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loving your child is not enough

positive discipline
that works

Nancy Samalin

with Martha Moraghan Jablow

READ BY NANCY SAMALIN

Loving Your Child Is Not Enough

Patti Breitman



Loving Your Child Is Not Enough:

Loving Your Child Is Not Enough Nancy Samalin, Martha Moraghan Jablow, 1998-04-01 In this now classic straightforward approach to childraising Nancy Samalin shows parents how to set clear concise guidelines to ensure positive and constructive discipline Based on her extensive work with parents and children she offers the most recent and invaluable advice on Avoiding daily battles Using alternatives to punishment Dealing with anger Learning to let go Diminishing sibling rivalries and much much more Filled with practical solutions to everyday problems and thoughtful useful information on opening up communication between the generations Loving Your Child Is Not Enough will help parents to truly enjoy their child s growing years Nancy Samalin is a contributing editor to Parents magazine with a regular column on discipline Available on audiocassette from Penguin HighBridge Audio

Wonderful Ways to Love a Child Judy Ford, 2020-07-14 A Powerful Lesson on Unconditional Love and How to Raise Happy Children A must for every family library USA Today This collection of essays offers a gentle guide on how to put your love into daily actions A parent s calling is to raise a person By making loving actions part of your life you have the power to build the kind of family unit most people long for Wonderful Ways to Love a Child is filled with true stories of parents and children who are nurturing strong and loving families The book provides the support that empowers you to be the parent you want to be and expands your parenting skills No simple tricks Cultivating a loving relationship with your child demands integrity compassion and emotional honesty It is a forever commitment to continuous loving actions even when you are too tired This low stress approach to positive parenting produces children with high self esteem This is how children succeed A perfect gift for new parents Wonderful Ways to Love a Child is a prescription to strengthen family bonds that will last a lifetime There are many different parenting styles this one is based in love and logic and positive discipline Learn to put yourselves in your children s shoes and have fun in the process In this book you ll discover guides to Loving yourself and allowing your child to love themselves Giving the gift of your presence and being open to the miracle of transformation Saying yes as often as possible and knowing when to say no Teaching that all feelings are acceptable and making room for the Crankies Delighting in silliness by laughing dancing and singing together Teaching values by example Other essential tools to ensure a loving lasting friendship with your children and make them want to come visit when they are older If you enjoyed parenting books such as How to Talk so Kids Will Listen and How to Listen so Kids Will Talk 1 2 3 Magic or Parenting with Love and Logic you ll love Wonderful Ways to Love a Child

Love Is Not Enough - to Prepare Your Child for Life's Challenges Halim Ozkaptan, 2010-03-21 This book describes the parental techniques necessary to develop their child s self confidence and courage to maintain a moral balance in view of today s media drug and internet onslaught The constraints of family and community have been loosened at the same time the child needs discipline and boundaries to withstand temptation and negative pressures It is designed to help a child overcome his or her self doubt and fear when faced by life s challenges and peer pressure The key developmental needs of a child self

realization and fellowship are described Principles techniques and illustrative examples are also given to help a parent train a child to become a confident and self assured good person Why Kids Lie Paul Ekman,1991-02-01 In this helpful book Dr Paul Ekman a world renowned expert on lying shows parents how to deal effectively with the variety of lies children of all ages tell from little white lies to boasting and bragging to the outright concealing of information My son Billy lied to me and he s only five Is that normal I know Joanne is lying when she tells me she doesn t smoke pot but I can t prove it What should I do Heather won t tell me what she does on her dates She says it s none of my business but don t I have a right to know You ll learn what motivates a child to lie why some kids lie more than others what to do if you suspect or discover your child is lying how you can encourage your child to tell the truth and more all in easy to understand practical language that makes this an invaluable book for every family **The Baby Sleep Book** Martha Sears,James Sears,William Sears,Robert W.

