
THE SELF IN
EMOTIONAL
DISTRESS

*Cognitive and
Psychodynamic
Perspectives*

edited by
Zindel V. Segal
and Sidney J. Blatt

Self In Emotional Distress Cognitive And Psychodynamic Perspectives

Dora Kohen



Self In Emotional Distress Cognitive And Psychodynamic Perspectives:

The Self in Emotional Distress Zindel V. Segal, Sidney J. Blatt, 1993-03-12 Does understanding a client's view of self increase a clinician's ability to treat emotional disorder? How can practitioners agree on the essentials of self representation if various clinical theories implicate different aspects of the self in accounting for psychological distress? These questions form the basis for this unique examination of the self in the development and treatment of a number of emotional disorders. What is most exceptional about this volume is that it explores these issues from cognitive behavioral and psychodynamic approaches each of which has articulated treatment methods that incorporate a focus on self based processes. The result is a rare forum in which leading clinicians and theorists from both orientations address a single set of specific topics. The book opens with two chapters that review theories of the self construct in both social cognition and psychoanalysis. The focus then shifts to the specific diagnostic categories of anxiety depression eating disorders and borderline personality disorder. For each clinical disorder separate chapters present the cognitive and psychodynamic perspectives. Then each set of authors provide commentary on the complementary chapter. Allowing for an interaction among cognitive behavioral and psychodynamic authors rarely found in other works this format engenders comprehensive coverage of each specific disorder as well as a uniquely informative synthesis of the insights of each approach. The editors concluding chapter delineates the ways in which the self provides a vantage point for understanding emotional disorder. **THE SELF IN EMOTIONAL DISTRESS** will interest all professionals of cognitive behavioral and psychodynamic orientations. Given its integrative focus it will also be valuable to those involved with the psychotherapy integration movement and therapists who describe themselves as eclectic. In addition the volume serves as a text for upper level courses in psychotherapy psychopathology abnormal psychology and psychotherapy integration.

Relatedness, Self-definition, and Mental Representation John Samuel Auerbach, Kenneth Neil Levy, Carrie Ellen Schaffer, 2005 This book presents chapters by Dr Blatt's many colleagues and students that explore questions of relatedness self definition and mental representation and shows us that psychoanalysis and empirical research can be combined.

Handbook of the Sociology of Emotions Jan Stets, Jonathan H. Turner, 2007-02-25 For almost thirty years sociologists have increasingly theorized about and conducted research on human emotions. Surprisingly it was not until the 1970s that the sociology of emotions emerged as a coherent field of inquiry. What makes this late date surprising is that it is now obvious that human behavior interaction and organization are driven by emotions. It was an immense oversight for emotions to be de emphasized in sociological theorizing and research for most of its 175 year history. Since the 1970s however the study of emotions has accelerated and is now at the forefront of sociological analysis. This book is designed to bring the reader up to date on the theory and research traditions that have proliferated in the analysis of human emotions. Key figures who have carried the sociology of emotions to its current level of prominence review their own work and the work of others who have made contributions to a particular approach to the study of emotions. The outcome is a

comprehensive book that serves as a primer on the cutting edge of sociological work in what is obviously a key dynamic in human affairs. The first section of the book addresses the range of emotions and how they can be classified, the neurological underpinnings of emotions and the effect of gender on emotions. The second section reviews the prominent sociological theories of emotions including theories emphasizing power and status, rituals, identity and self, psychoanalytic dynamics, exchange, expectation, states and evolution. While there is little integration among these theories, this state of affairs will not last forever. The third section addresses theory and research on specific emotions such as love, jealousy and envy, empathy, sympathy, anger, grief and the moral emotions. While this list does not exhaust the range of human feeling, they are central emotions that drive human behavior, interaction and social organization. The last section explores how the study of emotions has added new insight into other subfields within sociology such as the study of the workplace, health and social movements. These chapters illustrate how the sociology of emotions can provide new research and theory for the large numbers of specialties within sociology. Although no book can completely cover a field, even a relatively new one like the sociology of emotions, this Handbook of the Sociology of Emotions comes close to being comprehensive. The reader will come away with a greater appreciation for how far the sociology of emotions has developed and prospered over the last thirty years.

