



Renewing Female Balance

by
**Linda Elizabeth Drager,
N.D., D.C.**

The Healing Medicine Library Series

Renewing Female Balance

Linda G. Rector-Page

Renewing Female Balance:

Renewing Female Balance Linda Page,1997 Women can have a great deal of confidence that herbal therapy will work for them Topics in this book include PMS yeast infections water retention fatigue Endometriosis Fibroids Ovarian cysts Vaginal yeast infections and STDs [Renewing Female Balance](#) Linda Rector-Page,Linda R. Page,Page Linda

Rector,1995-10 Over 65% of Americans now use some form of alternative health care from vitamins to massage therapy to herbal supplements These succinct inexpensive Healthy Healing Library booklets by Linda Rector Page N D Ph D help people make informed choices **Sexuality** Linda Page,1998-08 In this edition of Dr Linda Page s Healthy Healing Guide To Sexuality Dr Page brings forth the very latest information about alternative treatments and natural therapies This book is a must for every natural healing library **Renewing the Balance** Dirk Dunbar,2017-03-31 In Renewing the Balance Dirk

Dunbar shows how the balance worshipped in ancient Earth wisdom traditions is being integrated into Western culture s dominantly masculine rational value system Filled with hope revelations regarding cultural evolution and scholarship of the highest order Dunbar s book passionately challenges all of us to recover the archaic reverence for the natural world to reconsider the limits of growth progress and mechanistic thinking and to join in the newly reclaimed celebration of life that fosters peace and the potential for a sustainable future Dirk Dunbar s Renewing the Balance is a crucial and comprehensive account of how traditional cultures maintained a healthy balance that preserved our natural world and how our modern technocratic economic ideology has produced a culture that is dangerously out of balance It is at once a diagnosis of our dis ease and a prescription for healing our collective psyche polis and environment A truly fascinating philosophical adventure Sam Keen Author of 12 books including The Passionate Life and Hymns to an Unknown God Renewing the Balance brings depth and breadth to our efforts to understand how Western culture evolved as it did and to appreciate the many streams that now flow into our efforts to manifest ecological wisdom in a hypermodern world Charlene Spretnak Author of 9 books including States of Grace and The Resurgence of the Real **Cooking for Healthy Healing: Healing Diets** Linda

Page,2002 You will discover the healing secrets of different kinds of foods for example fruits vegetables and chlorophyll how they cleanse your body and heal health problems green superfoods and medicinal mushrooms how they work for faster healing herbs and sea greens how they help the body remain in balance spices and herbs how they boost thermogenesis to burn calories for hours Also includes complete nutrient value reference sections for food herbs and nutrients and a complete section dedicated to the importance of organic foods There are over 80 complete healing diets and programs from allergies to childhood disease control to recovery after radiation and surgery each detailed programme shows how to develop the healing diet and then refers to the easy to use recipes in Cooking For Healthy Healing Book Two The Healing Recipes

Linda Page's Healthy Healing Linda G. Rector-Page,2000 A guide which offers advice on healthy living including diet nutrition hygiene health care and fitness **Revealing the Secrets of Anti-Aging** Linda R. Page,1997-04 Are you ageing

faster than you want to Learn which lifestyle factors affect ageing the most Start a new anti ageing life style approach and take control of the ageing process with information and action Diets and healing programmes that include herbs superfoods supplements and body work **Fatigue Syndromes** Linda Rector-Page,Linda G. Rector-Page,1997 What are Fatigue Syndromes and what causes them Learn more about how the immune system works Learn about Candidiasis Chronic Fatigue Syndrome Fibromyalgia Mononucleosis Lupus Environmental Illness and Chemical sensitivity in this fact filled helpful booklet There are even diets and healing programmes *Menopause and Osteoporosis* Linda Rector-Page,Linda G. Rector-Page,1998-12 Linda Page has been saying it for years Good food is good medicine Now in her new revolutionary cookbook set she presents the latest information about the problems with today s food supply and shows how to use food as medicine for healing and for wellness **Ways of Renewal - A Guidebook for Women** Krisztina Samu,2019-01-21 Ways of Renewal A Guidebook for Women Natural Methods for Clearing Sexual Trauma Balancing the Emotions and Resurrecting the Spirit approaches rape trauma from a fresh perspective that of approaching it as a treatable injury Just as a broken arm will heal correctly if the bones are set and the arm is immobilized for a period the trauma suffered by rape or sexual assault survivors also requires intervention but of a different nature This concise book leads the reader to a basic understanding of the ancient art of Acupuncture and Oriental Medicine offering specific acupuncture point prescriptions to use with detailed explanations The book also describes other related healing modalities which are effective for treating this invisible injury