Sears,2008-12-14 Everything you need to know about getting your baby or toddler to sleep from America s foremost baby and childcare experts Babies don t automatically know how to sleep through the night they need to be taught The Sears family has learned from decades of pediatric practice bolstered by their own parenting experiences that different babies have different nighttime temperaments and of course different families have different lifestyles Instead of espousing the kind of one method fits all approach advocated in other baby sleep guides the Sears family explains how you can create a sleep plan that suits the needs of your entire family With a sharp focus on the practical tools and techniques The Baby Sleep Book covers such topics as The facts of infant sleep vs adult sleep Figuring out where when and how your child sleeps best Fail safe methods for soothing a crying infant How to make night nursing easier and how to stop Nighttime fathering tips Whether co sleeping makes sense for you Nap time strategies that work Medical and physical causes of night waking Sleep habits in special situations such as traveling teething and illness *Love and Anger* Nancy Samalin,Catherine

Whitney,1992-05-01 Winner of Child Magazine s Best Parenting Boo of 1991 An honest look at how children can drive the most loving parent to periodic madness along with practical suggestions for how to cope Adele Faber **The 5 Love Languages Singles Edition** Gary Chapman,2017-01-03 Simple ways to strengthen any relationship With more than 20 million copies sold The 5 Love Languages continues to transform relationships worldwide And though originally written for married couples its concepts have proven applicable to families friends and even coworkers The premise is simple Each person gives and receives love in a certain language and speaking it will strengthen that relationship For singles that means you can Understand yourself and others better Grow closer to family friends and others you care about Gain courage to express your emotions and affection Discover the missing ingredient in past relationships Date more successfully and more Whether you want to be closer to your parents reach out more to your friends or give dating another try The 5 Love Languages Singles Edition will give you the confidence you need to connect with others in a meaningful way Nothing has more potential for enhancing one s sense of well being than effectively loving and being loved This book is designed to help

you do both of these things effectively Gary Chapman Includes a quiz to help you learn your love language plus a section on the pros and cons of online dating **Loving Your Child Too Much** Tim Clinton, Gary Sibcy, 2012-01-16 Packed with 10 essential parenting strategies Clinton and Sibcy help parents understand the strengths and weaknesses of parenting styles and offer a proven method for raising healthy happy well balanced kids **Parenting Without Tears** , How to Really Love your Child/How to Really Know your Child (2in1) Ebook Ross Campbell, 2012-03-01 Here in one volume are two best sellers on child rearing from psychiatrist and pediatrician Dr Ross Campbell Together these books explain children s emotional needs and provide parents with expert guidance on giving their children a sense of security effective discipline and spiritual nurture *It Takes a Child to Raise a Parent* Janis Clark Johnston, 2013-04-04 While advice abounds from a variety of sources before parents embark on their parenting journeys the only parent preparation we actually receive comes from our family and peer stories Yet most adults do not realize that in day to day challenges of guiding our children something interesting happens As we steer our children through life we reopen our own childhood roads Just when our child most needs us we become needy ourselves as adults and parents we find that we have unresolved raising issues basic needs that were not met in our childhoods Our needs and memories echo and influence many of the parenting decisions we make even though we re unaware of those influences at times Fortunately children help parents reach their needs as much as their parents help them fulfill their own Our child ends up guiding us by connecting us to some earlier time in our life when we encountered distress We dredge up a lesson and we adapt by adhering to or changing the story that we tell ourselves about who we are We re negotiate the five basic needs that surface from our childhood memories as our youngsters pass through each of the developmental phases The self aware parent focuses on creative problem solving by focusing on one interaction at a time It Takes a Child to Raise a Parent offers an exploration of how our own childhood memories and needs influence and shape our parenting decisions in our adult lives Offering tips stories from a variety of families and step by step exercises Janis Johnston helps parents better understand and grasp the tools necessary to face parenting challenges head on and to explore new ways of understanding ourselves our children and our family interactions Expectant parents and current parents interested in understanding their own personality development as well as the many moods of childhood and their own children will find clear guidelines for understanding their roles in their children s lives as well as concrete suggestions for how to navigate the choppy waters of raising children **How to Say No Without Feeling Guilty** Patti Breitman, 2001-02-13 To this book I say yes yes yes from the Foreword by Richard Carlson author of Don t Sweat the Small Stuff Find more time and energy for the things you love to do learn to say no without feeling guilty The simple word no is often the most difficult to say Yet anyone can develop the skills to say no with confidence kindness and peace of mind And the benefits are enormous You ll spend less time doing things you don t want to do with people you don t want to see and move closer to your own priorities and passions How to Say No Without Feeling Guilty shows you the five simple techniques that will help you say no with finesse in nearly

