

# Obsessive- compulsive and related disorders in adults

A comprehensive  
clinical guide

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Lorrin M. Koran

# Obsessive Compulsive And Related Disorders In Adults A Comprehensive Clinical Guide

**Arthur E. Jongsma, Jr., L. Mark  
Peterson, Timothy J. Bruce**



## **Obsessive Compulsive And Related Disorders In Adults A Comprehensive Clinical Guide:**

Clinical Guide to Obsessive Compulsive and Related Disorders Jon E. Grant, Samuel R. Chamberlain, Brian L.

Odlaug, 2014-05-02 Clinical Guide to Obsessive Compulsive and Related Disorders is a complete comprehensive overview of OCD and related disorders trichotillomania excoriation disorder hoarding disorder body dysmorphic disorder and tic disorders The book covers underlying causes clinical presentations and treatments The book serves as a primer for clinicians in training and those already in practice who have little if any background in these disorders It discusses the pharmacological and psychosocial treatments for both adults and children with an emphasis on providing practical information for clinicians to use in their everyday practices Based on the DSM 5 the book uses the latest evidence based information regarding treatments including medication options behavioral therapies alternative treatments and recent developments in surgical treatment This book will provide students residents interns and even veteran clinicians with a basic understanding of OCD and disorders that are often associated with OCD In addition members of the public and those affected by these disorders may use this book to enhance their personal knowledge of the subject matter presented **Obsessive-Compulsive and Related Disorders in Adults**

Lorrin Koran, 1999-07-13 Written for clinicians this book presents in detail the diagnosis clinical picture pharmacotherapeutic and psychotherapeutic treatments for obsessive compulsive disorder and disorders traditionally included in an obsessive compulsive spectrum The book draws on the author's extensive experience as well as reviewing the published evidence including controlled trials case series and case reports Each chapter ends with treatment planning guidelines summarizing appropriate evaluation and treatment strategies An extended chapter details the use of all medications that have been reported effective for these disorders and the management of common and uncommon drug interactions and side effects The book's appendices contain useful symptom rating scales provide access to mental health organizations and to printed and Internet materials for patient education and list international proprietary names for the drugs discussed This is an essential resource and practical guide to treatment planning for psychiatrists and other mental health professionals whether they favor pharmacological or cognitive behavioral approaches *Clinical Handbook of Obsessive-Compulsive and Related Disorders* Eric A. Storch, Adam B. Lewin, 2015-07-03 This handbook examines evidence based treatment of obsessive compulsive and related disorders for a broad clinical audience Focusing on both children and adults with these conditions it discusses various manifestations of OCD e.g. contamination perfectionism related conditions e.g. hoarding trichotillomania and Tourette syndrome and cases with complicating factors Chapters describe case specifics offer assessment guidelines and illustrate evidence based psychotherapy Case examples depict real life complexities of presentation notably in terms of comorbid conditions and hard to treat subpopulations Topical areas addressed in the Handbook include Phenomenology assessment and treatment of multiple types of OCD in adults and children Treating not just right experiences in children with OCD Treating obsessive compulsive disorder in very young children Treatment of OCD

comorbid with other disorders like depression and Autism Spectrum Disorder Treatment of OCD when presenting with complicating factors like limited insight extreme family accommodation and poor motivation The Clinical Handbook of Obsessive Compulsive and Related Disorders is an essential resource for clinicians and professionals as well as researchers and graduate students in clinical psychology psychiatry social work counseling programs pediatrics public health and related disciplines

**Obsessive-compulsive Disorder** Christopher Pittenger, 2017 Obsessive compulsive disorder OCD affects one person in 40 and can cause great suffering This volume provides the first comprehensive summary of our understanding of this enigmatic condition summarizing current work ranging from genetics and neurobiology through cognitive psychology treatment personal experiences and societal implications

**A Clinician's Guide to Childhood Obsessive-Compulsive and Related Disorders** Andrew G. Guzick, Ph.D., Eric A. Storch, Ph.D., 2025-02-12 This book provides mental health clinicians and trainees with an overview of the new category of obsessive compulsive and related disorders as they apply to youth These disorders are highly impairing but can typically be overlooked in children and adolescents when they most often onset This book draws attention to these disorders and provides an up to date review on the classification and development of these conditions in youth Chapters explore the arguments for and against the new obsessive compulsive related disorder DSM 5 category provide reviews of transdiagnostic factors believed to underly these disorders as well expert overviews of the clinical disorders that make up this category An international team of contributors focuses on a range of topics such as pediatric acute onset neuropsychiatric syndrome early onset and tic related OCD common comorbid psychiatric conditions in youth developmental neurobiology and more This book is an essential read for clinicians who specialize in OCD and related disorders and treat children It is also applicable to clinicians trainees and students across mental health disciplines such as psychology psychiatry social work mental health and counselling