Gabbard's Treatments of Psychiatric Disorders Glen O. Gabbard, 2007. A staple of psychiatric practice, this edition reflects clinical expertise in an accessible volume. It covers all major treatments in psychiatry linked to specific disorders with a pluralistic approach including all major treatment modalities. Each chapter has been completely updated and is organized along the lines of DSM IV TR.

Handbook of Social Problems George Ritzer, 2004. Ritzer's Handbook of Social Problems offers a comprehensive treatment of today's major societal issues. The articles are authored by some of the top scholars in the field and address problem areas that will capture the interests of students and professors alike. The international coverage is most welcome in this time of intensifying global inequalities. Nancy Jurik, Arizona State University. The Handbook of Social Problems: A Comparative International Perspective provides a unique, broadly comparative perspective on the current state of social problems and deviance in a variety of societies around the world. Editor George Ritzer, along with leading U.S. and international sociologists, examines the relationship between social problems and a society's level of development and affluence. The essays in this volume focus on four interrelated issues involved in the relationship between social problems and the level of development and affluence. Less developed and less affluent societies are more likely to experience a range of social problems than developed and affluent societies. Affluence causes or at least brings with it a series of social problems that do not exist in less affluent societies. It is only with affluence that certain things can come to be imagined as social problems such as excessive consumption. The very affluence of a society makes it vulnerable to problems that would not be social problems in poorer societies. The Handbook explores the theory of the weakness of the strong; in other words, strong or wealthy nations may have greater vulnerability to some social problems than less developed or affluent societies. This theory

is clearly illustrated in this volume by the aftermath of September 11 2001 depicting the vulnerability of the U S to social problems in far removed corners of the world In addition the international and comparative essays in this volume cover other important issues such as the impact of modern technologies on social problems ecological problems global inequality health as a social problem and much more The Handbook of Social Problems is a vital resource for sociologists and graduate students as well as an excellent addition to any academic library

The Wiley-Blackwell Handbook of Mood Disorders Mick Power, 2013-06-26 The Wiley Blackwell Handbook of Mood Disorders 2 e reflects the important and fast changing advancements that have occurred in theory and practice in unipolar and bipolar mood disorders There is no other current reference that gathers all of these developments together in a single book Every chapter is updated to reflect the very latest developments in theory and practice in unipolar and bipolar mood disorders Includes additional chapters which cover marital and family therapy medical disorders and depression and cross cultural issues Contributions are from the world's leading authorities and include psychiatrists and clinical psychologists with experience in both research and in practice Focuses on innovations in science and clinical practice and considers new pharmacological treatments as well as psychological therapies

Cognition and Emotion Mick Power, Tim Dalgleish, 2015-08-20 This fully updated third edition of the highly praised Cognition and Emotion provides a comprehensive overview of contemporary research on both normal emotional experience and the emotional disorders The book provides a comprehensive review of the basic literature on cognition and emotion it describes the historical background and philosophy of emotion reviews the main theories of normal emotions and emotional disorders and the research on the five basic emotions of fear anger sadness anger disgust and happiness The authors provide a unique integration of two areas which are often treated separately the main theories of normal emotions rarely address the issue of disordered emotions and theories of emotional disorders e g depression post traumatic stress disorder and phobias rarely discuss normal emotions The book draws these separate strands together introducing a theoretical framework that can be applied to both normal and disordered emotions Cognition and Emotion provides both an advanced textbook for undergraduate and postgraduate courses in addition to a novel approach with a range of implications for clinical practice for work with the emotional disorders

The Wiley Handbook of Eating Disorders Linda Smolak, Michael P. Levine, 2015-09-08 Drs Smolak and Levine are to be congratulated for this timely comprehensive two volume Handbook The list of contributors is impressive the breadth of topics covered is exhaustive and the overall organization is superb James E Mitchell MD Christoferson Professor and Chair of Psychiatry and Behavioral Science University of North Dakota School of Medicine and Health Sciences President and Scientific Director The Neuropsychiatric Research Institute Unquestionably the most comprehensive overview of eating disorders in the history of the field edited by two of its most respected scholars Drs Smolak and Levine have recruited distinguished clinicians and researchers to review every aspect of these illnesses from prevention to treatment This Handbook should be required reading for any professional that wants to work in this field Craig

