

Need for Research on Psychotherapy & Combined Psychotherapy with Medication

Psychotherapy

- Maintaining a therapeutic relationship and supportive services are essential.
- Psychotherapy aims to improve reality testing, to identify stressors, to address anxiety, non-psychotic symptoms, functioning deficits, and to improve self-reflection, relatedness and the acceptance of support and family intervention.

Self Symptoms And Psychotherapy

G Orfield



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