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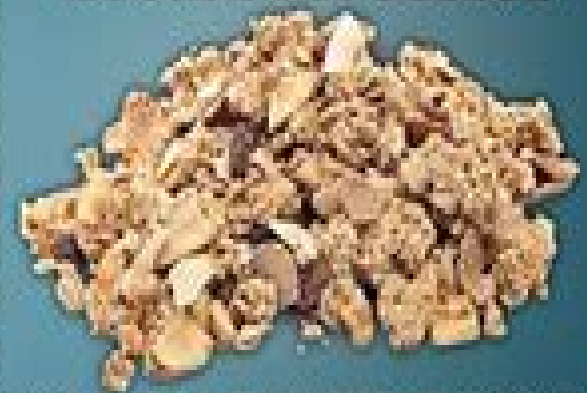
Fish fingers



Beans on toast



**Wholegrain
breakfast cereal**



**Tomato-based
pasta sauces**



Fruit yoghurts



Wholemeal bread



Nutrients In Processed Foods

S Ben Porath



Nutrients In Processed Foods:

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