Johnson PhD FAED Chief Science Officer Eating Recovery Center Clinical Professor of Psychiatry University of Oklahoma College of Medicine Eating disorders are serious public health problems This comprehensive book on eating disorders is edited by two of the pioneers in the field Drs Linda Smolak and Michael Levine Their work on topics such as eating disorders prevention media and eating disorders and the objectification of women have greatly informed our knowledge base and current practices In this outstanding volume Smolak and Levine pull together many of the leaders within the field of eating disorders I strongly recommend this book to anyone with an interest in the etiology consequences prevention or treatment of eating disorders Dianne Neumark Sztainer PhD Professor School of Public Health University of Minnesota Author I m Like So Fat Helping Your Teen Make Healthy Choices about Eating and Exercise in a Weight Obsessed World Renowned scholars Smolak and Levine have assembled the best scientists and clinicians to educate us about the major advances and important questions in the field of eating disorders This comprehensive Handbook is a must have rich and accessible resource Thomas F Cash PhD Professor Emeritus of Psychology Old Dominion University This groundbreaking two volume Handbook edited by two of the leading authorities on body image and eating disorders research provides evidence based analysis of the causes treatment and prevention of eating disorders The Wiley Handbook of Eating Disorders features the most comprehensive and up to date collection of eating disorders research ever assembled including contributions from an international group of scholars from a range of disciplines as well as coverage of DSM 5 The Handbook includes chapters on history etiological factors diagnosis assessment treatment prevention social policy and advocacy Boldly tackling controversies and previously unanswered questions in the field and including suggestions for further research at the conclusion of every chapter The Wiley Handbook of Eating Disorders will be an essential resource for students scholars and clinicians invested in improving the treatment and prevention of eating disorders

Oxford Textbook of Women and Mental Health Dora

Kohen,2010-03-18 Gender and mental health is a growing field in psychiatry Although women s specific mental health problems have been described for hundreds of years it is in the last two centuries and especially in the last 3 to 4 decades that research in many different aspects of women s mental health has bloomed We have gained better understanding of the psychological social and cultural aspects of mental health problems in women We have seen epidemiological data describe increased frequency of different clinical aspects of many psychiatric disorders We have learned about biological and especially endocrinological concomitants of mental health problems in women In addition we have been able to describe classify and circumscribe different diagnoses as they appear in the female gender Eating disorders perinatal psychiatric disorders consequences of different types of abuse have gained better understanding in the last decades and we have been able to delve into the social parental and personal consequences of the mental health problems The Oxford Textbook of Women and Mental Health brings a balanced understanding of different aspects of gender and mental health It summarizes the clinical issues and mental health problems as faced today The first part of the book is dedicated to fundamental aspects

in women's mental health. It covers topics from Women's health as a global issue to different medical psychological theories giving an overview of gender in mental health. The second part of the book examines clinical aspects of women and mental health. In part three special clinical topics such as PTSD, self-harm, menopause, violence and their management are investigated. Part four focuses on parental psychiatric disorders, clarifying how mental health and behavioural problems in children could be a marker or a consequence of maternal distress. The final two parts look at the topics of women and disability and legislation and policy. A book of exceptional scope and depth, this volume will be essential for all those health professionals involved in managing mental health problems in women.

