E. Kappeler,2011-06-04 This comprehensive text provides an overview of law enforcement topics integrating major empirical findings and theory based research findings in the field with a thorough analysis of contemporary policing problems The issues oriented discussion focuses on critical concerns facing American police including personnel systems organization and management operations discretion use of force culture and behavior ethics and deviance civil liability and police community relations A critical assessment of police history and the role politics played in the development of American police institutions is offered Globalization terrorism and homeland security are addressed Video and Internet links provide additional coverage of topics discussed in the text Companion mobile app Policing In America Exam Cram won the 2012 PROSE Award for Best eProduct in Social Sciences from the Association of American Publishers Video links provide additional coverage of topics discussed in the text Key concepts Internet links charts and tables support the text throughout Equipped with a superior ancillary package which includes 30 minutes of streaming video     **Contemporary Issues in Law Enforcement and Policing** Andrew Millie,Dilip K. Das,2008-05-28 Rising terrorism and advances in technology along with new organizational strategies and investigative techniques have stretched the traditional role of the police officer Calls for strong intelligence driven paramilitary policing juxtaposed with a demand for softer community policing leave officers under increased pressure to be tough and     Introduction to Policing Steven M. Cox,Susan Marchionna,Brian D. Fitch,2015-12-31 Introduction to Policing Third Edition continues to focus on the thought provoking contemporary issues that underscore the challenging and rewarding world of policing Steven M Cox Susan Marchionna and experienced law enforcement officer Brian D Fitch balance theory research and practice to give students a comprehensive yet concise overview of both the foundations of policing and the expanded role of today s police officers The accessible and engaging writing style combined with stories from the field make policing concepts and practices easy for students to understand and analyze Unique coverage of policing in multicultural communities the impact of technology on policing and extensive coverage of policing strategies and procedures such as those that detail the use of force make this bestselling book a must have for policing courses     *Policing* Carol Archbold,2012-10-17 The free open access Student Study Site at sagepub com archbold features eFlashcards self

quizzes Sage journal articles web resources video and audio links and more Book Jacket     Stress Inside Police Departments Jon Shane, 2019-12-06 This book offers researchers police practitioners and policymakers a platform for organizational reform and an understanding of how the police organization creates stress which contributes to reduced officer performance This book based on an in depth study exploring the relationship between perceived organizational stressors and police performance indicates which features of the police organization generate the most stress affecting performance and provides a model of organizational stress that applies to police agencies While much stress research portrays the operation of policing as the greatest source of contention among officers this research shows the ever present rigid hierarchical design of the police agency to be contributing factor of stress that affects performance Ideal for scholars police personnel and policymakers who are interested in how the police organization contributes to lower officer performance this book has implications for policing agencies in the United States and worldwide     *The Policing Mind* Jessica K. Miller, 2022-03-30 How does it feel to be a police officer in the UK What happens in the brains of officers particularly in high risk roles such as counter terrorism and child sexual exploitation Jessica Miller uses the most recent neuroscience and real life examples to explore risks to individual resilience be it trauma exposure burnout or simply the daily pressure of adapting to life on the front line A compulsory read for anyone with an interest in policing the book offers practical easy to follow resilience techniques applicable to anyone in the wider emergency responder community The book also offers policy and operational recommendations to equip police officers with skills to face crime in a post COVID world

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