any situation and how to apply two basic principles to minimize guilt about saying no and reduce the likelihood of personal conflicts In addition authors Patti Breitman and Connie Hatch provide specific language and practical strategies for defending your boundaries against life s many intrusions and distractions including Demanding friends and family members Unwelcome invitations dates and romantic entanglements Requests for money whether from friends relatives organizations or panhandlers Unreasonable assignments at work Pushy people who ask for too many favors Junk mail annoying phone calls and buddies with something to sell High maintenance people And much more Ultimately no can be one of the most positive words in your vocabulary Whether you crave more family time more time for yourself or more time to pursue a dream saying no frees up room for the yeses in your life *Family Wisdom* Susan Ginsberg,1996 Encompassing a remarkably rich spectrum of reflections on all aspects of family life *Family Wisdom* spans centuries and cultures to offer 2 000 of the most perceptive exhilarating helpful and humorous remarks on a subject that concerns just about everyone The first collection of its kind *Family Wisdom* will open a dialogue among readers of all generations **New York Magazine** ,1987-08-17 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country With award winning writing and photography covering everything from politics and food to theater and fashion the magazine s consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an idea **Men of Integrity** Various Authors,1999-09-12 Drawing on the themes of the Promise Keepers movement this daily devotional guide brings compelling stories timely quotes practical help and personal challenges together in an easy to read easy to apply format Weekly themes include honoring Christ sexual purity meaningful work handling anger making wise decisions self discipline and much more The devotionals are drawn from diverse sources and feature such names as Billy Graham Gary Smalley John Trent Luis Palau Stuart Briscoe Phillip Yancey C S Lewis along with hundreds of other writers and pastors athletes and administrators businessmen and entrepreneurs and anonymous Promise Keepers from every possible walk of life **A Grief Unobserved** Maggie Kindred,2012-02-23 There is a book by C S Lewis in which he describes the process of coming to terms with this bereavement the grief observed which most adults will experience at some time in their lives This book is about the grief of very young children The text brings to life both the young child s disrupted and an adult experience of therapy

Loving Each One Best Nancy Samalin,2010-04-28 All those baby boomers who have embarked on the journey of raising their second and third children have found themselves left in the lurch by existing child care literature Now child care expert Nancy Samalin who has earned a reputation for her forgiving and empowering approach to parenting brings her inspiring outlook to this guide to the pitfalls and rewards of parenting two or more children Parents who consider themselves pros after the first child are in for a surprise when the encounter life after the second child is born and beyond Suddenly their world is an exhausting haze of competing demands perpetual squabbling sibling rivalry complaints of unfairness and you love

him more and sometimes you do unrelenting stress and a pervasive sense of guilt and inadequacy Culled from her years of workshops with hundreds of parents Nancy Samalin shares the trials and joys of parenthood and provides specific advice on steering your way through the parenting rapids This is a must read for today's harried parents *Love Has Wings* Isha,Isha Judd,2012 Offers advice on fostering a state of mind the author labels love consciousness in order to overcome fear and insecurity and gain access to love empowerment and enjoyment of life *Choosing Single Motherhood* Mikki Morrissette,2006-04 The first comprehensive resource book available for women who have chosen or are thinking of choosing single motherhood Based on extensive research advice from child experts and family therapists and conversations with more than one hundred thinkers and single mothers this book funnels twenty five years of hindsight into up to date insight on all aspects of the Choice Motherhood movement From how to answer a child's daddy questions to the pros and cons of using a known donor to how the children of pioneering Choice Moms feel about the lifestyle this book is the one resource needed by every woman who makes this decision **A Journey Out of Darkness** John Slade,2002-09 A love story set above the Polar circle in the wild mountains of Norway On a deeper level this book is an introduction to global ecology

Loving Your Child Is Not Enough Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the ability of words has become much more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such could be the essence of the book **Loving Your Child Is Not Enough**, a literary masterpiece that delves deep into the significance of words and their affect on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall affect on readers.

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