Implications of Parent-Child Boundary Dissolution for Developmental Psychopathology Patricia K. Kerig, 2014-06-03. Gain a better understanding of parent-child boundaries and the mechanisms for their dissolution. The breakdown of appropriate generational boundaries between parent and child can threaten the child's psychological development. Implications of Parent-Child Boundary Dissolution for Developmental Psychopathology Who Is the Parent and Who Is the Child explores this covert and oftentimes ignored form of emotional abuse, discussing in detail the various ways it can manifest. This revealing text comprehensively examines how the burden of meeting the emotional needs of the parent interferes with the child's healthy development. The boundary dissolution patterns of role reversal, enmeshment, psychological control and triangulation are closely examined with an eye toward providing appropriate strategies for dealing with the problem. Implications of Parent-Child Boundary Dissolution for Developmental Psychopathology is separated into four sections to focus extensively on every aspect of the problem. The first section discusses definitions, concepts and methodological concerns of the phenomena, including a consideration of the child's developmental responses to boundary dissolution. The second section explores the empirical research concerning boundary dissolution within the family system and includes intriguing information on the actual mechanism that passes the pattern of role reversal on to the following generation. The next section closely examines boundary violations within high-risk families with a focus on those undergoing divorce. The final section concentrates on cultural contexts of boundary dissolution and includes a look at the perception of familial responsibility and its effects on Bosnian youths. This one-of-a-kind resource is extensively referenced and provides a solid foundation to inspire a new generation of theory research and clinical work. Implications of Parent-Child Boundary Dissolution for Developmental Psychopathology examines a multidimensional model of boundary dissolution with supporting research, a comprehensive review of published literature in the areas of attachment theory, developmental capacities of the infant, child-rearing practices and parental beliefs, the theoretical background supporting the construct of boundary dissolution, the boundary disturbance patterns of enmeshment and control, the relationships between interparental conflict, parental responses to children's emotions and representations of role reversal and vulnerability in children's family drawings, the spill-over effect of marital conflict, role reversal in high-risk families, children's rejection of one parent over another in custody disputes, post-war adjustment of Bosnian adolescents, psychological

control in individualist and collectivist groups representations of parents and children in twentieth century American novels

Implications of Parent Child Boundary Dissolution for Developmental Psychopathology is crucial reading for researchers and clinicians who deal with families and psychopathology and is of particular interest to graduate students in clinical child psychology child and family studies social work and developmental psychology

Handbook of Mentalizing in Mental Health Practice Anthony Bateman, Peter Fonagy, 2012 The editors of Handbook of Mentalizing in Mental Health Practice have authored two previous books aimed at establishing mentalizing as a developmental and clinical concept They further explore mentalizing as a fundamental psychological process

Phenomenology, Neuroscience and Clinical Practice Francesca Brencio, 2024-09-13 This book offers fundamental insights into three main fields of education and expertise phenomenology neuroscience and clinical practice The richness and pluralism of the contributions aim to overcome the reductionist and dualistic approach to mental health and shed new light on clinical practice Designed as both an education tool for mental health professionals and a theoretical investigation for philosophers on the use of phenomenology in clinical practice this book highlights the need for a new direction on mental health and more general on human wellbeing This volume aims to fill the gap between philosophers and mental health professionals on an educational level in a space unique in its open and transdisciplinary approach It appeals to students and researchers but also very much to professionals and clinicians in the field

The Oxford Handbook of Phenomenological Psychopathology Giovanni Stanghellini, Matthew Broome, Anthony Vincent Fernandez, Paolo Fusar-Poli, Andrea Raballo, René Rosfort, 2019-07-04 The field of phenomenological psychopathology PP is concerned with exploring and describing the individual experience of those suffering from mental disorders Whilst there is often an understandable emphasis within psychiatry on diagnosis and treatment the subjective experience of the individual is frequently overlooked Yet a patient's own account of how their illness affects their thoughts values consciousness and sense of self can provide important insights into their condition insights that can complement the more empirical findings from studies of brain function or behaviour The Oxford Handbook of Phenomenological Psychopathology is the first ever comprehensive review of the field It considers the history of PP its methodology key concepts and includes a section exploring individual experiences within schizophrenia depression borderline personality disorder OCD and phobia In addition it includes chapters on some of the leading figures throughout the history of this field Bringing together chapters from a global team of leading academics researchers and practitioners the book will be valuable for those within the fields of psychiatry clinical psychology and philosophy

Beyond Death Anxiety Robert Firestone, Joyce Catlett, 2009-07-20 This book fruitfully serves those looking to apply Ernest Becker's ideas psychotherapeutically in individual counseling or in group therapy A capstone to Robert Firestone's 50 years of work in psychotherapy psychoanalysis and psychiatry and to the numerous books written by these authors Firestone and Catlett show how to apply the themes and implications of the ideas of Ernest Becker in everyday life Their basic premise is that accepting death is part of developing an