Oxford Handbook of Anxiety and Related Disorders Martin M. Antony, Murray B. Stein, 2009 This handbook reviews research and clinical developments through synthetic chapters written by experts from various fields of study and clinical backgrounds It discusses each of the main anxiety disorders and examines diagnostic criteria prevalence rates comorbidity and clinical issues

Clinical Dermatology E-Book Thomas P. Habif, 2009-11-25 Widely recognized as the world's leading dermatology manual the new edition of Habif's Clinical Dermatology has been exhaustively updated to reflect today's best practices A wealth of new features makes it easier than any other resource to identify treat and manage the full range of skin diseases Presents outstanding photographs for virtually every common skin disorder Organizes disease information with a Disorders Index on the inside front cover allowing for quick access to specific guidance and a brand new Regional Diagnosis Atlas in chapter 1 Uses a consistent format in every chapter to present information in a logical easy reference fashion Features extensive revisions throughout that highlight the newest developments in diagnosis and treatment giving you the absolute latest on virtually every skin disorder Over 1000 full color photographs incorporating 500 brand new never before published images for enhanced visual diagnostic guidance

Offers expanded material on non white skin that prepares you to diagnose and treat different patient populations Provides coverage of tropical diseases to help you treat patients who have been traveling abroad      Developmental Disorders of the Frontostriatal System John L. Bradshaw, Peter G. Enticott, 2014-08-21 In this book the author discusses a range of common neurodevelopmental disorders affecting young people autism depression schizophrenia ADHD Tourette s Syndrome and obsessive compulsive disorder from the unique perspective of their proposed common origin in the function and dysfunction of the brain s frontostriatal system Throughout the book the author systematically compares and contrasts them from a biological clinical and evolutionary standpoint viewing them as extensions of normal personality attributes which in less extreme form may possess certain behavioural advantages explaining their persistence in the general population The result is a unique up to date and wide ranging discussion of these disorders that draws upon biology genetics neuropsychology neuropathology neuroimaging and clinical presentation and treatment It will be of interest to advanced students researchers and practitioners in neuropsychology neuropsychiatry psychiatry and clinical psychology      Obsessive-Compulsive Disorder Ross G. Menzies, Padmal de Silva, 2003-07-11 Obsessive Compulsive Disorders OCDs involve habitual repetitive behaviours that can be bizarre disruptive and eventually disabling They can destroy lives and relationships and are one of the most common of the emotional disorders The last five years have seen substantive advances in the state of knowledge of all aspects of OCD and this volume brings together many of the recognised leaders in the field to provide a state of the art account of theory assessment and practice in treatment A comprehensive text for trainees and practitioners Presents current theories as well as treatment focusing mainly on Cognitive Therapy methods of treatment Covers the assessment nature and treatment of a wide range of sub types of OCD Written by an international team of experts Part of the renowned Wiley Series in Clinical Psychology      The Complete Adult Psychotherapy Treatment Planner Arthur E. Jongsma, Jr., L. Mark Peterson, Timothy J. Bruce, 2021-04-14 The revised edition of the clinicians time saving Psychotherapy Treatment Planner Revised and updated the sixth edition of The Complete Adult Psychotherapy Treatment Planner offers clinicians a timesaving evidence based guide that helps to clarify simplify and accelerate the treatment planning process so they can spend less time on paperwork and more time with clients The authors provide all the elements necessary to quickly and easily develop formal customizable treatment plans that satisfy the demands of HMOs managed care companies third party payers and state and federal agencies This revised edition includes new client Short Term Objectives and clinician Therapeutic Interventions that are grounded in evidence based treatment wherever research data provides support to an intervention approach If no research support is available a best practice standard is provided This new edition also offers two new presenting problem chapters Loneliness and Opioid Use Disorder and the authors have updated the content throughout the book to improve clarity conciseness and accuracy This important book Offers a completely updated resource that helps clinicians quickly develop effective evidence based treatment plans Includes an easy to use format locating treatment plan components by

