

*mind is Buddha*

*image reflected in a mirror*

*No mind is as Buddha*

*flame in ice*

*Shovel and hoe thrown away*

*thirty years ago*

*a quiet cave*

*frosty evening moon*

*an ivy tangled hut*

*an old man's heart*



## a Quiet Room

The Poetry of Zen Master Jakushitsu

Translated by Arthur Braverman

*Basket in hand I leave the temple room*

*skilful means hidden up my sleeve*

*not yet put to use*

*Stems fit upright*

*Abandoned field*

*energy unfolding at foot of mountain*

*aged faces*

*Shovel and hoe thrown away*

*whitened hair*

*thirty years ago*

*years of separation*

*vinecoats*

*The same man of old*

*an adolescent now*

# Quiet Room Poetry Of Zen Master Jakushitsu

**David Baud**



## **Quiet Room Poetry Of Zen Master Jakushitsu:**

Quiet Room Arthur Braverman, 2015-12-08 Quiet Room is a collection of Zen poetry by 14th century Zen master Jakushitsu widely considered to be one of the finest poets of the genre The poetry of Rinzai Zen master Jakushitsu remains as fresh and resonant today as when it was written centuries ago Now his brilliant poignant zen poetry carefully translated by Zen practitioner Arthur Braverman is available in English for poetry and Zen enthusiasts to read and savor This the most complete selection of Jakushitsu s work is also put into context by Braverman with thoughtful excerpts from Buddhist scripture and other relevant sources Here we see the full scope of Jakushitsu s timeless thinking and along the way gain a greater understanding of Japanese Zen practice the culture of traditional Japan and of ourselves **Discovering the True Self** Kodo Sawaki, 2020-10-20 In easy to understand language a 20th century Zen master explains profound teachings from Zen Buddhism offering an essential resource for anyone interested in Zen meditation You can t see your true Self But you can become it Becoming your true Self is zazen Having come of age as an orphan in the slums of Tsu City Japan Kodo Sawaki had to fight his way to adulthood and became one of the most respected Zen masters of the 20th century He had a great understanding of Dogen Zenji s teaching and he knew how to express Dogen s philosophy in clear easily understood language Sawaki s primary mission was to bring all people to an awareness of the Self which he believed came through Zen meditation His humor and straightforward talk garnered Sawaki followers from all walks of life Though he remained poor by choice he was rich in spirit Two of his students who became known in America as well as in Japan were Kosho Uchiyama abbot of Antaiji Temple and author of Opening The Hand of Thought and Gudo Nishijima Zen teacher and translator of Dogen s Shobogenzo A student of Kosho Uchiyama Arthur Braverman has compiled an anthology of Sawaki s writings and a garland of sayings gathered from throughout his lifetime One of a few collections of Sawaki s teachings published in English his life and work bracket the most intriguing and influential period of modern Zen practice in Japan and America **The Grass Flute Zen Master: Sodo Yokoyama** Arthur Braverman, 2017-01-10 What motivated Sodo san to spend the last twenty years of his life in a temple under the sky a corner of a public park where he taught passersby what it means to be forever young through the funky tunes he played on his grass flute In The Grass Flute Zen Master Sodo Yokoyama we are seeking not only a truer understanding of this well loved monk but of zazen Zen meditation itself In his search for insights into Sodo Yokoyama s life Arthur Braverman skillfully weaves a tapestry from seemingly disparate threads the brief taisho period into which Sodo san was born and where individualism shone his teachers both ancient and contemporary practitioners of Zen Bhuddism the monk s love of baseball and the similarities Braverman finds between Sodo san and Walt Whitman who both found the universal in nature Through conversations with Joko Shibata Yokoyama s sole disciple and careful study of his teacher s poetry an intriguing tension between the personal and the universal is revealed The Grass Flute Zen Master is a meditative examination not of just one life but of many The lineage of teacher and prote ge is traced back through generations

contemporaries are drawn up from unexpected places and Braverman examines his own long journey in Zen Buddhism confronting his own expectations and surprising disappointments the monk lived in a boarding house and later took a cab to his park when he could no longer walk the whole way and the understanding and acceptance that followed When you play the leaf Sodo san once wrote you ll usually be a little out of tune That s where its very charm lies      **Storehouse of Treasures** Nelson Foster,2024-09-10 Storehouse of Treasures unearths wise and beautiful elements of Chan and Zen still little known in the West revealing unexpected aspects of the tradition and new implications for practice Since the dawn of Chan and Zen in medieval China and Japan members of these schools have enlivened their teaching by creatively adopting and adapting terms images principles poetry and lore native to their societies Unfortunately so much of that cultural wealth has been lost in translation that Western practitioners have barely begun to discover and appreciate this extraordinarily rich legacy In Storehouse of Treasures second generation American Zen teacher Nelson Foster makes a series of adventuresome forays into the trove of material laid up by the Dharma ancestors bringing to light Masters delight in playing with words stories and inherited Buddhist concepts bending them to express the Dharma in inspired ways The powerful influence that Taoist and Confucian thought exerted in the formation of Chan and Zen The emphasis the two schools have laid on excellence of character as well as on profound awakening The experiential meaning and enduring importance to the tradition of ideals little associated with it today like integrity shame and contentment How knowing the tune of a fellow student a mentor or a teacher of old lies at the heart of transmitting the Dharma Lifting to attention a diverse set of ancient yet still luminous Dharma gems Foster urges their relevance and value to us as students of the Buddha Way and as citizens of a world increasingly fractious and imperiled      **Mindfulness, Day by Day** Josh Baran,2018 If you think that enlightenment is reserved for only a chosen few and requires decades of spiritual practice think again The awakened state that place of peace and bliss is present and available to you right here right now and this is the book that can point you to it This themed collection of passages by ancient Buddhist sages Christian and Jewish mystics contemporary teachers philosophers and poets celebrates the perfection of the present moment This book was originally published by Hampton Roads under the title The Tao of Now in 2008 and an earlier edition was published by HarperCollins UK under the title 365 Nirvana      *Taormina's Historic Past And Continuing Story* Helene Vachet, MA,2016 Enter the matrix of the Taormina community and meet the exceptional individuals who have been responsible for Taormina s evolution and continuation Find out about the extraordinary artists scientists musicians writers poets environmentalists and spiritual leaders who have lived there You will discover how the community was formed and why From the specially chosen architectural style to the legal proceedings that changed the course of its destiny nothing is left unexamined and unconnected Helene Vachet presents an intriguing story of a small section of the Ojai Valley While most writers concentrate on the charm and beauty of our valley few think to preserve the historical aspects In this book you will learn about the fascinating history of Ojai s Taormina Community and its