affirming and meaningful experience of life Contributing to the credibility of their presentation is the wealth of clinical evidence and personal experience Firestone and Catlett incorporate The Ernest Becker Foundation Fascinating and an enjoyable read steeped in well researched and relevant psychological and sociological perspectives applicable to all social studies areas Carol Lloyd University of Chichester Firestone and Catlett's work is a marvelous achievement This volume is both innovative and intrepid Firestone and Catlett challenge prevailing psychoanalytic views on death and they demolish many of the accepted canons of thanatology and existential psychology This is required reading for anyone who purports to talk about death Jerry Piven PhD Author of *Death and Delusion A Freudian Analysis of Mortal Terror* A towering synthesis of personal and clinical wisdom about death with a superb overview of the psychology of death and death anxiety Dr Firestone draws on the best of the existential humanistic as well as the psychoanalytic thinkers to address a flourishing path toward self realization Kirk J Schneider PhD Author *Existential Integrative Psychotherapy and Awakening to Awe* From the Foreword Firestone and Catlett's groundbreaking volume assists mental health practitioners in helping their clients learn to accept and face their mortality They describe the many defenses of death anxiety that keep individuals from achieving personal fulfillment and also suggest methods to cope directly with fears of death an approach that ironically can lead to more satisfaction more freedom and a greater appreciation for the gift of life This book examines the many destructive consequences of death anxiety including introversion depression and withdrawal from life Throughout the book the authors demonstrate the importance of achieving what they call life affirming death awareness Key topics include The dawning awareness of death and its impact on the developing child Literal and symbolic defenses against death anxiety Separation theory and the fantasy bond Challenging the defenses that interfere with living fully Microsuicide the death of the spirit Breaking with limiting religious dogma and cultural worldviews With this book mental health practitioners and their clients will be able to better understand death awareness overcome the defenses against death anxiety and ultimately lead richer more fulfilling lives

The Essential Handbook of Eating Disorders Janet Treasure,Ulrike Schmidt,Eric van

Furth,2005-06-24 This is a concise paperback version of the authoritative and comprehensive *Handbook of Eating Disorders* Second Edition focusing on the most practical elements from that volume Ideal for the individual practitioner this selection of chapters concentrates on the main therapeutic approaches in use including cognitive behavioural treatments interpersonal psychotherapy family interventions dialectical behaviour therapy and drug treatments Indispensable for those working in the eating disorders field such as clinical psychologists child psychologists family therapists psychiatrists psychiatric nurses social workers and occupational therapists *The Essential Handbook of Eating Disorders* will also be of interest to researchers lecturers and those in training in the field

Case Formulation for Personality Disorders Ueli Kramer,2019-01-22 *Case Formulation for Personality Disorders* provides clinical guidance on how to build effective treatment plans for patients presenting with personality disorders Anchored within a disorder specific approach the present volume reviews the evidence

base of case formulation methodology The book takes an integrative and differentiated approach to case formulation with multiple methods of case formulation all specifically adapted to the psychotherapy of personality disorders illustrated with many case examples Provides individualized assessment and measurement in practice Uses 18 case formulation methods for treating personality disorders Identifies evidence based effective treatment Includes real life case examples **The Israel Journal of Psychiatry and Related Sciences** ,1995 **The Female Body in Mind** Mervat Nasser,Karen Baistow,Janet Treasure,2007-04-11 The Female Body in Mind introduces new ways of thinking about issues of women s mental health assessment and treatment Its multidisciplinary approach incorporates social psychological biological and philosophical perspectives on the female body The contributions from notable academics in the field of women s mental health examine the relationship between women s bodies society and culture demonstrating how the body has become a platform for women s expression of their distress and anguish The book is divided into six sections all centred on the theme of the body covering The body at risk The hurting body The reproductive body The interactive body Body sensitive therapies The body on my mind All professionals involved in women s mental health will welcome this exploration of the complexities involved in the relationship between women bodies and their mental health **The Handbook of Social Work Direct Practice** Paula Allen-Meares,Charles D. Garvin,2000 The Handbook of Social Work Direct Practice provides an extraordinarily extensive coverage of all major topics relevant to Clinical Social Work The Contributors to this volume under the leadership of Paula Allen Meares and Charles Garvin guide the reader through discussions about the contexts of social work practice multicultural and diversity issues research as well as assessment and measurement All in all this is the perfect primary text for administration courses in MSW programs BSW programs and doctoral programs Practitioners and professionals in the field will find here all the useful elements a key reference work can provide **Cognition and Emotion** Michael J. Power,Tim Dalgleish,1997 This text reviews the topics which fall under the umbrella of cognition and emotion

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