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# Race Of The Hours

**Robert R. Redfield**



## Race Of The Hours:

**The Unforgiving Hours** Shannon Hogan,2025-04-08 From the frozen wilds of Alaska s treacherous trails to the unyielding currents of Puget Sound and Canada s Inside Passage from the rugged majesty of Colorado s peaks to the vibrant depths of Costa Rica s rainforests Hogan offers us an intimate window into the toughest contests in sports Whether it s a blistering race across the furnace trails of gold country in the Sierra Nevadas a grueling swim in frigid water to break the Ice Mile Distance record or a competition on the biggest triathlon stage with a determination beyond perceived limitations each journey reveals the resilience and humor it takes to face the unknown with only the guarantee of discomfort ahead These stories of ordinary women and men who kept going even when things went wrong especially when the weather and tides did not cooperate attest to the drive grit and patience that exists in all of us Through exhaustion setbacks and moments of darkness and doubt these athletes prove that greatness isn t about perfection it s about perseverance Their triumphs large and small are a testament to the power of adaptability passion and the sheer will to keep going one breath one step one stroke and one mile at a time Amazon com

**Corvette Racing** David Kimble,2013-01-27 Chevy s Corvette is without question one of the most recognized sports cars in the world Since its introduction at GM s Motorama Corvettes have been favorites for fans and drivers in a wide variety of racing venues including endurance events hillclimbs Trans Am drag racing and GT Racing For six decades Corvettes have battled and defeated some of the the biggest names in the sports car world Ferrari Porsche Cobra Jaguar at storied road courses like Le Mans Daytona the N rburgring Sebring and Laguna Seca Beginning with the Real McCoy a Zora Arkus Duntov special raced at Sebring in 1956 this book draws on the history of factory sponsored and private racing efforts chronicling the history of the various Vettes that have been put to the test as racing machines Noted automotive writer and renowned artist David Kimble delves deep into Vette s on track history to provide the most thorough Corvette racing history ever published Corvette Racing is illustrated with rare images from GM s media and design archives and complemented by Kimble s own stunning cutaway artwork For Corvette and racing fans this book is the definitive word on Corvette s nearly 60 years of competition

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**Triathlon Training in Four Hours a Week** Eric Harr,2003-05-16 A training program for prospective triathlon athletes with a minimum of running experience covers a different sport in each chapter and offers information on how to tailor a workout for individual needs **Tidal Current Tables** , Contains daily predicted times of slack water and predicted times

and velocities of maximum current     **Two Hours** Ed Caesar,2015-10-27 Essential reading for every runner Men s Fitness Compelling As becomes clear not long after its starting gun this book transcends the search for a two hour marathon The Washington Post Two hours to cover twenty six miles and 385 yards It is running s Everest a feat once seen as impossible for the human body But now we can glimpse the mountaintop The sub two hour marathon will require an exceptional combination of speed mental strength and endurance The pioneer will have to endure more live braver plan better and be luckier than anyone who has run before So who will it be In this spellbinding book journalist Ed Caesar takes us into the world of elite marathoners some of the greatest runners on earth Through the stories of these rich characters like Kenyan Geoffrey Mutai around whom the narrative is built Caesar traces the history of the marathon as well as the science physiology and psychology involved in running so fast for so long And he shows us why this most democratic of races retains its brutal enthralling appeal and why we are drawn to test ourselves to the limit Two Hours is a book about a beautiful sport few people understand It takes us from big money races in the United States and Europe to remote villages in Kenya It s about talent heroism and refusing to accept defeat It is a book about running that is about much more than running It is a human drama like no other     **Characteristics of Pharmacists, United States** P. Hannah Davis,Gloria Hollis Kapantais,1984     **Arbitration in the 36th America's Cup** Henry Peter,2022-08-09 More than the most prestigious regatta and match race in the sport of sailing the America s Cup is a test of boat design sail design and management skills It is not surprising that its passionate skippers builders and managers often become embroiled in disputes Recognizing this and the need to deal quickly and professionally with any divergency an arbitration panel has become an established part of the Cup s organization This book the fifth of a series that over time constitutes a unique corpus of decisions rendered over more than twenty years compiles all the directions and decisions issued by the 36th America s Cup Arbitration Panel in the context of the nineteen cases submitted to it as well as all supporting documents elucidating the context in which the decisions were issued In addition to all the decisions the following are also included the Protocol of the 36th America s Cup and amendments made thereto the 36th America s Cup Arbitration Panel Rules of Procedure applicable versions of the World Sailing Racing Rules the AC75 Class Rule and the so called Prada Cup Conditions and Match Conditions previously unpublished documents related to proceedings which have led to the amendment and or interpretation of the Deed of Gift by the Supreme Court of the State of New York and previously unpublished court related material pertaining to the key Mercury Bay case 1987 1990 An extensive and valuable introduction provides detailed historical and factual context Expert commentary addresses issues of special interest decided by the 36th America s Cup Arbitration Panel including privileged insight into the previously undocumented dispute resolution during the 35th America s Cup 2013 2017 and the World Intellectual Property Organization s Electronic Case Management Facility ECAF A table containing a summary of the subject matter of each decision and a keyword index help find which argument is dealt with in which decision Because arbitration plays a key role in this context

and because what happens in the America s Cup is of general interest to the sport and arbitration communities this book s many insights into the kinds of issues that fuel disputes in sports events offer a significant extension of the knowledge base available to lawyers arbitrators and scholars in several branches of law and legal practice

**Women in Florida Industries** United States. Women's Bureau,1930      **Ohio State University Bulletin** ,1929

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