connections to Ojai and the world beyond David Mason past chairman of the County of Ventura Cultural Heritage Board the City of Ojai's Historic Preservation Commission     **Tricycle** ,2000     **Zen** Christmas Humphreys,2003 Zen is a well known introduction to the subject It explains and points the way to the experience of Zen bringing heightened consciousness spiritual fulfillment and enlightenment Having described the basic doctrine of Zen it turns to Zen itself and examines the process of self training towards the Zen experience of reality Book jacket     **The Publishers Weekly** ,2000     **The Library Journal** ,2000 Includes beginning Sept 15 1954 and on the 15th of each month Sept May a special section School library journal ISSN 0000 0035 called Junior libraries 1954 May 1961 Also issued separately     **American Book Publishing Record** ,2000-07     *Library Journal* ,2000     *Forthcoming Books* Rose Army,2000-06     *The British National Bibliography* Arthur James Wells,2001     **Subject Guide to Books in Print** ,2001     **Living and Dying in Zazen** Arthur Braverman,2003-03-01 Living and Dying in Zazen combines the life stories and teaching of five teachers Kodo Sawaki Sodo Yokoyama Kozan Kato Motoko Ikebe and Uchiyama associated with Antaiji monastery and the story of Braverman and other Western students coming to grips with Zen Japanese culture and themselves The deification of Zen teachers by their followers has been a problematic issue in American Zen this book provides a healthy antidote presenting four men and one woman who have lived and died in Zen within the rich context of their personal lives and their culture so that we can fully understand what makes a Zen master in Japan     *Dharma Brothers Kodo and Tokujoo* Arthur Braverman,2010-12-01 Dharma Brothers Kodo and Tokujoo is based on the lives of two Japanese Zen Masters how they grew from two ordinary boys walking very different paths to become extraordinary men and the deep spiritual bond between them It is also the story of Japan from 1880 to 1965 of two personal accounts of Zen journeys to enlightenment and of love and friendship The story follows the lives of these two Dharma brothers set against a backdrop of the Japanese Russian War of 1905 and the rise of fascism in Japan in the 1930s Kodo was an orphan brought up in a harsh environment while Tokujoo was the son of a well to do businessman They both spent years studying in the most stringent Zen monasteries and became life long friends Each struggled to find his way clear of the circumstances in which he had been reared Each sought a way of life offering more meaning and truth ultimately becoming a different exemplar of Zen practice and living Buddhism     *Zen Poems* Peter Harris,1999-03-23 The appreciation of Zen philosophy and art has become universal and Zen poetry with its simple expression of direct intuitive insight and sudden enlightenment appeals to lovers of poetry spirituality and beauty everywhere This collection of translations of the classical Zen poets of China Japan and Korea includes the work of Zen practitioners and monks as well as scholars artists travelers and recluses ranging from Wang Wei Hanshan and Yang Wanli to Shinkei Basho and Ryokan     **Having Once Paused** Ikkyū,2015-06-02 A volume of selected poems by Zen Master Ikkyu Sojun 1394 1481 translated into English     *Zen Poems of China and Japan* Lucien Stryk,Takashi Ikemoto,2019-04-24 Excellent A fine introduction to Chinese and Japanese Zen poetry for all readers from the editors of Zen Poetry Let the Spring Breeze Enter

Choice Capturing in verse the ageless spirit of Zen these 150 poems reflect the insight of famed masters from the ninth century to the nineteenth The translators in collaboration with Zen Master Taigan Takayama have furnished illuminating commentary on the poems and arranged them as to facilitate comparison between the Chinese and Japanese Zen traditions The poems themselves rendered in clear and powerful English offer a unique approach to Zen Buddhism compared with which as Lucien Stryk writes the many disquisitions on its meaning are as dust to living earth We see in these poems as in all important religious art East or West revelations of spiritual truths touched by a kind of divinity One of the most intimate and dynamic books yet published on Zen Sanford Goldstein Arizona Quarterly

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