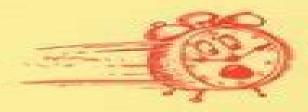
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Fast & Easy!

- For anyone following a low carb diet.
- All recipes have complete nutritional information.
- · Recipes for people on-the-go, with no time to cook.
- Easy to follow instructions.
- Updated resources section.

by Belinda Schweinhart

> with Chaddie Letson

# **Low Carb Recipes Fast Easy Revised Edition**

**JESSICA DIAZ, LOIS J DOWNEY** 

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