

# HOME REMEDIES FOR HEART DISEASE



## Garlic

Eat 1 or 2 freshly crushed garlic cloves daily on a regular basis. If you find the taste too strong, drink a glass of milk after eating the garlic.



## Hawthorn

Hawthorn helps increase cardiac performance & output, reduces the heart's workload. Plus, it has an antiarrhythmic effect that helps steady the heartbeat.



## Arjuna



## Cayenne Pepper



## Turmeric



## Green Tea



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# Natural Medicine For Heart Disease

**Albert A Gayle**



## **Natural Medicine For Heart Disease:**

## Enjoying the Song of Expression: An Emotional Symphony within **Natural Medicine For Heart Disease**

In a world consumed by displays and the ceaseless chatter of instantaneous communication, the melodic beauty and mental symphony produced by the written word usually fade in to the background, eclipsed by the persistent noise and disturbances that permeate our lives. But, nestled within the pages of **Natural Medicine For Heart Disease** a marvelous fictional treasure brimming with fresh thoughts, lies an immersive symphony waiting to be embraced. Crafted by an elegant musician of language, that fascinating masterpiece conducts readers on a mental journey, skillfully unraveling the concealed melodies and profound affect resonating within each carefully crafted phrase. Within the depths with this moving analysis, we shall examine the book's key harmonies, analyze their enthralling publishing model, and surrender ourselves to the profound resonance that echoes in the depths of readers' souls.

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