Presenting Problem or DSM 5 diagnosis Contains over 3 000 prewritten treatment Symptoms Goals Objectives and Interventions to select from Presents evidence based treatment plan components for 45 behaviorally defined Presenting Problems Suggests homework exercises specifically created for each Presenting Problem Written for psychologists therapists counselors social workers addiction counselors psychiatrists and other mental health professionals The Complete Adult Psychotherapy Treatment Planner Sixth Edition has been updated to contain the most recent interventions that are evidence based

*Obsessive-Compulsive Disorder* Mario Maj,Norman Sartorius,Ahmed Okasha,Joseph Zohar,2003-07-07 Obsessive compulsive disorder is probably the psychiatric disorder for which most significant progress has been made on the last 20 years concerning pharmacologic and psychotherapeutic interventions A number of studies have shown that OCD is much more prevalent than previously thought occurring in an estimated 2% of the adult population around the world A serious discrepancy still exists between research evidence and clinical practice and an update of this evidence and an international debate on it as provided by this volume is long overdue This revised edition provides vital information on a considerably underdiagnosed condition Provides accompanying commentaries by an outstanding line up of contributors Covers developments in diagnosis therapy prognosis economic evaluation and quality improvement Provides an unbiased and reliable reference point

**The Handbook of Adult Clinical Psychology** Alan Carr,Muireann McNulty,2016-03-31 The second edition of the Handbook of Adult Clinical Psychology An Evidence Based Practice Approach like its predecessor provides clinical psychologists in training with a comprehensive practice handbook to help build the skills necessary to complete a clinical placement in the field of adult mental health While practical in orientation the book is based solidly on empirical evidence Building on the success of the previous edition this handbook has been extensively revised in a number of ways Throughout the book the text references and website addresses and have been updated to reflect important developments since the publication the first edition Recent research findings on the epidemiology aetiology course outcome assessment and treatment of all psychological problems considered in this volume have been incorporated into the text Account has been taken of changes in the diagnosis and classification of psychological problems reflected in the DSM 5 Chapters on ADHD in adults emotion focused therapy radically open dialectical behaviour therapy and schema therapy have been added The book is divided into 6 sections Section 1 covers conceptual frameworks for practice lifespan development classification and epidemiology CBT psychodynamic emotion focused systemic and bio medical models and general assessment procedures Section 2 deals with mood problems depression bipolar disorder suicide risk and anger management Section 3 focuses on anxiety problems social phobia generalized anxiety disorder panic disorder obsessive compulsive disorder post traumatic stress disorder and depersonalization disorder Section 4 deals with psychological problems linked to physical health health anxiety somatization chronic pain adjustment to cancer and eating disorders Section 5 focuses on other significant psychological problems that come to the attention of clinical psychologist in adult mental health services

ADHD in adults alcohol and other drug problems psychosis and psychological problems in older adults Section 6 contains chapters on therapeutic approaches to psychological distress related to complex childhood trauma dialectical behaviour therapy for borderline personality disorder racially open dialectical behaviour for over controlled presentations and schema therapy Each of the chapters on clinical problems explains how to assess and treat the condition in an evidence based way with reference to case material Interventions from cognitive behavioural psychodynamic interpersonal systemic and biomedical approaches are described where there is evidence that they are effective for the problem in question Skill building exercises and further reading for psychologists and patients are included at the end of each chapter This book is one of a set of three volumes which cover the lion s share of the curriculum for clinical psychologists in training in the UK and Ireland The other two volumes are the Handbook of Child and Adolescent Clinical Psychology Third Edition by Alan Carr and the Handbook of Intellectual Disability and Clinical Psychology Practice Second Edition edited by Alan Carr Christine Linehan Gary O Reilly Patricia Noonan Walsh John McEvoy

**Obsessive Compulsive Disorder Research** B. E. Ling, 2005 People with Obsessive Compulsive Disorder OCD an anxiety disorder suffer intensely from recurrent unwanted thoughts obsessions and or repetitive behaviours compulsions that they feel they cannot control Repetitive behaviours such as hand washing counting checking or cleaning are often performed with the hope of preventing obsessive thoughts or making them go away Performing these so called rituals however provides only temporary relief and not performing them markedly increases anxiety Left untreated obsessions and the need to carry out rituals can take over a person s life OCD is often a chronic relapsing illness The first symptoms of OCD often begin during childhood or adolescence OCD is equally common in males and females OCD is sometimes accompanied by depression eating disorders substance abuse or other anxiety disorders Symptoms of OCD can also coexist and may even be part of a spectrum of other brain disorders such as Tourette s syndrome Appropriate diagnosis and treatment of other co occurring disorders are important to successful treatment of OCD This new volume offers new research from around the world

