

## Exercising before the confinement period

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	887 (33.1%)
once/week	1,772 (66.9%)
2 times/week	
3 times/week	
4 times/week	
5 times/week	
6 times/week	
7 times/week	
8 times/week	
9 times/week	
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# Period Of Confinement

**LP Steffe**



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