

中医药疗法治疗心脏神经官能症的研究进展

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摘 要

心脏神经官能症作为以神经功能失调为主的常见疾病之一, 其临床主要表现为心前区的憋闷、疼痛, 失眠, 焦虑, 紧张, 乏力等症状。同时, 随着人们生活节奏的加快, 该病发病率也呈逐年上升的趋势, 并且若不加以及时的干预, 严重时患者可能会出现自杀、自残等情况的发生。然而, 现代医学在有关本病的治疗方面主要是采用对症治疗方式为主, 虽取效迅速但不良反应及毒副反应明显。现大量研究表明中医药治疗本病药物疗效好、安全性高、毒副作用小。因此, 本文基于近3~5年相关文献, 分析、归纳及总结中医对本病发病机理、治疗等方面的认识, 以期为后续研究本病的学者提供便利。

关键词

心脏神经官能症, 中医治疗, 综述

Research Progress of Chinese Medicine Therapy in the Treatment of Cardiac Neurosis

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Abstract

Cardiac neurosis, as one of the common diseases, is characterized by neurological dysfunction. Its main clinical manifestations are depression, pain, insomnia, anxiety, tension, fatigue and other symptoms in the precordial area. At the same time, with the acceleration of people's life rhythms, the incidence of the disease is also increasing year by year, and if it is not intervened in time, patients may commit suicide and self-harm in severe cases. However, modern medicine mainly

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Alan S. Bellack, Michel Hersen



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Handbook of Behavior Therapy in the Psychiatric Setting Alan S. Bellack,Michel Hersen,2013-11-21 Focusing on patients with severe impairments including mixed and multiple diagnoses this volume describes how behavior therapy fits into the clinical environment Psychiatrists medical clinicians and residents will appreciate the in depth coverage of a broad range of difficult issues **Models of Mental Disorders** William T. McKinney Jr.,2012-12-06 My ideas for this book have been evolving over the last several years as I have been working in the animal modeling area and have seen it change rather dramatically There have been tremendous advances both in methodology and in conceptualization yet the literature is scattered in journals encompassing many disciplines In particular there have been only very limited attempts to write about the philosophical conceptual and controversial issues in this field to pull together diverse findings and to provide some general perspective on its future As will probably be apparent I am a clinical psychiatrist who also has a fundamental interest

in animal behavior especially primate social behavior I entered the field from a clinical research standpoint to develop some animal models of depression after being stimulated to do so by Dr William Bunney then at the National Institute of Mental Health and now at the University of California Irvine The field has grown rapidly since then and there is considerable research activity Indeed the research activity has grown more rapidly than our conceptualization of what animal models are and are not Animal preparations are now available for studying specific aspects of certain types of psychopathology Thoughtful workers in the animal modeling field no longer talk about comprehensive models but rather about more limited experimental preparations in animals for studying certain specific aspects of human psychopathology

Biomedical Index to PHS-supported Research, 1991 *Indexes to the Epilepsy Accessions of the Epilepsy Information System* J. Kiffin Penry, 1978

International Handbook of Behavior Modification and Therapy Alan S. Bellack, Michel Hersen, Alan E. Kazdin, 2012-12-06 It is particularly gratifying to prepare a second edition of a book because there is the necessary implication that the first edition was well received Moreover now an opportunity is provided to correct the problems or limitations that existed in the first edition as well as to address recent developments in the field Thus we are grateful to our friends colleagues and students as well as to the reviewers who have expressed their approval of the first edition and who have given us valuable input on how the revision could best be structured Perhaps the first thing that the reader will notice about the second edition is that it is more extensive than the first The volume currently has 41 chapters in contrast to the 31 chapters that comprised the earlier version Chapters 3 9 29 and 30 of the first edition either have been dropped or were combined whereas 14 new chapters have been added In effect we are gratified in being able to reflect the continued growth of behavior therapy in the 1980s Behavior therapists have addressed an ever increasing number of disorders and behavioral dysfunctions in an increasing range of populations The most notable advances are taking place in such areas as cognitive approaches geriatrics and behavioral medicine and also in the treatment of childhood disorders

The Shattered Self Richard B. Ulman, Doris Brothers, 2013-05-13 Ulman and Brothers utilize a unique clinical research population of rape and incest victims and Vietnam combat veterans to argue that trauma results from real occurrences that have as their unconscious meaning the shattering of central organizing fantasies of self in relation to selfobject Their innovative treatment approach revolves around the transformation of these shattered fantasies in the intersubjective context of the transference countertransference neurosis

The Making of DSM-III Hannah S. Decker, 2013-06-13 This book chronicles how American psychiatry went from its psychoanalytic heyday in the 1940s and 50s through the virulent anti psychiatry of the 1960s and 70s into the late 20th century descriptive criteria grounded model of mental disorders

Core Concepts in Classical Psychoanalysis Morris N. Eagle, 2017-11-14 In Core Concepts in Classical Psychoanalysis alongside its companion piece Core Concepts in Contemporary Psychoanalysis Morris N Eagle asks of the core concepts and formulations of psychoanalytic theory which ones should be retained which should be modified and in what ways and which should be discarded The key concepts and

issues explored in this book include Unconscious processes and research on them what evidence is there for a dynamic unconscious Is there a universal Oedipus complex The importance of inner conflict The concept of defense Unlike other previous discussions of these concepts this book systematically evaluates them in the light of conceptual critique as well as recent research based evidence and empirical data Written with Eagle s piercing clarity of voice Core Concepts in Classical Psychoanalysis challenges previously unquestioned psychoanalytic assumptions and will appeal to psychoanalysts psychoanalytic psychotherapists and anyone interested in integrating core psychoanalytic concepts research and theory with other disciplines including psychiatry psychology and social work

Handbook of Effective Psychotherapy Thomas R. Giles, 2012-12-06 Handbook of Effective Psychotherapy is the culmination of 15 years of personal interest in the area of psychotherapy outcome research In my view this is one of the most interesting and crucial areas in the field it has relevance across disparate clinical disciplines and orientations it provides a measure of how far the field has progressed in its efforts to improve the effectiveness of psychotherapeutic intervention and it provides an ongoing measure of how readily clinicians adapt to scientific indications in state of the art care Regrettably as several of the chapters in this volume indicate there is a vast chasm between what is known about the best available treatments and what is applied as the usual standard of care On the most basic level there appears to be a significant number of clinicians who remain reluctant to acknowledge that scientific study can add to their ability to aid the emotionally distressed I hope that this handbook with its many delineations of empirically supported treatments will do something to remedy this state of affairs

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