**Childhood Obsessive-Compulsive and Related Disorders** Eric A. Storch, Ph.D., Andrew G. Guzick, Ph.D., 2024-12-18 This book is a comprehensive evidence based guide for clinicians and trainees on the assessment and treatment of youth with obsessive compulsive and related disorders OCRDs OCRDs typically begin in childhood or adolescence and can be highly prevalent and impairing though there has been minimal clinical guidance on treatment of such disorders in youth This go to handbook on OCRDs in childhood has an international range of expert contributors providing evidence based guidance on assessment and treatments of these conditions including adapting treatment for very young children digital mental health interventions and family based parent based and intensive treatment formats Chapters also review other field areas such as clinical presentation causal and maintaining factors and features and transdiagnostic psychological dimensions of ORCDs The concluding chapters discuss future directions for the field and emphasize the need for diversity dissemination and implementation in childhood OCD research This book is

essential for clinicians specializing in OCD and related disorders in children and adolescents It is also applicable to clinicians trainees and students across a wide range of mental health disciplines

**Basics in Psychiatry, Clinical Examination and Psychopathology** John Mathai Panickacheril, 2024-08-30 This book highlights the methods of clinical examination and describes concisely the various signs and symptoms in psychiatry Substantial up to date knowledge and skills in clinical examination and descriptive psychopathology are essential prerequisites for good clinical practice The book provides a practical and clinical approach to the examination of patients focusing on the fundamentals and deliberately avoiding complexity It is concise lucid comprehensive and up to date It was written primarily for postgraduate doctors in psychiatry and novices in the specialty The clinical skills and knowledge in psychopathology that this book will provide for postgraduate psychiatry trainees may serve as the fundamental building blocks for their clinical practice and will also be beneficial for other doctors medical graduate students and mental health professionals helping them to get to know the basics in psychiatry deepen their understanding of its relevance and endorse psychiatry as a division in medicine

**The Oxford Handbook of Impulse Control Disorders** Jon E. Grant, Marc N. Potenza, 2012 Research in the area of impulse control disorders has expanded exponentially The Oxford Handbook of Impulse Control Disorders provides researchers and clinicians with a clear understanding of the developmental biological and phenomenological features of a range of impulse control disorders as well as detailed approaches to their treatment

*The Complete Mental Health Directory* Richard Gottlieb, 2006-03 Provides comprehensive coverage of 27 specific mental health disorders from adjustment disorders to tic disorders including a separate section devoted to pediatric and adolescent issues as well as support systems and other resources

**Global Emergency of Mental Disorders** Jahangir Moini, Justin Koenitzer, Anthony LoGalbo, 2021-05-18 Global Emergency of Mental Disorders is a comprehensive yet easy to read overview of the neurodevelopmental basis of multiple mental disorders and their accompanying consequences including addiction suicide and homelessness Compared to other references that examine the treatment of psychiatric disorders this book uniquely focuses on their neurodevelopment It is designed for neuroscience psychiatry psychology students and various other clinical professions With chapters on anxiety depression schizophrenia and others this volume provides information about incidence prevalence and mortality rates in addition to developmental origins With millions worldwide affected this book will be an invaluable resource Explores psychiatric disorders from a neurodevelopmental perspective Covers multiple disorders including anxiety depression and obsessive compulsive disorder Examines the brain mechanisms that underly disorders Addresses the opioid epidemic and suicide Reviews special patient populations by gender and age

Cognitive Approaches to Obsessions and Compulsions Randy O. Frost, Gail Steketee, 2002-05-31 Cognitive Approaches to Obsessions and Compulsions

Complexities in Obsessive Compulsive and Related Disorders Eric A. Storch, Jonathan S. Abramowitz, Dean McKay, 2021-10 Complexities in Obsessive Compulsive and Related Disorders is a comprehensive text that addresses recent advances for a much needed



update to the field of OCRDs

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### Obsessive Compulsive And Related Disorders In Adults A Comprehensive Clinical Guide Introduction

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