Jewish Renewal Rabbi Groesberg,Sholom Groesberg,2008 In 1980 Sholom Groesberg changed his life s course He resigned as dean of engineering at Widener University in order to pursue a career in the rabbinate Accepted at the Academy for Jewish Religion he was ordained in 1984 Ten years later Rabbi Groesberg encountered the Jewish Renewal movement Its approach to creating an authentic identity within the context of living as a Jew resonated strongly within him He became an ardent adherent of the movement Jewish Renewed A Journey is a combination academic study and personal memoir written for the educated lay reader It traces the movement s history explicates its ideology and practices and examines the future challenges facing the movement Among others this book will interest History buffs Educators Spiritual seekers Environmentalists Alienated Jews seeking a home Practitioners in the helping professions This book will also appeal to those of a philosophical bent searching for answers to questions of Ultimate Concern answers that invest our lives with meaning Why bother to be Jewish Can secularism and religiosity be bridged Why do new religious movements survive or fail Are the Kabbalah s teachings relevant to contemporary times How can a modernist Jew conceptualize the significance of God

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people extend their lives by regenerating the cells through balanced nutrition using nutritional herbal and hormonal supplements to fight off diseases and incorporating a fitness plan Major direct mail push **Stress & Energy** Linda Page,1999-03 Are you stressed out Stress is more serious than it was once thought to be In fact stress is by far the most common health problem in the world today Stress is at the heart of many diseases Once again Dr Linda Page comes to the rescue This book is a treasure chest It can help you cope in a hundred ways with daily stress and help you transform stress into creative energy **Gender, Women and Primary Health Care Renewal** World Health Organization,2010 This discussion paper brings together evidence and experience from around the world focusing on making health systems more gender responsive There is a need to examine the various barriers as well as opportunities in order to make health systems work better for women which has been a special concern for several decades now by using a gender equality and health equity perspective The paper uses a framework that combines WHO s six building blocks for health systems and the primary health care reforms propounded in the World Health Report 2008 on primary health care Furthermore the paper provides examples of what has worked and how and ends with an agenda for action to strengthen the work of policy makers their advisers and development partners as well as practitioners as they seek to integrate gender equality perspectives into health systems strengthening including primary health care PHC reforms **Cooking for Healthy Healing** Linda Page,2002 Linda Page has been saying it for years Good food is good medicine Now in her new revolutionary cookbook set she presents the latest information about the problems with today s food supply and shows how to use food as medicine for healing and for wellness **Renewal** Mark Wild,2019-03-21 In the decades following World War II a movement of clergy and laity sought to restore liberal Protestantism to the center of American urban life Chastened by their failure to avert war and the Holocaust and troubled by missionaries complicity with colonial regimes they redirected their energies back home Renewal explores the rise and fall of this movement which began as an effort to restore the church s standing but wound up as nothing less than an openhearted crusade to remake our nation s cities These campaigns reached beyond church walls to build or lend a hand to scores of organizations fighting for welfare social justice and community empowerment among the increasingly nonwhite urban working class Church leaders extended their efforts far beyond traditional evangelicalism often dovetailing with many of the contemporaneous social currents coursing through the nation including black freedom movements and the War on Poverty Renewal illuminates the overlooked story of how religious institutions both shaped and were shaped by postwar urban America **Cancer** Linda G. Rector-Page,1997-02 The very latest information about cancers alternative treatments and natural therapies A must for every natural healing library From a Certified Doctor of Naturopathy and PhD who has been working in nutrition and herbal medicine since the earlier seventies Contents include New Facts About Cancer Causes Is Cancer Preventable Can Herbal Medicines Fight Cancer and Programs for Specific Types of Cancer **Colds, Flu and You** Linda Rector-Page,Linda R. Page,1996 Colds and flu respond to different treatments This book includes a symptom chart

natural therapies and a section devoted to information about building your immune response Diets and healing programmes for Colds Flu Bronchitis Bacterial Pneumonia Viral Pneumonia Sinusitis Broadcast License Renewal United States. Congress. House. Committee on Interstate and Foreign Commerce. Subcommittee on Communications and Power, 1973

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